



A SHORT REFLECTION
GUIDE

LIVE YOUR ANSWER

MAKING ALLAH YOUR LORD,
ISLAM YOUR WAY OF LIFE,
&
THE PROPHET ﷺ YOUR GUIDE.

FAYS JOURNEY

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INTRODUCTION

As salaamu alaikum

Bismillah ir-Rahman ir-Raheem

In the Name of Allah, the Most Merciful, the Most Compassionate

One day, every soul will return to the earth.

The people will walk away from the grave.

The footsteps will slowly fade.

The world will move on.

But for the one who has just been buried, a new reality begins.

The grave is not the end.

It is the beginning of the next stage of our journey.

The Messenger of Allah, Muhammad ﷺ once stood at the grave of a man who had just been buried. He turned to the companions and said:

“Seek forgiveness for your brother and ask that he be made firm, for he is being questioned now.”

This narration is recorded in Sunan Abi Dawud.

In that moment, the companions understood something powerful:

The questioning of the grave begins immediately.

Two angels will come to every person. They will ask three questions:

Who is your Lord?

What is your religion?

Who is your Prophet?

These questions are not difficult to say with our tongues.

But the answers in the grave will not come from memorization.

They will come from the life we lived.

I once heard a reminder that stayed with me:

If we want to answer the questions of the grave with certainty, we must live by them in this life.

Make Allah your Lord.

Make Islam your way of life.

Make the Prophet ﷺ your guide.

This book is a gentle reminder for myself and for you,

to begin preparing those answers today.

Not by memorizing words,

but by living them.

Love & Duas

Faheema





DEDICATION

This small book is dedicated to every heart that longs to grow closer to Allah.

To the one who is trying, even when it feels difficult.

To the one who is learning, reflecting, and striving to become better for the sake of Allah.

And to the one who may feel like they are not doing enough.

Remember that every sincere step you take toward Allah is seen by Him.

The Prophet ﷺ narrated that Allah says:

“If My servant comes to Me walking, I come to him running.”

This reminds us that no matter how small our steps may feel, when we turn toward Allah sincerely, He welcomes us with immense mercy.

May Allah make our hearts firm upon faith, forgive our shortcomings, and grant us ease when we are questioned in our graves.

Ameen

CHAPTER 1: THE THREE QUESTIONS OF THE GRAVE

After a person is buried and the people return to their homes, a moment comes that every soul will face.

In the quiet darkness of the grave, two angels are sent to the servant. These angels are known as Munkar and Nakir.

They will sit the person up and begin the questioning. This moment is not about wealth, status, or how successful a person was in the world. The grave does not ask about careers, possessions, or achievements. Instead, three simple questions will be asked.

Who is your Lord?

What is your Religion?

Who is your Prophet?

For the believer who lived with faith, the answers will come with certainty:

My Lord is Allah.

My Religion is Islam.

My Prophet is Muhammad ﷺ, the Messenger of Allah.



But the one who lived heedlessly will struggle to answer. The tongue will hesitate, and the person will say, "I do not know. I used to hear people saying something, and I said it too."

This shows us something very important.

These questions are not meant to test what we memorized.

They reveal what we truly believed and lived.

If Allah was truly our Lord, we would have turned to Him in our hardships and thanked Him in our ease.

If Islam was truly our religion, it would have shaped our choices, our character, and the way we lived our lives.

If the Prophet ﷺ was truly our guide, we would have tried to follow his example and his teachings.

The grave will reveal the truth of our hearts.

But Allah, in His mercy, did not leave us without guidance. He sent revelation, messengers, and reminders so that we could prepare for that moment

In the next chapters, we will reflect on how to begin living the answers to these questions.

Starting with the most important of them all:

Making Allah truly our Lord.





CHAPTER 2: MAKING ALLAH YOUR LORD

The first question in the grave will be:

“Who is your Lord?”

For a believer, the answer is clear:

“My Lord is Allah.”

But truly making Allah our Lord goes far beyond simply knowing the answer with our tongues.

It means knowing Him, trusting Him, loving Him, and turning to Him in every part of our lives.

Many of us grow up knowing that Allah is our Creator. We say it, we believe it, and we repeat it often. Yet sometimes we forget to build a deeper relationship with Him.

One of the most beautiful ways to know Allah is through His Names and Attributes.

The Messenger of Allah, Muhammad ﷺ said:

“Allah has ninety-nine names. Whoever preserves them will enter Paradise.”

This narration is found in Sahih al-Bukhari and Sahih Muslim.

Scholars explain that “preserving them” does not only mean memorizing them. It means learning them, understanding their meanings, calling upon Allah with them, and allowing them to shape the way we live.

When we learn that Allah is **Ar-Rahman** (The Most Merciful), our hearts fill with hope in His mercy.

When we learn that He is **Al-'Aleem** (The All-Knowing), we remember that nothing escapes His knowledge.

When we learn that He is **Al-Ghafoor** (The Most Forgiving), we never lose hope after making mistakes, because we know that His door of forgiveness is always open.

The more we learn about Allah, the more our hearts begin to rely on Him.

We start turning to Him in our worries.

We begin trusting His plan when things do not go the way we expected.

We remember Him in moments of ease and call upon Him in moments of hardship.

Slowly, our hearts begin to understand what it truly means when we say:

“My Lord is Allah.”

Making Allah our Lord means placing Him at the center of our lives. It means loving what He loves, avoiding what He dislikes, and seeking His pleasure above all else.

When a person lives with this awareness, their heart becomes firm in faith.

And when the angels ask in the grave, the answer will not feel strange or unfamiliar. It will be the truth the heart has been living with all along.

In the next chapter, we will reflect on the second question:

“What is your religion?”

And what it truly means to make Islam our way of life.





CHAPTER 3: MAKING ISLAM YOUR WAY OF LIFE

The second question that will be asked in the grave is:

“What is your religion?”

For the believer, the answer will be clear:

“My religion is Islam.”

But just like the first question, this answer is not simply about what we say. It reflects how we lived.

Islam is not only something we identify with. It is a complete way of life that guides our actions, our choices, and even the intentions in our hearts.

Allah did not reveal Islam to be practiced occasionally or only in certain moments of our lives. It was sent as a path to guide us in every aspect of life.

Our prayers remind us of Allah throughout the day.

Our fasting teaches us discipline and sincerity.

Our charity purifies our wealth and softens our hearts.

Our good character reflects the beauty of our faith.

When a person begins to live Islam sincerely, it slowly shapes the way they see the world.

They begin to think before speaking.

They try to be honest even when it is difficult.

They strive to show kindness, patience, and mercy to others.

They become mindful that Allah sees every action, even those that no one else notices.

Living Islam does not mean being perfect. Every believer makes mistakes. But what matters is that the heart continues to turn back to Allah, seeking forgiveness and trying again. Islam becomes the compass that guides a person's life.

Over time, the believer begins to feel peace in following the commands of Allah and avoiding what He has prohibited. When Islam becomes a way of life, the answer in the grave will not feel forced or unfamiliar.

It will come naturally from a heart that lived by it:

"My religion is Islam."

In the next chapter, we will reflect on the final question:

"Who is your Prophet?"

And what it means to truly make the Messenger of Allah, Muhammad ﷺ our guide in life.





CHAPTER 4: MAKING THE PROPHET ﷺ YOUR GUIDE

The third question that will be asked in the grave is:

“Who is your Prophet?”

For the believer, the answer will be clear:

“My Prophet is Muhammad ﷺ.”

The Messenger of Allah, Muhammad ﷺ was sent as a mercy to humanity and as a guide for those who seek the path to Allah.

But just like the other questions, this answer is not only about knowing his name. It is about knowing him, loving him, and striving to follow his example.

The Prophet ﷺ showed us how to live every part of our lives in a way that pleases Allah.

He taught us how to pray.

He taught us how to treat our families.

He taught us how to show kindness to neighbors and mercy to those around us.

His life was a living example of patience, humility, compassion, and devotion to Allah.

When we learn about his life and his character, our love for him naturally grows. And when that love grows, following his sunnah becomes something we desire rather than something we feel forced to do.

Following the Prophet ﷺ can begin with small steps.

It may be remembering to say Bismillah before eating.

It may be greeting others with salaam.
It may be showing patience when we are tested or choosing kindness when we are upset.

Every small effort to follow his guidance brings us closer to the path that leads to Allah.
The more we learn about him and strive to follow his teachings, the more his example becomes a light in our lives.

And when the angels ask in the grave, the answer will not come from memory alone.
It will come from a heart that loved him and tried to walk in his footsteps:

“My Prophet is Muhammad ﷺ”





CHAPTER 5: PREPARING FOR THE QUESTIONS OF THE GRAVE

The questions of the grave are not meant to frighten us without hope. Rather, they are reminders that encourage us to live with purpose and awareness.

Allah, in His mercy, did not leave us unaware of what awaits us. Through the teachings of the Prophet ﷺ, we were informed about the reality of the grave so that we could prepare for it.

Preparing for the questioning in the grave does not require extraordinary deeds. It begins with sincere faith and small, consistent actions done for the sake of Allah.

A believer prepares by strengthening their relationship with their Lord.

They turn to Allah in prayer, seeking His guidance and forgiveness.

They strive to live according to the teachings of Islam, even when it is difficult.

Every act of sincerity strengthens the heart.

Every prayer, every moment of remembrance, and every effort to obey Allah becomes part of our preparation for the life that awaits us after death.

The believer understands that this world is temporary. It is a place of tests, growth, and opportunities to draw closer to Allah.

The grave, however, is the first stage of the Hereafter.

This is why the companions of the Prophet ﷺ would often reflect on the life after death. They knew that the choices they made in this life would shape what awaited them in the next. But alongside this awareness, they also held firmly to hope in Allah's mercy.

No one is perfect. Every person makes mistakes. What matters most is that we return to Allah with sincerity, seek His forgiveness, and continue striving to improve. When a heart lives with this awareness, it becomes prepared.

Prepared to say with certainty:

My Lord is Allah.

My religion is Islam.

My Prophet is Muhammad ﷺ, the Messenger of Allah.





A SIMPLE PLAN TO BEGIN LEARNING THE NAMES OF ALLAH

Knowing Allah is one of the greatest ways to strengthen our faith and our relationship with Him.

The Messenger of Allah ﷺ said that Allah has ninety-nine beautiful names, and whoever preserves them will enter Paradise.

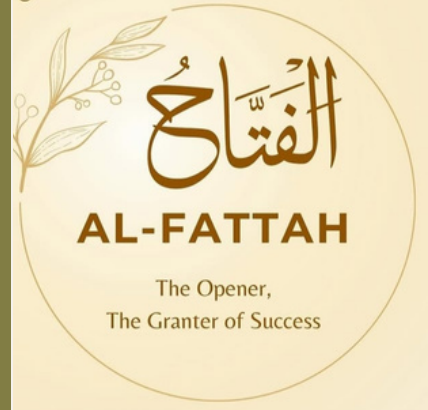
This narration is recorded in ***Sahih al-Bukhari*** and ***Sahih Muslim***.

Preserving the Names of Allah means more than memorizing them. It means understanding them and allowing them to shape our hearts and actions.

Here is a simple way to begin this journey...

1

Learn one or two names at a time.



Understand the meaning of the name.

2

Reflect on what it tells you about Allah.

3

Call upon Allah using that name in your du'ā'. For example, when asking for forgiveness, remember that Allah is Al-Ghafoor, the Most Forgiving.



Reflect on how that name affects your life.

4

If Allah is Ar-Razzaq, the Provider, then trust that your sustenance comes from Him.

Over time, learning the Names of Allah will deepen your faith, strengthen your trust in Him, and bring peace to your heart.



A DU'Ā' FOR PROTECTION FROM THE PUNISHMENT OF THE GRAVE

The Prophet ﷺ not only warned us about the reality of the grave, but he also taught us how to seek Allah's protection from its trials.

Before ending the prayer, after the final tashahhud, the Messenger of Allah ﷺ would seek refuge in Allah from four things.

This narration is recorded in Sahih al-Bukhari and Sahih Muslim.

Dua:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ،
وَمِنْ عَذَابِ الْقَبْرِ،
وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ،
وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

Transliteration

Allahumma inni a'udhu bika min 'adhābi jahannam,
wa min 'adhābil-qabr,
wa min fitnatil-mahyā wal-mamāt,
wa min sharri fitnatil-masīhid-Dajjāl.

Meaning

“O Allah, I seek refuge in You from the punishment of Hell,
from the punishment of the grave,
from the trials of life and death,
and from the evil trial of the False Messiah.”

This du'ā' is a powerful reminder that the trials of the grave are real, but Allah has also given us a way to ask for His protection. When we recite this du'ā' in our prayers, we are turning to Allah with humility, asking Him to grant us safety, firmness, and mercy when we are questioned.



SMALL SUNNAHS TO BEGIN WITH

Following the sunnah does not always require big changes. Often, it begins with small actions that we slowly bring into our daily routines.

The Messenger of Allah, Muhammad ﷺ taught us many simple habits that can turn ordinary moments into acts of worship when done with the right intention.

Each small sunnah is a way of remembering Allah and following the example of the Prophet ﷺ.

Here are a few simple sunnahs we can begin incorporating into our lives:

- Put on the right shoe before the left, and remove the left shoe first.
- Say Bismillah before eating and thank Allah after finishing.
- Give salaam when entering your home.
- Read the du‘ā’ when leaving the house, placing your trust in Allah.
- Smile at others, as it is considered an act of charity.
- Begin your actions with the remembrance of Allah.
- Look up at the sky and reflect on the greatness of the One who created it.

These actions may seem small, but when done with sincerity, they carry great reward.

Over time, these small sunnahs begin to shape our daily lives and strengthen our connection with the Prophet ﷺ.

Following his ﷺ example becomes part of who we are.



A FINAL REFLECTION

One day, every one of us will be placed in the grave.

The people we love will walk away, and we will remain behind.

In that quiet moment, when the world has faded and the reality of the next life begins, two angels will come and ask three questions.

Who is your Lord?

What is your religion?

Who is your Prophet?

These questions are not meant to surprise us. Allah has already given us the answers.

But the answers will not come from memory alone.

They will come from the life we lived.

A life where we tried to know Allah.

A life where we tried to live by Islam.

A life where we tried to follow the guidance of the Prophet ﷺ

.

None of us are perfect, and we will all fall short at times.

But Allah is Most Merciful, and He loves when His servants return to Him sincerely.

Every prayer we perform.

Every du'ā' we make.

Every effort we take to follow the sunnah.

All of these are steps toward preparing our hearts for that moment.

So begin today.

Make Allah your Lord.

Make Islam your way of life.

Make the Prophet ﷺ your guide.

And ask Allah to make your heart firm when the questions are asked.



A NOTE FROM THE AUTHOR

This book was written as a reminder first for myself, and then for anyone who may benefit from it.

In our busy lives, it is easy to forget that this world is temporary. Yet Allah, in His mercy, has informed us about the reality of the grave and the questions that await us there.

The three questions of the grave are simple, but their answers come from a life lived with faith and sincerity.

As I reflected on this reminder, I realized that preparing for those questions begins with small steps.

Learning about Allah and His beautiful Names.

Trying to live by the teachings of Islam.

And striving to follow the guidance of the Messenger of Allah, Muhammad ﷺ.

None of us are perfect, and we will all fall short at times. But Allah is Most Merciful, and He loves when His servants return to Him and continue striving.

If this book reminds even one person to turn back to Allah, strengthen their faith, or begin learning more about Him, then that is a blessing beyond words.

May Allah accept this effort and make it a means of benefit for anyone who reads it.

Faheema

Fays Journey



LIVE YOUR ANSWER

Every soul will face the grave.

Two angels will come, and three simple questions will be asked:

Who is your Lord?

What is your religion?

Who is your Prophet?

This book is a gentle reminder that the answers to these questions come not from memorization, but from the life we live.

Inside, you will discover:

How to make Allah your Lord through knowing Him

How to make Islam your way of life through daily actions

How to make the Prophet ﷺ your guide through simple sunnahs

Practical steps and reminders to begin your journey today

This is not about perfection.

It is about taking sincere steps toward Allah.

Start today. Live your answer.

Written By: Faheema

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