

Supporting communication builds resilient, high-performing teams.



Challenges & Solutions

When communication breaks down, projects slow down, ideas get lost, and teams struggle to work together. It's not just about individual skills, but how colleagues support, listen, and make space for one another.

By strengthening communication across your workplace, employees gain confidence, collaboration improves, and teams perform at their best. Clearer communication means smoother workflows, stronger relationships, and better results for the business.

Services

Consultancy Projects

Diagnose challenges & co-design solutions to strengthen communication across your organisation.

Workshops & Training

Interactive, practical, tailored to your teams to enhance communication and connection.

Ongoing Packages

Sustained impact via retainers or series.



About Nisha Veerd

Founder & Speech and Language Therapist

For 8 years, Nisha Veerd has helped individuals build confidence and independence in communication.

She believes it's never one-size-fits-all, placing culture, care, and individuality at the heart of her work. She cares about creating workplaces where everyone feels heard and able to thrive.

Rooted in Care

Nisha's work is rooted in reflective, culturally conscious spaces for professionals in Health, Education and Social care, as well as the wider public.

Chai Circles

Small-group gatherings that centre belonging, equity, and collective wisdom.

The Art of Communication

Creative sessions using art and storytelling to explore communication.

The Chai Club

A Substack publication and community reimagining communication and connection. Rooted in South Asian care practices, it explores history and builds approaches that centre culture, equity, and belonging.

