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Business Leaders Reset Guide for Coming out of Covid

Is your leadership mindset where it needs to be?

As we near the end of the pandemic and our world has a semblance of returning to 'normal,' do you really want to go back to the way things used to be?

Or are you looking for a new way forward?

Time for a Reset

Covid has turned our world, the economy, and many of our businesses upside down (and inside out!). It's time to take your bearings, align your compass, and plan for the precious years ahead. Take the lessons you've learned about yourself and others during the pandemic, and use this opportunity to do things differently.

To help you check your mindset, making the best of what's new (eg: hybrid workspaces and vaccine passports), and leaving the worst behind, we've created a roadmap that will take you through the Three C's for coming out of Covid.



The Three C's for Coming Out of Covid

In three simple steps, this guide will help you figure out what's next for you:

1

Clarity

Refresh and realign with your values

2

Change

Stop compromising and prioritize what matters

3

Connection

Choose who you want to be and who to be with

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1 Clarity

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With so many rules and restrictions put upon us during this time of Covid-19, it may be difficult to know how to prioritize as we start to regain our freedom and review what's next. So, it's good to get clear on what's really important to you right now. Clarifying your values is like finding the points on a compass that point you in the right direction.

As important as values are, we sometimes don't know what they are! And it can be challenging to identify them. We often focus on what our peers, society, and media value. So are your values truly aligned with your core being and your business? Or maybe Covid has changed your perspective?

Becoming crystal clear on your own core values is key to creating the mindset you need to lead from here. When you honour your values, you know you're doing what's right. And when you don't live by them, your mental, emotional and physical states can suffer, as well as your business.

Just like a compass, when you and your business are aligned with your values, you'll be pointing in the right direction. So now is the perfect time to take a fresh look at your values.



- 1 Go through the list of values below and indicate all those that 'resonate' with you. Which values are particularly meaningful to you right now? Which ones do you identify with? (Don't overthink this! Simply look for those that your gut tells you are important to you personally).

List of values to choose from

✓ Put a check mark next to every value that resonates with you

Achievement	Discipline	Honesty	Prestige
Adventure	Discretion	Honour	Professionalism
Ambition	Diversity	Hope	Reliability
Balance	Efficiency	Humility	Reputation
Beauty	Empathy	Humor	Respect
Boldness	Energy	Independence	Status
Calmness	Enjoyment	Insightfulness	Strength
Caution	Enthusiasm	Integrity	Safety
Certainty	Equality	Intelligence	Security
Clarity	Excellence	Joy	Self-actualization
Collaboration	Excitement	Justice	Self-control
Comfort	Fairness	Kindness	Self-expression
Commitment	Faith	Knowledge	Self-reliance
Community	Fame	Leadership	Selflessness
Compassion	Fidelity	Love	Sensitivity
Control	Focus	Loyalty	Serenity
Consistency	Freedom	Making a difference	Service
Contentment	Friendship	Openness	Strength
Correctness	Fun	Order	Success
Courage	Generosity	Patriotism	Teamwork
Creativity	Gratitude	Peace	Transparency
Culture	Grit	Personal Development	Trust
Curiosity	Happiness	Physical Appearance	Usefulness
Dedication	Harmony	Positivity	Wealth
Determination	Health	Power	Wisdom

- 2 Go back and review the values you selected and choose 3 that really stand out, that you now feel are the most important to you personally and that you bring to your work. Yes, just 3!
- 3 Write those 3 values in the first column below, in order of priority of importance to you.
- 4 Generally speaking, how much are you applying each value to your worklife right now. (*0 = not at all, 5 = present all the time*). There's no judge here. Just be honest and get clear about where you're at.

Priority	Most important Values	How much do you apply this value to your worklife today?
1.		
2.		
3.		

- 5 Start embedding these values more consciously into your thinking and worklife. Like a compass, use them to guide your decisions as to where you and your organization go, what you do, who with and who for.





2 Change

For some, Covid brought out the best in us. For others, it seemed to bring out the worst. It certainly hasn't been easy. Some of us have lost a business, a job, or a loved one. Many have been feeling lost and disconnected. Some have stepped up and pivoted to serve others. However this dreadful time has affected you, there is one thing that's certain:

There will be NO back-to-normal!

As we emerge from this devastating global experience, now is the time for change. While you may not be able to change everything, you can certainly change your attitude and experience of your world. But how do you want it to change?

To make a positive change in your leadership mindset, you must first know what needs changing. What areas of your worklife are you not satisfied with? What have you been putting up with? And what have you been avoiding?

As a reality-check, we've created a Worklife Satisfaction Assessment to help you identify what areas you want to change.

It's a quick and easy way to figure out what to do next.

Worklife Satisfaction Assessment

It's time to find out what's working well, or not so well, or maybe not happening at all! You are not looking back, or looking forward, just yet. This is a measure of your current situation coming out of Covid. No one but you is going to see your work, so this is a great opportunity to be honest with yourself and take the time to think about what areas you're satisfied with and what needs changing.

How to Complete Your Worklife Satisfaction Assessment

1

Look at each of the 10 areas in the circle below, and take a moment to consider how satisfied you are right now with that particular area of your worklife.

2

Using the scale of 1—10 (where 1 = not at all satisfied and 10 = extremely satisfied), type a number between 1 and 10 that reflects how satisfied you are.

Note: This guide is an interactive PDF so you can type in the boxes and your score will be recorded.

3

When you have filled in all the boxes and scored your satisfaction in each area, you will find your total score tallied in the box at the bottom of the page.

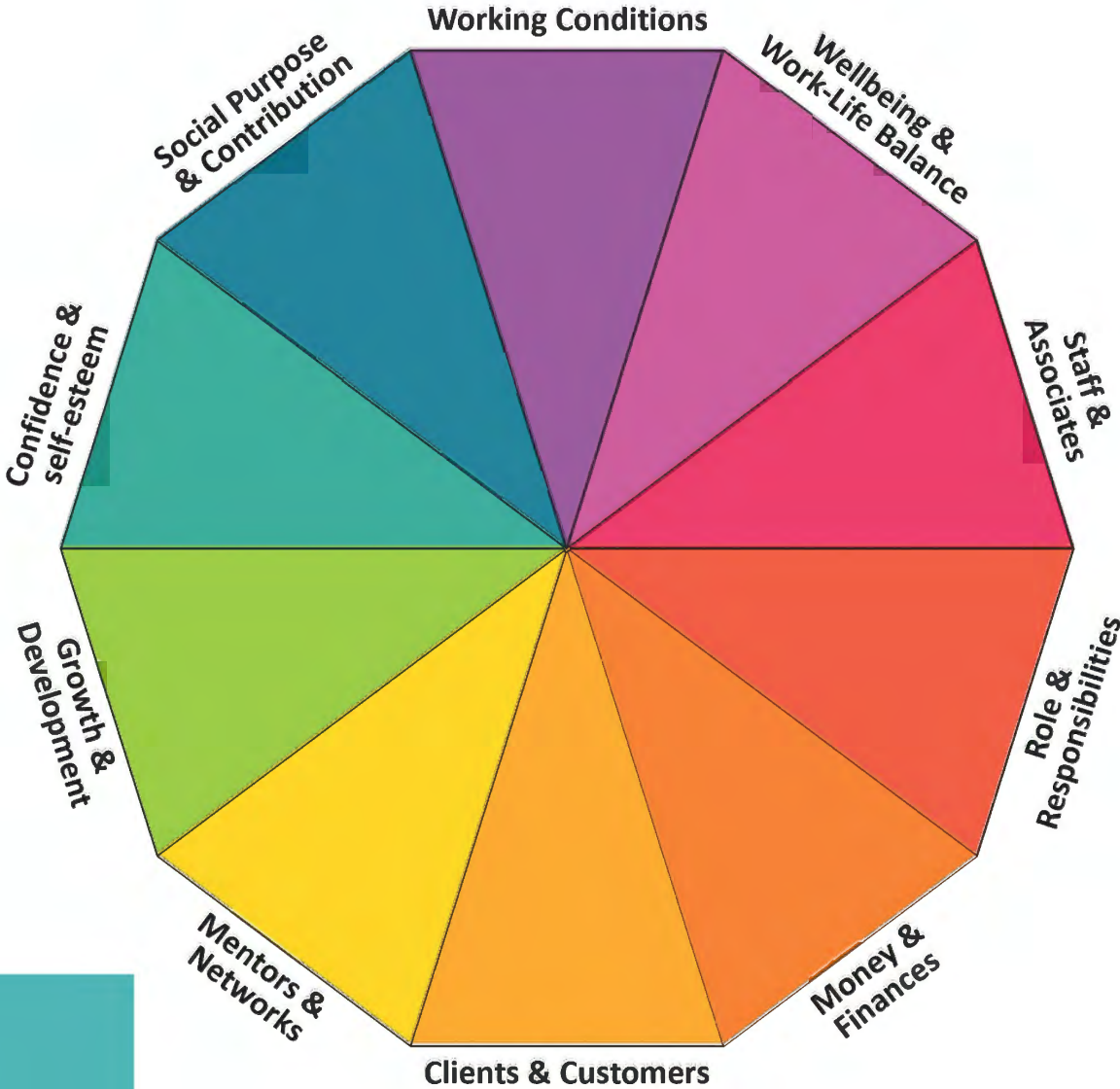


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Worklife Satisfaction Assessment

On a scale of 1—10 (where 1 = not at all satisfied and 10 = extremely satisfied), type a number that reflects how satisfied you are in each area of your worklife.

Areas of Your Worklife



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**Your total
satisfaction
score:**

(Max 100)

How to Interpret Your Worklife Satisfaction Score

The maximum score possible is 100. The closer your score is to this number indicates how satisfied you are overall with your worklife coming out of Covid.

Looking at each area, if you scored 6 or more, you are fairly satisfied in that area. Sure, things could be better but, given that we're coming out of a pandemic, you'll get there eventually.

Where you scored 5 or less indicates something needs changing in that area. The lower the number, the more urgently you should consider making changes.



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This is just a snapshot. It's not a plan or strategy. This quick assessment is meant as a useful reference tool to indicate what changes you need to be thinking about going forward.

3 Connection

One of the biggest issues we heard about during Covid was the loss of connection. Not only did we miss the social interaction of hanging out with friends, and the physical contact and hugs from visiting family, but also many of us lost the camaraderie and intimacy of close teamwork and interacting with clients and customers.

The time we spent by ourselves during Covid gave us the chance to reflect and consider who and what's important in our lives. For some, it gave us time to contemplate who we really are and who we want to be. For others, Covid was simply another distraction keeping us from dealing with our deeper desires and feelings. Either way, we all had much to worry about.

As you and your organization emerge from isolation and distancing, now is the time to connect with yourself, and with those who really matter and can support you in your work.

To help you, we've created a simple Quick Connection Quiz.



Quick Connection Quiz

1

Coming out of Covid, what work relationships do you realize you did NOT miss?

2

Which individuals matter to you the most today?

3

Who contributed to you in a surprising or meaningful way?

4

What groups, teams, or business activities can you not wait to reconnect with?

5

Think of one colleague, client, or group you can help today.

6

During the pandemic, what did you learn about yourself and your work, good and bad?



Next Steps?

We hope you found this guide helpful in figuring out how to reset your worklife and reconnect with whom and what really matters coming out of Covid. But, if you

- Want to discuss your reset guide results more deeply?
- Want to know how you can use your insights to chart a new direction?
- Are still feeling a bit stuck and would like further support in turning your leadership mindset around?

Schedule a free 30 minute call with me!

**BOOK A TIME
NOW!**



Charlie James, CEO & Co-Founder

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