



YOUR PQ TEST

Find out if you're ready to discover your purpose in life

About the Test

The PQ Test is based on the insights of the famous American psychologist Abraham Maslow. He identified a "Hierarchy of Needs" that must be met for people to live a happy life and reach their full potential.

In the PQ Test, you will look at your own needs at each level in the hierarchy, and assess how well you think you're currently fulfilling those needs.

Finding your unique purpose in life generally requires that you meet or exceed your basic needs. Knowing your Purpose Quotient is a great way to determine if, in fact, you're ready to embark on the adventure of self-discovery required to actually find your very own purpose in life.

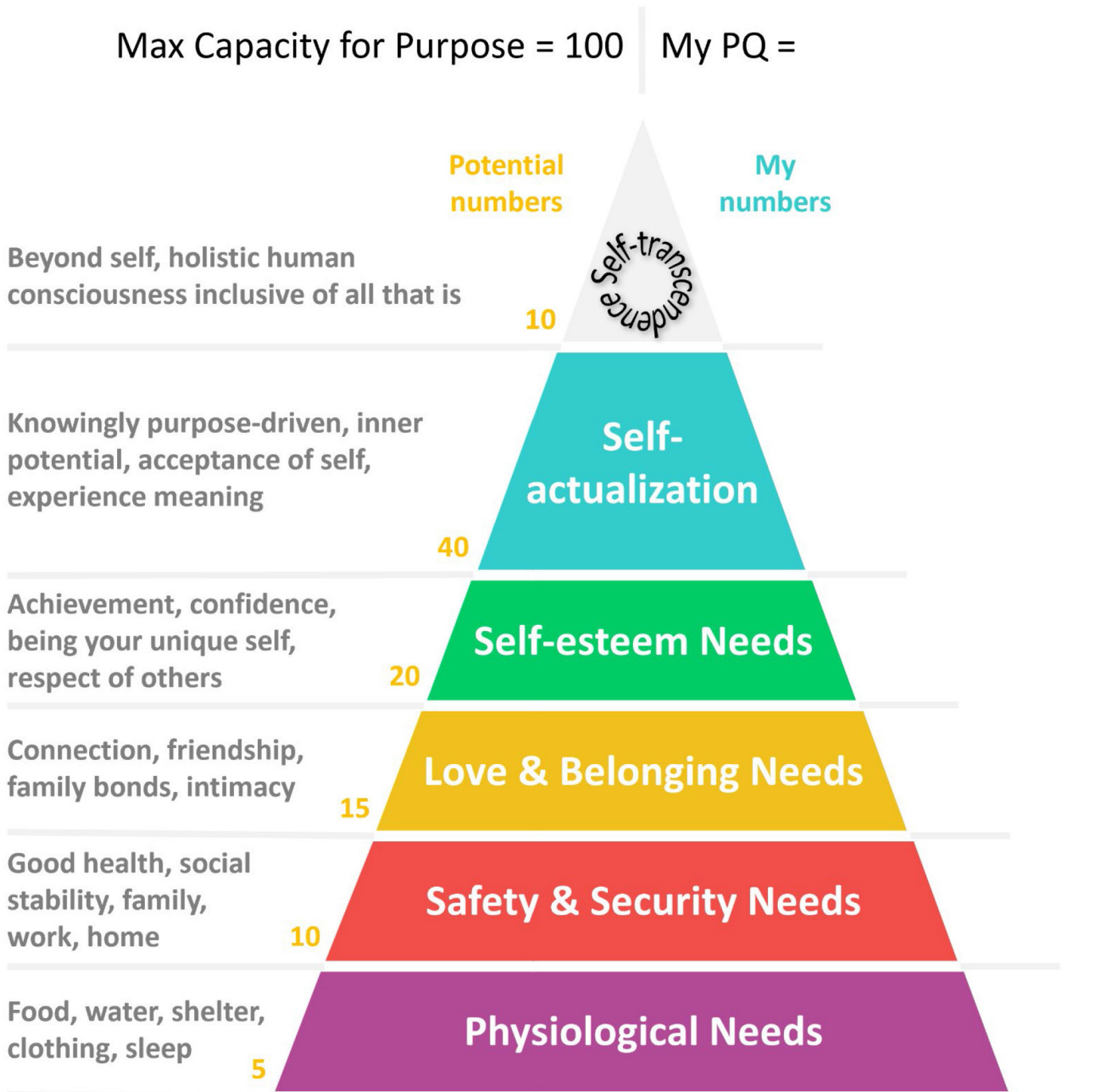
How to complete the PQ Test

- 1 Starting at the base of the pyramid, review the description of each level on the left. Each level has a maximum number associated with it.
- 2 Based on the maximum number on the left, give yourself a score on the right as to how well you think those needs are currently being met.
- 3 Don't overthink or dwell on your answers. Just write down what your gut tells you. This is a snapshot. Only you will see your score. There's no judging going on, so be honest with yourself.
- 4 Once you've filled in your numbers on each level, your total PQ score is automatically tallied at the top.
- 5 A brief interpretation of your PQ Score appears underneath the test.

Good luck!

TAKE THE PQ TEST

Max Capacity for Purpose = 100 | My PQ =



How Ready Are You to Discover Your Purpose in Life?

10-30

Probably best to hold off seeking purpose & address some of those pressing issues

30-50

You're doing okay and purpose might help you in meeting more of your basic needs

50-80

You're in a good place to move forward and discover your purpose in life

80-100

You're well on your way to living a life of purpose, but maybe you haven't fully realized that?

UNDERSTANDING YOUR PQ SCORE

Congratulations on completing the PQ Test!

What does it all mean?

Basics

Your PQ Score is a measure of how well you are currently meeting the different needs in your life, which then determines how capable or available you are to realizing your purpose. Meeting your more fundamental needs opens the space for you to find your intrinsic purpose, which is a reflection of your unique self and potential to live a more engaged and fulfilling life.

The maximum scores for levels at the base of the pyramid are lower than those above because your needs lower down are more basic, more fundamental to your existence. Your power in life increases as you go up the pyramid.

Climbing the Pyramid

Satisfying your more basic needs gives you the space and capacity to stretch yourself in the higher levels of the pyramid. This gives you more ability to choose the life you want to live.

The higher your score generally, the greater your capacity to seek out and find a purpose in life that truly calls to you, that inspires and motivates you to pursue your highest potential.

Overall, if your score is close to 50 or greater, you are likely ready and in a good position to move forward and focus on finding ways to live a more purposeful and meaningful life.

UNDERSTANDING YOUR PQ SCORE

Top Heavy? Check Your Basic Needs

If most of your PQ score was generated from the numbers near the top of the pyramid, you may want to review how well you're meeting your needs at the lower levels. Try finding ways to use your higher aspirations to help you address those more basic needs.

Bottom Heavy? You're Ready for Purpose

If most of your numbers were generated from the lower levels of the pyramid, then you're in a great place to begin seeking ways to discover and live a more meaningful and purposeful life.

NEXT STEPS?

Ask Charlie to help you gain a deeper understanding of what your PQ score really means and how you can use it to help you find purpose and live a fuller and more joyful life.

[Schedule your FREE one-on-one call here:](#)

[BOOK NOW >>](#)

This is not a sales call. Promise! My intention is to help you move forward in living a more purposeful life.