



FROM TANGLES TO FLOW

*The 28-Row Project Blueprint:
A versatile design
for crocheters
to organize their yarn*

Hi there!



I may not be an expert crocheter, but as someone navigating the ups and downs of life, I've discovered a deep and healing joy in my beloved 'yarn social' group. Crochet has become more than a hobby—it's a soothing outlet for creativity and connection.

With patience, meticulous attention to detail, and an unwavering determination, I've learned to simplify even the trickiest patterns. My mission is to make crochet accessible and stress-free for those who feel stretched too thin, offering them a chance to pause, unwind, and create something beautiful.

Ronelle Cloete



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Must-have Checklist

Alternatively, you can substitute the 50g of DK cotton with two 50g balls of 4-Ply cotton. The total amount of 4-Ply cotton will then be 150g

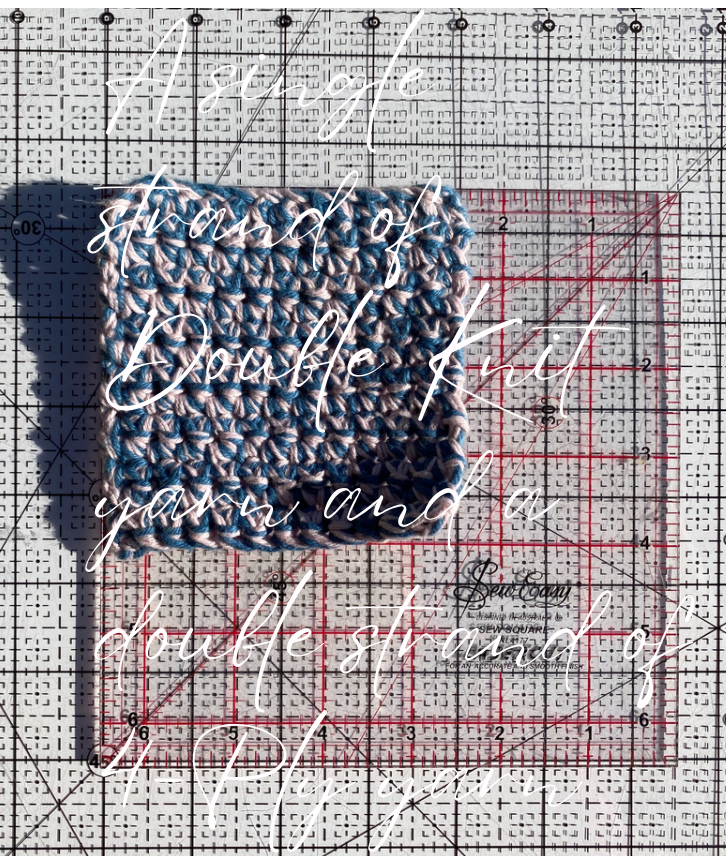
- ☐ YOUR SPARKLE
- ☐ SCISSOR
- ☐ CROCHET HOOK
- ☐ 50g DK COTTON
- ☐ 2x 50g 4-PLY COTTON
- ☐ OPTIONAL:
ANOTHER TWIST TOTE 🥰



I use a **5.50mm hook** for this pattern, but feel free to use the crochet hook that suits your personal gauge. For guidance, refer to the page below.

The minimum yarn required for this pattern is 50g of DK Cotton and 2x 50g of 4-Ply Cotton.

Different colours of leftover yarn would also be fantastic for this pattern.



Gauge

FOR THE BASE:

Use a single strand of Double Knit yarn and a double strand of 4-Ply yarn. Alternatively, you can replace the single strand of Double Knit yarn with another double strand of 4-Ply yarn.

However, keep in mind that this will require working with four strands of yarn instead of three, which may be slightly more challenging.

Swatch: 12 sts x 14 rows = 4"x4"

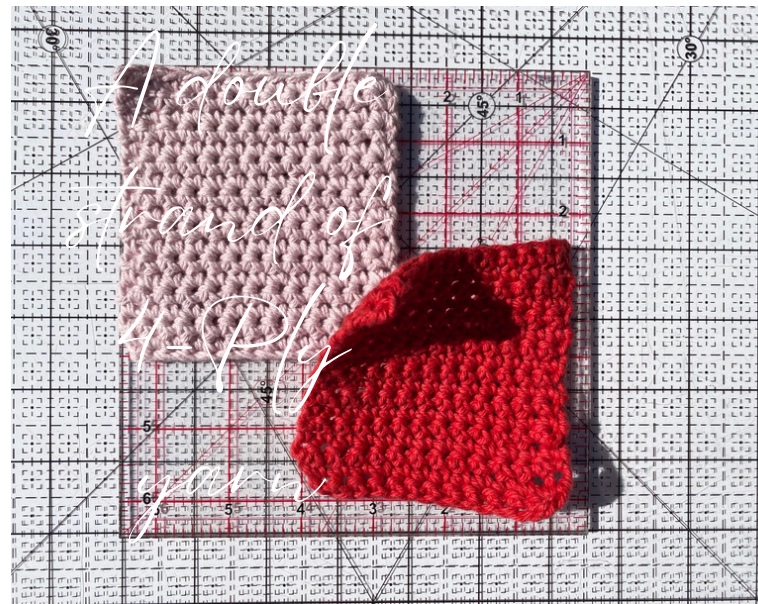
FOR THE SIDE:

Use either a double strand of 4-Ply yarn or a single strand of Double Knit yarn.

Swatch for both:

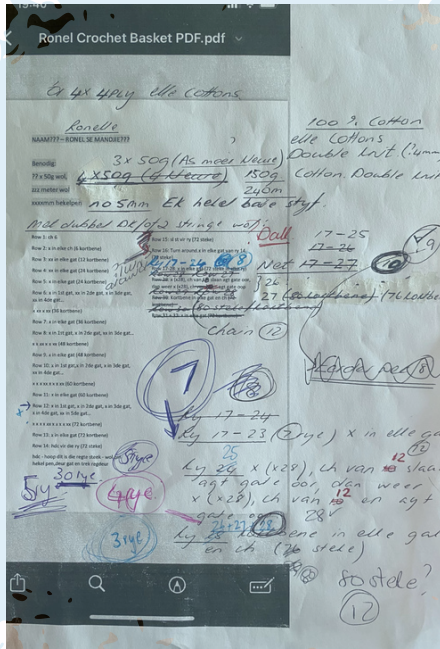
13 sts x 17 rows = 4"x4"

A crochet swatch is a sample of the pattern that you make before starting the main project, usually in the shape of a square.



Ready to start?

About the Process

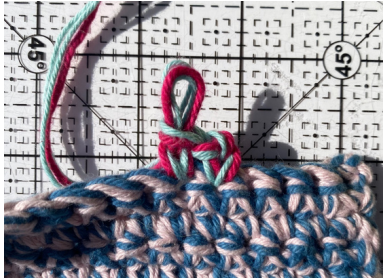


My crochet journey began during a holiday visit with my grandmother, who kindly taught me the craft. The first project? A mouse. The result? A rather unique creation featuring an extraordinarily loooooong nose and a disproportionately tiny body—much to my dismay! That little "mouse" was enough to put my crochet hook into hibernation for years.

By the time I release this pattern, I made more than ten pieces and am able to offer a polished pattern to help others succeed.

YOUR CROCHET MEMORY:

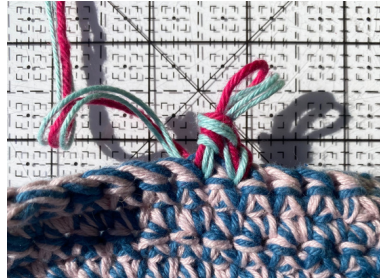
Stitches to learn



SC

Single Crochet

- 1) Insert the hook into the stitch or space indicated in the pattern.
- 2) Yarn over and pull up a loop (you'll have 2 loops on your hook).
- 3) Yarn over again and pull through both loops on the hook.

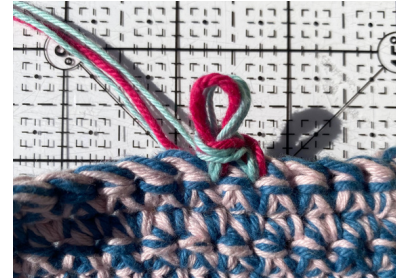


SPSC

Straight-Pull Single Crochet

A modified version of the extended single crochet (esc), where the last yarn-over is omitted in the final step.

- 1) Yarn over and insert the hook into the stitch or space indicated.
- 2) Yarn over again and pull up a loop (you will have 3 loops on your hook).
- 3) Pull the last loop through the first two loops on the hook.



SL

Slip Stitch

- 1) Insert the hook into the stitch or space indicated in the pattern.
- 2) Yarn over and pull the loop through the stitch and the loop already on your hook.

THE TWIST TOTE

Row (Stitches)

*IMPORTANT NOTE

Rows 1 to 16: Use two strands of 4-Ply yarn and one strand of DK yarn

1



Chain 6 to form a loop

2



Work sc in each chain around; sl st to join (6)

3



Work 2 sc in each stitch; sl st to join (12)

4



Work 2 sc in each stitch; sl st to join (24)

5



Work sc in each stitch; sl st to join (24)

6



Work sc in the next stitch, then 2 sc in the following stitch, repeat to the end of the row; sl st to join (36)

7



Work sc in each stitch; sl st to join (36)

THE TWIST TOTE

Row (Stitches)

8



Work sc in the next stitch, sc in the following stitch, and 2 sc in the next stitch, repeat to the end of the row; sl st to join (48)

9



Work sc in each stitch; sl st to join (48)

1 0



Work sc in the next stitch, sc in the following stitch, sc in the next stitch, and 2 sc in the next stitch, repeat to the end of the row; sl st to join (60)

1 1



Work sc in each stitch; sl st to join (60)

1 2



Work sc in the next stitch, sc in the following stitch, sc in the next stitch, sc in the next stitch, and 2 sc in the next stitch, repeat for row; sl st at end (72)

1 3



Work sc in each stitch; sl st to join (72)

1 4



Work spsc in each stitch; sl st to join (72)

THE TWIST TOTE

Row (Stitches)

*IMPORTANT NOTE

Row 17-28: Use two strands of 4-Ply yarn OR one strand of DK yarn

1 5



sl st in each stitch; sl st to join (72)



CHANGE DIRECTION (THE TWIST)

1 6



work sc through both rows (Row 14 and Row 15) in each stitch; sl st to join (72)



***DROP YARN**

1 7 - 2 4



work sc in each stitch; sl st to join (72)

2 5



work 1 sc in the next 28 stitches, ch 12, skip 8 stitches, work 1 sc in the next 28 stitches, ch 12, skip 8 stitches, sl st to join (80)

2 6



work sc in each stitch and chain, then slip stitch to join (80)

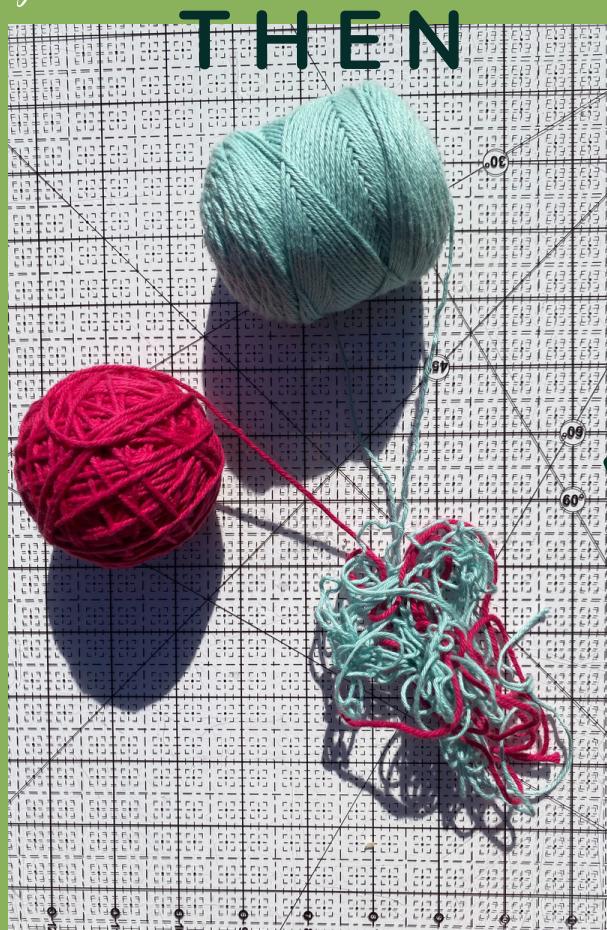
2 7 - 2 8



work sc in each stitch; sl st to join; end of row 28 (80)

Old Way vs New Way

Nothing is more frustrating than a bundle of heavily tangled yarn. It's enough to make you want to abandon a project altogether!



VS

Just a little reminder! This tote was designed with my personal "yarn social" preferences in mind. The sides are intentionally more flexible to make it easier to carry around. That said, if you prefer a firmer structure, you can stick with the same three-strand yarn for the sides as you used for the base. Customize it to suit your style!

I'm so excited for you to try this pattern!

If you can, please share your feedback and/or your first crochet memory—whether it's through a picture, a few words, or both.

I'd absolutely love to see or hear all about your creation!

Thank-you!

Contact:

@filament_flair

