

HABIT TRACKER

HÁBITO

DÍA

Notas

100%

13 14 29 30

11	12	27	28
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9	10	25	26
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100%

7	8	23	24		13	14	29	30
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5	6	21	22		11	12	27	28
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3	4	19	20		9	10	25	26
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100%

1	2	17	18			7	8	23	24			13	14	29	30
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15	16		5	6	21	22		11	12	27	28
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3	4	19	20		9	10	25	26
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1	2	17	18		7	8	23	24
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15	16		5	6	21	22
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3	4	19	20
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