



LAS VEGAS

BIRTHDAY FREEBIES GUIDE



Las Vegas

Birthday Freebies Guide

From Free Cake to Free Play
Your Ultimate Birthday Jackpot!

Las Vegas Welcome Association



Las Vegas

Disclaimer

The information contained in this guide/ebook is for **informational and entertainment purposes only** and should not be considered as legal, financial, or professional advice. While every effort has been made to ensure the accuracy of the content, laws and regulations change frequently, and individual circumstances vary. You are strongly advised to consult with a qualified attorney, financial advisor, tax professional, or other licensed expert before taking any action based on the information provided.

Neither the author nor the publisher assumes any responsibility or liability for any errors or omissions or for any outcomes related to the use of this information. Any examples provided are for illustrative purposes only and do not represent a guarantee of results.

By reading this guide/ebook, you acknowledge and agree that the author and publisher are not responsible for your decisions, actions, or results, and you assume full responsibility for any consequences that may arise from your use of the information.

Use of this guide/ebook constitutes your acceptance of these terms.

Affiliate Disclosure

Some of the links and recommendations in this ebook may be affiliate links, which means we may earn a small commission if you make a purchase through them — at no additional cost to you. These commissions help support the creation of more helpful content and resources. We only recommend products, services, or experiences we truly believe add value to your Las Vegas visit.

No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher at jack@lasvegaswelcomeassociation.org.

Published by Las Vegas Welcome Association

First Edition

Contents

Food & Dining Freebies	6
Tips You Should Know	6
Popular Spots & Fine Print	7
Desserts & Sweet Treats.....	9
How It Works.....	9
Tips to Sweeten the Deal	9
Popular Dessert Freebies in Las Vegas	10
Casinos & Free Play	12
How It Works.....	12
Pro Tips for Casino Freebies.....	12
Popular Birthday Casino Freebies	13
Attractions & Experiences	14
How It Works.....	14
Insider Tips for Experiences	14
Popular Free Birthday Attractions & Experiences	15
How to Maximize Your Birthday Haul	16
Vegas Insider Pro Tips	16
Final Thoughts.....	18
Discover Culture & History Without Spending a Dime	Error! Bookmark not defined.
Explore More of Las Vegas for Free!	19

Food & Dining Freebies

“Eat Like a King, Pay Like It’s Your Birthday”

Las Vegas might be the entertainment capital of the world, but it’s also a foodie’s paradise—especially on your birthday. From hearty breakfasts at classic diners to sizzling steaks and international flavors on the Strip, dozens of restaurants are ready to treat you to a free meal, appetizer, or dessert just for celebrating your big day. Whether you crave pancakes stacked high, gourmet pasta, or a juicy burger, these dining spots make it easy to fill your plate without touching your wallet. All you need is your ID, an appetite, and sometimes a quick rewards sign-up to unlock the feast.

How It Works

Most Las Vegas eateries invite you to celebrate with hearty birthday freebies—ranging from pancakes to pizza—through either a loyalty sign-up or just by showing your ID. To maximize your haul:

- **Sign up in advance** for rewards clubs (some offers take a few days to activate).
- **Bring a valid photo ID**; it’s your golden ticket to freebies.
- **Pick ups during your birthday week or month**, depending on each place’s policy.
- **Verify purchases** required for some deals—details below.

Tips You Should Know

- **Signup in advance**—most programs send birthday offers via email or app and need a few days to activate.
- **Bring ID everywhere**—even casual diners may ask to confirm your birthday.
- **Check the timing**—some deals are valid only on your birthday, others during the whole month.
- **Combine savings**—stack freebies with Happy Hour or dining coupons where possible.

Popular Spots & Fine Print

Restaurant	Freebie Details	Conditions / How to Redeem
Applebee's	Free dessert	Join Club Applebee's rewards. (Applebee's Offers, Applebee's Signup)
Auntie Anne's	Free pretzel (with \$1 purchase)	Requires Pretzel Perks app and \$1 purchase. (Auntie Anne's Rewards)
Baskin-Robbins	Free ice cream scoop	Birthday Club sign-up. (Baskin Robbins Rewards)
Benihana	\$30 off coupon on \$60+ bill; free souvenir mug for kids	Chef's Table rewards sign-up. (Benihana Loyalty)
BJ's Restaurant & Brewhouse	Free Pizookie on your birthday	Join BJ's Premier Rewards Plus. (BJ's Rewards)
Black Bear Diner	Free meal on your birthday	Sign up for Bear Lover's E-Club. (Black Bear E-Club)
Bonefish Grill	Free Jamaican Coconut Pie or Bang Bang Shrimp	Join Dine Rewards. (Bonefish Rewards)
Buca di Beppo	Free brownie sundae	Join Buca E-Club. (Buca Eclub)
Buffalo Wild Wings	Free wings on your birthday	Join Buffalo Rewards. (BWW Rewards)
California Pizza Kitchen (CPK)	Free dessert (VIP earn free entrée rewards)	Sign up for CPK Rewards. (CPK Rewards)
Cheesecake Factory	Free ice cream sundae	No signup—just show ID. (Cheesecake Rewards)
Chili's	Free dessert	Join My Chili's Rewards. (Chili's Rewards)
Cold Stone Creamery	BOGO free Creation	Join My Cold Stone Club. (Cold Stone Rewards)
Cracker Barrel	Free dessert	No signup needed. (Cracker Barrel Rewards)
Crumbl Cookies	Free cookie	App user (Silver+ members). (Crumbl Rewards)
Dairy Queen	BOGO Blizzard	Blizzard Fan Club sign-up. (DQ Rewards)
Del Taco	Free shake	Join Del Yeah! Rewards. (Taco Bell Rewards)
Denny's	Free Grand Slam breakfast	Denny's Rewards sign-up. (Denny's Rewards)
Grimaldi's	Free Birthday Pizza	Grimalgie's Rewards sign-up. (Grimaldie's Rewards)

Restaurant	Freebie Details	Conditions / How to Redeem
Hooters	Free wings 10 days before and after birthday.	Join Hooters rewards. (Hooters Rewards)
IHOP	Free stack of pancakes	Join My I-Hop Club. (IHOP Rewards)
Kona Grill	Birthday credit (e.g., \$25)	Konavore Rewards signup. (Kona Rewards)
Krispy Kreme	Free donut & coffee	Krispy Kreme Rewards. (Krispy Kreme Rewards)
Menchie's	Up to \$5 FroYo credit	Rewards signup. (Menchie's Rewards)
Nothing Bundt Cakes	Free Bundtlet	eClub signup. (Nothing Bundt Cakes)
Olive Garden	Free dessert with dinner	Join Olive Garden eClub. (Olive Garden eClub)
On The Border	Free brownie sundae or queso (with purchase)	Border Rewards signup. (On The Border Rewards)
Outback Steakhouse	Free birthday desert	(Outback Steakhouse Rewards)
Panera Bread	Free sweet treat (e.g., pastry)	Join MyPanera. (Panera Bread Rewards)
Papa John's	Free birthday dessert	Papa Rewards signup. (Papa Johns Rewards)
PF Chang's	Free dessert	Rewards signup. (P.F.Changs Rewards)
Pizza Lounges & Others	Offers vary—check app or ask server	E.g., Yard House offers a free mini dessert—tell your server. (Vegas4Locals , Vegas Family Guide)
Steak 'N Shake	Free birthday milkshake	Steak N Shake Rewards

Desserts & Sweet Treats

Birthdays and sweets go hand in hand, and in Las Vegas the dessert scene doesn't disappoint. From creamy scoops of Baskin-Robbins to warm, gooey cookies from Crumbl and decadent bundt cakes from Nothing Bundt Cakes, your sweet tooth will be more than satisfied—all for free. Whether you're strolling the Strip or grabbing a treat in your neighborhood, you'll find plenty of spots offering complimentary birthday desserts that make celebrating even sweeter.

Cake, Cones, and Cookies on the House

How It Works

Las Vegas makes it easy to indulge your sweet tooth on your birthday. From ice cream and cupcakes to bundt cakes and donuts, dessert shops roll out plenty of complimentary treats. Most require signing up for an app or email club, while some simply need you to show ID.

Tips to Sweeten the Deal

- **Download apps early:** Many dessert freebies are delivered via mobile app—sign up at least 2 weeks in advance.
- **Check the tiers:** Some apps (like Crumbl) only give birthday treats to Silver or higher members.
- **Pair with dining deals:** Many restaurants (BJ's, Yard House, Olive Garden) offer both food and dessert perks—stack them for a bigger celebration.
- **Don't be shy:** Even if a dessert isn't listed, servers at sit-down restaurants often bring out a complimentary treat if you mention it's your birthday.

Popular Dessert Freebies in Las Vegas

Dessert Spot	Freebie Details	Conditions / How to Redeem
Baskin-Robbins	Free scoop of ice cream	Join the Birthday Club. Sign up here
Ben & Jerry's	Free scoop of ice cream	Join Flavor Fanatics. Sign up here
BJ's Restaurant & Brewhouse	Free Pizookie (warm cookie sundae)	Premier Rewards Plus signup. Join here
California Pizza Kitchen	Free dessert	Join CPK Rewards. Sign up here
Cheesecake Factory	Free ice cream sundae	No signup required—just tell your server and show ID.
Cold Stone Creamery	BOGO free Creation (custom ice cream)	Join My Cold Stone Club. Sign up here
Cracker Barrel	Free dessert	No signup needed, mention your birthday.
Crumbl Cookies	Free cookie	Must have Crumbl App account (Silver+ members). Download app
Dairy Queen	BOGO Blizzard	Blizzard Fan Club signup. Join here
Del Taco	Free milkshake	Join Del Yeah! Rewards. Sign up here
Denny's	Free Grand Slam breakfast (includes pancakes)	Rewards signup required. Join here
Dutch Bros	Free drink of choice	Dutch Bros Rewards signup via app. Download app
Edible Arrangements	Free 12 oz. chocolate-dipped fruit box	Rewards signup. Join here
Einstein Bros Bagels	Free egg sandwich (with purchase)	Shmear Society rewards signup. Sign up here
IHOP	Free full stack of pancakes	Join MyHop. Sign up here
Jamba Juice	Free smoothie	Rewards signup. Join here
Kona Grill	Birthday reward (varies, usually dessert or \$25 credit)	Konavore Rewards signup. Join here
Krispy Kreme	Free donut + free coffee	Rewards signup. Sign up here

Dessert Spot	Freebie Details	Conditions / How to Redeem
Menchie's Frozen Yogurt	Up to \$5 FroYo credit	Join MySmileage rewards. Sign up here
Nothing Bundt Cakes	Free Bundtlet	eClub signup. Sign up here
Olive Garden	Free dessert with meal	eClub signup. Join here
On The Border	Free brownie sundae or queso (with purchase)	Border Rewards signup. Join here
Panera Bread	Free pastry or sweet treat	Join MyPanera. Sign up here
Peet's Coffee	Free birthday beverage or bonus points	Peetnik Rewards signup. Sign up here
PF Chang's	Free dessert	Rewards signup. Join here
Red Lobster	Free dessert or appetizer	Join My Red Lobster Rewards. Sign up here
Starbucks	Free drink or food item	Starbucks Rewards signup. Join here
Wetzel's Pretzels	Free pretzel	Rewards signup via app. Download app
Yard House	Free mini dessert	Join House Rewards. Sign up here

Casinos & Free Play

What's more Vegas than celebrating your birthday with a spin, a shuffle, or a jackpot? Casinos across the city love to keep the party going by giving you free slot play, bingo cards, or even dining credits just for showing up on your special day. From the Strip to locals' favorites off Fremont, you'll find birthday kiosks, rewards club perks, and random surprises that put a little extra luck on your side. After all, in Vegas, the house doesn't always win—especially on your birthday.

Birthday Luck Is Always Free in Vegas

How It Works

Casinos love to celebrate birthdays by giving players free slot play, bonus points, or even extra perks like bingo cards and food credits. Most of these offers are tied to the casino's **players club card**, so make sure to sign up **before your birthday month**. Always carry your **ID** and your **rewards card**—and don't forget to swipe at kiosks when available.

Pro Tips for Casino Freebies

1. **Sign up at least 2 weeks early** – some systems need time to register your birthday.
2. **Check kiosk promotions** – many require you to swipe your rewards card at a kiosk to claim free play.
3. **Bundle Strip and Downtown trips** – MGM properties cluster freebies on the Strip, while Plaza + Fremont casinos offer easy “birthday crawls.”
4. **Bring a friend** – sometimes freebies are enhanced if you're actively playing (like bingo cards).
5. **Ask politely** – even if not listed, some pit bosses or rewards desks will add small comps (like buffet credits).

Popular Birthday Casino Freebies

Casino / Resort	Birthday Freebie	Conditions / How to Redeem
Sahara Las Vegas	Swipe your Infinity Rewards card at kiosks for up to \$500 in free slot play .	Valid anytime during your birthday month . Join Infinity Rewards
Palms Casino	Swipe at kiosk with Club Serrano card for up to \$1,000 free slot play .	Valid during birthday month only. Join Club Serrano
Plaza Hotel & Casino	Free birthday bingo card , dessert at Oscar's Steakhouse, and 25% room discount .	Must be a Players Rewards member. Join Plaza Rewards
Excalibur (MGM Rewards)	\$20 free play .	Valid 1 week before & 1 week after birthday. Join MGM Rewards
Luxor (MGM Rewards)	\$20 free play .	Valid 1 week before & 1 week after birthday. Join MGM Rewards
Park MGM (MGM Rewards)	\$25 free play .	Valid during birthday month . Join MGM Rewards
MGM Grand (MGM Rewards)	\$25 free play .	Valid during birthday month . Join MGM Rewards
Wynn Las Vegas	\$10 free play .	Valid only on your actual birthday . Join Wynn Rewards
Ellis Island	\$10 free play .	Must be Passport Club member. Join Passport Club
The STRAT	Special free play or dining coupon (varies).	Ask at True Rewards desk. Join True Rewards
South Point	Birthday promotions vary (free slot play or multipliers).	Must be Club Card member. Join Club Card
Station Casinos	Free play, dining discounts, or birthday multipliers (varies by property).	Must be Boarding Pass member. Join Boarding Pass
Boyd Casinos (Orleans, Gold Coast, Fremont, etc.)	Free play or multipliers during birthday month.	Must be B Connected member. Join B Connected

Attractions & Experiences

Not all birthday gifts in Vegas come on a plate or from a slot machine—some are unforgettable experiences. Imagine fireworks from the Fremont Street canopy, strolling through the dazzling Bellagio Conservatory, or catching a free movie at Maya Cinemas. Many attractions, from scooter rentals to pool parties, throw in complimentary perks to make your day even more memorable. These free experiences prove that in Vegas, the best birthday memories don't always come with a price tag.

Celebrate Big with Free Vegas Fun

How It Works

Not all birthday perks are about food or gambling—many of the best **memories come from attractions and experiences**. In Vegas, you can score free shows, rides, movies, and even pool parties just for being born! Some of these are always free for everyone, while others are special birthday-only perks that require a rewards sign-up or RSVP.

Insider Tips for Experiences

1. **Pair your day** – Watch Bellagio fountains and Mirage volcano between casino stops.
2. **Confirm birthday specials** – Some (like Eiffel Tower or STRAT) change annually—always call or check the website.
3. **Bring your crew** – Pool parties and nightclubs often comp **entire groups** if it's your birthday.
4. **Plan day-to-night** – Free daytime attractions (conservatory, scooters) pair perfectly with free nightlife entries.
5. **Be flexible** – Some promos are word-of-mouth; ask politely if a venue offers birthday perks.

Popular Free Birthday Attractions & Experiences

Attraction / Venue	Freebie Details	Conditions / How to Redeem
Fountains of Bellagio	Iconic water show with lights & music, free to watch.	No signup needed. Show Schedule
Bellagio Conservatory	Seasonal flower & art displays, free to enter.	No signup required. More Info
Fremont Street Experience	Free canopy light shows, street performers, and live music.	Always free. FSE Info
Maya Cinemas	Free movie ticket on your birthday.	Join Maya Rewards. Sign up here
Atomic Scooters	Free 2-hour rental or discount on foodie tours.	Call ahead, ID required. Company Info
High Roller at The LINQ	Occasionally offers free birthday ride specials (check promotions).	Must bring ID and sometimes book online. High Roller Info
Eiffel Tower Viewing Deck (Paris)	Free ride on your birthday (varies, call to confirm).	Bring ID. Paris Attractions
The STRAT	Free SkyPod admission or discounted thrill rides (birthday promotions vary).	Must join True Rewards. Join here
Nightclubs (XS, Omnia, Marquee, Hakkasan)	Free birthday entry & complimentary drinks for birthday guests.	RSVP with promoter or host. Vegas Nightclubs Info
Pool Parties (Encore Beach Club, Wet Republic, Daylight)	Free birthday entry or VIP perks for birthday groups.	Contact promoter, must be 21+. Vegas Pool Parties
SkyBar at Waldorf Astoria	Complimentary birthday cocktail with ID.	Must be 21+. SkyBar Info
Neon Museum	Special birthday discounts or perks occasionally offered.	Check calendar. Museum Info

How to Maximize Your Birthday Haul

“Stacking Offers Like a High Roller”

Getting a free burger, scoop of ice cream, or \$10 in casino play is great—but the real magic happens when you **stack** your freebies and plan your day like a pro. Here’s how to squeeze the most out of your Vegas birthday adventure:

1. Sign Up Early

Most restaurants, dessert shops, and casinos require you to join their rewards programs to qualify. Sign up at least **2–4 weeks before your birthday**, since some clubs email digital coupons that need a little processing time.

2. Bring Your ID Everywhere

Almost every freebie requires proof of your birthday. Keep your driver’s license or state ID handy—you don’t want to miss out on free cheesecake or free slot play just because you left it in the car.

3. Map Out a Freebie Crawl

Plan your day (or week!) by location. Start with a free birthday breakfast (like Denny’s or IHOP), swing by dessert shops in the afternoon, and end the evening with casino free play. With a little planning, you can celebrate **from sunrise pancakes to midnight jackpots** without spending a dime.

4. Watch for “With Purchase” Fine Print

Some deals are completely free, others require a small purchase. Don’t let a \$3 coffee ruin your strategy—know the terms ahead of time so you can decide which deals are worth your time.

5. Make It a Tradition

The best thing about these freebies? They come back every year. Save this guide, add a calendar reminder for next year, and build your own Vegas birthday tradition of stacking freebies, year after year.

Vegas Insider Pro Tips

“Secrets Locals Don’t Tell Tourists”

Once you’ve mastered the basics, it’s time to step up your game with insider strategies that savvy locals use to get even more from their Vegas birthdays:

1. Know the Timing Windows

Some offers are good only on your actual birthday, while others extend to your **birthday week or even the entire month**. Stack your schedule accordingly so you can maximize what’s available each day.

2. Double Up With Loyalty Tiers

Already a member of casino rewards or dining clubs? Higher tiers often mean **bigger birthday perks**—like extra free play, larger food credits, or exclusive gifts. It pays to climb the loyalty ladder.

3. Cluster Your Freebies by Location

The Strip is long—don't waste time zigzagging. Group together restaurants and casinos near each other (for example, hit Cheesecake Factory, Benihana, and Yard House at The LINQ in one trip). Downtown Fremont Street is also perfect for stacking multiple casino offers in a short walk.

4. Leverage Companion Deals

Some birthday perks are “with purchase.” Invite a friend or two to tag along—they can grab the paid item while your freebie offsets the cost. Win-win, and you still walk away celebrating for free.

5. Ask Nicely for Surprises

Many restaurants and lounges don't advertise their freebies but will **bring out a complimentary dessert, cocktail, or birthday sparkler** if you simply mention it's your birthday. Vegas hospitality thrives on special moments—don't be shy.

6. Plan a Birthday Week, Not Just a Day

Since different venues offer freebies with varying windows, spread your celebrations out. Kick things off the weekend before, enjoy midweek casino perks, and end with a Friday or Saturday blowout. Vegas was built for extended parties.

Final Thoughts

Your Vegas Birthday, Upgraded

In Las Vegas, birthdays aren't just another candle on the cake—they're an all-access pass to food, fun, and unforgettable memories. From free pancakes in the morning to casino slot play at night, you can celebrate from sunrise to the Strip lights without spending a dime. With restaurants, dessert shops, casinos, and attractions all competing to spoil you, your birthday becomes a full-day adventure packed with surprises.

The best part? Most of these offers come back every year—so you can turn your birthday into a Vegas tradition. Mark your calendar, sign up for the rewards clubs, and keep your ID handy—you've now got the insider's playbook to celebrating big while keeping your wallet happy.

And remember, this is just the beginning. The **Las Vegas Welcome Association** is your local guide to exclusive perks, hidden experiences, and secret Vegas deals that most tourists will never discover.

👉 **Subscribe today** to get even more insider guides, tips, and local freebies—because in Vegas, the best surprises aren't found on the bill, they're found right here.

Explore More of Las Vegas for Free!

From cultural institutions to interactive exhibits, Las Vegas offers plenty of free experiences beyond the casinos. Whether you're a history buff, art lover, or simply curious, these museums provide enriching experiences for all ages.

See Our FULL Guides From Our Private Vault...



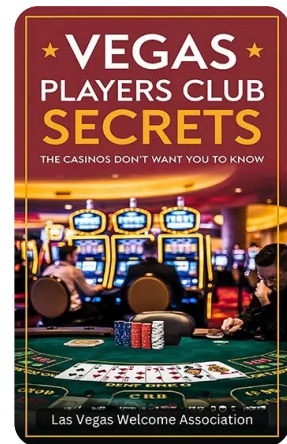
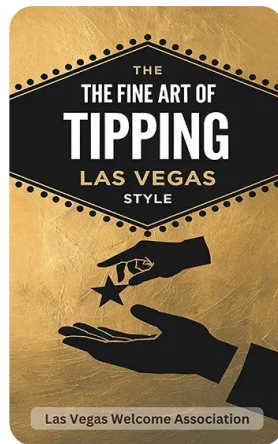
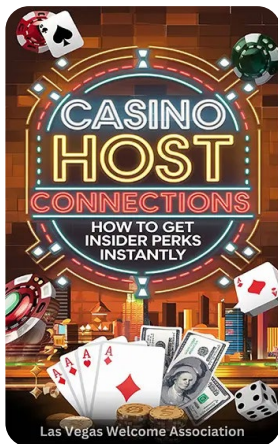
 Ready to **Unlock the Real Vegas?** 

Discover Our Private Vault

Go beyond the Strip and straight into the secrets *locals and high-rollers* don't want to share. Whether you're looking to score suite upgrades, impress casino hosts, or tip like a Vegas VIP, these comprehensive guides give you the edge most tourists never get.

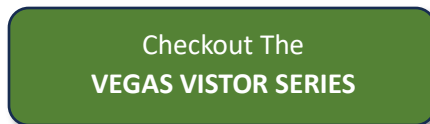


Here's what you'll get inside this series:



- ***Casino Host Connections*** – How to get insider perks instantly
- ***The Fine Art of Tipping – Las Vegas Style*** – Tip smarter, get more
- ***Mind-Blowing Vegas Secrets Tourists Will Never Know*** – Hidden hotspots and hush-hush hacks
- ***Vegas Players Club Secrets*** – Unlock benefits the casinos don't want you to know

Tap into the secrets now. Whether it's your first time or your fiftieth trip, this series will change the way you Vegas.



Limited-time access – don't roll the dice on missing out!