

# WEALTH LIGHT CODES MASTERCLASS WORKBOOK

Welcome to the Eliminating Money Blocks  
Masterclass Workbook!

This guide is designed to support your  
transformation during and after the  
sessions.

As you move through the exercises,  
reflections, and Light Codes Healing  
Transmission, use this workbook to  
journal insights, track progress, and  
integrate the teachings into your daily life.

# Who I am



**ZHIVKA HRISTOVA**

**Zhivka is a visionary Conscious Success Mentor, Akashic Record Reader, and Light Language Quantum Healer, celebrated for her transformative Wealth Light Codes Method. This groundbreaking approach blends ancient hermetic principles with modern disciplines like Neuroscience, Epigenetics, and Quantum Physics, creating a unique pathway for individuals to eliminate limiting money beliefs, transcend self-sabotage, and unlock their full potential.**

**Having overcome profound personal and generational challenges, including the effects of ancestral patterns and narcissistic relationships, Zhivka knows firsthand the resilience it takes to rise above adversity. Her journey resonates deeply with those seeking to break free from limitations and align with abundance, purpose, and joy.**

**With her unwavering passion for guiding others, Zhivka has already touched countless lives, inspiring others to rewrite their narratives and step boldly into their power. As a legacy-builder for a new era of conscious success, she bridges ancient wisdom with modern science, lighting the path for those ready to create a life of lasting prosperity, fulfillment, and impact.**

**ZH**

QUANTUM MIND  
WEALTH LIGHT  
- GODES -

# MY PROMISE TO YOU

**Welcome to the WEALTH LIGHT CODES  
MASTERCLASS- Eliminate Money Blocks  
Workbook!**

**By the end of this Masterclass, you'll not  
only feel lighter and more aligned but also  
equipped with tools to maintain this  
newfound freedom in your financial  
journey, feeling more confident and focused  
This is more than a Masterclass**

**it's an ENERGETIC RESET and a gateway  
to a new paradigm of financial freedom  
You will experience a deep sense of  
calmness, worthiness, and connection with  
yourself, and you will regain your power.**

**And build the life you truly desire without  
limiting yourself.**

**With this, you will break free from the  
generational money curse and be open to  
finally attracting the financial abundance  
you deserve in as little as three months**

# CONTENTS

## INTRODUCTION

### WHAT IS THE PURPOSE OF THIS MASTERCLASS IS DIFFERENT?

1

DAY

I will help you UNCOVER, CLEAR, and RELEASE the hidden blocks that limit your financial flow.

We'll dissolve outdated beliefs, patterns, and energies that no longer serve you, making room for a vibrant, abundant future! aligning you with your purpose and goal to brake free the glass cealling in your business scale £10k + a months

### SETTING THE INTENSION FOR ABUNDANCE

I am open and ready to release all money blocks and align with the energy of abundance, joy, and ease.

# CONTENTS

1

DAY

## UNDERSATNDING & SIGNS OF MONEY BLOCKS

Money blocks are subconscious beliefs, emotions, and energetic patterns that hinder the flow of financial abundance into your life.

They create a disconnect between your desires and your ability to manifest them.

## WHERE THEY COMING FROM HOW THEY INPACK YOUR LIFE

- Childhood Programming
- Societal Conditioning
- Ancestral Patterns

# CONTENTS

**1**

**DAY**

## MONEY ALCHEMY STAGES

### 1. REVEL

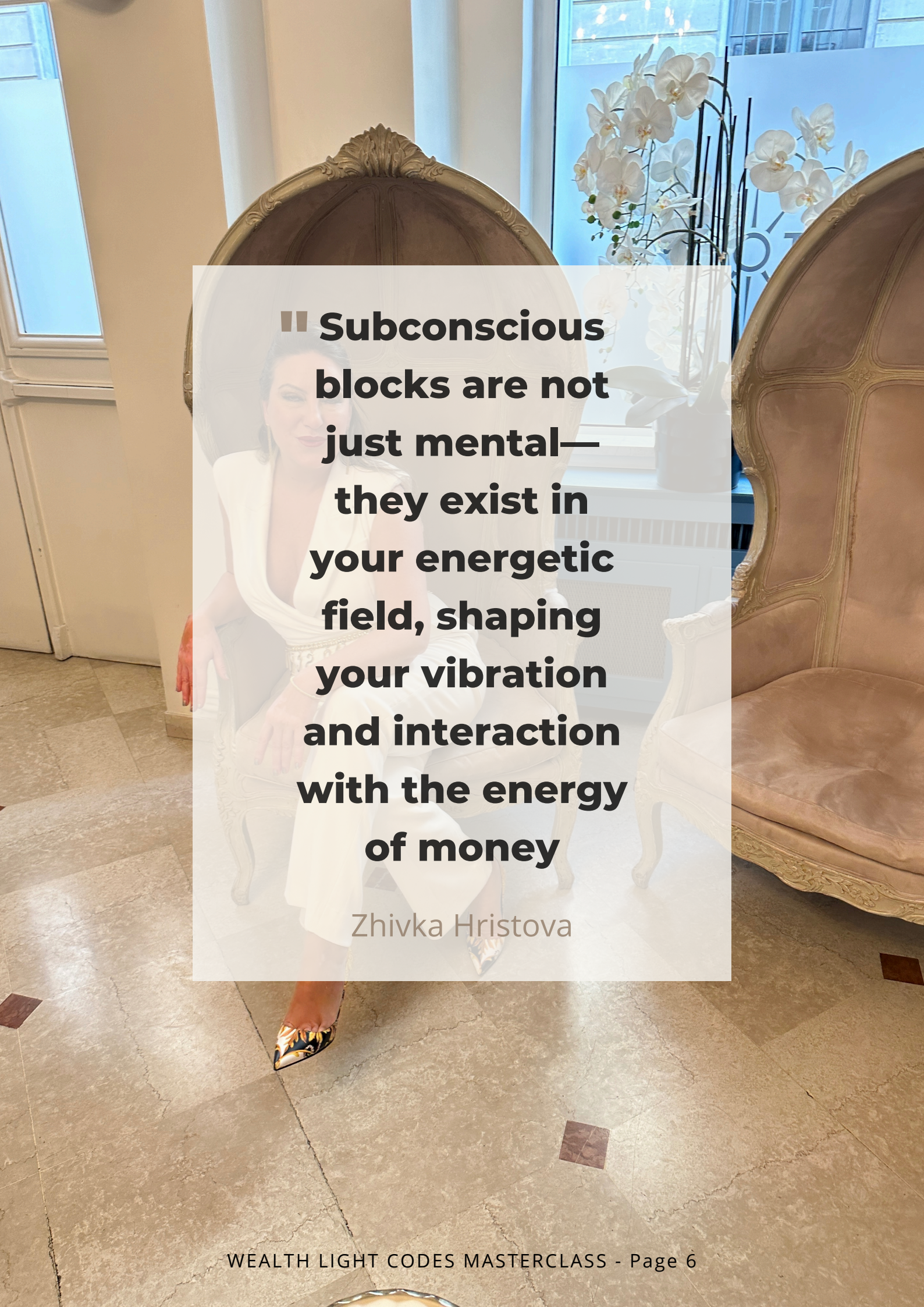
**Awareness of the blocks, stories, and patterns holding you back of scaling to your next level in business**

### 2. HEAL

**Let go of old programming, stepping into your new identity**

### 3. TRANSFORMATION

**Ease, flow, inner peace**

A woman with dark hair, wearing a white, long-sleeved, wrap-style dress, is seated on a highly ornate, dark wood chair with a high, curved backrest. She is looking towards the camera with a slight smile. The room is bright, with large windows in the background showing a view of buildings. To the right, there is a vase of white orchids. The floor is made of light-colored, polished stone tiles. The text is overlaid on a semi-transparent white rectangular area in the center of the image.

**“ Subconscious  
blocks are not  
just mental—  
they exist in  
your energetic  
field, shaping  
your vibration  
and interaction  
with the energy  
of money**

Zhivka Hristova

# CONTENTS

1

DAY

## MONEY ALCHEMY STAGE 1

### REVEL

#### IDENTIFY PERSONAL MONEY BLOCKS

What stories and beliefs you have you inherited from your parent, friends, society

#### SELF ASSESTEMET ! QUEZ : IDENTIFY YOUR PERSONAL MONEY BLCOKS

I am open and ready to release all money blocks and align with the energy of abundance, joy, and ease."

# QUIZ! IDENTIFY YOUR PERSONAL MONEY BLOCKS

## Question 5

1. Are you afraid that having more money might change you or your relationships?

Type Your Answer Here

## Question 6

Have you ever rejected opportunities that could have improved your financial situation? Why?

Type Your Answer Here

## Question 7

What emotions arise when you think about being wealthy where do you feel it in your body?

Type Your Answer Here

## Question 8

Do you believe people with money are greedy or selfish?

Type Your Answer Here

# QUIZ! IDENTIFY YOUR PERSONAL MONEY BLOCKS

## Question 1

1. What were the most common messages you heard about money growing up?

Type Your Answer Here

## Question 2

Do you feel uncomfortable discussing money? Why?

Type Your Answer Here

## Question 3

How do you feel when you receive money? Excited, guilty, or anxious?

Type Your Answer Here

## Question 4

Do you believe you have to work extremely hard to make good money?

Type Your Answer Here

||  
**Money blocks  
are Multi-Dimensional.**

**SUCCESS brings a lot of  
attention, and your  
subconscious block will not  
allow that.**

**Most people don't realize  
that these blocks are  
coming from their past  
trauma**

**They can only be fully  
released when  
healing occurs at both  
the cellular and subtle  
energetic levels** ||

# CONTENTS

2

DAY

## MONEY ALCHEMY STAGE 2

### HEAL

#### UNDERSTANDING ENERGY TO BE ABLE TO HEAL

Money blocks are subconscious beliefs, emotions, and energetic patterns that hinder the flow

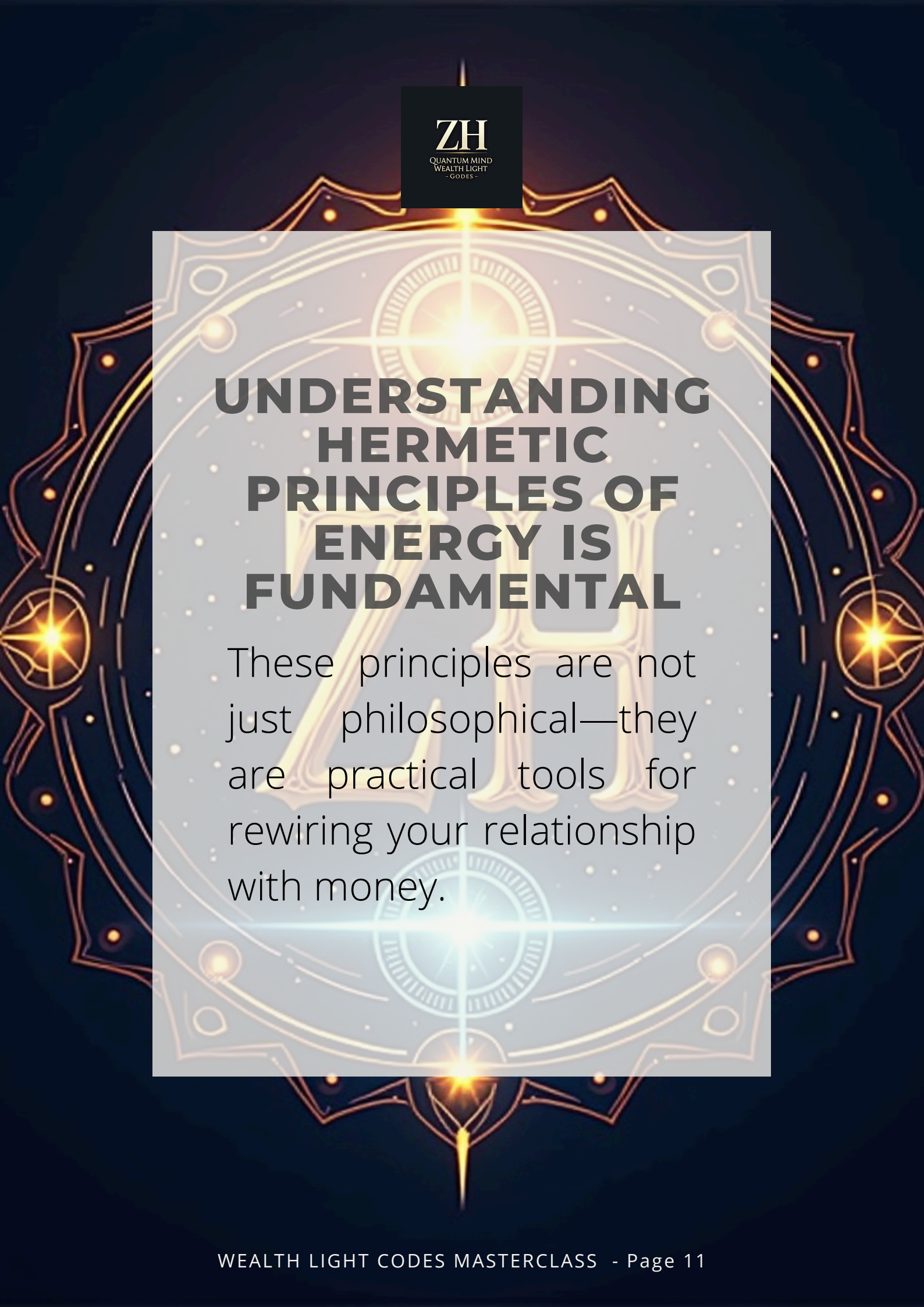
#### HERMETIC LAWS OF ENERGY

- Hermeticism is based on ancient wisdom that reveals how energy flows through the universe
- These principles apply to all areas of life, including wealth creation



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# UNDERSTANDING HERMETIC PRINCIPLES OF ENERGY IS FUNDAMENTAL

These principles are not just philosophical—they are practical tools for rewiring your relationship with money.

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- **YOUR  
THOUGHTS AND  
BELIEFS SHAPE  
YOUR REALITY,  
INCLUDING  
YOUR FINANCIAL  
SITUATION.**

**EXAMPLE: HOLDING  
THOUGHTS OF  
ABUNDANCE  
ATTRACTS  
OPPORTUNITIES  
FOR WEALTH**

- **"AS ABOVE, SO BELOW;  
AS WITHIN,  
SO WITHOUT."**

- **YOUR INNER  
WORLD MIRRORS  
YOUR OUTER  
WORLD.**

**EXAMPLE: ALIGNING  
YOUR MINDSET AND  
ENERGY WITH  
ABUNDANCE WILL  
BE REFLECTED IN  
MATERIAL WEALTH.**

- **NOTHING RESTS;  
EVERYTHING MOVES;  
EVERYTHING  
VIBRATE**
- **MONEY IS ENERGY  
AND HAS A  
VIBRATIONAL  
FREQUENCY.**
- **TO ATTRACT  
WEALTH, YOU MUST  
ELEVATE YOUR  
VIBRATION TO  
MATCH THE  
FREQUENCY OF  
ABUNDANCE**

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WEALTH LIGHT  
- GODDES -

**"EVERYTHING IS DUAL;  
EVERYTHING HAS  
POLES**

**SHIFTING FROM LACK  
TO ABUNDANCE IS A  
MATTER OF FOCUSING  
YOUR ENERGY ON THE  
POSITIVE POLE.**

**PRACTISING  
GRATTITUDE TO RISE  
YOUR VIBRATION**

# CONTENTS

1

DAY

ELIMINATING MONEY BLOCKS FROM  
THE ROOT WITH  
AKASHIC RECORD & LIGHT CODES  
ACTIVATION

# CONTENTS

**1**

**DAY**

**“I AM GROUNDED, OPEN, AND READY TO RECEIVE.”**

**SET YOUR INTENTION:**

**DECIDE WHAT YOU WANT TO RELEASE**

**EXAMPLE:**

**“I RELEASE SCARCITY AND WELCOME THE ENERGY OF ABUNDANCE.”**

## **What Are Light Codes?**

Light codes are streams of information transmitted throughout the universe. They carry information from the sun, moon, stars, and from other dimensions. Light codes are also in your DNA, your physical body, and your human energy field (aura). They work at any and all levels of your being.

# CONTENTS

1

DAY

LIGHT CODES ACTIVATION FOR  
LETTING GO OF WHAT DOESN'T  
SERVE YOU ANYMORE

WHAT DID YOU EXPERIENCE, FEEL , SEE!

Type Your Answer Here

# CONTENTS

2

DAY

## WHAT IS YOUR TAKEAWAY, BRAKETHROUGH FROM FIRST DAY

- What was your biggest "aha" moment from the first days of the masterclass?
- How has your perspective on your beliefs and energy shifted so far?
- What limiting belief or pattern have you identified that you're now ready to release?

**TRAUMATIC EXPERIENCES,  
SUCH AS EMOTIONAL  
ABUSE, CAN LEAD TO  
DEEPLY INGRAINED BLOCKS  
THAT HINDER YOUR ABILITY  
TO ACHIEVE YOUR VISION  
AND GOALS.**

**THESE UNRESOLVED  
EMOTIONS ARE OFTEN  
STORED WITHIN YOUR BODY  
AND, OVER TIME, CAN  
MANIFEST AS PHYSICAL  
HEALTH ISSUES.**



# CONTENTS

2

DAY

## ACTIVATE YOUR DNA AND UNLOCK ABUNDANCE FROM WITHIN:

✨ **Clear Generational Blocks** – Release inherited scarcity and ancestral trauma.

✨ **Upgrade Your Frequency** – Align with abundance and attract wealth effortlessly.

✨ **Reprogram Limiting Beliefs** – Shift subconscious blocks around money and success.

✨ **Unlock Your Divine Gifts** – Tap into your highest potential and natural abilities.

Abundance isn't chased—it's activated. Shift your energetic blueprint, and success flows naturally to you.

# CONTENTS

3

DAY

## WHAT IS YOUR TAKEAWAY, BRAKETHROUGH FROM DAY 2

- What was your biggest "aha" moment from the first days of the masterclass?
- How has your perspective on your beliefs and energy shifted so far?
- What limiting belief or pattern have you identified that you're now ready to release?

# CONTENTS

**3**

**DAY**

## **MONEY ALCHEMY STAGE 3**

### **EMBODIMENT & STEP INTO THE NEW VURSION OF YOUR SELF**

- 1. Light Codes Activation and Meditation to anchor the new abundant version of your self**

# CONTENTS

3

DAY

## MONEY ALCHEMY STAGE 3

### TAKING ALIGNED ACTION

#### 1. Visualisation:


Spend 5 minutes daily visualising yourself living your ideal, abundant life, feel it! You already have it!

#### 2. Gratitude Ritual:

Every day write down three things you are grateful for that money has provided. This will keep you in higher vibrational state

1. I am a powerful creator, and wealth flows to me effortlessly and abundantly.
2. Success is my natural state, and I attract opportunities that elevate my prosperity.
3. Money is an extension of my energy, and I welcome it with gratitude and confidence.
4. I am aligned with the frequency of abundance, and my financial success expands daily.
5. I deserve limitless wealth, and I use it to create a life of joy, freedom, and impact.





**“ Abundance isn’t chased—it’s activated. Shift your energetic blueprint, and success flows naturally to you. ”**

Zhivka Hristova

# CLIENT TESTIMONIALS

I've had the absolute fabulous pleasure of working with Zhivka who was so kind and did an energy clearing session with me. Believe me when I tell you, it was absolute GOLD!!! GOLD!!!! Within a week of doing the session I have received two friends telling me they thought of me because there were opened positions at their jobs. I had an old student of mine reach out to me for



**Pia**

**30.01.2025**

more support, AND, she shared my information with another student who I just started working with. It's absolutely MAGICAL!!! ✨ ✨ ✨

I also am noticing I am standing up straighter with my shoulders and I have had much more energy to workout ( I haven't been in a while .. )

I also am actually launching my business. I have a clear plan and I have decided to start a podcast and the name is coming together as well. I am very excited!!

21:27

Zhivka was able to really really get info detail of everything I have lived, like actual correct information. Like magic.

08:55

Zhivka was able to talk about my past as if she had walked the path with me. Something I had never experienced before! She was able to access my Akashic Records, accurately talk about the experiences I lived through, she removed stuck energy, that had been past down to me from past generations and it is as if I am now walking this life with

a different aura. Like I am free and ready to step into a new version of myself.

08:54

PIA

30.01.2025



# DO YOU RESONATE WITH THIS?

- ✦ You've built a **basic strategy** and are taking action, yet results aren't aligning with your efforts.
- ✦ You feel **stuck at the same income level** and don't know what's stopping your financial expansion.
- ✦ You've been **working tirelessly**, investing energy and effort, yet your income hasn't significantly increased.
- ✦ You struggle with **fear of failure**, often wondering, *"What if it doesn't work for me?"*
- ✦ You notice that **others seem to succeed effortlessly**, while money and financial ease feel elusive.
- ✦ You experience **stress, tension, or uncertainty** around money, questioning whether you have **money blocks**.
- ✦ You sometimes feel **unworthy of wealth**, battling self-doubt and wondering if you **deserve your highest dreams**.
- ◆ **If this feels familiar, it's time to unlock a new reality where prosperity flows naturally and effortlessly.**



## QUANTUM WEALTH CONTAINER

This **Activation Portal Container** is an immersive **3-month transformational journey** designed for **heart-centred coaches, mentors, and healers** who are ready to release money blocks, cultivate an abundant mindset, and **energetically align with financial success.**

This is not just about learning more—it's about **deep inner work**, reprogramming subconscious beliefs, and shifting into a **new frequency of The Quantum Wealth and ease.**

Through a powerful fusion of **Coaching, Akashic Record Readings, and Light Codes Activations**, you'll experience profound shifts that amplify your ability to **receive and hold wealth effortlessly.**

**BOOK NOW**





# WORK WITH ME

JOIN 12 WEEK QUNTUM WEALTH CONTAINER  
AN ACTIVATION PORTAL TO YOUR NEXT LEVEL OF  
INCOME

MORE INFO: [WWW.ZHQUANTUMMIND.COM](http://WWW.ZHQUANTUMMIND.COM)

**Limited spots available!**

Secure your place and start your journey to prosperity NOW.

**SCALE & UPLEVEL WITH THE QUANTUM SPEED**

**BOOK NOW**



Healing received through Zhivka is so deeply profound that ironically you can't remember yourself before the Healing occurred.



Since my session I've had a week filled of intense dreams- specifically moments in my dreams of my ex-husband- moments I had forgotten- rage coming out clearing much. I was able to shift and heal deeply carried fragmented

moments. Which have now melted away. I feel much more at peace. As well- I've had many clients come my way and a few other unexpected opportunities arrive! I'm clear, focused, confident and connected! Zhivka I thank you for sharing your beautiful light codes your healing waving hands and your lovely huge heart! I highly recommend a session with Zhivka! Magical! 💖

1



Beverley Sh...

Just want to say a massive thank you for our session, it has totally blown me away 🤩 The work you did clearing my blockages and going into my Akashik records was amazing! In less than two weeks my life changed in a way I could never have imagined. I'm co-authoring a book which will see me travel the world speaking on stages telling my story which will inspire

others, something I've wanted to do for years ❤️ I have more clarity and focus to do my work which help me move my business forward.

I've also noticed that my sleep is so much deeper! Being on the road a lot staying in hotels I've not been sleeping properly but I've had deeper sleep since our last

Thank you so much I am absolutely looking forward to the next stage of my

**Beverley  
Shatliff**

**10.02.2025**

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WEEKLY LIVE EVENTS, PROMOTE YOUR BUSINESS AND COLLABORATE WITH LIKE MINDED WOMEN

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M A S T E R M I N D



**Your Time to Prosper Has Arrived!**

**Reprogram Your Money Mindset,  
Align Emotionally & Energetically with  
Wealth, and Elevate Your Income &  
Impact!**

**BOOK NOW**

