



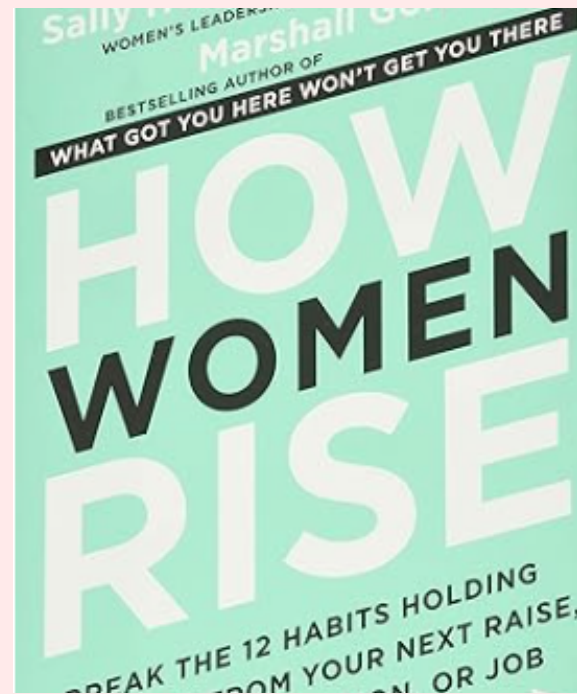
UNSHAKEABLE CONFIDENCE

Recommended Reading List

DR. KASI LACEY



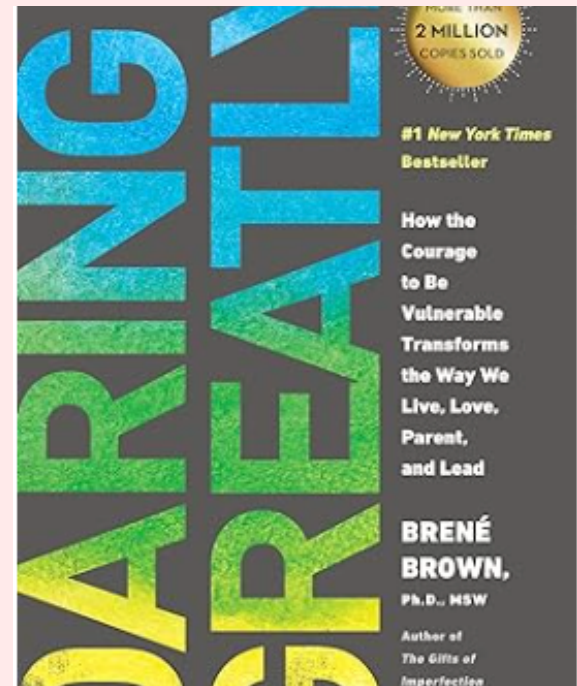
Resources & Must Reads



“How Women Rise”

Break the 12 Habits holding you back from your next raise, promotion, or job

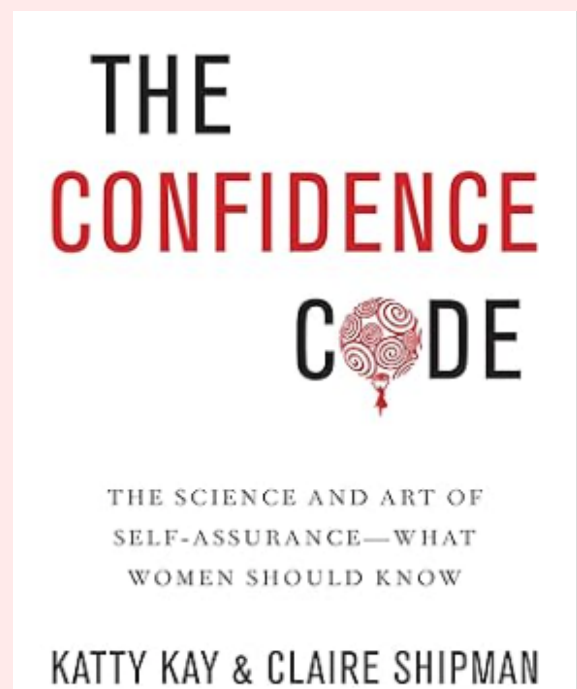
Sally Helgesen & Marshall Goldsmith



“Daring Greatly”

How the Courage to be Vulnerable, Transforms the way you Live, Love, Parent, and Lead

Brene Brown, Ph.D., LCSW



“The Confidence Code”

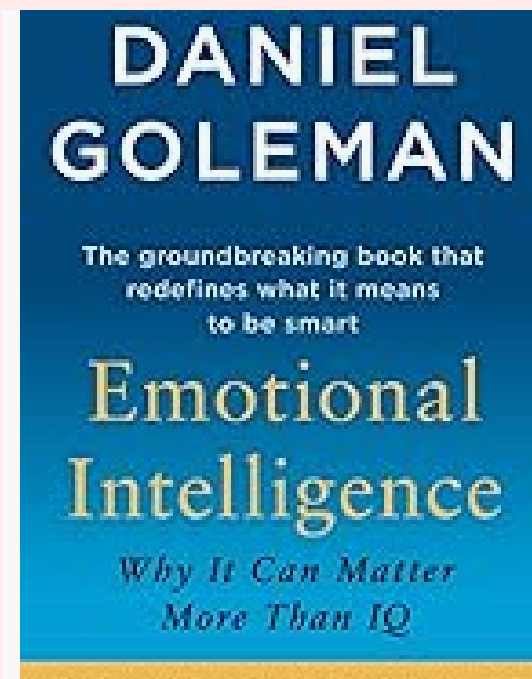
The science and art of self-assurance - what women should know

Katty Kay & Claire Shipman





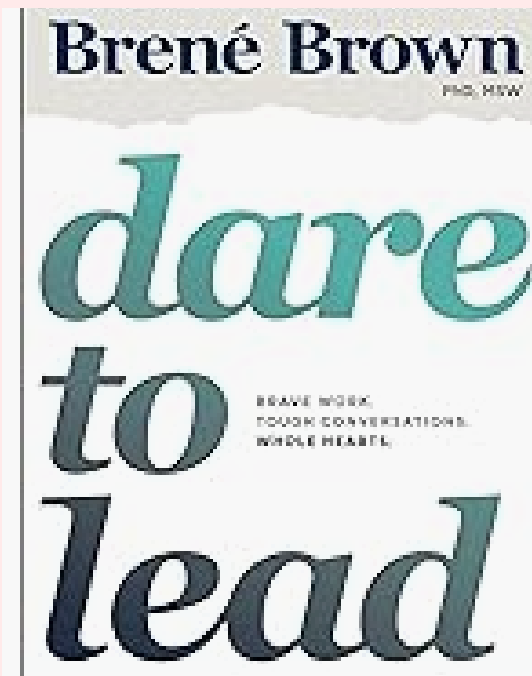
Resources & Must Reads



“Emotional Intelligence”

Why it can matter more than IQ

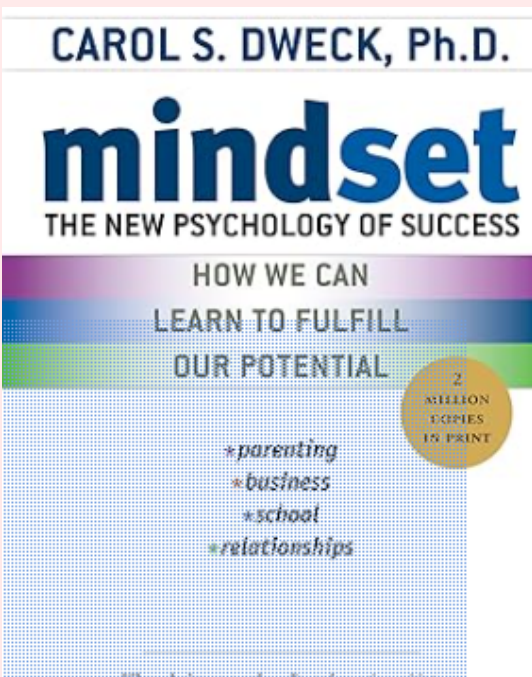
Daniel Goleman



“Dare to Lead”

Brave Work. Tough Conversations. Whole Hearts

Brene Brown, Ph.D., LCSW



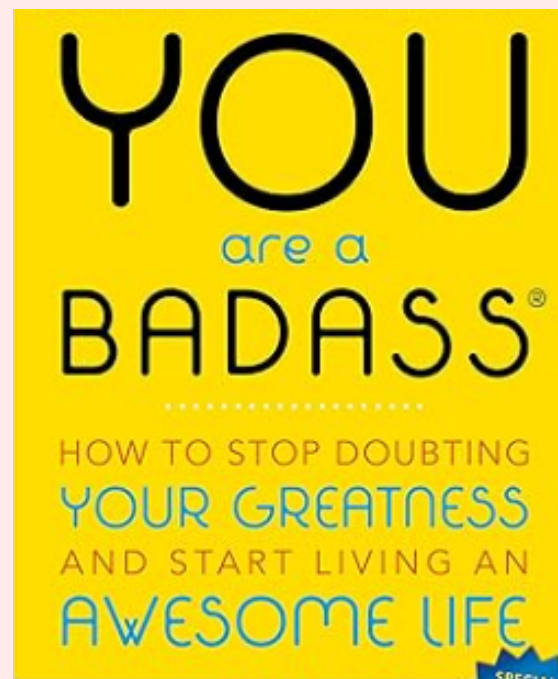
“Mindset: The New Psychology of Success

How we can learn to fulfill our potential

Dr. Carol Dweck



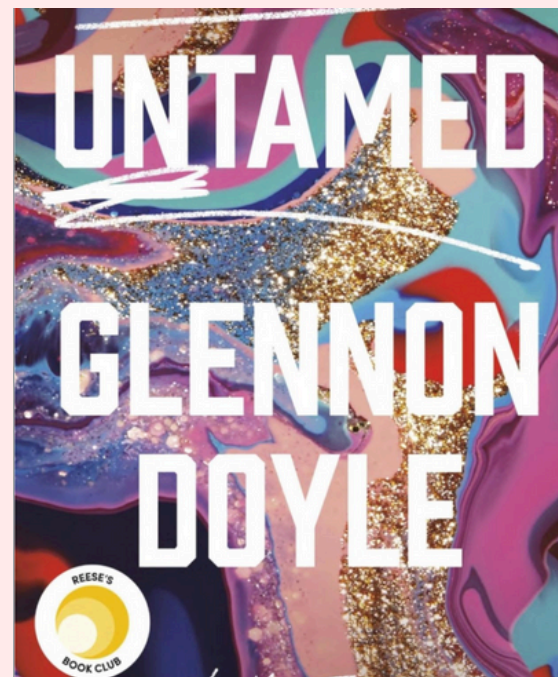
Resources & Must Reads



"You are a Badass"

How to stop doubting your greatness and start living an awesome life

Jen Sincero



"Untamed"

This is how you find yourself.

Glennon Doyle



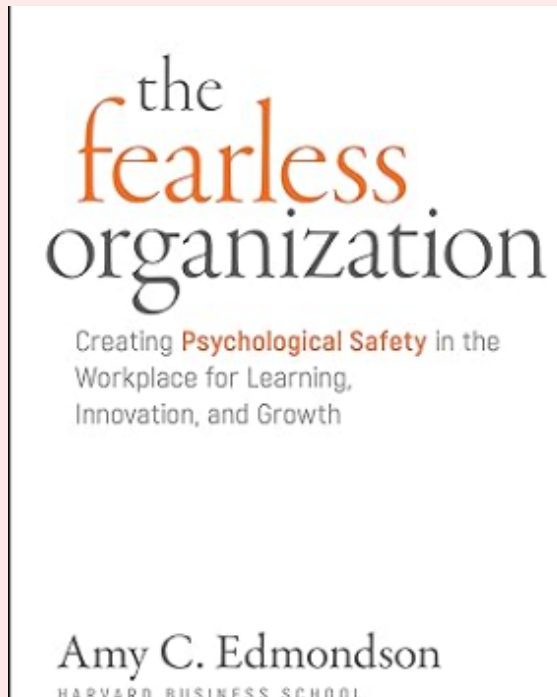
"Girl wash your face"

Stop Believing the Lies About Who You Are so You Can Become Who You Were Meant to Be

Rachel Hollis



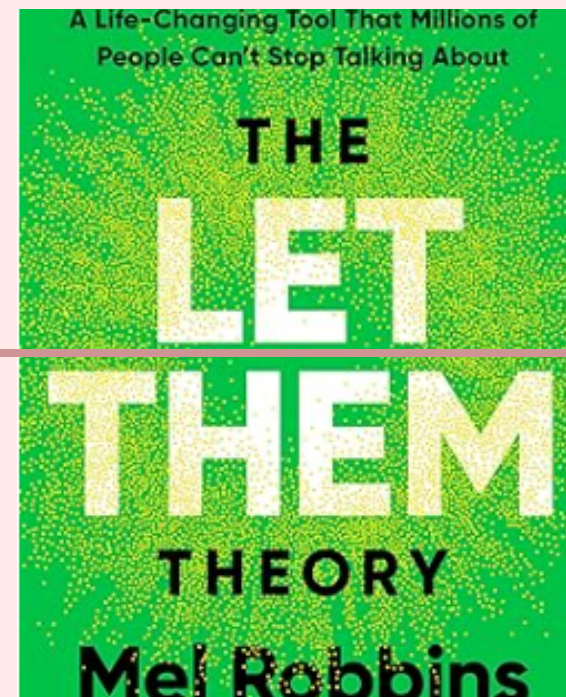
Resources & Must Reads



“The Fearless Organization”

Creating Psychological Safety in the Workplace for Learning, Innovation, and Growth

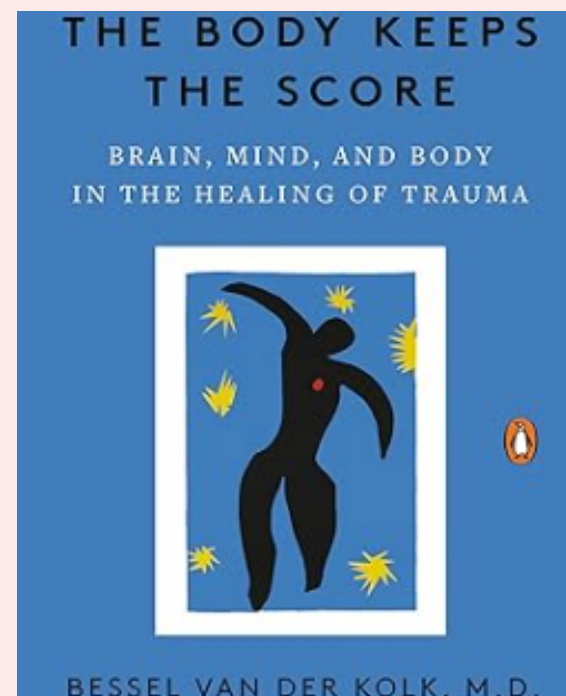
Amy C. Edmondson



“The Let Them Theory”

A Life-Changing Tool that Millions of People Can't Stop Talking About

Mel Robbins



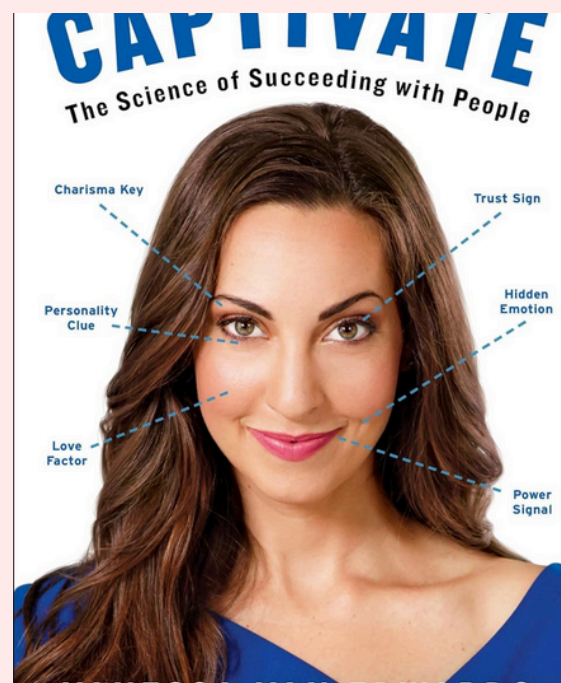
“The Body Keeps Score”

Brain, Mind, and Body in the Healing of Trauma

Bessel Van Der Kolk, M.D.



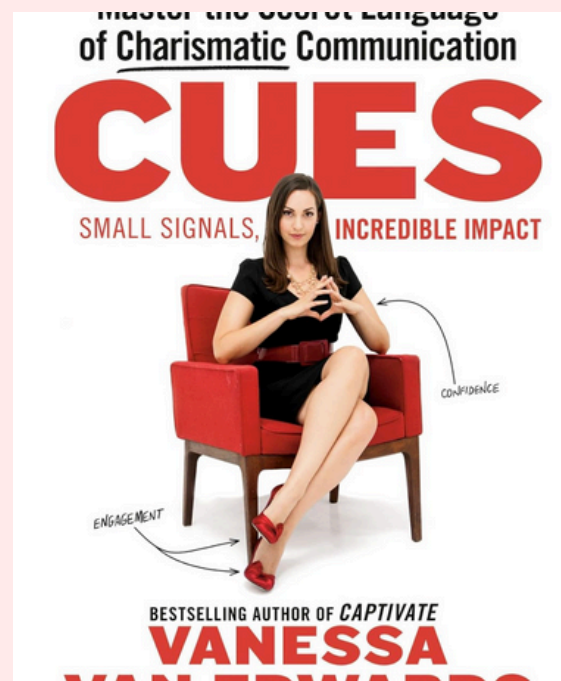
Resources & Must Reads



"Captivate"

The Science of Succeeding with People

Vanessa Van Edwards



"Cues"

Master the Secret Language of Charismatic Communication

Vanessa Van Edwards



"Habits for Healing"

Reclaim Your Purpose, Peace, and Power

Nakeia Homer





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