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PROFILE

Multidisciplinary creator, entertainment professional, and administrative expert with deep experience across casting administration, SAG-AFTRA productions, bookkeeping, and holistic wellness. Adept at bridging East and West through storytelling, negotiation, and healing. Skilled in performer compliance, vocal production, cross-cultural consulting, and business operations. Bilingual in English and Japanese.

KEY SKILLS

- SAG-AFTRA Union Contracts & Performer Agreements
- Casting Administration & Business Affairs Coordination
- Bilingual Communication (English/Japanese)
- Vocal Production, ADR/Loop Group Work
- Contract Structuring & Negotiation Support
- QuickBooks Online (QBO) – Certified ProAdvisor
- Financial Reporting, Payroll, Vendor & Expense Tracking
- Voice Healing, Breathwork & Wellness Facilitation
- Japanese Culinary & Hospitality Expertise

WORK EXPERIENCE

- Founder / Director
Million Breath LLC – Los Angeles, CA | 1995–Present
- Created a company merging entertainment, healing, and education.
- Produced cross-cultural events, wellness books, and creative content.
- Delivered customized healing programs combining breathwork, sound, and meditation.

- SAG-AFTRA Performer
Various Productions – Ongoing
- Worked in ADR, loop groups, and union productions.
- Ensured performer agreements and residual processes were compliant.
- Collaborated with casting agents, producers, and post-production teams.
- Director / Composer / Performer
Heartbeat Ink – 2020–Present
- Directed, scored, and produced short film content.
- Managed SAG paperwork, ADR, and post-production deliverables.
- Branding & Strategy Consultant
Various Clients – Tokyo & Los Angeles | 2010–2020
- Consulted for brands including Kinto USA and Nue City.
- Led licensing, UX localization, and artist negotiations.
- Managed international rights, tone adaptation, and vendor comms.
- Owner / Director
High-End Japanese Restaurants – Tokyo, Japan | 2001–2011
- Managed all restaurant operations including payroll, staffing, and compliance.
- Preserved Japanese omotenashi tradition through authentic service and cuisine.
- Handled regulatory reporting, inventory, and seasonal menu strategy.

MEDIA & ENTERTAINMENT HIGHLIGHTS

- Sony Music Recording Debut (1984); Album release (1988)
- TV Host, Music My Love – TV Tokyo (1990–1991)
- Radio Personality, Sokou Koike Oricon FM (1995–1996)
- Theme Song Performer – Fuji TV & TV Tokyo
- Script Assistant – 29 Sai no Kurisumasu (1994–)

Selected Credits

- Portal to Hell (2025) – Woman
- No Way Around It (2024) – Grandma
- Kanashimi (2023) – Woman in Cafe, Consultant & Translator
- Ellas (2022) – Arranger, Singer
- Hacks (2022) – Singer #5

- Sing 2 (2021) – Featured Vocalist
- The Journalist (2022) – Kumagai (3 episodes)
- 6 Underground (2019) – Singer

EDUCATION

Bachelor's Degree – Sacred Heart University, Tokyo, Japan

CREDENTIALS & ACTIVITIES

- Certified QuickBooks ProAdvisor (QBO Levels 1 & 2, Payroll)
- Member, SAG-AFTRA
- Sales & Negotiation Bootcamp Graduate
- Author – Mindfulness, healing, and cross-cultural expression books
- Cultural Facilitator – Workshops and retreats promoting East-West dialogue

