

# EVP Recording 101: 5 Steps to Capturing Spirit Voices

Electronic Voice Phenomena (EVP) are unexplained voices or sounds captured in audio recordings, potentially evidence of spirit communication. This guide will walk you through 5 simple steps to capture EVPs effectively, whether you're a beginner or an experienced investigator.



# Step 1: Choose the Right Equipment

## Digital Voice Recorder

High-sensitivity microphones capture even the faintest whispers.

## Smartphone Apps

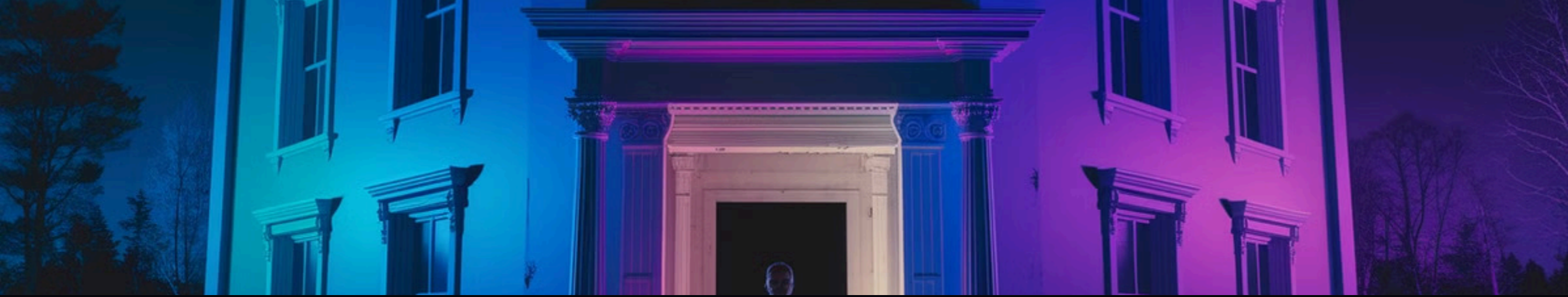
Apps like Ghost Science M3 and GhostTube can detect paranormal frequencies.

## Spirit Box/Radio Sweep Devices

These scan radio frequencies, creating white noise that spirits may manipulate.

## External Microphone

If using a phone or laptop, an external mic improves audio clarity.



## Step 2: Select the Right Location

Old buildings, historic sites, graveyards, or known haunted spots.

Minimize background noise from traffic, electronics, and people.

Spirits may be connected to objects or loved ones in a home.



## Step 3: Ask Clear Questions & Leave Pauses

1

### Introduce Yourself

“Hello, my name is \[Your Name\]. I would like to communicate with anyone here.”

2

### Ask Direct Questions

“What is your name?” “Can you tell me how you passed?” “Do you have a message for us?”

3

### Leave Gaps Between Questions

Wait 5-10 seconds after each question to allow spirits to respond.

4

### End Politely

Always close with, “Thank you for communicating. We appreciate your time.”

A person with long dark hair, wearing a pink jacket and large white headphones, is sitting at a desk in a dimly lit room. They are looking at a computer monitor that displays audio editing software. The software interface shows a waveform of an audio file. The room is illuminated with blue and purple light, creating a futuristic or tech-oriented atmosphere. The background features curved, glowing lines in shades of blue and purple.

# Step 4: Review & Enhance Your Recording

## Listen with Headphones

Use noise-canceling headphones to detect faint whispers.

## Slow Down Playback

Some EVPs are spoken at a higher or lower speed than normal speech.

## Use Audio Editing Software

Free tools like Audacity allow you to remove background noise and amplify voices.

## Look for Responses in White Noise

Some EVPs may be embedded in static or ambient sounds.



## Step 5: Document & Validate Your Findings

Note the Date, Time, and Location

This helps track patterns in communication.

Compare with Video or EMF Readings

Match EVP timestamps with anomalies.

Share with Other Investigators

Get a second opinion to help confirm authenticity.

Submit for Professional EVP Analysis

EVP Analyzer offers expert review and enhancement services.

# Want to Know What's in Your Recording?



Captured something unusual?



Visit [EVPAnalyzer.com](https://EVPAnalyzer.com) and select a package.



Upload your recording for review by EVP experts.

