

HOW TO

Create a Study Plan

SET REALISTIC GOALS

Commit to the results you want and don't forget to be SMART about them.



MAKE A STUDY SCHEDULE

Actually put this study time into your calendar and execute it. Don't just hope the mood to study strikes.



IDENTIFY YOUR STRENGTHS

We want to double down on study activities that play to these strengths. This way you will make the most of your time.



IELTS Success Roadmap: Your Personalized Path to Band 9

From Beginner to Band 9: Proven Study Plans for Every
Timeline with Instructor Daniel ¹

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Your Fast-Track Guide to IELTS Success

Hey there, future IELTS champion!

I know exactly what you're thinking – another IELTS guide? But stick with me for a moment. This isn't your typical dry, overwhelming study guide that'll gather dust on your shelf. This is your practical, no-nonsense roadmap to IELTS success, whether you've got 4 weeks or 6 months to prepare.

¹ Plan your IELTS success with Instructor Daniel

Let's Get Real: Your Current Standing

Before we dive into the study plans, let's figure out where you are right now. Take this quick 2-minute assessment:

Skill Area	Yes	Sometimes	No
I can understand English movies without subtitles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can write emails in English without using a translator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can have a 5-minute conversation about my job/studies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can read English news articles and get the main ideas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Quick Score Guide:

- Mostly "Yes" = Advanced (Start with 4-week plan)
- Mostly "Sometimes" = Intermediate (Consider 2-3 month plan)
- Mostly "No" = Beginner (Go for 6-month plan)

The IELTS at a Glance

Let's break down what you're dealing with. The IELTS isn't a monster – it's just four parts that need your attention:

Listening - 40min

Reading - 60min
Writing - 60min
Speaking - 11-14min

Your Time Investment: Keeping It Real

Here's the honest truth about how much time you need to invest daily:

Study Timeline	Daily Hours Needed	Weekly Practice Tests	Mock Speaking Sessions
4 Weeks	3-4 hours	2	3
2 Months	2-3 hours	1	2
3 Months	1.5-2 hours	1	1
6 Months	1-1.5 hours	1 every 2 weeks	1

The Secret Sauce: Focus Distribution

No matter which timeline you choose, here's how you should divide your attention:

Writing: 35
Speaking: 25
Reading: 20
Listening: 20

Your Daily Game Plan

Let's make this super practical. Here's what a typical study day should look like:

Sample Daily Schedule (2-Month Plan):

- **Morning** (30 mins): Vocabulary and grammar exercises
- **Lunch Break** (30 mins): Listen to IELTS podcasts or watch prep videos
- **Evening** (1 hour): Practice tests or focused skill work
- **Before Bed** (30 mins): English media consumption (Netflix/YouTube/News)

The Resource Toolkit

You don't need to buy every IELTS book out there. Here's your essential toolkit:

Resource Type	Must-Have	Nice-to-Have
Practice Tests	Cambridge IELTS 11-17	Official Practice Materials
Online Tools	IELTS Podcast (free version)	Premium mock test subscriptions
Study Materials	Official IELTS word list	Advanced writing templates
Media Resources	BBC Learning English	TED Talks

Progress Tracking Calendar

Use this simple tracker to mark your progress (✓ for completed, - for partially done, × for missed):

Week	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Writing Task	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speaking Practice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Reading Test	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Listening Test	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Quick Tips for Success

1. **Consistency > Intensity:** It is better to study 2 hours daily than 10 hours on the weekend
2. **Active Practice:** Speaking to yourself is better than just watching English videos
3. **Real-World Integration:** Change your phone language to English, watch English shows
4. **Track Everything:** Use the calendar above to stay accountable
5. **Test Conditions:** Practice in test-like conditions at least once a week

Your First Week Action Plan

Let's get you started right away. Here's your first week, broken down day by day:

Day	Morning	Afternoon	Evening
Monday	Diagnostic Test	Review Results	Plan Weekly Goals
Tuesday	Reading Practice	Writing Task 1	Vocabulary Building
Wednesday	Listening Practice	Speaking Topics	Grammar Review
Thursday	Writing Task 2	Reading Practice	Speaking Practice
Friday	Mock Speaking Test	Listening Practice	Review Week's Work
Saturday	Full Practice Test	—	Review Test
Sunday	Review Weak Areas	Plan Next Week	Rest & English Media

Remember, this is just Part 1 of your IELTS journey. In the next sections, we'll dive deeper into specific strategies for each test component and detailed plans for your chosen timeline. But for now, focus on getting these basics right.

Ready to start your IELTS journey? Let's turn that Band 9 dream into reality! 🎯

Part 2

Your Customized Study Plans

Choose Your Path to Success

Alright, champion! Now that you understand the basics, let's dive into the specific plans. I'll break down each timeline so you can pick the one that fits your schedule perfectly.

4-Week Intensive Plan

For advanced learners or those needing urgent preparation

Week-by-Week Breakdown

Week	Primary Focus	Secondary Focus	Practice Tests	Key Milestones
Week 1	Test familiarization & Skill assessment	Grammar review	2 practice tests	Complete diagnostic tests
Week 2	Writing Task 2 & Speaking Part 2	Writing Task 1	3 practice tests	Write 5 full essays
Week 3	Reading & Listening	Writing Task 1	3 practice tests	Complete 10 listening tests
Week 4	Mock tests & Weak areas	Speaking Part 3	4 practice tests	Final mock test

Daily Schedule (4-Week Plan):

- A. 6:00-7:00 AM: Reading Practice
- B. 12:00-1:00 PM: Listening Practice
- C. 5:00-7:00 PM: Writing Tasks
- D. 9:00-10:00 PM: Speaking Practice

2-Month Balanced Plan

For intermediate learners with some flexibility

Monthly Goals

Month 1: Building Foundations

- Week 1-2: Skills assessment and basic strategies
- Week 3-4: Intensive practice and technique development

Month 2: Mastery and Fine-tuning

- Week 5-6: Advanced strategies and timed practice
- Week 7-8: Mock tests and final preparation

Focus Area	Month 1 Target	Month 2 Target
Writing	10 Task 1s, 8 Task 2s	8 Task 1s, 6 Task 2s
Speaking	12 mock interviews	8 mock interviews
Reading	15 practice tests	10 practice tests
Listening	15 practice tests	10 practice tests

3-Month Comprehensive Plan

For intermediate learners who prefer steady progress

Monthly Progression

Month 1 (Foundation)	Month 2 (Development)	Month 3 (Mastery)
Basic Skills	Practice	Refinement
Grammar Familiarization	Test Strategies	Mock Tests
Vocabulary Building	—	—

Weekly Study Distribution

- **Weekdays:** 1.5 hours/day
- **Weekends:** 3 hours/day

Time Block	Monday-Friday	Saturday	Sunday
Morning	Vocabulary building (30 min)	Practice Test (2 hour)	Review (2 hours)
Afternoon	Listening/Reading (30 min)	Speaking Practice (1 hour)	Writing Task (1 hour)
Evening	Writing/Speaking (30 min)	Rest	Planning

6-Month Master Plan

For beginners or those aiming for maximum improvement

Quarterly Focus:

Months 1-2: Foundation Building

- English immersion
- Basic IELTS familiarity
- Grammar and vocabulary enhancement

Months 3-4: Skills Development

- Test strategies
- Timed practice
- Error analysis

Months 5-6: Mastery

- Full mock tests
- Advanced techniques

- Fine-tuning

Progress Tracking Chart

Skill Area	2-Month Mark	4-Month Mark	Final Month
Reading Speed	15 min/passage	12 min/passage	10 min/passage
Writing Task 2	45 minutes	40 minutes	35 minutes
Speaking Fluency	1-min pauses	30-sec pauses	Natural flow
Listening Accuracy	60% correct	75% correct	85% correct

Success Checklist for All Plans

✓ Daily Must-Dos:

- English media consumption (min. 30 mins)
- Vocabulary review (15-20 new words)
- Speaking practice (even if alone)
- Writing task (at least paragraphs)

✓ Weekly Must-Dos:

- One full practice test
- Review of all mistakes
- Mock speaking test
- Progress tracking update

Emergency Last-Minute Tips

If you're falling behind schedule:

1. **Prioritize Practice Tests:** Focus on full-length tests over individual exercises
2. **Double Down on Weaknesses:** Spend 60% of the time on your weakest area
3. **Use Commute Time:** Listen to IELTS podcasts while traveling
4. **Record Yourself:** Use voice notes for speaking practice
5. **Study with a Timer:** Always practice under timed conditions

Your Study Intensity Guide

Available Time	Recommended Plan	Daily Minimum	Weekly Target
4 Weeks	Intensive	3-4 hours	25 hours
2 Months	Balanced	2-3 hours	18 hours
3 Months	Comprehensive	1.5-2 hours	12 hours
4 Months	Master	1-1.5 hours	8 hours

Remember: The key to success isn't just about following these plans blindly. It's about adapting them to your learning style and schedule while maintaining consistency. Keep tracking your progress, stay motivated, and adjust your approach based on your performance.

Next up, we'll look at specific strategies for each test component. But for now, choose your timeline, mark your start date, and let's get this journey started! 🚀

Part 3

Mastering Each IELTS Component

Your Strategic Guide to Each Test Section

Reading Mastery (60 minutes for 40 questions)

Quick Strategy Guide

1. Skim text - 2 mins
2. Read questions - 2 mins
3. Detailed reading - 15 mins
4. Answer questions - 8 mins
5. Check answers - 3 mins

Reading Success Formula

Question Type	Strategy	Time Allocation
True/False/Not Given	Look for exact matches/contradictions	1 min per question
Multiple Choice	Eliminate wrong answers first	1.5 mins per question
Matching Headings	Use first/last sentences of paragraphs	45 secs per question
Gap Filling	Check grammar match	1 min per question

Pro Tips:

- Circle keywords in questions before reading
- Read the first/last sentences of each paragraph first
- Don't spend more than 20 minutes per passage
- Use the art of elimination for tricky questions

Writing Success (60 minutes total)

Task 1 (20 minutes)

For graphs, charts, diagrams, or processes

Section	Content	Time
Introduction	Paraphrase the question	2 mins
Overview	2 main trends/features	3 mins
Key Details	2-3 paragraphs of data	12 mins
Review	Check grammar/spelling	3 mins

Structure Template:

- ⇒ Introduction: The [graph/chart/diagram] shows [topic] over/in [time period/location].
- ⇒ Overview: Overall, [first main trend] and [second main trend].
- ⇒ Key Detail 1: Specifically, [detailed data point 1] + [supporting data].
- ⇒ Key Detail 2: Furthermore, [detailed data point 2] + [supporting data].

Task 2 (40 minutes)

For essay writing

Time	Task	Key Focus
5 mins	Planning	Create 4-paragraph outline

30 mins	Writing	Follow PEEL structure
5 mins	Reviewing	Check common errors

PEEL Paragraph Structure:

- **P**oint: Main idea
- **E**xplanation: Elaborate
- **E**xample: Real-life instance
- **L**ink: Connect to question

Speaking Success (11-14 minutes)

Part-wise Strategy

- A. **Part 1 (Personal Questions):** 4-5 mins ⇨ Simple + Extended Answers
- B. **Part 2 (Topic Card):** 3-4 mins ⇨ Structured Story
- C. **Part 3 (Discussion):** 4-5 mins ⇨ Complex Opinions

Speaking Enhancement Chart

Question Types	Response Strategy	Example Phrases
Personal Experience	Past tense story formula	"I remember when..."
Opinion	Opinion + Reason + Example	"In my view...because..."
Comparison	Then vs Now structure	"Compared to..."
Future Prediction	Present evidence + Future impact	"Given that...I believe..."

Listening Success (40 minutes)

Section Breakdown

Section	Content Type	Strategy
1	Daily Conversation	Focus on first speaker
2	Monologue	Note key topics
3	Educational	Track multiple speakers
4	Academic	Map complex ideas

Answer Sheet Strategy

During Listening	Between Sections	After Section
Write immediately	Review answers	Transfer carefully
Note alternatives	Predict next	Check spelling
Mark keywords	Preview questions	Count words

Final Week Preparation Checklist

Reading

- ⇒ Practice speed reading (3 passages in 55 minutes)
- ⇒ Review all question types
- ⇒ Time management drills

Writing

- ⇒ Practice 5 Task 1s under time
- ⇒ Write 3 Task 2 essays
- ⇒ Grammar check list

✓ Speaking

- ⇒ Record practice sessions
- ⇒ Time Part 2 responses
- ⇒ Build topic vocabulary

✓ Listening

- ⇒ Complete 3 full tests
- ⇒ Practice note-taking
- ⇒ Work on weak sections

Emergency Test Day Tips

What to Bring

- ID Document
- Water bottle
- Watch (non-smart)
- Stationery

Test Day Schedule

Time	Action
Night Before	Early sleep
Morning Of	Light breakfast
1 Hour Before	Arrive at the center
Between Tests	Stay focused

²Your Final Victory Plan

1. Two Days Before:

2

- Light review only
- Check test details
- Prepare materials

2. Day Before:

- No intensive study
- Relax and rest
- Early bedtime

3. Test Morning:

- Arrive early
- Stay calm
- Trust your preparation

Remember:

- Each section builds on your existing knowledge
- Focus on understanding rather than memorizing
- Practice makes progress
- Stay confident and composed

You've got this! Keep this guide handy during your preparation, and remember to stay consistent with your chosen study plan. The IELTS is not just a test of English – it's a test of strategy and preparation. With these techniques and your dedicated practice, you're well on your way to achieving your target band score! 🎯

After Thoughts...

Would you prefer that I accompany you on this journey to scoring a 7+ band?

[Click here to see the list of our programs, and sign up for any of them that resonates with you.](#)

I'll be on the other side waiting for you.