

STEP 1 - Get Into Peak State

Move your body, incantations of who you are going to be going forward. "I AM THE VOICE, I AM A FORCE FOR GOOD, I AM A LEADER. Do this until your vibration is HIGH.

STEP 2 - What is your purpose, your values

What is it you LOVE, what do you hate, what is it that lights you up and what is it that you absolutely will not tolerate? What is it you really want and what is the passion that will drive it. Make this VERY CLEAR!

STEP 3 - Decide, commit & RESOLVE

UNLEASH YOUR POWER, BELIEFS AND CONVICTIONS!

STEP 4 - MAPs

Take intelligent, immediate, consistent and massive action

STEP 5 - S.M.A.R.T

Strategy - check it, change it, re-engineer, re-enforce and strengthen it!

Measure more often - keep it tight

Assess if it is giving you the emotional reward you want

Reinforce what is working

Take massive action