

You all made me feel like a rock star! Keep being you. Keep making the world a better place. Here are a few “nuggets” from my presentation that I hope impact your life as much as they have mine.

- Jon Dorenbos



Moments in time will either define you or **REFINE** you.

Live in **VISION**, Not in Circumstance.

Don't Listen to yourself...**TALK** to yourself.

Happiness is a **DECISION**...not an emotion.

I love a good Chick Flick, and now, so do you. Write your story to be legendary.

Never stop playing catch with your 12 year self.



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**And many
more!**

1

COME TO TERMS

With your reality

2

FIND FORGIVENESS

In people and in the
world

3

HOPE & HAPPINESS

When a piece of hope
or happiness float by...
Grab it and never let go

**ALWAYS REMEMBER
WHAT MY GRANDPA
WOULD SAY**

It's a Great day to be
alive