

Puppy's Name:-----

Week:-----

Goal of the Week:-----

# DOG TRAINING PLANNER – WEEKLY LAYOUT

## The Daily Flow Planner








!Stay consistent, stay confident — one day at a time

Day	 Focus Area	 Training Exercise	 Duration	 Progress	Fri	 Notes
Mon						
Tue						
Wed						
Thu						
Fri						
Sat						
Sun						

“Short, fun sessions (5–10 mins) keep your puppy engaged and motivated!”

Day: \_\_\_\_\_ Week: \_\_\_\_\_ Month: \_\_\_\_\_

# DAILY TRACKER

 Notes	 Result	 Challenge	 Reward Used	 Goal	 Activity	 Time
						Morning
						Afternoon
						Evening

Morning

Afternoon

Evening

## Trainer Reflection:

- What did my puppy learn today? \_\_\_\_\_
- What needs more work? \_\_\_\_\_

# PAGE Behavior Log

Date	Good Behavior	Problem Behavior	My Response	Notes

 **TRAINER TIP:**

**“Reward calm behavior. Ignore what you don’t want to reinforce.”**



# Weekly Review

 **Big Wins of the Week:**

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 **What We'll Improve Next Week:**

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 **Commands Learned:**

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**Confidence Level:**  **Low**  **Medium**  **High** 

# Feeding & Potty Schedule

Time	Meal	Potty Break	Notes

 REMINDER

**Keep potty breaks regular – consistency = faster results.**



“You’re not just training your puppy —  
you’re building trust, love, and lifelong  
good habits.” ❤️