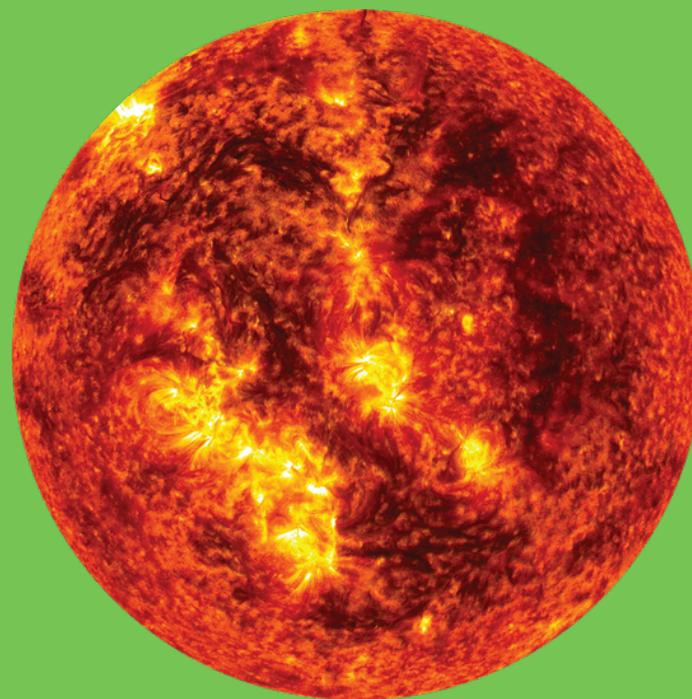


DAILY AFFIRMATIONS FOR POSITIVITY AND GROWTH

*Affirmations to
release, renew, and
empower*



INDRE RATKELE

*I am free from
negative
thoughts and
limiting beliefs.*

*I believe in my
power to create
positive change.*

*I release all
beliefs that do
not serve my
highest good.*

*I make decisions
that support my
growth.*

*I am deserving of
success and
happiness in all
areas of my life.*

*I am worthy of
achieving my
dreams and goals.*

*I release fear and
welcome growth
and change.*

*I am open to new
opportunities and
experiences.*

*I trust in my
abilities to
overcome any
challenge.*

*I believe in my
power to create
positive change.*

*I am worthy of
abundance in all
its forms.*

*I release all self-
doubt and embrace
my strengths.*

*I am more than
capable of reaching
my highest
potential.*

*I am ready to let
go of fear and
embrace self-love.*

*I am worthy of
love, success, and
happiness.*

*I am proud of who
I am becoming.*

*I am enough, just
as I am.*

*I attract positivity
and kindness into
my life.*

*I am worthy of
achieving my
dreams.*

*I am growing
stronger, wiser,
and more resilient
each day.*

*I deserve to feel
joy and
fulfillment
daily.*

*I let go of
what no
longer serves
me.*

*I am worthy of
respect and
kindness.*

*I am a magnet for
abundance and
success.*

*I am filled with
courage, gratitude,
and limitless
potential.*

*I am worthy of
all the dreams I
am pursuing.*

*I am constantly
growing, evolving,
and becoming my
best self.*

*I choose to see
obstacles as
opportunities for
growth.*