

REIKI FOR BLACK MAGIC



Negative Energies

Negative **Energies** involve the manipulation and movement of different types of dark energies, entities and spirits. They involve the transferring of dark and negative energies into someone's physical and/or energetic bodies. Some of the dark energies and entities that find their way into physical and energetic bodies, and homes are sent without awareness, even though they are sent by humans. Others are sent intentionally to create harm and damage, often to control, manipulate or punish the individual. They can involve ritualistic techniques or ceremonies or use the psychic powers of the mind or a combination of both.

It's difficult for anyone to penetrate an aura that is healthy and strong. Auras are weakened by repressed emotions, negative emotions, through the regular use of drugs and alcohol, through smoking cigarettes and a variety of diseases. The physical presence of fungus, parasites, worms, or metal, chemical or atomic poisons can seriously weaken an aura. It's important to understand that all illness begins in the aura and then eventually moves into the physical body. Therefore, the care and protection of your energetic body is as important as the physical body so you can repel Negative energies and stay strong and healthy.

Ancient Societies and Negative Energies

Societies from ancient times to the present have worked with Negative energies and dark negative energies. The African and Haitian people practice voodoo and black magic. North American and European cultures practice black magic and witchcraft. Indian, Chinese and South American tribes have similar practices. Australian Aboriginals practice something called "pointing the bone". Similar practices are recorded from ancient times and continue to be practiced today in all societies. In medieval times they burned people for practicing witchcraft.

Intentional Negative Energies, Spells, Curses, Voodoo, Witchcraft

The dark and negative energies sent intentionally by others are called Negative energies and can seriously affect humans and animals at a physical, emotional, mental and spiritual levels. Negative energies can include spells, voodoo, mantras, invocations, negative energy rays, or other types of black magic. They attack psyches and can produce debilitating effects on the overall health and energy level of the affected person.

Dark Spirits and Entities

There are dark spirits and entities that can move into physical bodies and auras affecting what people think, speak, do, desire, and feel. The human who is invaded by these spirits or entities can take on the physical attributes, illnesses and behavior of the spirit or entity occupying the person to such a degree that there appears to be a complete personality change.

Negative Thought Forms

Another major type of dark negative energy that can be sent to others is through negative thinking, anger, wishing harm to others, jealousy, animosity, seeking revenge, vindictiveness, or other forms of thought that are based in anger, rage and fear. These are called thought forms and they can be lodged in a person's body or various layers of their auras causing a wide range of physical, emotional, mental and spiritual difficulties.

Degrees of Strength of Psychic Attacks

Dark energies, entities and spirits can have a wide range of effect from low to medium to high. The symptoms or changes in health or behavior can also range from low to medium to high. Not all health problems or behavior changes are caused by Negative energies since there can be so many causes for the same symptoms. Confusion often exists when other physical and emotional difficulties are present in an individual's life. It's important to carefully assess all possible sources for the difficulties including physical factors, energetic factors and emotional factors.

We can Draw Dark Energies to Ourselves

We definitely can draw dark energies, entities and spirits into ourselves without any influence whatsoever from external sources. Prolonged states of anger, rage, resentments, bitterness, vindictiveness, and many types of fears, will draw and attract these negative energies. It's normal to get angry or fearful when things happen in our lives. These occurrences do not draw the dark side in to us. It's the long-term and prolonged states that set up the energetic attraction. Ongoing repressed negative emotions can eventually turn into a certain type of entity.

Violence of all types, physical, emotional and mental is a very powerful draw for negative and dark types of energies. The regular use of drugs and alcohol also draws these types of energies. Now one glass of wine is a social habit and does not affect our energy fields. However, when we become drunk, be it from alcohol or drugs, our auras becoming weakened substantially and negative invaders are attracted to the energy set up by this state. Smoking also greatly weakens the energy field and leaves us very vulnerable to negative influences.

How Do You Pick Up Negative Energies, Entities and Dark Energies

Negative entities, spirits, and dark energies can be picked up almost anywhere where negative people, emotions or thoughts exist. They are drawn to negatives. Therefore, you can pick these up at meetings, in stores, at any type of gathering, or in your own home. At times when individuals have suffered prolonged pain in a certain place, the energies of this pain can remain there even though a person has left that place.

Negative entities, spirits and dark energies are strongly drawn to individuals who use drugs and alcohol. When people get stoned, their auras get weak and these negative entities and energies can easily penetrate into a person's aura or body. Humans are quite defenseless when they are stoned.

Smoking cigarettes or any other type of drug seriously weakens an individual's aura making them quite vulnerable to the entry of negative entities, spirits, and dark energies. Smoking eventually creates holes in an individual's aura so that their vital energy can seep out making them feel fatigued as well as making them vulnerable to negative energies.

Negative energies can be absorbed or can attach themselves to objects during the process of being made or by resting somewhere where negative energies exist. If you have the opportunity, ask an experienced antique dealer to tell you some of their stories about negative energies in antique furniture.

Negative energies can attach themselves to an object when it's being made or just by where it lives. These can be very difficult to eliminate.

Sex and Negative Energies, Entities and Spirits

It's important to look at sex as an exchange of energies, entities and potential vulnerability rather than from a moral perspective. When you have sex with another human being you absorb their very essence mixing it with your own essence. You literally absorb their good stuff as well as their bad stuff.

If you have sex with someone who has negative energies, entities or spirits, it is almost guaranteed that some of this negative energy will be transferred into your body and/or aura through the physical act of sex. It's very important to ensure you want to absorb the very essence and energetic elements of the other person before having sex with that person. The more sex partners you have, ensures the greater diffusion of your own very special essence. It amounts to not being quite yourself anymore. Be careful of the company you keep.

Emotional Instability

Without doubt, the biggest cause for Negative energies is an emotionally weak state. When a person is emotionally broken down or under a great deal of stress, their auric defenses are extremely weak and can be violated very easily. Also, such a person will have some strong unfulfilled desire and if this resonates with a similar entity, the attraction is very strong and one gets affected.

Environment

There are two factors in psychic attacks. One, how weak or strong you are. And two, is there a spirit or entity nearby that might be interested in you. Where you are, greatly influences the second factor. If you live in a space which is thoroughly cleansed and has a strong energy field, you are already quite safe. However, when you are in a place full of entities or spirits, a slight slip can leave you affected. Once a person went to a cemetery with friends in a moment of bravado after a few drinks. It was a disaster and he came back almost incoherent. His other friends were unaffected. Passing through forests in the dark can also be risky, as can be watching horror shows – for some people.

Psychic Activity

Engaging in psychic activity like telepathically communicating with someone creates channels of energy connecting people, and these forces can easily travel from one continent to another through such openings. Deliberately indulging in psychic activity such as using Ouija boards, out of body experiences or lucid dreaming can leave a person exposed and sometimes leave them affected for years.

Healing

Feeling very sympathetic again opens up a person to another's energy, as do some systems of healing. If the technique of healing you use involves a lot of cleansing rituals, rest assured that that is because such a system leaves you very exposed. Some healing systems are more effective in sending dark energies directly to the light, whereas others require more involvement from the healer, which can be risky if the healer is not well-grounded.

Other Factors

Most people find this hard to believe, even more so because it interferes with our lifestyles, but leaving hair open especially after dusk, leaves one very exposed and vulnerable as hair act like antenna picking up information and energy from our surroundings. Wearing perfume also weakens one's aura drastically, as does being in an inebriated state after drinking or doing drugs. Sometimes people do all of these together and still get away with it, but there are people who have taken a walk in a park late in the evening with their hair open and then needed help to come back to normalcy. If you are sensitive, avoid all three as much as possible.

Why Do We Get Psychic Attacks

At some point or the other, all of us have faced psychic attacks. It can be from anyone intentionally or unintentionally. Hence in Reiki, we have the concept of shielding, where we cover ourselves with an etheric pyramid/ball or draw the power symbol around us so that no negative vibrations can affect us. There are some beautiful methods of shielding, and combining them with crystals can make the shield stronger and better, yet we get psychic attacks. Let's try to understand.

There are 2 states of consciousness: Alpha and Omega. Alpha being the lowest and Omega being the highest (The frequencies are in Hz).

Our vibrations depend on our thoughts, feelings, and actions. We, as Reiki practitioners, know that Reiki is purely love, acceptance, peace, enlightenment etc. but we let the third-dimension emotions such as jealousy, anger, fear, shame, pity affect us so much, that we bring our vibrations down, sometimes when there is an imbalance in giving and receiving. Or when others barb us with their negativity, our aura and vibrations get affected. Believe it or not, we are sometimes the root cause of our own psychic attacks. Our thoughts can be the devil! If we look down upon others or other practices, our vibrations come down, and if our vibrations come down, the shield weakens.

SELF HEALING

The most underrated form of healing, a proper touch healing to self, every day for 30 minutes can do wonders to us. Let's understand how.

When we heal ourselves, the Reiki energy which keeps flowing within us combines with the universal Reiki energy outside our body, forming infinity, and hence raising our vibrations. Healing takes place from a cellular level, throwing out all toxic energies present within the body (chakras/meridians) and also cleanses the aura and makes it stronger. Hence a session of Reiki makes us feel good and refreshed. Shielding is great; please don't underestimate the power of it. Thanks to Shielding your psychic attack may give you a headache or make you feel nauseous, without shielding it may lead to something really serious. Effects of shielding can be enhanced through self-healing and grounding.

We all are mediums of this wonderful modality, but to do justice to the patients and the energy, the medium needs to be healthy and in proper shape. Hence before we start healing others, we need to heal ourselves. After retiring for the day, heal yourself. The more you heal, the stronger you will get, and no negativity of anyone can affect you. Don't have time to heal self, a Chi Ball should do the work (Touch healing gives me the feel-good factor). Anything, if you send others healing for 30 minutes in a day, it's important that you heal yourself for 1 hour. By doing so not only your aura will expand but you will reach to the Omega state faster than you realize. At the end of the day what we need is peace and good health.

Symptoms of Black magic and Dark Energies

There are many different symptoms that can indicate negative and dark psychic energies, spirits or entities. The following list identifies a few major symptoms. But these symptoms can also indicate other types of health problems and it's important to investigate all possibilities.

- Suddenly acting totally out of character
- Major changes in behavior for no reason
- A loss of memory
- Major changes in clarity of thinking or analytical ability
- Sudden ongoing fatigue for no apparent reason
- A drained feeling
- Icy cold feeling on part or all of your body
- Hearing someone's voice regularly
- Hearing voices
- Recurrent or frequent nightmares
- Strange or recurring accidents
- Feeling someone is watching you
- A discomfort or fear in a specific room or area in your home or office
- A loss of self-confidence
- A sudden loss of energy
- Sudden illnesses that elude diagnosis
- Sudden illnesses that cannot be explained
- Feeling someone touch you or bump into you when nobody is present
- Sensing a presence · Sensing a large pair of eyes watching you or following you
- Sudden or irrational difficulties with finances or relationships
- Imagining monsters, animals or frightening shadows
- Sudden depression without an apparent cause · Seeming ongoing bad luck
- Visions or hallucinations
- Irrational fear, anger or sorrow
- A negative obsessive thought, desire or fetish that won't go away

Other Symptoms of Psychic Attack in details: -

1. Thinking Unusual Thoughts

One effect of a strong psychic attack is the presence of horrible thoughts which don't feel one's own. One often wonders '*what is wrong with me? I never think like this*'. If you are suddenly experiencing irrational thoughts that don't feel like they are yours, they are probably not.

2. Difficulty in Maintaining a Spiritual Practice

For those who have a fairly regular spiritual practice, this is the easiest indication. When affected by external energies, there is a sudden drop in desire for any spiritual practice and one would make silly excuses to skip it. One has to almost force oneself into the practice and even then, it feels like a half-hearted attempt.

3. Loss of Memory/ Disorientation/ Feeling Dull Headed

Being under the influence of external energies can mess with your head if you are not grounded enough. There could be instances of specific memory loss, but also generally tending to be much more forgetful than before, misplacing and forgetting things. Repeatedly finding it difficult to think, almost as if it takes too much energy is also a common symptom, as is feeling as if the head is fogged up and heavy.

4. Excessive Fatigue

Entities that take over feed on our energy and leave little room for activity. A persistent weakness and a lack of desire to participate in life is a very common symptom.

5. Unusual or Excessive Sleep

The excessive fatigue often leads to very deep, heavy sleep and one wakes up with the whole body feeling heavy and no matter how long one sleeps, it never feels enough. This is not the only way sleep gets affected, though. Some people respond to psychic attack by finding themselves unable to sleep due to a subconscious fear of a presence in the room. They might only fall asleep in the wee hours of the morning or have fragmented sleep. Nightmares are also common.

6. Physical Problems with no Medical Diagnosis

In extreme cases or if the person is weak, an entity attachment can result in physical problems, and in many cases, there is nothing wrong physically when medical tests are done. However, it could also manifest as thyroid or uterus issues in women. Other common

physical symptoms are feeling of sharp pains, throbbing, tightness, a sinking feeling or waking up with unexplained bruises. Negative energies also reflect in the eyes; the eyes seem darker, heavier, and dark circles might suddenly appear.

7. Strong Desire for Sensual Gratification/ Fetishes/ Addictions

Entities inhabit bodies primarily for some sort of physical gratification. Many people tend to naturally depend on physical gratification, and this is not a sign of psychic attack. It is a clear sign though, if this desire for gratification is sudden and unusual. For example, when a person who normally enjoys eating healthy starts craving for junk food or when some starts having an unusually high desire for sex. One might develop sudden, strange fetishes or OCD-like behaviors for no apparent reason. There might also be a tendency to get addicted to people who one knows aren't the right kind, or the sort one might not even be normally interested in, but one can't pull themselves away.

8. Hearing Voices or Sounds/ Seeing Shadows/ Feeling Touched or Watched

Entities can attach themselves to people and remain there quietly for years without anyone finding out. If they are highly disturbed energies, or if the energy of the person carrying the entity is so high that it is making the entity uncomfortable, it might make its presence felt. Depending on the predominant sense of the person, he or she might hear, see or sense a presence. One might hear voices or sound, see shadows or in extreme cases hallucinate, or feel touched at times. There might be a feeling of being watched, or cold sensations all over the body.

9. Unreasonable, Erratic Behavior

This happens more often to women. When someone starts to act completely out of character, turning into a (verbally or physically) violent person suddenly from a normally kind and loving person, it signals psychic trouble. Sometimes this violent behavior could be directed at oneself too. This kind of behavior in a woman is accompanied by uterus problems.

10. Fluctuating with the Moons

Full moons and new moons increase the amount of energy the earth is receiving, and this makes external energies uncomfortable. The result is higher levels of restlessness, and subsequently stronger reactions. If you are experiencing any of the problems mentioned above and if they get stronger around full and new moons, it is a definite sign that you are under attack.

If any of these are happening to you, that is if they aren't part of your basic nature, it is a sign you need some strong cleansing and need to intensify your spiritual practice manifold until you find yourself stable and strong again. Those who are generally prone need to ensure they consistently maintain a strong spiritual practice.

Negative energies and Crystals

Crystals to protect from psychic attacks.

Negative energies occur when negative and evil energies are directed towards you with deliberate or undeliberate intentions. It is extremely important to protect ourselves and our loved ones from psychic attacks, psychic vampires and all sort of evil eyes.

Crystals are used when we see the symptoms of being psychically attacked

- Irritation all the time
 - Frequent mood swings
 - Anger for no reason
 - Sudden fatigue
 - Sudden nightmares
 - Lack of focus and concentration
 - Easily influenced by others
 - Feels threatened
 - Stays in fear
 - Falls sick frequently
 - Less immunity than before
 - Sudden change in character
 - Lack of clarity in the thinking
 - Sudden energy loss
 - Sudden depression
 - Hallucination
 - Obsessive negative thoughts
 - Hearing weird voices
 - Ongoing bad luck
 - Crying for no reason
 - Paranoia
 - Sudden goosebumps for no reason
 - Restlessness
 - Bruises on body parts after sleeping
- etc.

There are few common crystals that protect our physical as well as auric body from psychic attacks. These stones have other healing properties too of course.

Amethyst

Amethyst is an all-purpose stone. As a protection stone, it protects against witchcraft, dark

energies, black magic and evil eyes. It is also considered one of the best stone to carry during travelling.

Bloodstone

Protects against entities and all forms of harmful spirits and provides total psychic protection.

Black Tourmaline

Very powerful stone against Negative energies and ward off dark and negative energies. It is one of the stone that can also transmute negative energies to light.

Black Obsidian/ Black Onyx

Psychic defense, blocks negative influences.

Carnelian

Protects from injuries, ward off harmful spirits, and blocks other's attempts to read your thoughts.

Jasper

Returns negative energy back to its origin.

Tiger's eye

Protects against unwanted energy forms (negative thoughts and spirits).

Clear Quartz

Transmutes negative to positive.

Black Kyanite

Destroys negativity and attacks coming towards you.

Lapis Lazuli

Creates protective shield, returns Negative energies to sender.

Fluorite

Acts as a guard against psychic attacks.

Peridot

Powerful shield against dark energies and all kind of psychic forces.

Grey Jasper

Powerful protection stone in general, strong protection against black magic.

Mica

Protects against anger and eliminates negative personality trait.

These are just few common crystals listed above. There are of course many more crystals that work against psychic attacks.

HOW TO USE

- Make crystal water with single stone or combination (Note: check crystals properties before putting in water. Some crystals are toxic)
- Spray crystal water on your aura.
- Carry it with you in pocket, purse or bag.
- Wear it as a pendant, necklace or bracelet.
- Put it under your pillow.
- Write your wish on paper invoking symbols and wrap it around your crystal.
- Meditate with the stone.
- Make a crystal grid for protection.
- Place anywhere in the house or work place.

Psychic Protection Techniques

It is very important to protect yourself from Negative energies when you are a Reiki healer or an energy worker. Negative energies are negative energies directed towards you with conscious or unconscious intentions.

Here are some quick psychic protection techniques:

- Draw a large CKR of your height in front of you in the air. Chant its name thrice and walk in to the CKR. Imagine being engulfed by the CKR, covering you from toe to head and above. Intend that no negativity or psychic attack can harm you.
- Imagine a big bubble/egg/pyramid of white/golden/purple light around you. Fill the insides of this bubble with Reiki. Ask Reiki to protect you. Intend that no negativity and evil eye effect can penetrate this bubble.
- Imagine a bubble around you with a ring of fire. Fill the bubble with Reiki energy and imagine the fire burning off all the negativity, Negative energies and evil eyes directed towards you.
- Make crystal water spray of black tourmaline, black obsidian or pyrite. Click Crystal Water to know how to make the spray. Spray your aura, home, workplace or car with this crystal spray.
- Call upon Archangel Michael every morning and ask him to protect you by engulfing you and your loved ones in his angel wings.
- As soon as you wake up, imagine a zipped purple hoodie cloak covering you from toes to head and above. Intend that this cloak filter away all negativity acting as a barrier and protect your own energy.

Protect/shield yourself and your loved ones from Negative energies for healthy and happy life

Diverting Psychic Attacks

Negative energies are basically negative energies or negative intentions directed towards us knowingly or unknowingly. We try to perform grounding, protecting and shielding daily but the fact is there are days when due to lack of time or whatever reason, we fail to do grounding and shielding. To avoid any such scenario, you would love if there is something that absorbs all negativity directed towards you. We can program our crystals to divert all negativity coming towards us to itself. The crystal will absorb all negativity and bad intentions directed towards you without letting it reach you.

Technique to divert all the negative energy to a crystal:

1. After cleansing the crystals, hold your crystal in right hand (dominant hand). Draw Reiki symbols and enable the Reiki flow, fill the crystal with Reiki energy. It may take about 3-5 minutes.
2. Now bring your crystal to third eye and direct a white light from third eye into the crystal. To program your crystal, say, **"From this very moment on, absorb all negativity directed towards me intentionally or unintentionally. Absorb all negativity before it comes in contact with me. Transmute all absorbed negativity to light"**.
3. Carry this crystal with you if you are going out. Keep in a room where you feel there is lots negativity oozing. Program the crystal for shops and offices as there are umpteen of people around. For shops and offices, program the crystal to absorb all negativity projected towards you and your office or shop.
4. Cleanse the crystal frequently to clear off accumulated negative energy and reprogram again for further use.

Few common protection crystals are:

- **Protection from evil and evil eye** – eye agate, carnelian, topaz, cat's eye, pyrite, black tourmaline, malachite and turquoise.
- **Protection from negativity** – black tourmaline, black onyx, black obsidian, citrine, smoky quartz, and clear quartz.
- **Protection for children** – black tourmaline, blue agate, malachite, jade and ruby.
Protection during pregnancy – black tourmaline, moonstone, malachite, jasper, ammonite and rose quartz.
- **Physical protection** – carnelian, fluorite, zircon, black tourmaline, agate and smoky quartz.

So, divert all the Negative energies coming towards you using any of the above crystal and stay healthy, wealthy, safe and happy.

Psychic Cloak

Negative energies are negative and dark energies directed towards you by someone known or unknown, intentionally or unintentionally. These negative vibrations can harm your entire being- be it emotional, physical, spiritual or auric field. Suddenly things start going wrong and you end up confused as what is actually happening and going wrong!

There are many ways to protect yourself from psychic attacks.

For general daily shield, imagine wearing a black zipped up cloak with a hood, which cover you from toes to head and above. Imagine the power symbol Cho Ku Rei printed on your cloak as a design. As soon as you wake up in the morning, first thing you do is- imagine wearing this cloak hoodie, zip it up and intend that this cloak acts as a barrier and protects your energy filtering all negativity coming towards you.

You can imagine chakra colour cloaks as per your scheduled day. Suppose you have to make a very important presentation, which needs flawless speech. Imagine wearing a **blue** cloak, as blue colour represents throat chakra colour. That will provide extra protection to your Throat chakra in case of any negative energy being diverted towards you.

Same way, if you are going for a date or going to propose your partner, you can imagine wearing either **green** cloak or a **pink** cloak. (Green is the colour of Heart chakra)

If you feel ungrounded, imagine wearing a **red** cloak or if you are fearful or scared about something, imagine wearing a **yellow** cloak.

This chakra colour cloaks provide extra protection to the particular chakras, with set intentions. Do not forget to state your intention when wearing this cloak. You can imagine any symbols on your cloak as per your requirements.

Those who don't know Reiki or those who are Reiki level one can imagine a plain cloak without any symbol.

This method will hardly take few seconds of your time; so, do not forget to put on your desired colour cloak daily.

Protection with 4 Archangels

People who are into spiritual healing suffer from Negative energies the most. Even though we shield ourselves, we are not immune to psychic attacks. So come up with this technique and it works wonders.

1. **You need white candle and black candle.** Hold both the candles in your palm, draw all the Reiki symbols you are attuned to and say, *"I command Divine Protection now and forever"*. On white candle, carve **Divine** and on black candle, carve **Protection**. Lit both candles.

2. **Pray to Archangel Michael** – *"Dear Archangel Michael! Please remove all sort of psychic attacks, negativity and evil energies from my mind, body, soul and aura. Please shield me and my family in your purple cloak protecting us from all negativities. Thank You"*!

3. **Pray to Archangel Raphael** – *"Dear Archangel Raphael! Please heal my body, soul, mind and aura from all the impact of negativities, Negative energies and lower energies. Envelope me and my family in your emerald green light showering us with healing blessings. Thank You"*!

4. **Pray to Archangel Gabriel** – *"Dear Archangel Gabriel! Please shower me with immense motherly love and care and fill my heart, mind, body, soul and aura with so much love that all the Negative energies coming towards me transmutes to Divine Love. Thank You"*!

5. **Pray to Archangel Uriel** – *"Dear Archangel Uriel! Please give me divine wisdom to release unwanted fears that attracts negative energies. Purify my mind, body, soul and aura from all fear-based energies. Bless me with the wisdom to protect myself and family now and forever. Thank you"*!

You can do this prayer daily before leaving for work or starting your day. It seems lengthy but once you get used to it, it will hardly take 5 minutes of your time.

Mirror Shielding Technique

Some of us tend to feel unwell and drained often especially the ones who are into healing or are energy sensitive. It happens quite often, in a crowded place or even through images through social media that people with lower energies try to suck the energy out of people with a higher vibration. They may not do it intentionally but it does happen.

For example, someone uploads a happy and vibrant picture on social media which gets lots of appreciation and at the same time that person starts feeling drained or gets a headache, upset stomach etc. or simply feeling uneasy. That's why in Reiki we are asked to shield everyday, without any fail. There are various ways of shielding.

Mirror shielding is one of them. It's especially for those who are somehow not content in their lives and somehow confused if to be happy with others' happiness and success. Their synchronicity of thoughts and actions are often different. If you are energy sensitive, you will be able to identify such people very easily.

In Reiki and in all the healing modalities, all we can do is to bless everyone even those who are causing us trouble and pain. We pray for love, peace, and wisdom for them.

Mirror Shielding Technique:

So when you know you are under such attack, what you need to do quickly:

1. Sit in a place for at least 4/5 minutes
2. Ground and center yourself.
3. Call upon your guardian angels and the angels, masters, God, and goddess you work closely with. You can call upon Archangel Michael and Mother Kwan Yin.
4. Ask them to shield you. Visualize a white bubble (or any colour like pink or golden you are guided for) surrounding you completely like we do in shielding.
5. Now here comes the next level of mirror shielding! While you create a perfect bubble around you, visualize mirrors around it. Or just visualize a big mirror to surround you where you feel warm, comfortable and happy! The mirrors will reflect back the energy to the sender/source. However, being healers, we won't really send any negative energy. Rather we would request our angels, universe to send the energy back to the sender for his/her highest good with love and peace.
6. If you know who the person is, then call upon their guardian angels and ask to surround them with love and peace. If you don't know the person, simply pray for their well-being, love, and peace.

7. Once you shield yourself completely and visualize the energy is going back to its source, express gratitude to Reiki, Universe, your angels, and masters. Don't forget to express gratitude to the person against whose energy you shielded yourself as you got a chance to send some love to a place where it's needed.
8. We can't interfere with anyone's free will or can't interfere with anyone's life purpose. Neither can we send healing without permission so it's always better to send prayers, love to people who feel the need.

Even after regular shielding, there are very intense energies who try to attack us or try to enter our energy fields.

In such cases follow these simple steps if you are guided to:

1. Avoid places and people where you don't get a healthy feeling, your intuition will always guide you. If you don't feel right, better keep a distance.
2. There will be people who will always try to talk only about their problems and sadness – it's ok to politely avoid them. Or if they genuinely come for a solution, do provide a solution or healing in certain energy exchange but remember never to encourage their sadness, frustration or negativity to overwhelm you.
3. There are situations when you just can't avoid such people. In such situation, you can always shield yourself and use flooding technique where you flood them with white light and love. Once they are filled with love, they will not release lower energies.
4. Restrict who can access your pictures and posts on social media. It's ok to keep them open to those who you know are well-wishers.
5. Last but not the least, if you are into any healing modality – make sure you cleanse yourself and shield yourself regularly. In case of any threat, call upon your angels, masters or God/goddess!

If you have learnt Karuna Reiki, put Zonar and Rama symbols on Third eye chakra to remove and block all types of evil eyes, black magic, evil spirit and mantra magic etc.

SYMBOLS that don't need attunement

These symbols are not to take attunement. Make them in that place as needed. As soon as they are established, they will begin to make their impact.

If there is a sign of a physical problem put it on the food items and on the part of the body to which it is related.

You can also put these symbols together too.

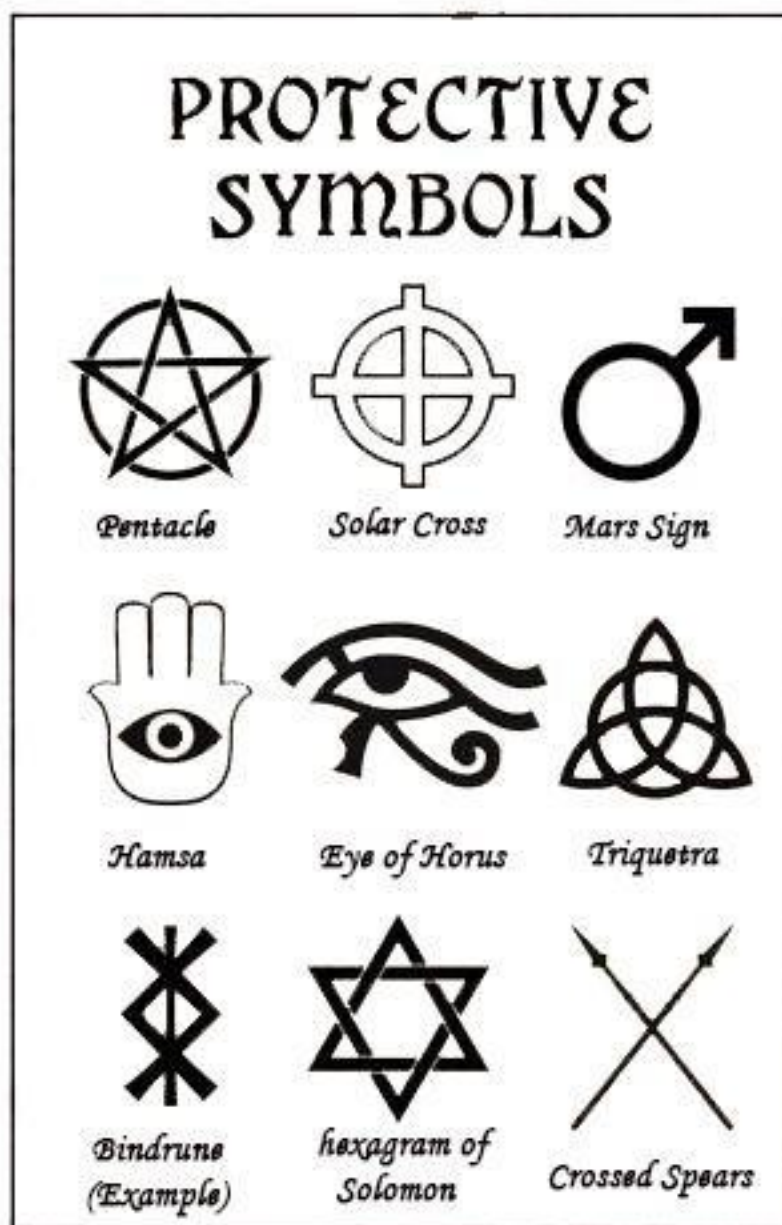
Make this symbol bigger by hand on your body and apply it 3-4 times a day. You can also put it on the wall of your room. Look at least three to four times a day for almost five minutes by making a pen, paints, chalk etc. on the wall or making a print out. From this, this sign will start doing its job and will affect you.

You can draw the symbol or take print out and hang on the wall. There is no sequence to start them. You can draw as you like but the shape must be the same. Black ink is preferable.

For Psychic Attack, you can choose as many cards as you want to use together.

Take two print outs of this chart and stick one on the outdoor of the house or office and stick other print out on the inside wall of the house or office.

1.



Protective magic is probably the most basic of all types of spell work. If you don't feel safe and secure, it's difficult to enjoy any of the pleasures of life. Since the beginning of time, humans have been creating protective signs and symbols to ward off evil and bad luck.

Find the perfect symbol for your protective workings.

Pentacle (or Pentagram)



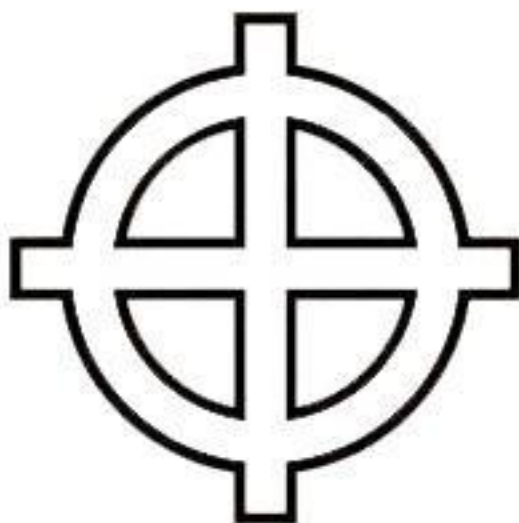
The pentacle, or five-pointed star, is probably best-known as a symbol of the Wiccan religion. This symbol has been passed down to modern Witches through the tradition of ceremonial magic. Wiccans and Pagans wear it as symbol of faith, but it is also used as a protective glyph.

The pentacle's protective legacy probably began in medieval times. The five points were said to represent the five wounds of Christ. Early occultists saw the pentacle as a microcosm, or representation of the human being. The pentacle's affinity with the body makes it immensely useful to the human magician.

To contemporary Pagans, the five points of the pentagram stand for the four elements (Earth, Air, Fire, and Water) and the "fifth element" of Spirit. Placing Spirit at the top is a reminder that Spirit inhabits and presides over all forms of matter. The circle surrounding the star evokes both infinity and the aura or energy field that surrounds the body.

The pentacle has diverse magical uses, including protection. The pentacle is a powerful reminder of a world in balance. Witches draw pentagrams in the air to banish or consecrate sacred space. Pentagram amulets are a popular choice forwarding the physical and energetic bodies.

Solar Cross



The Solar Cross is an equal-armed cross, which may also be surmounted by a circle. It is one of the oldest spiritual symbols in existence, dating back to Stone Age carvings.

The Solar Cross represents the light and movement of the sun. The sun was extremely important to early humans, both for its life-giving energy and its predictable cycles of days and seasons. Many subsequent religious symbols (including the Christian cross) are related to this simplest of drawings.

As a protective symbol, the Solar Cross evokes the power of the Sun God or All-Father, as well as the guardians of the Four Directions. To meditate on the cross's intersection is a powerful centering exercise.

The Solar Cross represents both balance (at its center) and infinity (at its extremities). It is a symbol of eternity that embodies themes of birth, death, and rebirth. Use the Solar Cross as a centering and calming aid when under threat. As a solar symbol, it is used to banish negativity and cast out shadows.

Mars Sign



Named for the Roman god of war, the planet Mars is big, red, and brutal. Astrologers and alchemists developed the Mars symbol as a short hand for the planet. In magic, it stands for all things martial: Conflict, personal power, and virility.

Mars magic includes protection spells of the more aggressive variety. Mars brings its warrior energy to curses, hexes, banishing, and counter-magic. This is not a glyph for your "white light" or "live and let live" shielding magic. Evoke Mars when you want to stick it someone that's bothering you (and make sure they think twice about doing it again).

Hamsa



This hand-shaped amulet is popular throughout the Middle East and Africa. Hamsa's are worn as jewelry and hung over walls and windows. With its all-seeing eye in the center of the palm, the Hamsa is said to ward off the Evil Eye. The open right hand represents power and blessings.

In the Middle East, the Hamsa tradition is known by Jews and Muslims alike. However, the right hand of protection can be traced as far back as the Mesopotamian cult of Ishtar. Modern Witches sometimes say that the palm stands for protection, while the fingers represent the five blessings: Love, Money, Health, Wisdom, and Power.

There are many variations of the Hamsa symbol, from simple line drawings of the five fingers to the very elaborate and stylized versions. It is a very common practice to personalize the amulet with words and symbols of power. A custom Hamsa charm can be as specific as you want it to be. Or, use it as a general charm against ill luck, jealousy, and poverty.

Eye of Horus



The Eye of Horus (or Eye of Ra) is one of the most enduring protective symbols in history. Featured in ancient Egyptian amulets and artwork, it symbolizes divine power. The All-Seeing Eye is said to protect anything it looks upon. The shapes within the Eye have are linked to sacred geometry and sacred mathematics.

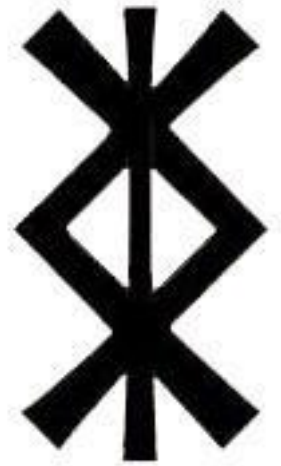
Through the myths of Ra (the Sun God) the Eye represents eternal life and rebirth—hence its use in Egyptian tomb decorations. It is also popular as an amulet against evil-doers and ill-wishers.

Triquetra



The Triquetra (or Celtic Shield) is sometimes used as a protective symbol by Pagans and Celtic Christians. The three-cornered knot represents the Triple Goddess or Holy Trinity. As it has no beginning and no end, the interwoven knot stands for protection that cannot be broken. The circle is also a symbol of eternity.

Bind Rune



A bind rune is a sigil composed of one or more archaic letters (runes). The bind rune combines the properties of each rune into a single symbol. Bindrunes may be created for any magical purpose, but they are commonly used in protective charms.

The most effective bind rune is one that you assemble with intention, using your own understanding of and relationship with the runes.

The picture is an example of a protective bind rune incorporating the runes Ingwaz (harmony) and Isa (solitude). It is meant to confer a peaceful environment and inner strength upon the wearer. Also hidden within the bind rune are the shapes of Algiz (divine protection) and Othala (birthright), in case the two main runes are not enough for the job!

Hexagram of Solomon



The six-pointed star is an important esoteric and religious symbol. It is composed of two interlaced or interlocking triangles. Ceremonial magicians know it as the Hexagram of Solomon or Seal of Solomon.

Mystical interpretations of the hexagram are many, and depend upon who is viewing it. Western occultists see a fire (upright) triangle superimposed over a water (inverted triangle). This represents the spiritual fire of the aspirant reaching upwards towards heaven, while the fluid grace of God descends simultaneously. The interlocking triangles can be seen as a kind of shorthand for the Hermetic axiom, "As above, so below".

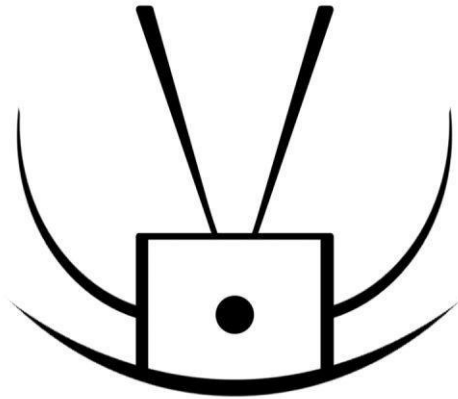
The symbol is named for the Biblical king Solomon, who was said to practice spirit evocation with the aid of a signet ring with a hexagram seal. Later, medieval occultists would seek to replicate Solomon's mastery over unruly spirits. The hexagram was said to represent the authority of God and to offer the wearer protection from evil. It is often inscribed with divine names and other symbols and words of power.

Crossed Spears

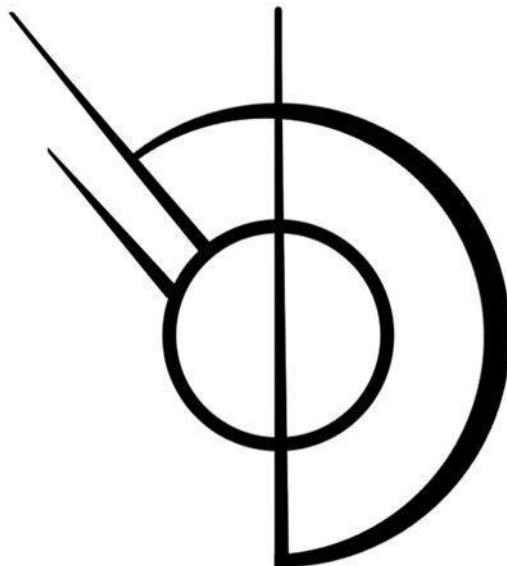


Sometimes the best magical symbols are the simplest. There is no mistaking the meaning of the crossed spears. A simple line drawing easily conveys the message, "Do not pass." This type of sigil is often used within folk magic traditions, where a lack of formal literacy is no obstacle to crafting powerful spells. Drawings of axes, swords, hammers, and shields may also be deployed for power and protection.

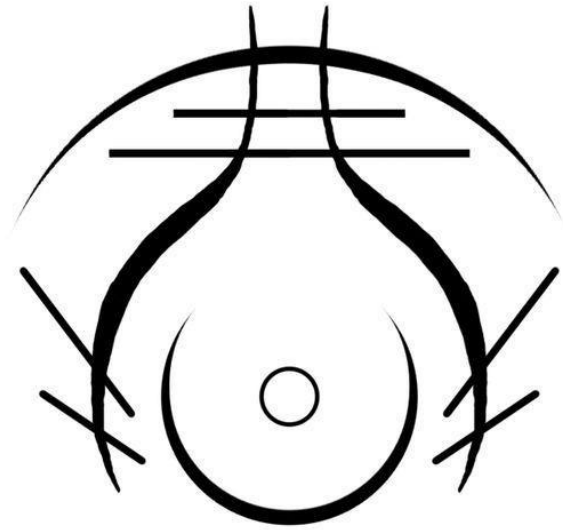
Variations of the crossed spears motif appear in many cultures and time periods, from British heraldry to the national flag of Kenya. It is also one of the eight Witches' Runes. In divination, it signifies quarrels and conflict. In magic, the Crossed Spears emblem (and its cousins) are used to put up a psychic barrier or block the actions of an adversary.



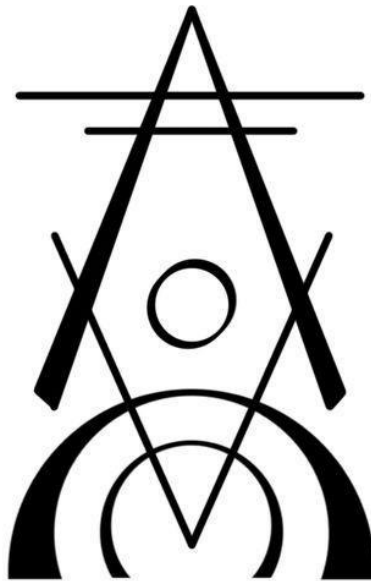
I am immune from psychic attacks



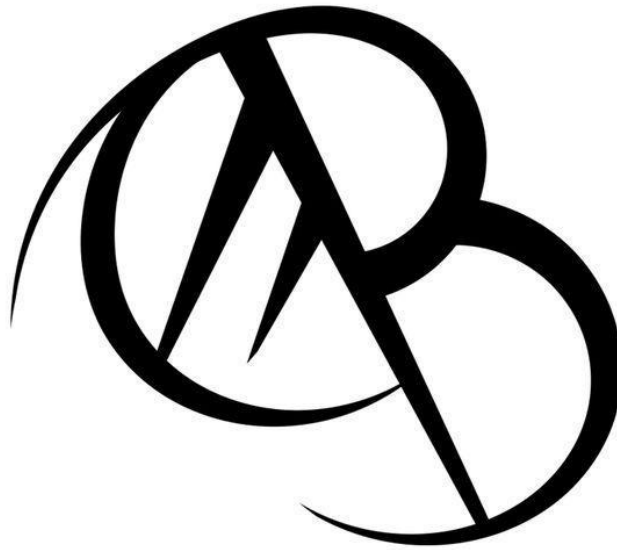
*Those who seek to harm me and
my loved ones have their intent
turned back upon themselves*



*I am calm, happy, and do not
let negative emotions rule me*

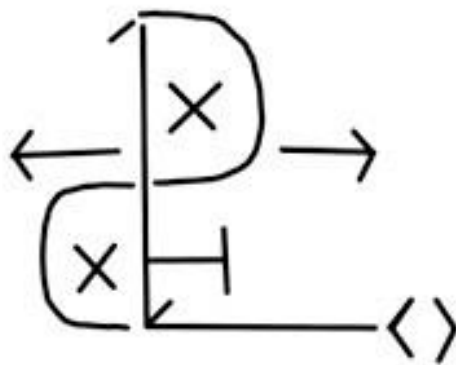


I am protected from nightmares

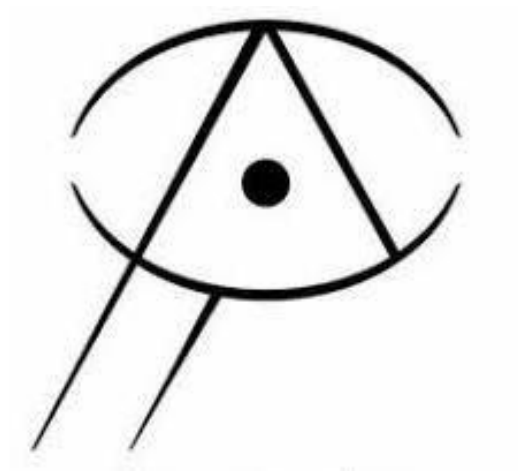


My body will not give up

To convert bad luck into good luck



To overpower fear



To add good luck with every work



To give a feeling that good luck is always with me



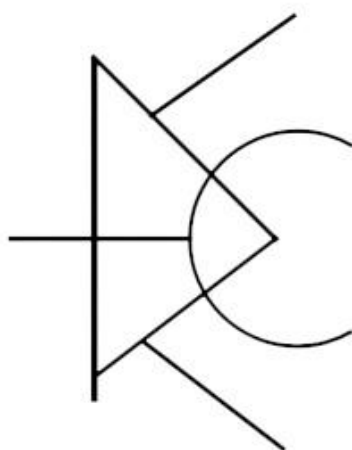
To be without stress all the time



For concentration put this symbol on third eye chakra



To eliminate depression



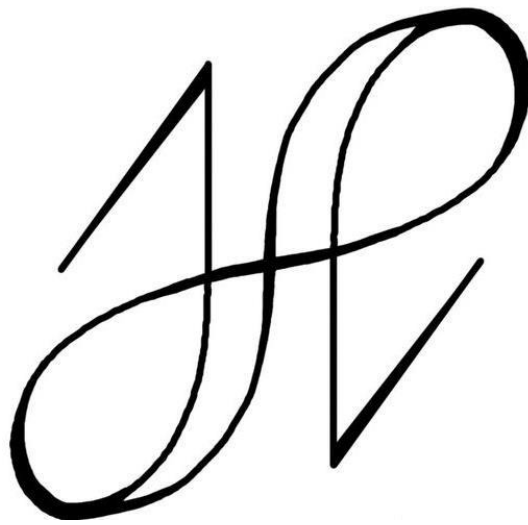
For self confidence



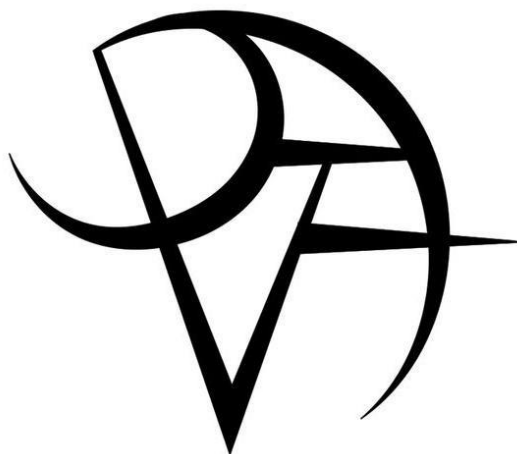
To get physical and mental power



To get safety, health and strength



To eliminate negativity with peace



To eliminate all types of fear



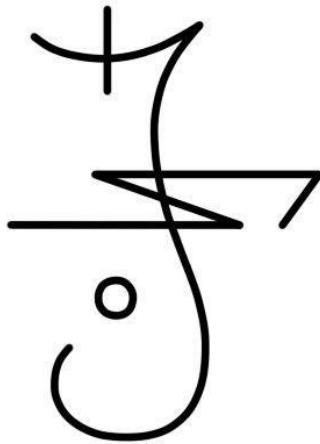
To change negativity into guidance



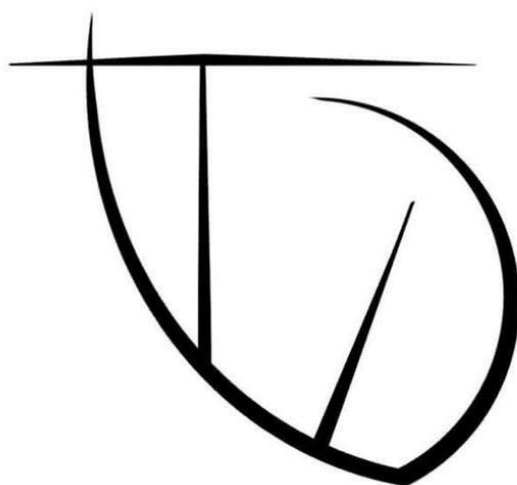
To keep safe against magic, evil eye, bad spirits and black magic etc.



To keep away black magic, draw this symbol on the main door outside and inside the house



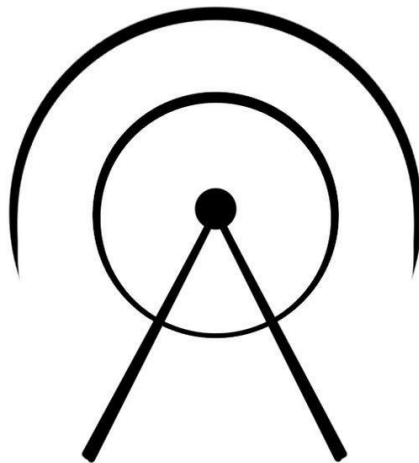
To keep safe from bad energies by all means



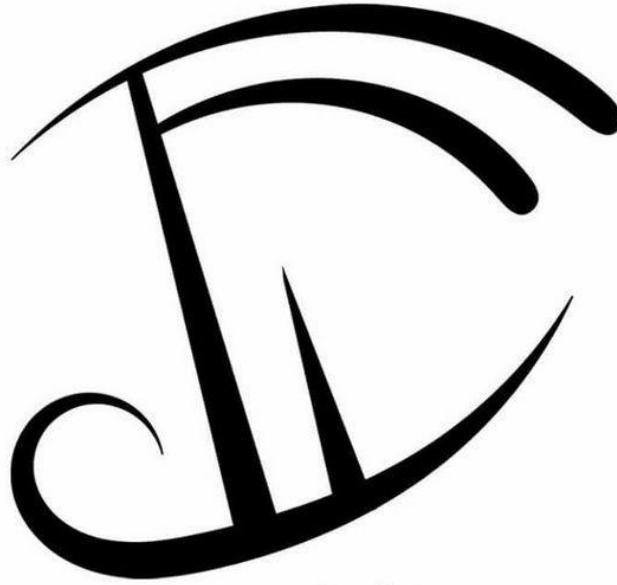
To get blessings and way from Divinity



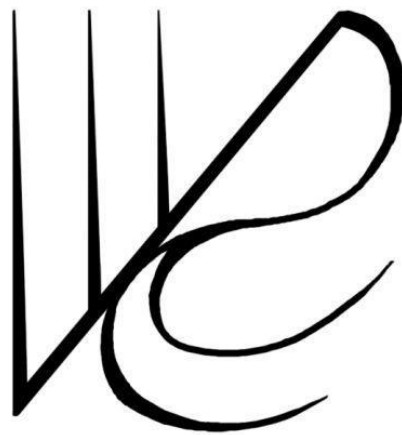
For safety draw it on the walls



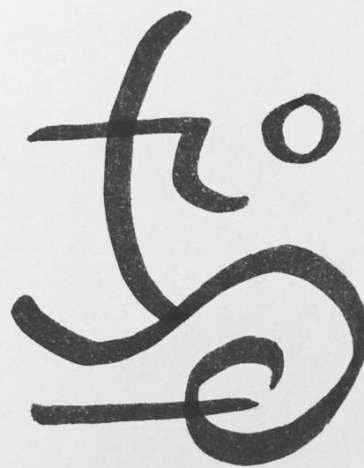
I am protected



I am not afraid to try



*I will live a safe and happy life
with lots of travel*



I Find the motivation to start,
create and complete the art
I love

SIGILS

SIGILS are used without attunement. Just take the print out and stick them on the wall. As soon as they are displayed their vibrations start leaving the effect.

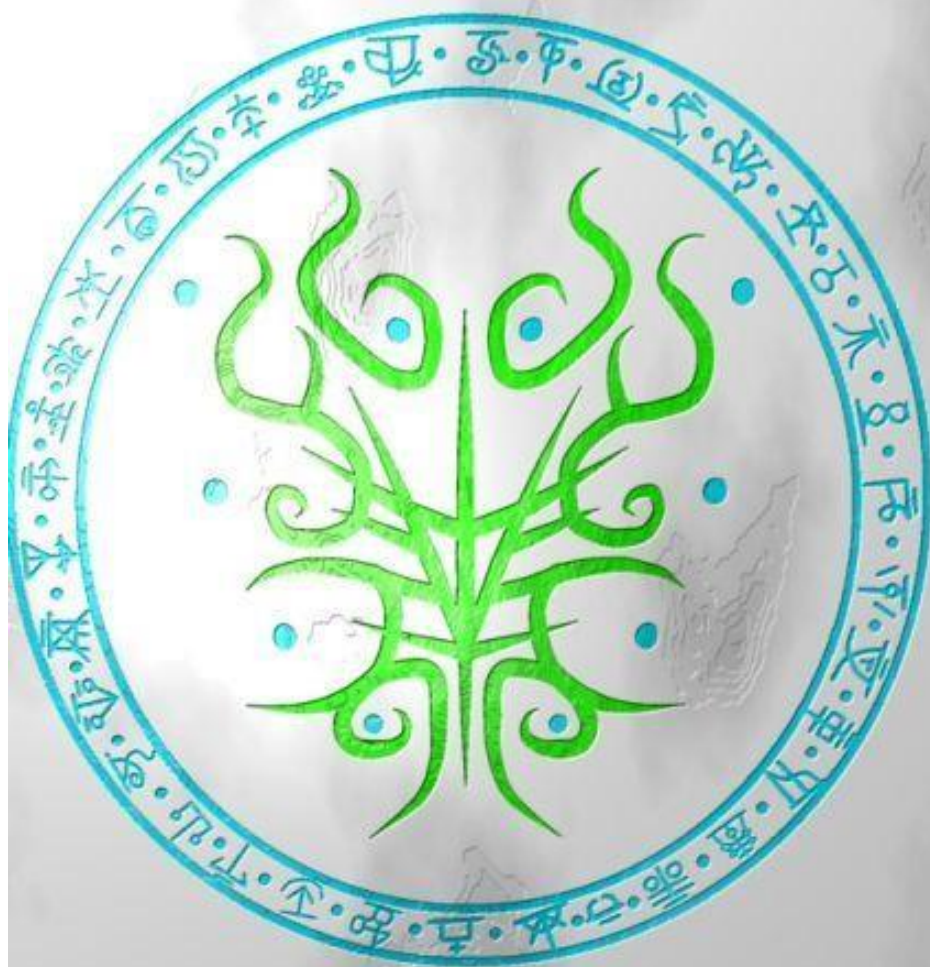




**Sigil for
dispelling
negative
emotions**



**Sigil for
protection for
my family**



**Sigil for
overcoming fear,
and inner
blockages**



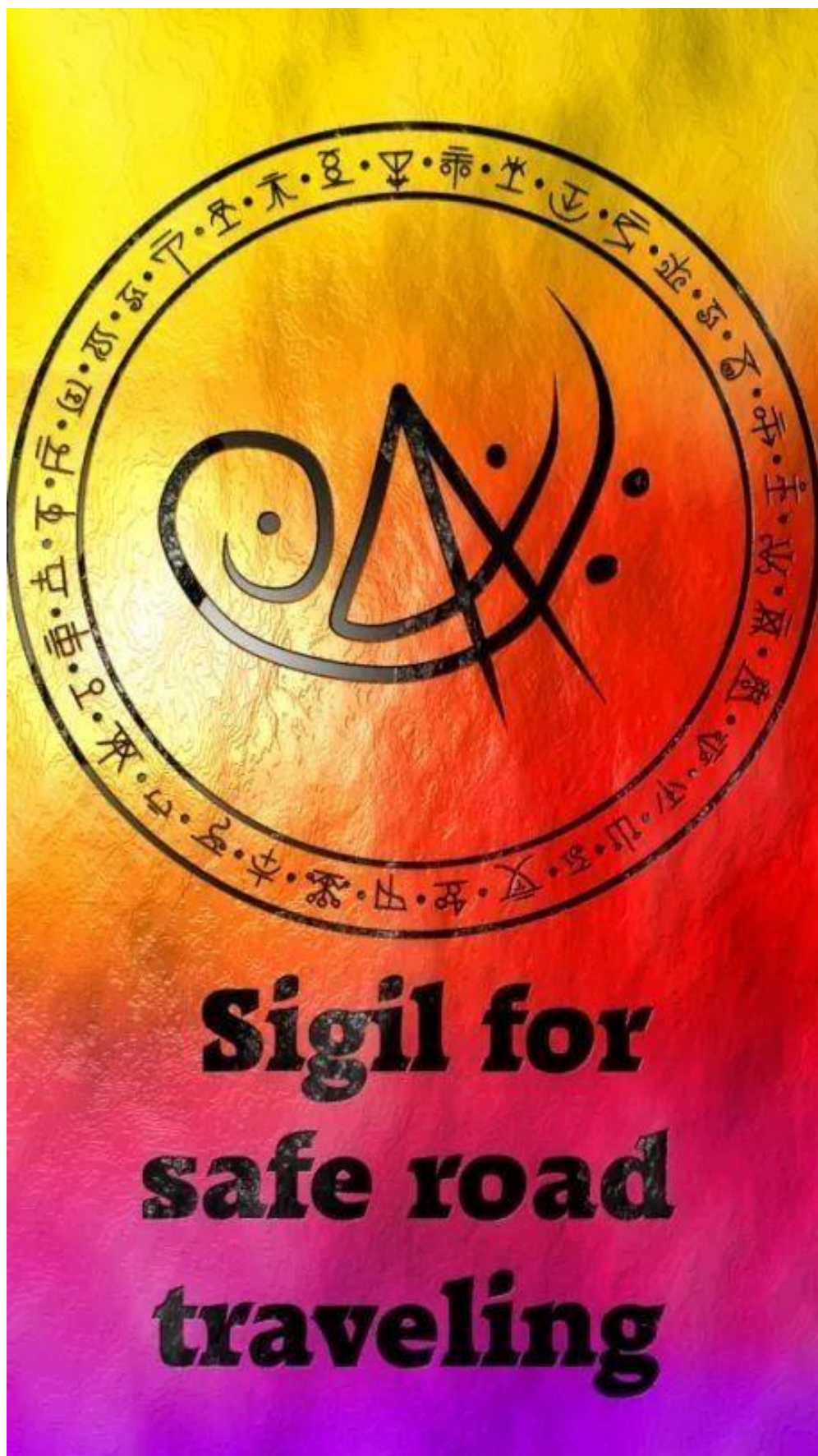
**Sigil to
break a
family curse**



**Sigil to
protect your
pet**



**Sigil for
good luck**





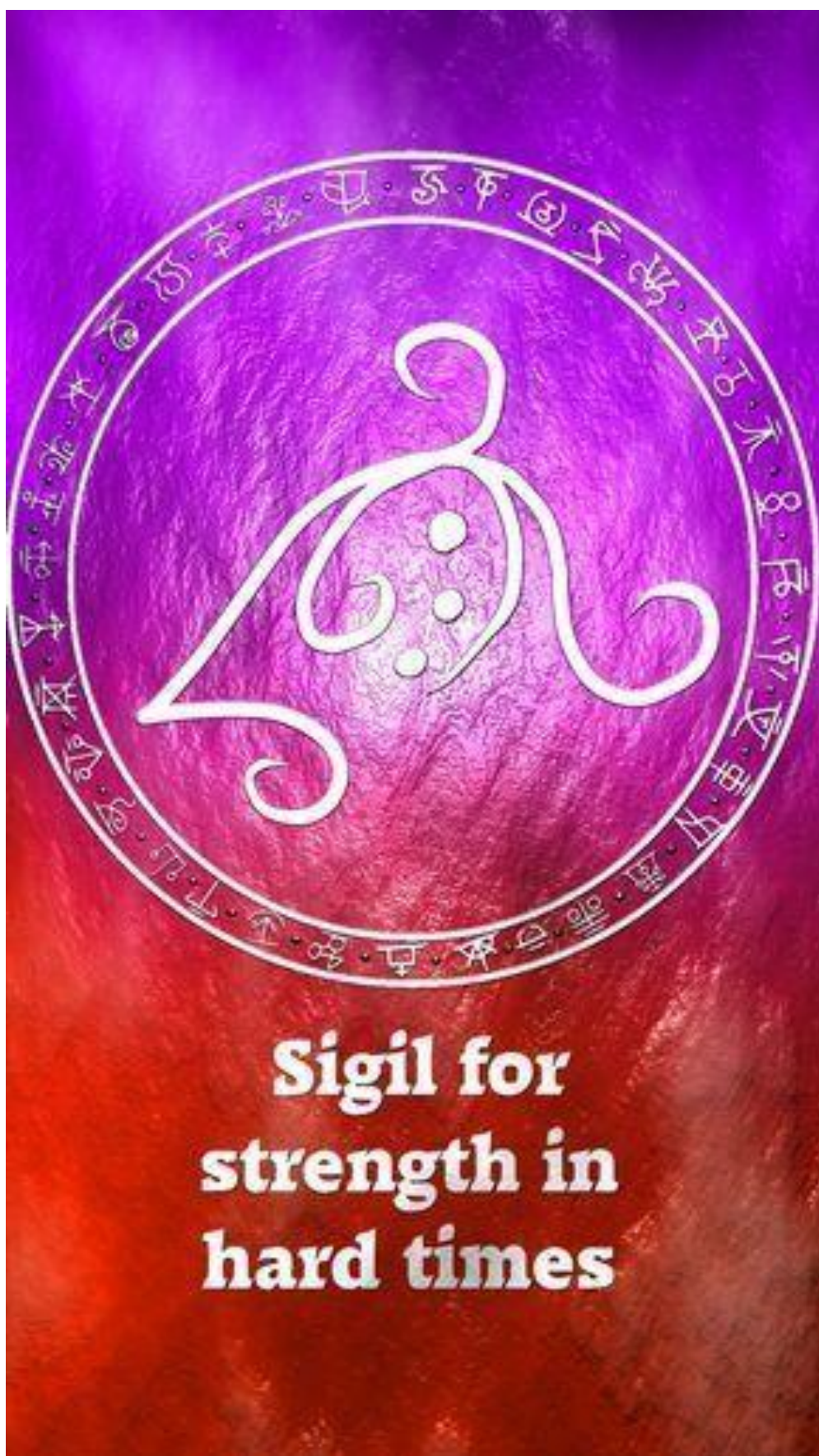
**Sigil to put fear
into my
enemies**



**Sigil to bind
someone from
doing harm**



**Sigil for
cleansing and
purification**





**Sigil for
making today
a good day**





**Sigil for safe and
comfortable
home**

FREE ANGELS' CARDS

FREE REIKI CONNECTED CARDS: -

These numbers are given by Angels in different way. If there are only nos., you can write them on a blank white paper with black ink pen, keep them on the table, keep a glass of water on them and sip water repeatedly after 2 hrs. the whole day. Fill the glass and use it until the problem is over. Many times, these cards are used in different ways also. So they are instructed to be used accordingly.

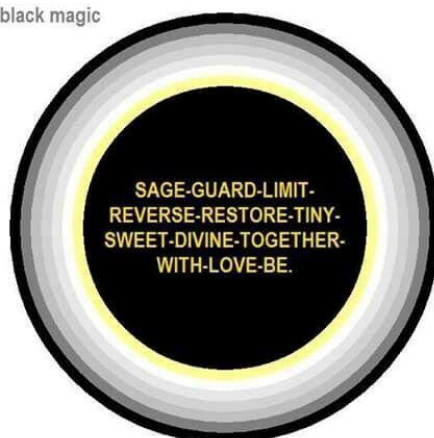
If there is no instruction, means take the print out or write the no and keep a glass of water to consume as a dose of medicine.

Protection against black magic



For removing black Magic

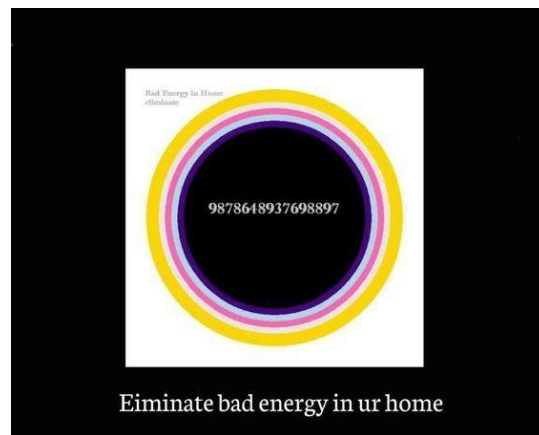
black magic



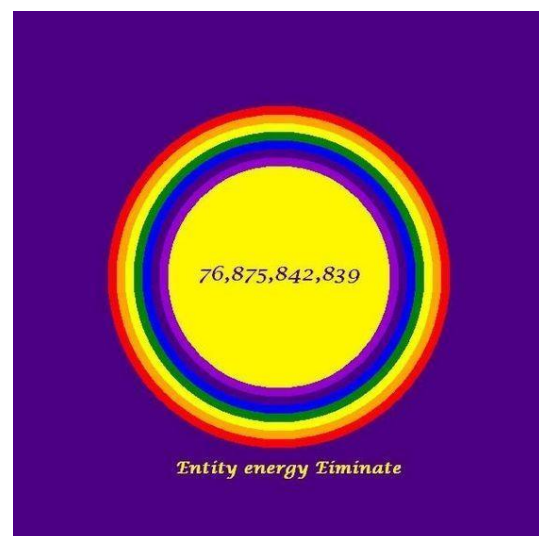
Vastu Balance, Black Magic, Eliminate Bad Energy



Place in every room, including bathroom & kitchen



Eiminate bad energy in ur home



Entity energy Eiminate

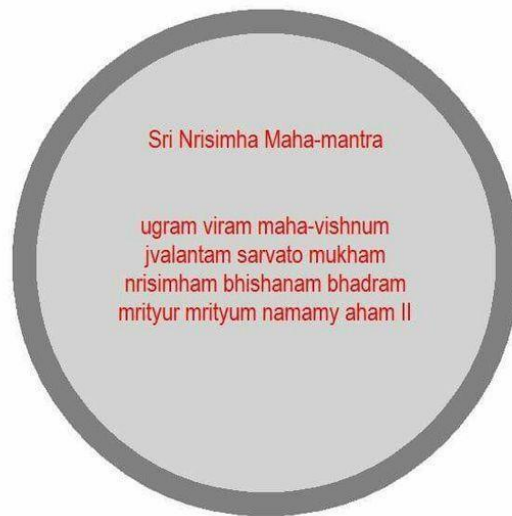
Useful for eliminating suicidal thoughts



Removal of negative energies



Mantra to protect against black magic



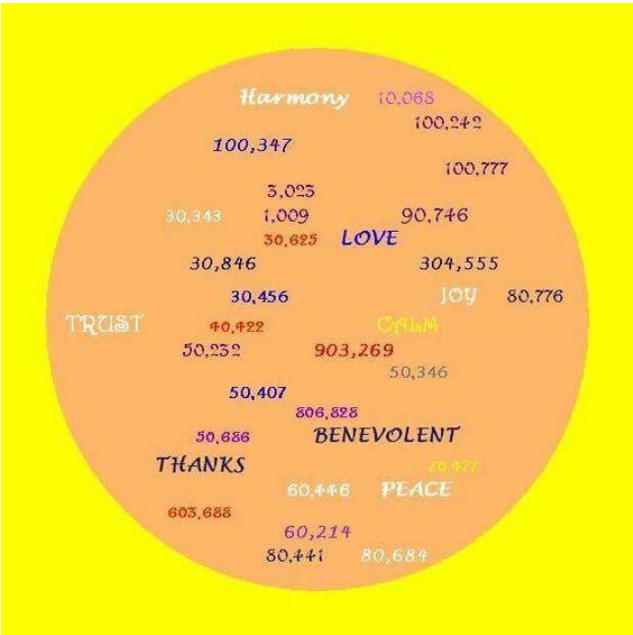
for protection & removal of effects of ill will & black magic

Protection from Black Magic

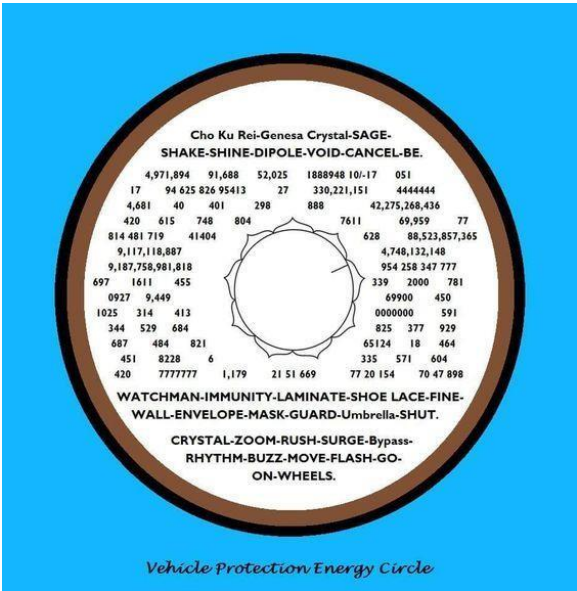


Sumerian Chant - Remove any spell cast on you or another

To stay completely positive.



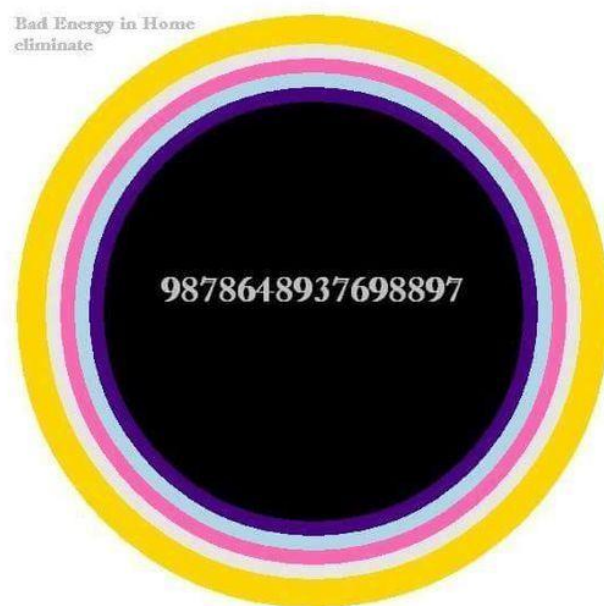
Vehicle protection



Protection from curse.



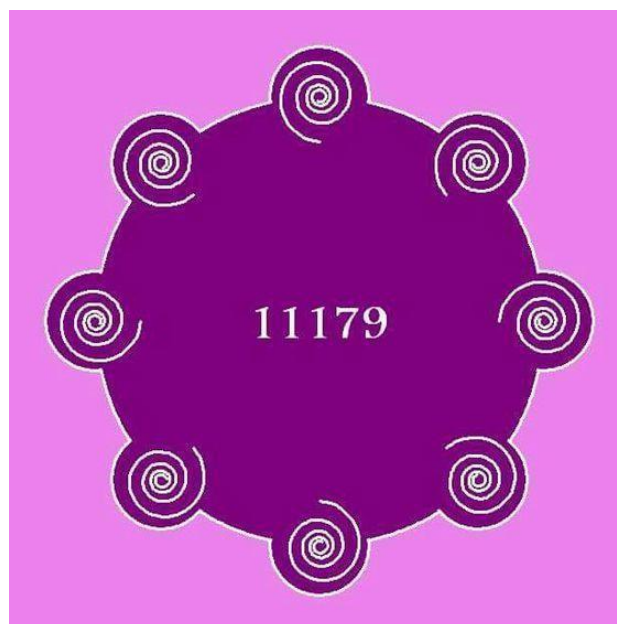
To eliminate bad energy in the home



Energetic All Day!



Prevent Accidents



Positive vibes



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Level 1

Level 2

Level 3

Level 4- Master level Course

Level 5- Karuna Reiki Course

Level 6 – Angel Therapy Course

Level 7 – Reiki of Prosperity (Money Reiki) Course

Level 8 - Grand Master Level Course

Magical Wonders of Reiki Symbols

Reiki Healing Course for all diseases

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3. Reiki Astral Travel
5. Zibu symbols
7. Violet Flame Reiki
9. Pranic Healing

2. Lama Fera Master
4. Tarot Card Reading
6. Magnified Healing
8. The World of Runes
10. Crystal Ball Gazing

BOOKS -

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5. Complete Book on Ayurvedic Treatment (Hindi)
7. A Complete Guide to Biochemic Treatment (English)
9. Healing Diseases with Crystals (English)
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4. Angel Healing Book on Third Eye Chakra (English)
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8. Healing with Colors (English + Hindi)
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16. Reiki for students (English + Hindi)
18. Lion Reiki (English + Hindi)
20. Treatment by Naturopathy (English + Hindi)
22. Book of Affirmations (English)
24. Reiki for Psychic Attack (English + Hindi)
26. Creating and Using Sigils (English)
28. Chromotherapy (Surya Chikitsa) (English + Hindi)
30. Vaastu (Hindi)
32. Reiki for Pets, Bees and Plants (English)
34. Treatment by Fruits (Hindi)
36. Healing by the miraculous properties of basil (Hindi)
38. Crystal Switchwords (English + Hindi)
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42. Dreams and their meanings (Hindi)
44. Manifestations (English)

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website - <https://agrawalreiki.blogspot.in/>

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