

MASTER GEE'S SUMMER CAMPS

Looking for a fun summer camp idea for your child. Sign up now and join us for a fun, action packed Martial Arts Summer Camp! With lots of martial arts skill building drills, games and activities. As well as martial arts movie days and NERF Wars. Your child is guaranteed to have blast and learn valuable life skills in the process.

4 Camp Dates to choose from:

July 21st – July 25th

July 28th – Aug 1st

Aug 18th – Aug 22nd

Aug 25th – Aug 29th



Drop off anytime after 8:30am – Starts at 9:00am - Pick up at 3:00pm

Price:

\$250 - Half Day (Morning Only) – Per Child – Ages 4 & Up

\$450 - Full Day - Per Child – Ages 4 & Up

Must bring:

- Bring your own lunch & snacks
- Bring a water bottle
- Must wear athletic clothes to participate, No dresses or skirts
- Nerf Guns & Darts with protective goggles – Will provide if necessary

Monday, Wednesday & Friday will be martial arts movie days

Tuesday & Thursday will be NERF WARS days

*** Summer camp registration closes 1 week before each camp date.**

Please make sure you contact Ms. Tasha well in advance to secure your spots *

Half Day – Morning Outline Example

9:00am – Light Warm Up Exercise
9:15am – Warm Up Stretching
9:30am – Kicking Drills
10:00am – Games
10:15am – Snack Break
10:30am – Punching Drills
11:00am – Fitness
11:15am – Games
11:30pm – Cool Down Stretching
12:00pm – Lunch Break



Call Us Or Email

Ms. Tasha For More Details

Tasha@mastergees.com **604-294-5425**

Master Gees Located at:

5508 Hastings St., Burnaby, B.C.

Full Day Outline

9:00am – Light Warm Up Exercises
9:15am – Warm Up Stretching
9:30am – Kicking Drills
10:00am – Games
10:15am – Snack Break
10:30am – Punching Drills
11:00am – Fitness
11:15am – Games
11:30pm – Cool Down Stretching
12:00pm – Lunch Break
12:30pm – Blocking Drills
12:45pm – Self Defense
1:00pm – Fitness
1:15pm – Martial Arts Movie Or Nerf Wars
3:00pm - Pick Up