

# REFLECTIVE THINKER



## **The Reflective Thinker**

As a Reflective Thinker, you are practical, responsible, and detail-oriented. You feel most at ease when life is orderly, predictable, and purposeful. You thrive on routine and love checking things off your to-do list.

## **What Comes Naturally to You:**

Staying organised and following through.

Noticing details others overlook.

Being consistent, reliable, and calm under pressure.

## **What Might Feel Tricky:**

You may resist change, especially sudden shifts.

Too much rigidity can block creativity or spontaneity.

Letting go of control can be uncomfortable.

## **What to Watch Out For:**

Give yourself permission to loosen the grip sometimes.

Your structure is a gift – but flexibility invites growth.

Don't forget to celebrate progress, not just productivity.