

There's a version of you that already exists.

You just haven't fully accessed her... yet.

BONUS:
THE ALIGNMENT
CODES™

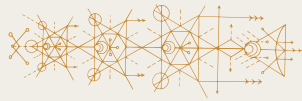
Part of



THE QUANTUM
LEAP PORTAL™



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BONUS 3

Not a practice to master. A space to return to.

The Alignment Codes™

are not something you apply.
They are something you enter.

A space where your system
is invited back into coherence.

Where your frequency reorganizes
without force.

And where your identity
begins to shift-

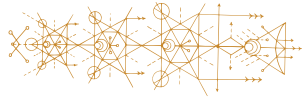
not through effort,
but through availability.

This is the space
of quantum allowance.

Where what is already within you
becomes accessible again.

Karina





BONUS 3

The Alignment Codes™

AUTHENTICITY = ALIGNMENT = YOUR TRUE FREQUENCY

Your future self isn't something you "become"—it's who you already are when your energy is clear and your actions resonate with your essence.

Use this 8-step Alignment Map to recalibrate, reflect, and realign any time you feel off-track or out of sync.

Code #1. Understand Your Energy + Frequency

Everything in the universe—including you—is energy vibrating at a specific frequency.

Your true essence radiates high, clear, harmonic energy.

Stress, fear, old beliefs is static that distorts your original signal.

Code #2. Identify + Clear Energetic Blockages

Fear, self-doubt, trauma, people-pleasing—these are not you.

They're interference patterns.

Be honest about what's in the way. Then breathe. Release.

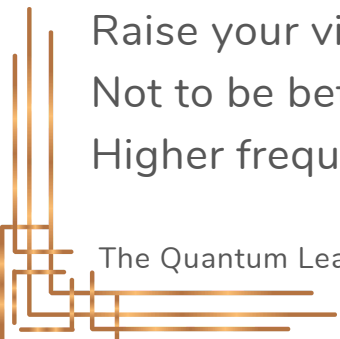
Recalibrate.

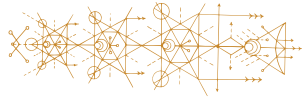
Code #3. Tune Into Higher Frequencies

Raise your vibration through breath, sound, stillness, and choice.

Not to be better—but to return home to your own field.

Higher frequencies = more space, clarity, confidence, magnetism





BONUS 3

The Alignment Codes™

Code #4. Strengthen Your Intuition

Your intuition is the voice of your true self whispering through your nervous system. When you're aligned, your knowing becomes clear. Your body speaks. You trust.

Code #5. Embody Your True Self

Alignment is not a feeling. It's a behavior. Act from your essence. Speak from your center. Make soul choices. That's coherence.

Code #6. Cultivate Gratitude + Trust

Gratitude upgrades your frequency immediately. Trust keeps your field open. Together, they keep you aligned with the part of you that already knows the way.

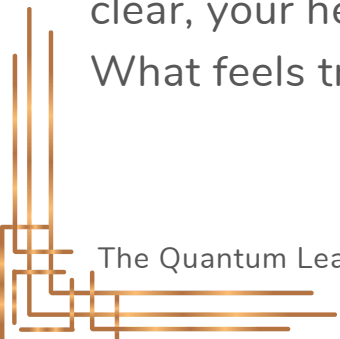
Code #7. Align Through the Quantum Field

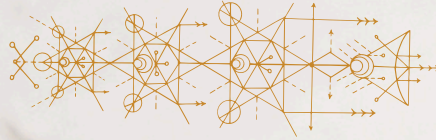
The quantum field responds to frequency, not effort. When your inner resonance matches your intention, your outer world reorganizes accordingly. Be the frequency. Let the field reflect.

Code #8. Integrate + Reflect

Stillness. Journaling. Noticing. Regular reflection keeps your field clear, your heart open, and your compass calibrated.

What feels true today? What feels off? What needs to shift?





Of all the
emotions
available
authenticity
holds the highest
frequency.

Karina Schuil