

6 Tips to Start Getting Organized

If clutter has ever left you feeling stuck and unsure where to start, you're in the right place.

1. Start with one small area.

Try starting with a drawer, a shelf, or even just a corner. Most people don't struggle with organizing because they take on too much at once and feel overwhelmed.

Choose a spot you can finish in one go, like a junk drawer, a single shelf, or the kitchen counter. Empty it out, then only return what really belongs there now.

When you finish one small area, you start to feel more confident. That confidence helps you keep going.

2. Sort with Keep, Donate, or Not Yet.

Decide what to do with each item using just three choices. This keeps things simple.

You don't have to make perfect decisions right away. If you're unsure about something, put it in a box with the date on it, which I call a Clarity Crate, and check back at a later date. This way, you can declutter step by step instead of all at once.

Clarity comes from honesty, not force.

3. Work in small chunks, consistently.

You do not need a full weekend or perfect energy.

Spending just ten to fifteen focused minutes a few times a week can make a real difference. When you do this regularly, small efforts add up, and you make progress without feeling overwhelmed.

This is how you keep clutter from returning.

4. Give every keeper a home.

Clutter often returns when things don't have a specific place to go.

After you decide what to keep, give each item its own spot. When everything has a clear home, it's much easier to put things away and find them later.

This simple step makes everyday life feel easier.

5. Track your wins.

At the end of each session, pick one thing you finished to celebrate. Maybe it's a drawer, a shelf, or a bag you donated.

Even small wins count. Write them down, or just make a mental note, and let each little step remind you that you can keep going.

Making progress is something you do on purpose, one step at a time.

6. Repeat the process, one space at a time.

You don't need a big plan. Just focus on the next small area.

Every space you finish makes the next choice a bit easier, because you've already proved you can do it. Real confidence comes from repeating the process, one space at a time, not from doing it perfectly.

Momentum comes from just repeating the first step again and again.

Clutter 2 Confidence