

A vibrant, surreal landscape. The foreground is filled with a dense range of low-poly mountains in shades of blue, purple, and orange. A bright, glowing horizon line separates the mountains from a sky filled with colorful, swirling clouds. In the center of the sky, a wireframe Earth is visible, surrounded by a network of blue lines. Several small, textured spheres float in the sky. The overall scene is illuminated by a warm, golden light from the horizon.

HIDDEN

WISDOM

HIDDEN WISDOM

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Introduction

Introduction

Prayer to the Guru:

From the unreal take me to the Real
From Darkness to Light
And from Death to Immortality

Dedicated to the Sincere Seeker.

This work is intended for and directed toward Spiritual Seekers, including those who may not yet consciously realize that their search for answers to life's fundamental questions—What, Where, How, Who, and Why—will ultimately lead them here.

There is only one path, Sanathana Dharma Marga(the path of the eternal dharma).

Throughout this ebook, you may notice that I occasionally repeat myself, with several explanations seeming to end in the same phrase or point. This is intentional, as I aim to break through the wall of the program of illusion.

First, let me tell you that to overcome "Mental Conditioning," you need to see it for what it is. It is not enough to listen to speeches from any Spiritual Teacher or read any books whatsoever; all of these touch and remain only at an intellectual level and nothing else.

How can you fight an enemy you cannot see?

Introduction

How can you conquer a kingdom (your mind) if you do not know who the usurper of your throne is, are unaware of the many tricks at his disposal, and do not know who his associates are? Like you heard in that movie long ago: “No one can be told what the Matrix is; you have to see it for yourself.”

And that’s the way it has always been. There is nothing like the “Direct Experience” of that which is real. It is so powerful that even writing about it has been openly forbidden by those in power and cast out as heresy since Roman times (examples of this include the Gnostic gospels).

But, How to see it, what is the process?

You have to Awaken Kundalini Shakti, and Connect to Divine Om Frequency(the holy Amen vibration) by any means necessary, is as simply as that!

Up to that moment, of course, you should be preparing by planting seeds in the inner field of your Mind. This is done through sincere inquiry, self-study, concentration, meditation, purification practices and worshipping the Guru Presence(divine presence). See my course "[Awakening to Divine Truth](#)"

These seeds will sprout on the day of Awakening, which will also mark your rebirth, your non-birthday. A new you—your original self—will emerge under the light created by the lightning bolt of Kundalini Shakti.

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Like a supernova, it will illuminate the inner realm of your mind, blinding the false ego (Ahamkara). In that moment, you will see yourself and remember.

It is said, there are many ways to climb a mountain and there are many paths that lead to the top. They all are the same path. It is to the one climbing to choose which way and how. There is the slow, long and boring path, and the shorter, intense, magical path full of wonders and a vision that never ceases to amaze.

There is only one inner mountain to climb, on top is waiting the same treasure, your own self. The Self is, as you probably read or heard, not something different from you, but truly yourself.

Of course, you can never be anything else but yourself, unless you have forgotten who you are, and now live a life as someone else (the false Ego).

You cannot know this because you are under the impression or belief that you are the image you see in the mirror—someone with earthly goals, ambitions, and all sorts of desires. Moreover, you have been taught (more like programmed) to believe that lacking these mundane goals will make you a weirdo.

In the world of today, this deception has reached monstrous proportions and is fueled by those who are deluded to the core.

Introduction

Yet, the one behind all of this is within all of our minds—it is the Ahamkara (false ego) that has taken possession of your inner kingdom, infected as it is by the six enemies: the demons of Greed, Lust, Anger, Delusion/Attachment, Pride, and Envy.

All of these stem from ignorance of what you truly are.

Once Kundalini has awakened, know it or not, on that very day, Dharma Yuddha(the internal war of dharma-jihad) will begin, this is where the fun starts.

On that day(of the awakening) you will be taken to the top of the mountain, showed the treasure, and asked to confirm your Dharma, and so you will while standing on your highest perspective, with the clearest mind you have ever had, and much more....

...Of course, there is always more on the path of Dharma, more wonders to discover, more to be experienced.

One last note:

I will be referring to terms found in different spiritual traditions and quote from their respective Spiritual Masters, but in the end there is only one ultimate source which all of them point to, because there is only one God, One spiritual teaching. This teaching is divided in many paths, as many ways there are to climb that mountain.

May the Guru bless you, Sincere Seeker.

Introduction

Om Shri Gurubhyo Namaha
Om Sathya Yukta Sharanam,
Om Tat Sat,
Malash Leelah.



The Seeker



The Seeker

The Seeker and the Bull, The role of Mindfulness.

My friend, have you ever felt like a seeker wandering aimlessly, searching for something you can't quite name?

You peer into the distance, hoping to catch a glimpse of what you're looking for, but it remains maddeningly elusive. At the same time even though you might be having this feeling that something is missing the monkey mind jumps to a so called problem that keeps spinning in your head.

This is the human predicament, we are seekers on a quest for the sacred, for the true essence of who we are, but the mind keeps jumping around between topics, castles in the air/ hopes, desires, fears, or unsolved problems, all fueled by the hustle and bustle of modern life, and a Program that runs on its own, dragging your life in this endless cycle of Mind stuff.

And yet there is this need for inner peace, for a knowing beyond this limited Mind driven lifestyle, the knowledge for the fundamental principle that sustains everything.

The Zen story of the Seeker and the Bull is a beautiful metaphor for this journey of self-discovery.

The Seeker

Awakening to the Sacred Bull Within.

The Bull, you see, represents your true nature - that divine spark, the Atman, the Buddha-nature that the mystics and sages have spoken of throughout the ages. It is the unchanging reality, unborn and deathless.

But we have lost sight of it, become hypnotized by the endless streams of thoughts, feelings, and desires, this is represented in the untamed wild nature of the bull(the Mind). We believe the distractions of the mind, the seductive illusions of the ego are who we truly are. Like the Seeker searching in vain, we look everywhere but within for that which can never be found outside.

The great scriptures point us towards the truth - that our restless minds cause us unbounded suffering by constantly wanting, grasping, and rejecting. When will you realize your own luminous self instead of attending to passing clouds?

That is what wandering thoughts really are, nothing but clouds in the inner landscape of your Mind.

Sri Sathya Baba rightly taught that the inner journey is the most vital undertaking. "If you don't bring forth the light within, it will die unmanifested. But if you turn inward in radical self-awareness, that light can blossom and liberate you".

Ieshua says in the Gospel of Thomas:

The Seeker

"If you bring forth what is within you, what you have will save you. If you do not bring forth what is within you, what you do not have will destroy you."

My dear friend, mindfulness is the beginning of the journey to discovering the sacred Bull. To be fully present and awake in this eternal now—letting go of mental burdens and seeing everything with fresh eyes—is how we start to lift the veil of illusion. But this is no easy feat in a world that demands constant connection, endless craving, and relentless pursuit of external validation.

It may even feel like a conspiracy, designed to keep you bound and distracted, leaving little room to pause and turn inward. Yet, it is only by stopping and observing the mind's patterns that we can glimpse the Bull, hidden in the cracks of the wall built by our mental constructs.

In Lao Tse's counsel, we must harmonize with the Tao, the path of nature's rhythms and balances.

Every mindful step is a step towards the truth. With gentle, unflinching presence we draw ever closer to the Bull, which has been there all along, patiently waiting for our eyes to open.

What sweet homecoming, to encounter our deepest essence! And yet seeing this Bull, representing our true nature and at the same time the wild Mind to be tamed, is but just the beginning.

The Seeker

It is necessary to point out that, it only becomes “truly seen” once Kundalini Awakens, this event can be brought on by the touch of a real Guru, and no less.

It can also happen after following a simple but serious Mind, Body, Spirit, purification and detoxification program, which includes worshiping the Guru Presence(the Divine Presence, formless consciousness, the Supreme Spirit), represented in the Isha Devata(your chosen deity, the divine form - Spiritual Guide or Guardian Angel - your external point of contact where to anchor the mind), and with the help of the Entheogen.

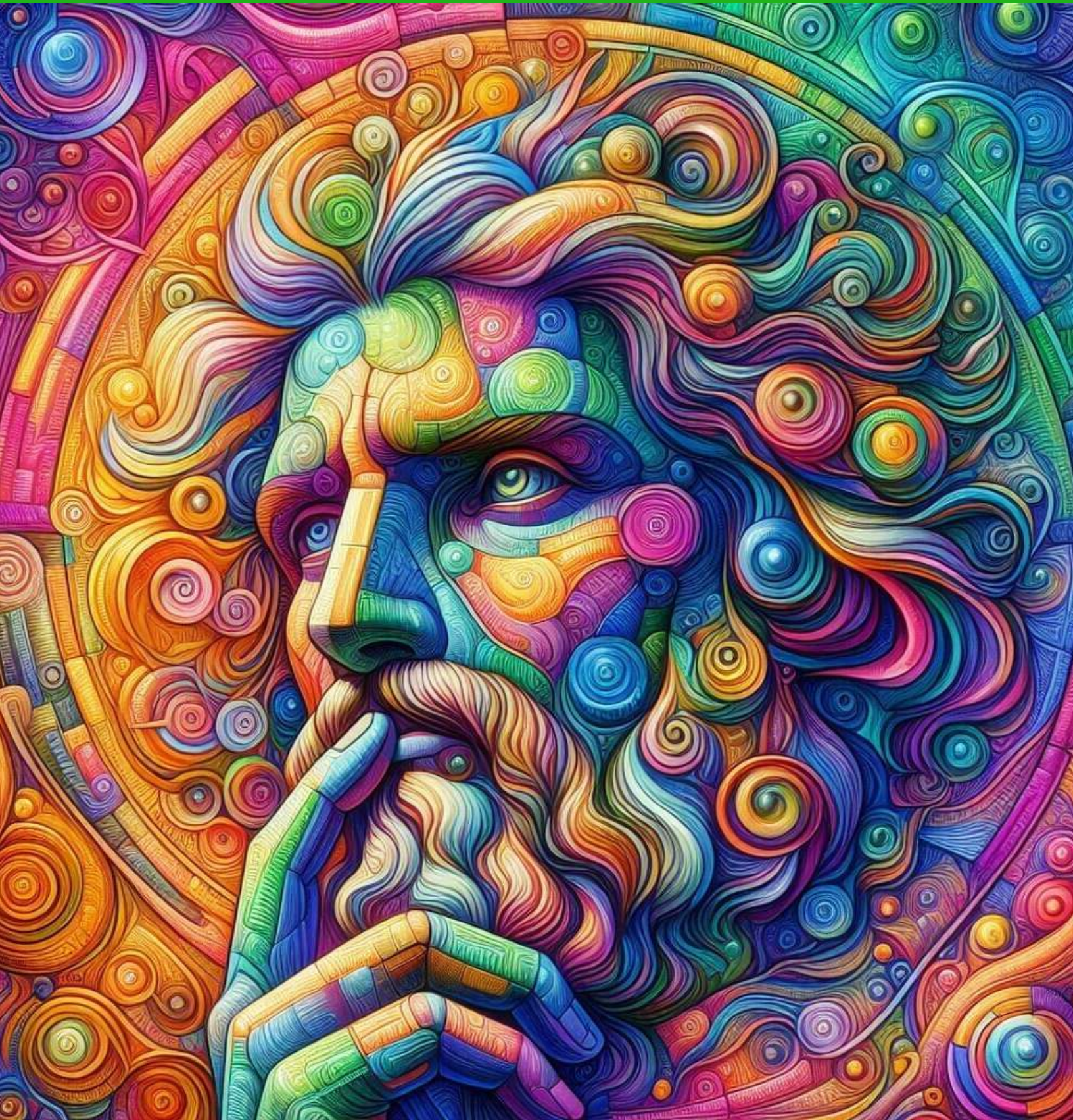
Then we see all beings as radiant expressions of the one life threading through everything.

Separation dissolves in the light of this knowing, as Sathya Sai Baba taught - "we are never apart from the divine".

On the other hand on this day of Kundalini Awakening, while conscious of the union with spirit, we see ourselves separated from Mind, we can see the six enemies and the false ego(Ahamkara). We see the bull and set up to tame it, this is expressed in the term dharma-yuddha(jihad), the war for control of the inner kingdom of mind.

As a Sincere Seeker, keep striving, never abandoning your determination to find the treasure within, and awaken Kundalini Shakti. In that Awakening lies the answers to all your questions.

The False Identity



The False Identity

The False Identity

Recognize the impostor

Imagine being born into a world where everything you thought you knew was suddenly called into question.

The faces you see, the roles you play, the beliefs you hold—what if they were all masks, disguises hiding your true essence? This is the world of the impostor, the false self that each of us carries, often unknowingly.

As we grow this false ego also grows until it has developed and established an identity. It fills the mind with desires and aversions of all kinds, and like Eckhart Tolle has pointed out, continuously jumps to the past and tries to define the future, as a way to perpetuate itself. It is virtually impossible to see the Ahamkara as a separated entity projecting all these patterns of thought within our minds.

One defining characteristic of the false ego is its restlessness. This is why many spiritual traditions liken the mind to a monkey—constantly jumping from one thought to another, never still. In the Guru Gita, the false self is described as the ego (Ahamkara), the sense of "I-ness." It represents the illusory identity we build from our thoughts, emotions, and experiences, mistaking these constructs for our true self.

The False Identity

This impostor convinces us that we are separate from the divine, from each other, and from the world around us.

The Guru Gita teaches that the true Self is beyond these illusions, an eternal, unchanging presence. "The ego is the greatest obstacle to realization. It creates the illusion of separateness, causing suffering and ignorance."

Consider a child, free from the burdens of identity and societal conditioning. This child lives in a state of pure being, untainted by the labels and expectations that will soon be imposed. As we grow, we accumulate layers of conditioning—beliefs about who we are and who we should be. These layers form the false self, the impostor that masks our divine nature.

The Gnostic Gospels, particularly those of Thomas and Mary, offer deep insights into this false self.

Yeshua says, "When you come to know yourselves, then you will be known, and you will realize that you are the children of the living Father. But if you do not know yourselves, then you dwell in poverty, and you are poverty."

Mary's gospel further illuminates this path, emphasizing the need to overcome the mind's conditioning to experience true liberation.

The False Identity

Unmask the Impostor

To start dismantling the impostor, we can turn to the method of Socratic questioning—a powerful tool for uncovering the truth hidden beneath our assumptions.

Socrates, through his dialogues, invites us to question everything, to examine the beliefs we hold most dear. "The unexamined life is not worth living," he declares.

Imagine sitting with Socrates in the Agora of ancient Athens. He asks you, "What is your true nature? Are you defined by your job, your relationships, your achievements? Or is there something more?"

As you ponder these questions, you begin to see the cracks in the facade of the false self. You realize that the labels and roles you cling to are merely surface-level, obscuring the profound depth of your being. The teachings of the Four Yogas—Karma, Bhakti, Jnana, and Raja—offer different ways to overcoming the false self.

Karma Yoga, the path of selfless action, encourages us to act without Attachment to the results, freeing us from the ego's grip. By dedicating our actions to the divine, we transcend the false self and align with our true nature.

The False Identity

Bhakti Yoga, the path of devotion, helps us dissolve the ego through love and surrender to the divine. In the Bhagavad Gita, Krishna says, "Whatever you do, do it as an offering to God." This practice shifts our focus from the egoic mind to the divine, weakening the impostor's hold and allowing the true Self to shine through.

Jñana Yoga, the path of wisdom, invites us to directly inquire into the nature of the self. Through the study of sacred texts, the teachings of enlightened masters, and deep contemplation, we gradually peel away the layers of ignorance and illusion that obscure our understanding. In this process, the radiant truth of who we are is revealed. As the Advaitin declares, "Brahman is real; the world is an illusion."

Raja Yoga, the path of meditation and discipline, offers tools to quiet the mind and observe its patterns. Through practices like meditation, we gain insight into the workings of the false self and cultivate the stillness needed to recognize our true nature.

As we navigate these paths, we encounter the conditioning program of the mind, an intricate web of beliefs, fears, and desires, that sustains the false self (Ahamkara). This conditioning begins early, as we internalize the expectations of family, society, and culture. We learn to seek approval, to avoid rejection, and to conform to the norms around us.

Over time, these learned behaviors become ingrained, shaping our identity. To break free from this conditioning, we must first become aware of it.

The False Identity

This requires mindfulness, a vigilant awareness of our thoughts, emotions, and reactions. By observing the mind without judgment, we begin to see the patterns that bind us.

We recognize the impostor for what it is—an illusion, a construct of the mind. However, what ultimately breaks the identification with the mind's constructs and truly starts the conscious phase on the journey to the self, is the Kundalini Awakening event. Without it, you are only holding a candle while walking with eyes closed.

Sri Sathya Sai Baba teaches that true self-awareness is the key to liberation.

"You are not the body. You are not the mind. You are the Atman, the divine Self." His words remind us that our true nature is beyond the physical and mental, an eternal presence that transcends all conditioning.

Through this journey of self-discovery, we realize that the impostor has no power over us, for we are the eternal, unchanging, and divine presence that lies at the heart of all existence.

Bring forth your true Self, shedding the layers of conditioning and illusion, embracing the boundless freedom and love that are your birthright.

The Six Enemies



The Six Enemies

The Six Enemies

Imagine you're walking through a dense forest. There are two clear paths: one leads to the serene light of Truth, the other to the murky shadows of Illusion.

These two paths symbolize the choices we face every day. Part of our Dharma is to understand the obstacles that block the way, and learn how to clear our minds and bodies to walk the path of Truth with clarity.

In the Bhagavad Gita, Krishna tells Arjuna about six enemies that cloud our perception and tether us to Illusion: Lust, Anger, Greed, Delusion, Pride, Envy. These enemies distort our understanding and keep us from experiencing our true selves. The battle is to find calm in a storm of thoughts.

Lust/Desire, is the first enemy. It's like a relentless itch that we keep trying to scratch. We chase after things—money, recognition, love, sex—thinking they'll bring us happiness. But as the Dhammapada reminds us, "From craving arises sorrow, and from craving arises fear. If a man is free from craving, he is free from fear and sorrow."

True peace and joy come from within, not from the endless pursuit of external rewards.

The Six Enemies

Anger, the second enemy, flares up when our desires are blocked. It burns hot and leaves destruction in its wake. The Buddha teaches, “Holding onto anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.”

Letting go of anger brings us a profound sense of peace and releases us from its toxic grip.

Greed, the third enemy, is a bottomless pit. It's the constant feeling of never having enough. The Bhagavad Gita warns, “There is no enemy more dangerous than insatiable greed. It corrupts the mind and blinds the soul.” By recognizing the abundance we already have, we can find contentment and free ourselves from greed's chains.

Delusion, the fourth enemy, is a fog that obscures our vision. It makes us see things not as they are, but through a distorted lens. As the Bhagavad Gita teaches, “When the mind is clouded by ignorance, the self is confused with the body and the senses, leading to delusion. But when ignorance is destroyed by the light of knowledge, the Supreme Self is revealed”. The wise cultivate discernment, knowing that only by aligning with divine truth can one rise above delusion and see clearly.

Pride, the fifth enemy, builds walls between us and others. It inflates our ego and distances us from the interconnectedness of life.

Krishna in the Bhagavad Gita says:

The Six Enemies

“The wise see that there is action in the midst of inaction and inaction in the midst of action. Their consciousness is unified, and every act is done with complete awareness.” Humility reminds us that we are all part of a greater whole.

Envy, the sixth enemy, eats away at our happiness. It makes us compare ourselves to others, leading to resentment and a sense of inadequacy. The Dhammapada tells us, “Do not envy others, for envy is a path to suffering. Rejoice in the happiness and success of others, and you will find peace.” Practicing gratitude helps us dissolve envy and embrace joy.

These six enemies infect the mind and the Ahamkara, merging with it and clouding the judgment, causing us to forget who we are.

To overcome these enemies and align ourselves with Truth, we need to detoxify not just our minds but our bodies and spirits as well. Kriya Kundalini Yoga practices offer powerful methods for this purification to awaken the dormant energy at the base of the spine and guide it through the Chakras. This process clears the blockages caused by the six enemies, allowing vital energy (Prana-Chi), to flow freely, harmonizing body-mind-spirit to achieve first Kundalini Shakti Awakening and then spiritual enlightenment.

Now be sincere to yourself and assess, how much are the six enemies affecting you?

The Higher Perspective



The Higher Perspective

The Higher Perspective - The Child Perspective

Imagine yourself in a meadow, the sun shining warmly, flowers swaying gently in the breeze.

Picture a child playing, their eyes wide with wonder, every moment a new discovery. Now, imagine a wise sage, sitting quietly, eyes closed, radiating a serene wisdom that seems to encompass the entire universe. These two perspectives—the innocent curiosity of a child and the profound insight of a higher spiritual awareness—you will obtain when you awaken your Kundalini Shakti and connect to Divine Aum Frequency (the holy Amen vibration).

In the Bhagavad Gita, Krishna imparts wisdom to Arjuna, offering a glimpse into the higher spiritual perspective.

He says, "When your mind has transcended the mire of delusion, you will become indifferent regarding things heard and things yet to be heard." This detachment is not indifference to life but a profound understanding of its deeper truths. From this vantage point, the ups and downs of life lose their power to disturb your inner peace.

Similarly, the Dhammapada guides us to view the world with clarity and wisdom:

The Higher Perspective

"Just as a solid rock is not shaken by the storm, even so, the wise are not affected by praise or blame." This higher perspective is rooted in equanimity, seeing beyond the dualities of good and bad, success and failure, joy and sorrow.

The perspective of the child.

There's another way of seeing the world—the perspective of a child. Yeshua, in the Gnostic Gospels, speaks to the purity and openness of a child's view.

"Truly, I tell you, unless you change and become like little children, you will never enter the kingdom of heaven." A child sees the world with fresh eyes, unburdened by past experiences and future anxieties, fully present in the now.

Reflect on a child's perspective for a moment. Imagine the sense of wonder when they see a butterfly take flight or the joy of splashing in a puddle. This innocence and presence are not marred by judgment or fear. Everything is new, everything is a miracle. This childlike wonder is a gateway to the divine, a way of experiencing life that is immediate and intimate.

Imagine Socrates sitting with you again, asking, "What is it that you truly see? Do you see the world as it is, or do you see it through the filter of your mind?"

His questions challenge us to examine our perceptions, to distinguish between the surface and the essence.

The Higher Perspective

Let's apply Socratic questioning to our understanding of these perspectives.

Why is a child's view so powerful? It is free from the clutter of preconceptions and judgments.

Why is the higher perspective so profound? It transcends the illusions of the ego and touches the eternal truth.

How do these perspectives complement each other? The innocence of the child and the wisdom of the sage both point to the same truth: the world is a reflection of the divine, filled with wonder and beyond the reach of suffering.

Both are you, and with them you will see the difference between the Mind and yourself, you will see the Ahamkara, and the desires that pull you away from the vision of the whole.

The child's view reminds us to stay open, curious, and joyful, while the higher perspective guides us to remain centered, detached, and wise. Each moment is an opportunity to see the world anew, to touch the depths of our soul, and to realize the profound truth that we are both the innocent child and the wise sage, walking hand in hand on the path to spiritual awakening.

These two perspectives are brought about by the strike of the lightning bolt of Kundalini Shakti.

The Higher Perspective

A word on Mantra.

A mantra, a sacred sound or phrase, helps focus the mind and align it with higher vibrations.

Sri Sathya Sai Baba emphasized the power of the mantra in spiritual practice. "The repetition of any name of God with love and faith is the surest and easiest way to cleanse the mind and attain self-realization."

The mantra serves as a tool to quiet the mind's chatter, allowing the clarity of a child's vision and the depth of spiritual insight to emerge. It acts as a bridge, connecting the simplicity of the present moment with the expansiveness of higher awareness. When we chant a mantra, we are not just repeating words; we are invoking the divine presence within us, aligning our consciousness with the ultimate reality.

Think of a Mantra as a healing sound therapy session that you give yourself, and the vibrations of this sound are purifying your mind, slowly dissolving the patterns of mind chatter.

More on Mantra found within course "[Awakening to Divine Truth](#)"

The Two Connectors



The Two Connectors

The Two Connectors

Let me tell you something Neo,

If a human were a computer or mobile device, it can be said it has “Two Connectors”, two links that feed information into the Mind, one is active, the other is in passive mode and needs reactivation.

The first connector is the link from where humans get all of their information from the matrix of the current civilization and everything related to it. From education to profession, to likes and dislikes, hopes, dreams, ambitions, good and evil, etc, everything that conforms the person you are now within society, this connector the one that feeds the false Identity(Ahamkara-the false ego).

The second connector provides the spiritual link from where to obtain transcendental information, basically the Knowledge of yourself.

This other link was active when we were born and our minds were pure, we could concentrate for longer periods and learning anything was easier as children, since this false ego was less developed and the mind generated less uncontrolled thought patterns.

You need to “activate that passive link”; it is the only way for you to be able to see, recognize, and then face your internal enemy.

The Two Connectors

Do not do this, and no matter how high or low your office in life is (pauper or billionaire), you will always be the servant of your mind, and you will never know true peace and freedom.

“For the man without spiritual connection there can be neither wisdom nor contemplation, without contemplation there can be no peace, and without peace there can be no Joy”, Krishna-Bhagavad Gita.

How to activate this link and what would happen.

To activate this link you need to awaken Kundalini Shakti by any means necessary, this is usually done by following a purification method of “pre-yoga sadhana”, it is called pre-yoga Sadhana because Yoga Sadhana(the spiritual practices to achieve Yoga—union with the Supreme Spirit), only begins once the individual has been disconnected from Mind identification, and this only truly happens once Kundalini Shakti has been awakened.

Before this step, one is only a “Faithful” Not a “Mystic”, Faithful ones walk on faith alone, while Mystics walk on both faith and knowledge. Knowledge(Gnosis) which only comes with direct experience, Pratyaksha Vijñanam(direct perception of Spiritual truth).

Awakening Kundalini Shakti is pulling the plug from the Matrix(the first connector) to reset that connection, and then connecting to Divine Om frequency by activating the second one.

The Two Connectors

That event alone breaks down the constructs, the walls of confinement within your mind, where you are held prisoner without knowing. This event happens as One, and only by the grace of the Guru Presence (God as the Master teacher).

Devotion to the Guru Presence (Divine Presence) and Purification practices build up to this moment, then all of a sudden it happens. These purification practices should also include as pure and simple a diet as possible. But in the end what matters most at this stage is sincerity, determination, and consistency.

If you want to be conscious, you need to activate that link to divine Om frequency, there is no other way. Positive Affirmations and Mantra, Kirtan, Bhajana, and Prayer to absorb the mind in higher vibrations will go a long way, as well as reading spiritual books. This equals to planting seeds in the Mind, which will sprout once Kundalini Awakens.

The Entheogen, should be approached with reverence, since it has been provided by the Divinity, as an assistance to the spiritual surgery of separating you from Mind identification, to disconnect you from the matrix of illusion and deceit. Hence it is to be used only in devotional Ceremony- Yoga Sangam Satsanga, following certain guidelines.

More on this in detail within the Course [“Awakening to Divine Truth”](#).

Once this link is activated, mind identification is broken, a spiritual download takes place, and with it, the information regarding your true identity, including the divine message of purpose (true purpose always lies within dharma).

The Two Connectors

You will have an overview of your life(a mini life review), you will be born anew, this is a baptism in light, a baptism in truth.

The after effects of this event might last for up to a year, helping you to advance on the path, even further, now as an awakened one.

But remember this: “Souls always awaken at their level, never beyond that”.

Never will the Entheogen take you beyond your level. The Entheogen is merely a vehicle—a fuel for Prana, a medicine for the mind—creating both distortions and concentrations, arrangements and disarrays, to aid in disconnection and activation. The Ishta Devata is your anchor within the Sangam Satsanga Ceremony, while the Guru's presence is what sends the lightning bolt of Kundalini Shakti, energizing the link to the Divine Om Frequency.

A word on Diet.

Sri Sathya Sai Baba, with his gentle wisdom, emphasized the importance of purity in diet for spiritual growth.

He taught, “Food conditions the mind. As is the food, so is the mind. Therefore, take pure food in moderate quantities.” Eating organic food, adopting vegetarianism, and incorporating green super-foods into your diet are vital steps in this purification process.

The Two Connectors

These foods nourish the body, cleanse the system, and support mental clarity and emotional balance. Organic food, free from harmful chemicals and pesticides, provides the body with essential nutrients in their purest form.

Vegetarianism, rooted in the principle of Ahimsa (non-violence), promotes compassion and reduces the karmic burden associated with harming other living beings. Green super-foods, rich in vitamins, minerals, and antioxidants, enhance our vitality and strengthen our immune system, aiding in the detoxification process.

By purifying our bodies through mindful eating, we also cleanse and harmonize our mind.

Activate the second Connector and recover your transcendental memory !



The Awakening



The Awakening

The Awakening

Happy Non-Birthday.

Much has been said in terms of Kundalini awakening. There is the General concept(as in everything), and then the Particular experiences of that concept, and these ones manifest shaping the event differently, in as many variations as there are souls and levels of evolution in the spiritual path.

In general terms Kundalini Shakti, refers to the energy that is said to be coiled like a snake in the Muladhara Chakra. “It is a spiraling power”, writes Baba Hari Dass.

Awakening is granted by the Guru Presence(divine presence), who opens the door and activates the “link” or connection for you. Even if you were unaware of this truth before, the moment it happens, you are certain. This certainty is part of the knowing—an inner perception accompanied by a profound remembrance of the source of all and the one who is giving you this experience. Or is granted by a human Guru who is One with the Guru Presence, a Self-realized Master, a true Guru.

In that knowing/feeling/being are answered the who, what, where, how and all the whys of your life.

The Awakening

Awakening also means experiencing your true nature and breaking free from identification with the mind. This alone is the act of seeing and knowing everything as it truly is. Such a glimpse leaves an impression on your mind unlike any other since the day of your birth. It will shatter the constructs of the mind and lift the veil from your eyes.

Within that divine vision, you will find yourself, and be awakened from the madness of the Mind.

That being said, every one awakens at his own level and it is placed at the same starting point corresponding with his degree of evolution in the divine scale. For instance, souls at level 3 will awaken at level 3, plus their own category within that group, pertaining to their Karma and Dharma.

On that note: Karma is not cleansed away by the Kundalini Awakening, neither by high doses of any Entheogen, be clear on that.

And what happens after that day, when you are born anew? You can go to work the same, or create a new profession for yourself; in any case your inner joy will keep you in a state of bliss. Moreover you will not have to surrender your earthly goals, unless you realize they were just mere mind constructs, and still the choice is yours. But now you will be able to see both players in the Game of life (Truth and Illusion, Angels and Demons) and your choices can be made from the stance of Knowing.

The Awakening

Besides that, there is now an awareness that will never leave you, and will propel you towards the highest goal, while you work to keep the connection alive.

And through this “connection” to Divine Om Frequency, receive more and more hidden knowledge, bringing a peace that you never knew before, and with it the Joy of Being.

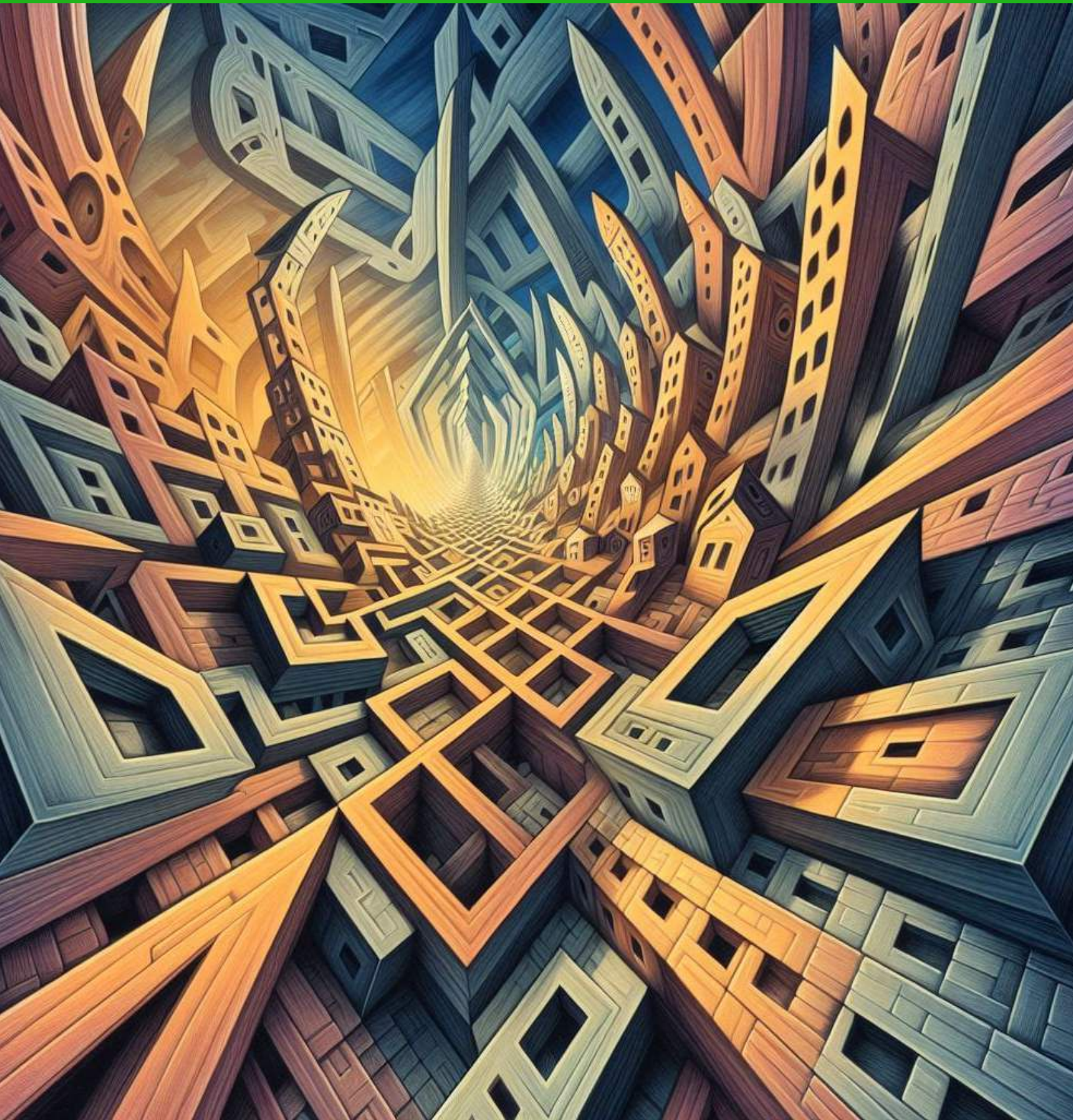
So, what is the awakening in a nutshell?

It is to see yourself and remember who you are. To know that you are not the mind by consciously seeing/feeling/knowing/experiencing it. To realize, that things in the world are not what they seem. To really “see it”, not just admit it intellectually.

If you make the right choice, the only choice that gives you a true opportunity, then by all means you will be on the way to become free, but you should know let me remind you, that once you are awakened, Dharma Yudhha(the inner war of dharma) will now begin.



The Road Ahead



The Road Ahead

The Road Ahead – Dharma Yuddha/Jihad

Imagine you are a traveler on a long, winding road. The journey is not always easy; the path is often strewn with obstacles, and sometimes it's hard to see where you're going.

Yet, each step you take brings you closer to your destination.

We conclude by talking about Dharma-Yuddha or Jihad—the inner struggle for self-realization and spiritual victory. This is not a battle fought with swords and shields, but a profound inner journey to conquer the Mind, as reflected in the teachings of the Bhagavad Gita, the Guru Gita, and the Dhammapada. You will have to face your demons though. Your guide will be the Guru, your sword will be wisdom, your strategy will be simplicity with humbleness, your banner divine love, and your shield and refuge divine truth.

In the Bhagavad Gita, Krishna speaks to Arjuna about the inner battle, the struggle between our higher self and our lower impulses.

He says, "One must deliver oneself with the help of one's mind and not degrade oneself. The mind is the friend of the incarnated soul, and his enemy as well. For the one who has conquered his mind, this one becomes his best friend, for the one who has not mastered his mind, it remains as his worst enemy".

The Road Ahead

The Guru Gita emphasizes the importance of a Guru in guiding us through this inner battle.

It says, "The Guru is the dispeller of darkness, the illuminator of the path. With the light of knowledge, the Guru leads the disciple to the highest truth."

The Dhammapada provides further insight into this inner struggle:

Though one may conquer a thousand men in battle, he who conquers himself is the greatest of conquerors. This principle resonates with teachings from Sri Sathya Sai Baba, who emphasized the importance of self-mastery and overcoming inner challenges to achieve inner peace and self-realization. He taught that the real battle lies within.

Yeshua, too, emphasized the inner journey. In the Gnostic Gospels, he says, "The kingdom of God is within you and all around you. Split a piece of wood, and I am there. Lift up the stone, and you will find me."

This journey to the divine is not about seeking something outside of ourselves, but about discovering the divine presence within. Outside we encounter the tests, presented in the field of life through our own Karma.

Lao Tse's wisdom from Taoist teachings further illuminates this path.

The Road Ahead

He teaches us to align with the Tao, the natural flow of the universe. "He who conquers others is strong; he who conquers himself is mighty." Aligning with the Tao means embracing simplicity, humility, and inner peace, letting go of the ego and allowing the natural flow of life to guide us. This ongoing practice of aligning with the Tao is at the essence of Dharma Yuddha.

In other words: Learn to go with flow.

How Dharma Yuddha unfolds?

In simple words: The False Ego will try to put you back to sleep, by creating inner storms through life situations, after all the ego does not want to relinquish power, It will try to trick you in a thousand ways.

At the beginning it will succeed frequently, but if you do not give in and persevere, by keeping your spiritual practice(Sadhana) or going back to it as soon as the storm passes, then you should be fine, and slowly you will gain terrain. The practice and the tests happen in the daily lessons of life.

Jihad is not a battle to be feared, but a path to be embraced. It is through this struggle that we obtain our ultimate liberation. With each step, we move closer to the light of Truth, shedding the illusions that have kept us in darkness.

The Road Ahead

Dharma Yuddha is an inevitable step for every sincere Seeker. It is part of the game of life you have come here to play. There is no higher goal than freedom; there is no true purpose without it. This is Dharma, and where Dharma is, therein lies True Purpose.

If you are not a Seeker, discard this book and enjoy the bliss of ignorance.

If you are a true Seeker, stop hiding, Awaken Kundalini Shakti by any means necessary, and face Ahamkara and the six enemies. The Egoic mind is not going to handle you the keys of the inner kingdom.

The choice is yours!

The formula is found here: "[Awakening to Divine Truth](#)"



