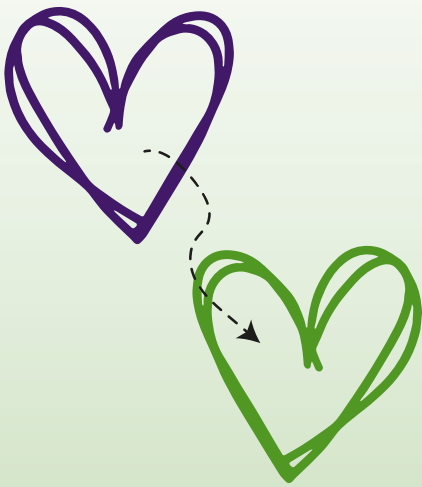


Connection Cards



*Connect with my spouse in
less time than it takes to
brush my teeth!*



HOW TO USE THESE CARDS

1. Pull out one card each day. Dinner time works well for this.
2. Read the question on the card to your spouse.
3. Give your spouse two minutes to answer the question.
4. You answer the question next - in two minutes or less!
5. Feel free to dive deeper into the subject if you both want to!

Give me your definition of success in life.



.....

Share one life dream you have about the future.



.....

How can we communicate well when we disagree?



.....

How would you like to divide responsibilities at home?



.....

What is one of your favorite memories of us?



.....

What is your favorite way for me to show my love for you?



.....

What is one personal goal you are working on today? How can I support you in that?



.....

What scares you the most?



.....

What is a big challenge we have faced and overcome that brings a smile to your face?



What does integrity mean to you in our relationship?



What is one way you have complete trust in me and our relationship?



How have we grown as a couple since we started our business?
RELATIONSHIP!



What is one way we can make our relationship a priority, even in this busy season of our business?



Where do you see us in 10 years?



What activity brings you joy - and how can we do more of that?



How do you like to reconnect with me after a busy day?



When have you felt heard and understood by me the most?



.....

When you are down or stressed - how do you most like me to encourage/support you?



.....

What tasks do you most enjoy in our business?
What tasks do you least enjoy in our business?



.....

What does vulnerability mean to you - and how can we create more space for it in our relationship?



.....

How do you like to celebrate our successes, both big and small?



.....

What are some ways we can show appreciation for each other's efforts, both at work and at home?



.....

How can we make our relationship a priority, even when business demands our attention?



.....

How can we infuse more fun and playfulness into our relationship?



.....

How has your upbringing shaped your views on work and relationships?



.....

In what ways do you think we balance our personal and professional lives well?



.....

What new experiences or adventures would you like to share with me?



.....

What are your favorite ways to express affection toward me?



How do you prefer to resolve conflicts, and how can I support you in that process?



.....

What hobbies or interests would you like to explore together?



.....

How can we better balance our activities to reduce stress and avoid burnout?



.....

How do you feel when you're at your most authentic self with me?



How do you like to express gratitude? How do you like me to express gratitude toward you?



.....

How do you feel about the level of transparency we have in our relationship and business?



.....

What are some light-hearted or fun traditions we can start as a couple?



.....

What role does faith play in your life and our marriage?



What is something you admire about how we handle challenges together?



.....

If money were no object, what would we do with our time together?



.....

How do you feel when we spend quality time together without talking about work?



.....

What are some triggers that lead to misunderstandings between us, and how can we avoid them?



How can we support each other's growth, both as individuals and as spouses/partners?



.....

What can we do to ensure we have quality time together outside of work?



.....

What are some things you're passionate about that you haven't shared with me yet?



.....

How can we turn our setbacks into opportunities for growth and learning?



What are some of the biggest lessons we've learned from working together?



.....

How can we ensure that our relationship remains the foundation of our business success?



.....

How do you like to unwind and relax, and how can we do that together?



.....

How can we continue to nurture our relationship amidst the demands of our business?



What legacy do you want to leave behind, both in our business and in our relationship?



.....

How can we create a safe space for open and honest conversations?



.....

What does self-care look like for you, and how can I help you prioritize it?



.....

How can we support each other in our respective strengths and weaknesses?



How do you feel our emotional connection has evolved since we started working together?



.....

What are some of the proudest moments we've shared as a couple?



.....

How can we continue to support each other in our personal and professional journeys?



.....

What are some ways we can surprise each other and keep the spark alive in our relationship?



WANT MORE CONNECTION?

You've spent several weeks connecting at a level deeper than you've experienced before - but that doesn't have to end, here!

You truly can move from: "This Business is killing our marriage" - to: "This marriage is energizing our business!"

Need more help? We are here for you. We work with couples one on one, or in small group settings to grow your marriage to be all it should be!

Reach out today via messenger at <https://www.facebook.com/Gen224Marriage>, email us at larryandsue@gen224marriage.com, or text/voicemail 618.946.4695

"Let marriage be held in honor among all..." - Hebrews 13:4

"Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh." - Genesis 2:24



Happy Connecting!

