

CREATE YOUR SOULFUL ART SPACE: A GENTLE GUIDE TO CLAIMING A CORNER OF YOUR CREATIVE SELF



Welcome, creative soul —

You don't need a whole room, a fancy desk, or perfect lighting to make magic. You just need a little space that feels like yours.

This guide is here to help you lovingly claim that space. To build a corner of your home that feels safe, sacred, and deeply inviting to your creative self.



LET'S BEGIN:



PERMISSION TO BEGIN SMALL

Your creative space doesn't need to be Pinterest-perfect.

It could be:

- A tray of supplies by the window
- A rolling cart tucked behind the couch
- A drawer that holds your brushes and dreams

This is your permission to begin imperfectly. What matters is that your creativity knows where to find you.



PROMPT:

What is the smallest simplest space I can claim today?

THE FIVE CREATIVE SPACE ARCHETYPES

We all have different energetic needs. Which one feels most like you?



The Nest

Cozy, cocoon-like, tucked away. This is the artist who loves warmth, softness, and safety. Think: candles, cushions, a blanket across your knees. Your creativity thrives when you feel comforted and held.



The Altar

1. Spiritually anchored, intentional and adorned. Your space may include crystals, oracle cards, a small bell or feather, and items that carry energy and meaning. Creating here feels like a sacred ritual.





The Studio Corner

Practical, functional, art-ready. You like clear surfaces, easy access to supplies, and being able to leave projects out to return to. This archetype craves efficiency and creative momentum.



The Wild Table

Messy, experimental, high-energy. You love spreading out, mixing mediums, and letting things get delightfully chaotic. Your space might not look tidy—but it's alive with possibility.



The Window Watcher

Inspired by light, nature, and flow. Your space is near a window, plant-filled, and bathed in sunlight or moonlight. You may pause often to gaze outside and reconnect with the rhythm of the world.



Prompt:

Which archetype am I most drawn to right now?
What would that space look like in my home?



WHAT A CREATIVE SPACE REALLY NEEDS

Just three things:

1. Safety — A place where you feel relaxed and unjudged.
2. Access — Supplies nearby, ready to use without fuss.
3. Signal — A visual or sensory cue that says, "It's time to create."

🌿 Mini Ritual: Light a candle. Place one supply in your space. Whisper, "I'm ready to return to myself."

That's it. You just anchored your space with presence and permission.



PROMPT:

**What makes me feel safe
enough to CREATE?**


WHAT THIS SPACE CAN GIVE YOU:



What happens when you claim a creative corner just for you?

- *You begin showing up for yourself in ways that ripple through your whole life
- *You release guilt and reconnect with joy
- *You feel safer in your home, your body, your heart
- *You remember: You are more than your roles. You are a woman who creates.



REMEMBER— THIS SPACE ISN'T ABOUT PERFECTION.
IT'S ABOUT PRESENCE. LET IT HOLD YOU—JUST AS YOU ARE.



CLAIM YOUR CORNER WORKSHEET

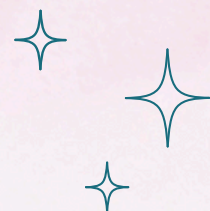
Grab a pen and your art journal and reflect:



- I feel most creative when...
- I feel blocked when...
- One object that inspires me is...
- I will know this space is mine when I see...
- My creative intention for this space is...



REMEMBER—YOUR SPACE DOESN'T HAVE TO BE BIG TO BE POWERFUL. IT JUST HAS TO BE YOURS.



PEEK INTO MY CREATIVE SPACE

Click to
see my art space.



You have made space. Now what do you do with it?

You have carved out your corner. You lit the candle. Now you are wondering:
What next? Which supplies go together?

That is why I created Supply Savvy- A gentle, beginner friendly course for women who want to feel confident in their creative practice. Learn what tools to use and how to create a soulful art practice.

Ready to create from the heart?

 **Special gift for you: Save NZ\$45 with code SS45OFF**

 [Join Supply Savvy now](#)

No pressure. Just presence. You are not behind- you are returning.

Connect With Me

