



@dr\_languages

Check the video for full instructions:

[https://www.youtube.com/watch?v=xRj\\_onVgIWQ](https://www.youtube.com/watch?v=xRj_onVgIWQ)



**DR LANGUAGES**  
BY DR ESTHER GUTIERREZ EUGENIO

# 3-Stage Fluency Tracker

Month/Week: \_\_\_\_\_

	<b>I can recognise it / understand it but I can't use it yet</b>	<b>I can use it but it requires a lot of concentration and I often make mistakes</b>	<b>I have started using it correctly without even thinking about it</b>
<b>Grammar Structures</b>			
<b>Vocabulary</b>			
<b>Pronunciation</b>			