
Code of Ethics – A Shared Commitment to Respect and Well-Being

General Principles

1. When we say “organization,” we’re referring to Vie Tai Ji, Tai Ji Life, WENDEN Taijiquan, and Maple Walk Method — four branches of one shared community.
2. All members of the organization are kindly asked to uphold this code of ethics, as well as the values outlined in the Quebec Charter of Human Rights and Freedoms.
3. By joining our activities, members and guests show their support for these principles and help create a safe and welcoming space for everyone.

Teaching Objectives

1. Our goal is to offer tai chi instruction in an environment that is safe, respectful, inclusive, and friendly—where everyone feels at ease and encouraged.
2. We’re here to support your physical and mental well-being through the mindful practice of tai chi.

Administration

1. If any concerns or conflicts arise, our administration team is committed to responding promptly and thoughtfully to help find a positive resolution.
2. From time to time, we may update this code to reflect the evolving needs of our community.

Instructors

1. Instructors lead with humility, professionalism, and care, always demonstrating techniques with calm and respect.
2. They strive to meet students where they are—honoring each person’s unique abilities and learning style.
3. If any behavior goes against our shared values, instructors will address it with kindness and clarity.

Students

1. We encourage students to arrive a little early so they can settle in and start class feeling grounded and ready.

2. For everyone's safety, please avoid attending class under the influence of alcohol or drugs.
3. To support a positive learning environment, we kindly ask students to let instructors lead corrections. If invited to assist, feel free to share—but otherwise, please refrain from correcting fellow students.
4. We ask that students share feedback constructively and avoid public criticism of instructors, fellow students, or the organization.

All Members and Guests

1. We respectfully acknowledge that our practice takes place on the traditional, unceded territory of the Anishinaabe Algonquin People.
 2. Let's treat one another with kindness, courtesy, and mutual respect—always.
 3. We celebrate diversity and are committed to inclusion, tolerance, and thoughtful communication.
 4. To protect those with sensitivities, please avoid wearing or using scented products during classes and events.
 5. Physical contact during practice should always be respectful, consensual, appropriate, and suited to each person's comfort and skill level.
 6. Sexual harassment of any kind is strictly prohibited. Everyone deserves to feel safe and respected.
 7. Discrimination or harassment based on gender, ethnicity, skin color, or any other protected characteristic will not be tolerated.
 8. If you experience or witness unresolved conflict, please bring it to the attention of our administration so we can support a resolution.
 9. We take these values seriously. Violations may result in appropriate consequences, including possible termination of membership.
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