



FREEDOM IS YOUR BIRTHRIGHT



5 STEPS TO RENEW YOUR MIND

GAL. 5:1 FOR FREEDOM CHRIST HAS SET US FREE



Have you ever thought, "If only I could get rid of past pain?" If so, this might be the most important report you read all year. Here's why...

HAVE YOU EVER SAID ANY OF THESE THINGS?

- I don't know how to get further in my healing journey.
- I don't know where to find real help.
- I don't want to keep repeating the same mistakes and useless behaviors.
- I wonder if this is as good as it gets.

If you can relate to any of that, then this special report is going to be life-changing for you.

WHAT YOU'RE GOING TO GET...

In this report, you are going to discover the top 5 ways to leave mistakes, useless behaviors and pain in the rear-view mirror fast!

Before I unpack the specifics, I want you to consider for a moment the results of doing nothing. Ignoring a problem doesn't make it go away. It makes the problem worse!

How bad could it get? Well, if you ignore the pain, current mistakes and behaviors, these are the long-term results you are likely to get:

- You will continue to feel as if you are inferior because of a lack of progress.
- The people in your world will miss out on the blessing you can become.
- You will never know the joy of your salvation as God wants you to.
- You will never know an abundant life.
- You will wish you did not pass up the opportunity to get free.

WHY SHOULD YOU LISTEN TO ME?

I used to live at your address. Life crushed me. I sought healing for decades but only found little bits of it. Then God showed me the way to freedom, and I never looked back. I wanted to help others, so I became a coach. I don't want anyone to wait decades when the answers are in front of us.

Now let's look at the top 5 ways to get free. If you will apply these specific steps, you will soon live abundantly, a blessing to others and be full of joy.

KICK SHAME AND WELCOME CONFIDENCE

1 When I met Patty, she was lacking confidence big time. She felt like she had little to add to others and apologized all the time, as if she should not be taking up space. I connected with Patty in a coaching session where I meet 1-on-1 with people suffering from shame and fear. I help them get free from the shame and fear that keeps them from their birthright for freedom. We identify the #1 obstacle to achieving their goal and map out an action plan to help them get the inheritance Christ died for them to have, including better relationships, inner truth, and genuine joy.

Patty almost didn't reach out to me because she had 4 kids, a job and little time. In talking to Patty, I discovered that her top constraint was a habit of invisibility due to shame, and I prescribed a specific course of action. Patty implemented the plan and stepped out of invisibility into confidence. She took a new job that challenged this area of her life and became one of the most valuable employees in that department. Patty has improved relationships because she can express her needs and ideas. She finally has the freedom Christ promised.

OVERCOME FAMILY SLAVERY

I remember the day clearly. I was teaching at a church and Judy was sitting in the front row. She sunk down in her seat, shaking her head. She saw the truth that day about how the bondage in her family was binding her. Judy suffered with this for decades.

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We strategized some ways to change the family dynamics concerning her. She did what we talked about and now she is free from the unhealthy family dynamic. This allows her to fulfill her ministry more effectively, spend more time with God and live in joy instead of being controlled by others.

CONQUER PAST PAIN, SHAME AND CONFUSION

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Kevin is a pastor who was not pastoring because of struggling with terrible hurt, which caused him to make decisions that led to even worse decisions and shame. He felt he needed to hear what God had to say, but he had not heard him in years and was confused. When I met Kevin, he was at the end of his rope and thought he could never solve the problem.

Kevin almost didn't reach out to me because of hopelessness. In talking to Kevin, I discovered that his top constraint was the pain and shame. I made three simple recommendations. Kevin implemented the plan and could see the way forward. Now Kevin pastors a church and feels full of hope and joy because he finally has embraced his inheritance.

4. CRUSH FEAR'S POWER

Delilah was a wreck. She told me she was so shattered she no longer knew what to believe about God, His people, and life. Because the Church hurt her, she had trouble drawing near to God. She was just putting one foot in front of the other. She knew she loved God, but that was it.



Delilah was treated so badly in the church, she was afraid to get help because she could not trust people, especially believers. As we spent time together, Delilah saw the answers, and she reconnected with God. The answers were simple, but pain and trauma obscured them. She no longer wonders what to believe about life, God, or the Church. Today Delilah is a joy filled lover of God. Once she knew in her head that God is with her, now it is the bedrock of her life.

5. STOP FALSE BELIEFS AND USELESS BEHAVIORS



When I met Betty, she was confident on the outside and dying on the inside. She felt defective and less than others. The markers of her life were unhappy memories. When she thought of her childhood, everything seemed dark.

Betty was used to feeling this way and almost did not reach out because this was her normal. But similar things happened in her life as an adult and the old hurt came rushing back. With the new hurt, it was too much. As I worked with her, she discovered false beliefs and useless behaviors were hampering her freedom and joy. With a blueprint for a new plan of action, she is free from self-doubt, fear, shame, and false beliefs. Now Betty is full of joy and her renewed mind keeps her from the pitfalls of the past. She is free and feels peace, God's presence, and brings God with her wherever she goes.

If you want to get free, leave the past in the past and live in joy. Follow these five steps, and if you want to get these results even faster, I invite you to book a free 1-on-1 Birthright Freedom Session with me.

On this fast-paced call we'll look at your background, experience and current situation, and we'll see what's possible for you in terms of freedom from past hurt in the next year. We'll examine what you're doing now and find out what's working and what's not. We will identify the #1 thing holding you back from having the freedom and joy that you want to have and map out a plan to get you where you want to go faster. You'll leave the call feeling clear, confident, and excited about taking your birthright to the next level.

To schedule your free Birthright Freedom Session with me, [click here](#)