



ANTOINETTE MARY

EMPOWERED PROSPERITY SUITE

A Sacred Entry Point to Align,
Receive & Rise



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WELCOME

Empowered Prosperity Suite



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“When you start to take care of your energy, your energy starts to take care of you” -Danielle Doby

✦ Welcome, Divine Woman ✦

You didn't land here by accident.
You arrived here because something within
you is ready to rise—

**This suite isn't just another download.
It's your sacred entry point into a new rhythm—**

Where you lead from alignment, not exhaustion.

**Where prosperity begins within,
not through pressure.**

**And where your energy becomes
your greatest asset.**



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“When you regain a sense of your own beauty, you begin to see it in all things” - John O'Donohue

YOUR PATH TO PROSPEROUS ALIGNMENT STARTS HERE

This is not about doing more.
It starts with presence. Rhythm. Devotion.

INSIDE, YOU'LL FIND POWERFUL PRACTICES TO HELP YOU:

- Anchor into your truth
- Move from purpose—not proving
- Expand your capacity to receive—without the burnout

Because Here's the Truth...

You don't create prosperity by forcing or chasing.

You create it by *leading from your frequency*—

This Suite is here to help you to do just that.



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"Prosperity isn't outside of you. It's within you, waiting to be held" -Antoinette Mary

WHAT YOU'LL EXPERIENCE INSIDE:

The Daily Prosperity Ritual

A grounding practice to align your energy before the day begins.

The Prosperity Expansion Activation

A gentle check-in to reset your field with clarity.

10 Days of Prosperity Embodiment Affirmations

Energetic reminders to help you return to your truth.

The Ritual Library

- **Morning Frequency Ritual (Audio)** - A short, guided audio to help you lead from alignment, not reaction.
- **Foundations of Embodied Prosperity (Video)** – A powerful opening activation to shift how you lead and receive.



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"She remembered who she was, and the game changed"
-Lalah Delia

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MORE THAN JUST PRACTICES

These aren't tasks

They're rituals of return—
Created to help you lead from energy,
not overwhelm.

Take a breath

You already hold the power.
This Suite is just here to remind you.



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"You are magnetic beyond words. You are powerful beyond measure" -Antoinette Mary

A PERSONAL NOTE FROM ANTOINETTE MARY

Divine Woman,

I see you. I see the part of you
that's held so much.

You've always known you were meant for more—
but weren't sure how to hold it without losing yourself.

You don't need to do more.
You just need to return to the woman you've
always been.

Let this space remind you of what's always been
inside you. Let it anchor you in the quiet knowing that *you
were made for this.*

You are not broken. You are becoming.

I'm so honored to walk this path with you.

Let's rise.

With love, devotion, and divine fire,



Founder of the Ascend Into Prosperity Method



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PORTAL 1

The Daily Prosperity Ritual



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"The way you start your day determines how you live your life" - Louise Hay

THE DAILY PROSPERITY RITUAL

A GROUNDING PRACTICE TO START AND END YOUR DAY IN ALIGNMENT

This is more than a planner.
It's your daily ritual of remembrance.

**A simple way to pause, return to your energy,
and lead from the woman you're becoming.**

You don't need to force.

You just need to remember.

LET THIS BE YOUR ANCHOR.

LET IT BECOME YOUR RHYTHM.



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*“Ritual is the formula by which harmony is restored”
-Toni Morrison*

THE DAILY PROSPERITY RITUAL

MORNING INTENTION SETTING

Prompts:

How is my focus today?

How do I desire to feel as I move through the day?

One thing I'm grateful for right now:

Today, I choose to lead with the frequency of:

My aligned affirmation:

(e.g., 'I am aligned, abundant, and focused'):



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“When your energy is aligned, your life responds”
-Antoinette Mary

THE DAILY PROSPERITY RITUAL

MIDDAY CHECK-IN

How aligned do I feel in this moment: On a scale of 1–10?

SCORE

Energy Realignment: Where am I slipping into old patterns?

One shift I can make right now to re-calibrate:



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*“Let what you do be an expression of who you are”
-Eckhart Tolle*

THE DAILY PROSPERITY RITUAL

EVENING REFLECTION

What felt expansive today?

What am I proud of myself for?

What am I grateful for now?

What am I ready to release?



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“You don’t need to do more. You need to come home to yourself” -Antoinette Mary

THE DAILY PROSPERITY RITUAL

LET THIS BECOME YOUR SACRED RHYTHM

When your energy is aligned—
everything responds.

YOU DON'T CHASE.

YOU CALIBRATE.

YOU HOLD.

YOU RISE.





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PORTAL 2

*The Prosperity Expansion
Activation*

