



The WELLTH Edit

Vision Board Night

The perfect guide to host a night of clarity,
connection, and intention.

WELLTH
HEALTH IS WEALTH

Why Host a Vision Board Night?

First of all... Why Not?

A vision board night is a gentle pause — a moment to reflect, reset, and reconnect with what truly matters.

Hosted the WELLTH way, it's not about pressure or perfection.

It's about creating space for intention, balance, and shared presence.

do it for your
future self 2026
IS MY YEAR

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Vision Board Night Snack Ideas

Choose easy and chic snacks to prepare, even some pizza&wine combination can do perfectly for this night. Here are some ideas:

- Chocolate Strawberries
- Cheese board
- Mini burgers / Hot dogs
- Candy board
- Pizza
- Wine or your fave drink

Set a food station so you don't mess up the Vision Boards.

The Flow of the Evening

1. Arrive and unwind. Phones off, presence ON.
2. Set Intentions: Invite quiet reflection before creating.
 - a. How do I want to feel this season?
 - b. What does balance look like for me?
 - c. What kind of energy am I inviting in?
3. Create Freely
4. Optional sharing

Making space for intention is an act of self-respect.

Sharing that space with others makes it meaningful.

This is WELLTH —
where clarity and well-being lead the way.



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