



Hi, my name is Steve Adams and I am the founder and CEO of Tiger Medical Institute. And this video is meant to explain more about our preventative concierge medical membership program that you may have read about in one of our materials. Let me first tell you a quick story, seven years ago when I was in my early fifties I was really sick.

I had acid reflux. I had IBS, I had pain all over my body. I was anxious. I wasn't sleeping well. I had very high inflammation throughout my body and we would relate or learn that was pretty dangerous for me because of my genetics, especially around the cardio side. And I had been trying to find some answers for.

Several years in the traditional medical system, and it just wasn't working because I wasn't technically diagnosable with a disease yet. And so there were limitations on what could be done. And I'm not saying anything bad about our traditional healthcare system. It's just designed for sick care.

And I was trying to get ahead of this. We had a bad family history of heart disease and cancer, and I wanted to do better than my parents. Okay. Frankly, in terms of health outcomes. I ended up selling my company and I ended up taking a year and a half and going on a journey and trying to find solutions.

And I was able to find an innovative doctor on the West coast. Who is now my partner along with another doctor who does the same kind of medicine. And I was able to work with this doctor and in about nine to 10 months, he was able to not only find the multiple things that were not optimal in my health that were not showing up in the traditional systems testing regime.

He was able to optimize all those numbers primarily through lifestyle modifications and health habits. There were some treatment things that he did but I found it to be incredible because it was all virtual. I was, I never had to leave my home other than to go to a local labcorp quest. And I met periodically with this doctor.

He would give me things to read and then I would implement and I just got better. My pain is gone. I have no anxiousness anymore. I sleep great every night. My reflux was cured in about five months. I don't know what else. I had several genetic markers that had a role in why I was anxious and he was able to supplement and treat those through supplementation.

And I just realized at that moment that there are so many people who have businesses, they have leadership roles and they're not showing up as the best version of themselves at work or at home, it's affecting their, Business outcomes, it's affecting their relationships. And I believe with all my heart that.

After watching how my relationships improved and my business outcomes improved that this is something that we could bring to the world. And we have, and it's now we're in our fifth year. And I just want to encourage you to take the next step. What is it? It is very simple. You're going to be guided by a physician who is trained in basically cellular based medicine, functional medicine, root cause medicine, meaning whereas the traditional system comes top down, finds a disease or a pathology, and then treats it typically through pharmaceuticals.

And that, what that does is it makes things better, but it's managing the condition. It's not actually getting it. What is causing it? It's what's the underlying mechanism. That's where our doctors, they come from the bottom up and they're looking at inflammation, oxidative stress. They're looking at hormone balance.

They're looking at microbiome balance. They're looking at environmental factors. All of these things will lead them to clues and they're able to correct the underlying root cause, and then you actually get better. Okay. And so that's the difference. And it's a process and a system that they implement over the course of 12 months that when the patient shows up, when they follow the process, they trust the process, they get better nearly every single time.

Occasionally we have someone that needs more specialty help and we send them there. So. That's what it is. It's a preventative concierge medicine program. You have access to the doctor through texting and email. You work with the doctor for a whole year and they find out what are the underlying root causes of why you feel the way you do, and then you get better as you apply it.

And so it's really a great process. I'm very proud of it. I'm proud of our team. And, it's not hard. A lot of people fear these things. And it's basically you take baby steps and you build wins on top of wins. And we have a very simple process. We do testing. Then based on the mosaic of data that we get in testing, we customize a plan for you.

And then third, we help you implement it. And that is in the form of the doctor meeting with you one on one, but we also have a portal with our eight health habits masterclass that you can do online at your own pace, and then we have weekly live group health coaching, where you can actually talk to a person.

Whose focus is on helping people make lifestyle changes. Those three elements, those elements are what make up the process and the membership. I would encourage you to take that next best step. Okay. For a lot of people, they just get on a call and that is in the document that you saw to get to this video, you can book a call there or.

Some people go to our website at www.tigermisomi.com, and you can also buy for \$299 a small first step investment, our true or not, our optimal health assessment. And we're going to send you a kit to your home. You prick your finger usually within seven to eight days. After you send that in, we have the results, then you'll meet with me and we'll talk about where you are and it's limited. It's looking at your blood work only. We test a lot of other areas, but at least it gives you a start on your metabolic health. And from there I can explain further how what we do would help you achieve your goals because at the end of the day, all right.

What you're buying is certainty of outcome. You're buying biohack from 10 different gurus. You're buying a guide who will take you on a journey and give you the results you're looking for. And then you're going to be able to show up as the best version of yourself. And when you do everything and everyone around you gets better.

So I want to thank you for watching this video. I want to thank you for considering what we do at Tiger Medical Institute. And I encourage you to take that next best step for you today. Thank you.