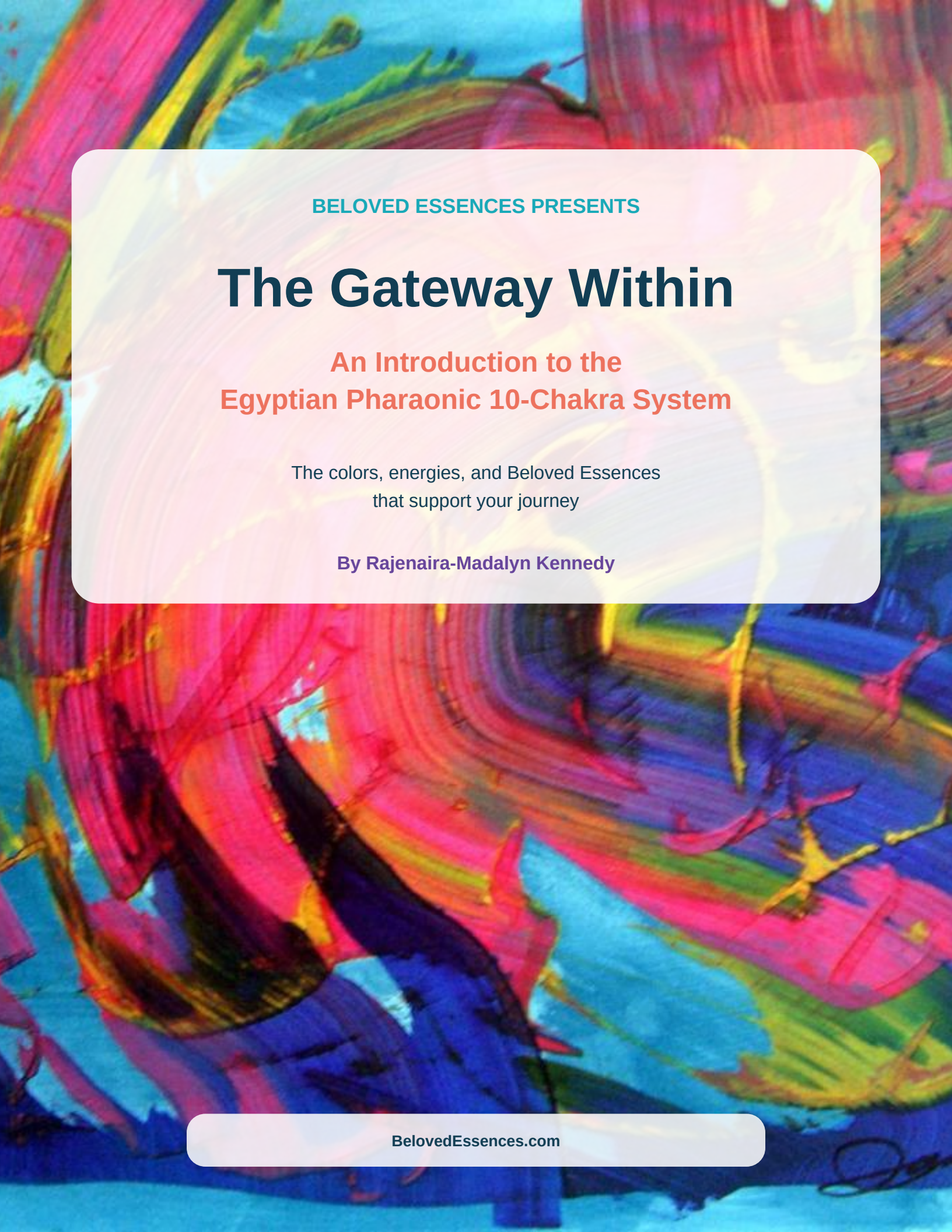




BELOVED ESSENCES PRESENTS

The Gateway Within

An Introduction to the Egyptian Pharaonic 10-Chakra System

The colors, energies, and Beloved Essences
that support your journey

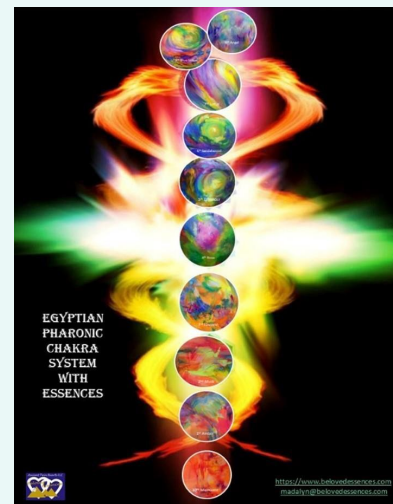
By Rajenaira-Madalyn Kennedy

Welcome to the Gateway

You are more than your physical body. You are also surrounded and supported by a living field of energy - and your chakras are part of the way that energy moves, communicates, and responds.

This short guide introduces the ten energy centers used in the Egyptian Pharaonic Chakra System connected with the Beloved Essences. These ten are not the only chakras that exist. They offer a clear place to begin - from deep grounding beneath your feet to expanded awareness above your head.

The goal is not to memorize everything. Let this be an invitation to notice what you feel, trust your own inner guidance, and become more familiar with the language of your energy.



A note from Madalyn

You do not have to feel, see, or understand every energy for your practice to be meaningful. Begin gently. Pay attention. Allow your relationship with Spirit and with your own energy to unfold in the way that is right for you.

- Rajenaira-Madalyn

Meet the 10-Chakra System

Each essence carries its own fragrance and energetic intention. The pairings below form the pathway introduced in this Gateway edition.

10	Earth Star - below the feet Grounding, returning, and reconnecting with the Earth	Main Gate
1	Base / Root Calm, grounding, and connection with inner strength	Amber
2	Sacral Creative, emotional, and life-force energy	Red Musk
3	Solar Plexus Confidence, upliftment, and personal power	Jasmine
4	Heart Love, compassion, optimism, and emotional ease	Attar of Roses
5	Throat Clarity, expression, relaxation, and release	Lavender
6	Brow / Third Eye Wisdom, meditation, and inner vision	Sandalwood
7	Crown Enlightenment, spiritual awareness, and meditation	Lotus
8	Heavenly Chakra Alignment, communication, and expanded awareness	Rare Blue Lotus
9	Universal Eye - above Third Eye Upliftment, higher connection, and the sense of I AM	Angel

Important: Angel is traditionally paired with Main Gate so that upliftment is balanced with grounding.

Begin Gently

Beloved Essences are highly concentrated aromatic essences used as spiritual and energetic companions. If you are sensitive to energy or fragrance, less is often more.

1

Choose one

Begin with the essence that draws your attention. You do not need to use all ten at once.

2

Pause and notice

Smell it gently. Notice your breath, your body, your emotions, and any inner nudge that arises.

3

Apply with intention

Use only as directed. Traditionally, a small amount may be placed near the related chakra area or along the inside of the forearm.

4

Give yourself space

Allow time before adding another essence. Your experience may be subtle, immediate, or simply peaceful.

5

Ground after expanding

When working with Angel or higher-chakra energies, include Main Gate to reconnect with your body and the Earth.

6

Follow your guidance

Your needs may change from day to day. Let your own inner guidance remain part of the practice.

Always follow product directions. If you are pregnant, nursing, managing a medical condition, or sensitive to fragrance, consult an appropriate healthcare professional before use.

A Simple Gateway Practice

Ground. Breathe. Listen. Receive.

Five quiet minutes can be enough to begin noticing your energy.

GROUND

Place both feet on the floor. Imagine Main Gate beneath you, connecting you safely with the Earth.

BREATHE

Take three slow breaths. Let your shoulders soften and allow yourself to arrive in the present moment.

LISTEN

Ask quietly: Which part of me is asking for attention today? Notice the first feeling, color, word, or knowing.

CHOOSE

Select one chakra or essence. Hold a gentle intention rather than trying to force a result.

RECEIVE

Sit for a moment without judgment. You may want to write down what you noticed before continuing your day.

Your experience does not have to look like anyone else's.

The Gateway begins with learning to hear your own inner guidance.

YOUR NEXT STEP

Continue Your Chakra Journey

Reading about the chakras is one way to understand them. Experiencing their colors, movement, and energy is another.

Your goddess-guided chakra meditation invites you to slow down, follow the colors, and reconnect with the wisdom already living within you.

EXPERIENCE THE CHAKRA MEDITATION

Egyptian Chakra Goddess Meditation

EXPLORE THE 10 CHAKRA ESSENCES

Created with love by Rajenaira-Madalyn Kennedy

Beloved Essences

madalyn@belovedessences.com | BelovedEssences.com

For educational and spiritual-wellness purposes only. This guide is not intended to diagnose, treat, cure, or prevent any medical condition.