

Beauty Base Video Tutorials



Finding Substitutions

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In this video, I'm going to show you how to use the Beauty Base to find substitutions for oils and butters you might find in a recipe. Maybe you don't have the ingredients and you're looking for something similar you can swap out. I'm actually going to do this in the Snapshot View. And say you are looking for a substitute for grapeseed oil. So the first thing you're going to do is you're kind of going to pull this up and you're going to look at, number one, if you're worried about comedogenic grading whether it's going to clog your pores.

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You're going to look at the absorption rate and the viscosity. You know, what this oil can do for the skin. This is really going to be specific to what you are concerned about. Like for me, I want to make sure it's not going to clog my pores first and foremost. So I'm gonna find another oil I can use instead, number one, that will not clog my pores. The other thing about grapeseed oil was, it's a fast absorbing oil, so it's not going to leave a greasy feel on the skin.

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Let's see, what other things are important to me about this oil? So see, this is an astringent or a drying oil. It's toning and firming. So I'm going to go in here and I'm going to add a condition. I'm going to find another oil that is pretty fast absorbing and then in the Properties, find another oil that is astringent and drying and also Toning. So let's see what we have now.

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So now we have, let's see, we have six options that we could use, and very easily swap out grapeseed oil in a recipe. So when you're doing this, I just recommend you pay attention to the things that are really important to you. And absorption rate is another one that's gonna affect the final consistency of a recipe. Also the viscosity as well and just pay attention to whether your oils are heat sensitive as well. So that is just a fun trick that you can use to find alternatives for oils and butters in recipes. If you don't have them on hand but you still want to make the recipe.