

Speaker 1 ([00:00:42](#)):

Hey, you're muted.

Speaker 2 ([00:00:56](#)):

How

Speaker 3 ([00:00:56](#)):

Is everyone doing this week?

Speaker 2 ([00:00:58](#)):

Pretty good also. I like your mug. It's funny,

Speaker 3 ([00:01:02](#)):

I bought this last year when I had one month old twins and I was like, I think I need it. It's very good. How's everybody's week been?

Speaker 2 ([00:01:18](#)):

Better than recent weeks for me. I'm feeling more hopeful. I've started on a new antidepressant and I'm tapering off the old one.

Speaker 3 ([00:01:27](#)):

That's great.

Speaker 2 ([00:01:29](#)):

So I'm hoping that that is good. I had a good therapy session yesterday. Oh, good. And it looks like my car repair is going to cost hundreds instead of thousands.

Speaker 3 ([00:01:43](#)):

Oh, that's always the best. It's the best.

([00:01:47](#)):

We are hopeful. My mom came over last night so that we could bake Christmas cookies and it was super fun, super cute. And then I was heating something up in the microwave and I heard this clicking sound and I'm like, I thought maybe because the dishwasher was running. I was like, maybe a fork got loose or something. I don't know. And then I was like, it's not coming from behind me. It's coming from under me. And it was our oven, which was on fire, little fire, but fire inside. So we just closed the door and we're like, but we're hopeful that it's not the whole oven that needs replaced. That's just not going to happen. We just won't use an oven for a year. We can't afford that, but that's fine. I don't do a lot of cooking or baking, to be honest, but we're hoping it's the heating element and that apparently is relatively cheap to replace, so fingers crossed. Yeah. Buyers. I am a menace. I am truly cursed in the kitchen. One time I burnt food so badly that the non-stick coating came up into the food and we ate it. My mom was at work and my dad didn't know better and I didn't know I was 15. I don't know. So we ate it. We lived we're fine. But wow,

Speaker 2 ([00:03:08](#)):

You lived. I was going to be like, did you die?

Speaker 3 ([00:03:11](#)):

Yeah, right. So that happened. We on Black Friday one year, my then boyfriend, now husband came over and we were making homemade guac and homemade chips, and so we're heating up oil and it got too hot. So my husband was like, oh, I'll just move it off the burner. And I was like, oh, it'll cool faster if I take the lid off because I'm an idiot. And so take the lid off. We completely melted. My mom's microwave just melted it. My dad has welding gloves for some reason. I don't think he's ever welded, but he has them and so he just picked up the fire and put it outside and it burned for hours. Like I'm a menace.

Speaker 2 ([00:03:49](#)):

You should touch hot things.

Speaker 3 ([00:03:51](#)):

No, I'm not supposed to cook. And it makes my mom so sad. She loves cooking, loves cooking, baking, all of it. And I just first of all, couldn't care less. As long as I eat good food, I don't really care who makes it and I don't even need good food. I need chicken, rice, broccoli, and a sauce. And I'm good for every day of my life. I

Speaker 2 ([00:04:14](#)):

Wish I need some kind of variety, but a variety of rotating safe foods that I like.

Speaker 3 ([00:04:23](#)):

That's true. I discovered a new one. Tomato Parmesan bisque is a new, we've had that six times in the last month. I swear. It's so good though. I love that.

Speaker 2 ([00:04:34](#)):

For you, you could teach a cooking class for healthcare CEOs.

Speaker 3 ([00:04:40](#)):

Yes. I could be like the person, I'm like, okay,

Speaker 2 ([00:04:43](#)):

I'm going to cook and you need to everybody light your deep fryer on fire and I'm going to lock the doors and it's fine. And then just you take care of that.

Speaker 3 ([00:04:57](#)):

That fire was such a shit show because I'm trying to think. So many things went wrong. There was the fire, we dumped a whole thing of salt on. It didn't matter. It was just going. And then the oven, the microwave was melting, so there was just hot plastic just on the stove too. So that was a whole hazard. And then there was smoke everywhere. Or maybe my brother, somebody went to open the kitchen window and knocked over the knife block. So now there's knives on the floor. It was so it was a three Stooges skit. It was hilarious. Out of

Speaker 2 ([00:05:34](#)):

A comedy.

Speaker 3 ([00:05:36](#)):

Looking back, it's one of the funniest things that's ever happened in the moment. Our fire department is a block down the road, and I was like two seconds from calling. I was like, this is getting out of hand. Oh my

Speaker 4 ([00:05:49](#)):

God.

Speaker 3 ([00:05:50](#)):

Oh boy. I should have just called it. Fire is not like ambulance. I won't get charged a blue million dollars for calling the fire department. I don't think so. I don't think they charge you.

Speaker 2 ([00:06:03](#)):

That'd be great. I just assumed that calling 9 1 1 for anything was going to bankrupt me.

Speaker 3 ([00:06:10](#)):

Yeah, that's fair.

Speaker 2 ([00:06:11](#)):

The best country in the world.

Speaker 3 ([00:06:14](#)):

Oh, the best. We love it here. It's the worst. Okay. I know a Tom says that he's on his way, so we will save his certificate for when he gets here. But happy graduation. Yay. You guys did it. You did the whole course and you came Oh ton's here. Hooray. You came to as many of the meetings as you could, and hopefully you've been able to peruse the course at your leisure and everything. That's yours to keep by the way. So if you're like, oh, I haven't had a chance to look, it's yours. So take your time, read it as many times as you like. Preferably. Don't share it outside of this group if you can help it. Obviously if you have a partner or something and you're like, look at this, that's fine, but maybe don't disseminate it elsewhere. Let's see. I don't know. Do you guys have thoughts about the program or anything that's changed for you since we started or anything like that that you guys want to chat about?

Speaker 2 ([00:07:12](#)):

I loved it. You should sell it harder. You should do more. It is so important to separate leftism from money is the root of all evil,

([00:07:27](#)):

And you do that very well because a lot of, I keep ranting about this, but a lot of leftists, romanticized poverty and demand that everyone else stay in poverty as well in order to be doing good work. And that it creates so much shame and stops people from talking about their very important messages. And so taking this course has helped me realize that it's okay to charge money for things. I have decided to reduce my prices, so I have a new mutual aid pricing structure that I'm very excited about. But yeah, just in general, this is great and you should do it more.

Speaker 3 ([00:08:16](#)):

Yay. We're doing it again in February, so if you've got friends who want to do it, let them know. No, I think that's great. I think something that's just occurred to me too right now, I don't know why it took so long for it to sink in, but a lot of leftist spaces are not super parent friendly. And I think the

romanticization of poverty is part of that because when you have kids, there's nothing romantic about your kid going hungry, yourself going hungry. I guess you can romanticize that, but when your kid goes hungry, you're just a bad parent. I mean, no, there's way more nuance than that, but you know what I mean, you feel that way. And so I think that's something that the leftist space, we need to make room for parents as well. But I think there are lots of ways to arrive at the conclusion that poverty is not something to romanticize, but parenthood will do it pretty quick for you. Yeah. I'm so glad that you've liked the program. I'm so glad that you've got a lot out of it. That's wonderful. I

Speaker 2 ([00:09:22](#)):

Haven't gone through the notion much at all, but I intend to.

Speaker 3 ([00:09:28](#)):

It's there. There's very practical homework stuff, so if you're ever like, I need to work on my money mindset, but I don't really know what to do to work on my money mindset, just peruse the notion.

Speaker 2 ([00:09:38](#)):

Love it. Batan is very busy. I love it. What are you doing?

Speaker 5 ([00:09:50](#)):

I just Frankensteined together a new boom arm for my microphone and I'm trying to get it to a reasonable place. I definitely added some aftermarket brackets that I just found in my garage and yeah,

Speaker 3 ([00:10:10](#)):

I love it. That's amazing.

Speaker 5 ([00:10:12](#)):

Apropos of nothing, I'm not a streamer or anything. Just it was driving me crazy because Follow the dopamine, right?

Speaker 1 ([00:10:20](#)):

Yes,

Speaker 5 ([00:10:21](#)):

Yes. No, I just wanted to, I completely agree with what Caitlyn said. I think a huge benefit of it was the sense of community, even if it was primarily just the four of us online. Hi Georgina, I see you there. It really felt, and then again through the Voxer app and whatnot, having that connection really felt tremendous.

Speaker 3 ([00:10:49](#)):

I good. Yeah, I really wanted this to be a community focused program for sure. So I'm glad that we had our core group of folks attending as much as they could. And I know we've got replay lurkers. I see the replay numbers, so we've got some lurkers. Hello lurkers.

Speaker 5 ([00:11:14](#)):

You know they're going to have a shock when they watch that later on.

Speaker 3 ([00:11:18](#)):

Yeah, they'll be like, wait, she's talking to me. Yes. Hello. I'm actually going to do everybody's certificate, graduation certificate so that the lurkers can see what they got. And I'll email you guys your certificates as well. But yeah, how about you, Georgina? Any thoughts?

Speaker 4 ([00:11:37](#)):

Yeah, sorry. I loved the program. I actually was trying so hard to manifest something like that, and when I saw it, I was like, oh my God, life doesn't hate me. Because yeah, it was exactly what I needed and it was, I don't know, I thought it wasn't possible for me to get that kind of support. And yeah, I've been feeling so grateful that for all the things that we've worked on, for all the things we've learned together, yeah, it's one of the best things of this sucky year, if not the best. So yeah, I'm so happy.

Speaker 3 ([00:12:23](#)):

I'm so glad. Yay. Sorry, I didn't mean to be like, tell me how great the program is. I just mean I'm glad that you guys have got something out of it and it's felt good for people. Let me show you guys your certificates. I'm so excited. So first we have Georgina. Georgina gets the perfect attendance award. Yay. Georgina, I think you have attended every single call Georgina has attended. We did a one-on-one Voxer thing, and Georgina attended every single one of those. So this is given to Georgina for her perfect attendance of the October 20, 24 round of making money as a leftist. Here's my little fake signature in your little award, so I will send this to you, but yay, Georgina. And I know perfect attendance can feel trite sometimes, but seriously, it takes effort to show up for everything in a program like this where there is considerable, there's meetings and Voxer, and you were there for literally all of it. And that's just very impressive and you're very cool.

Speaker 4 ([00:13:26](#)):

Thank you. I love that.

Speaker 2 ([00:13:29](#)):

What's the font that perfect attendance is written in?

Speaker 3 ([00:13:33](#)):

Let's find out. Aton got the Non-Problematic Man award. Let's see what that font is. Zel Decorative.

Speaker 2 ([00:13:43](#)):

Oh, it's in one of my author's brand kits. I'm like, that looks really familiar.

Speaker 3 ([00:13:51](#)):

Yeah, Elle's a pretty one. I like Zel a lot. But yeah, AAN got non-problematic man given to AAN smelter for his non-problematic behavior as the, I think singular man in the October 20, 24 round of making money as a leftist.

Speaker 5 ([00:14:05](#)):

I love this so much. Thank you.

Speaker 1 ([00:14:14](#)):

Let's

Speaker 3 ([00:14:15](#)):

See.

Speaker 5 ([00:14:17](#)):

Add that to my professional credentials.

Speaker 3 ([00:14:18](#)):

We award the most vulnerable for sharing parts of themselves in this container in a way that is very brave, and we have appreciated your sharing very much.

Speaker 2 ([00:14:32](#)):

I'm glad. I definitely felt like I was taking up too much space.

Speaker 3 ([00:14:37](#)):

No, no such thing. No. People get stuff out of it like Aton and Georgina. Did you get something out of Caitlin's sharing?

Speaker 5 ([00:14:45](#)):

100%. Yeah. Every time.

Speaker 3 ([00:14:47](#)):

Yeah, every time. Yeah. You further the group by being your whole and authentic self. So Jasmine has attended one or two meetings. She gets the behind the scenes batty because she is actually my virtual assistant as well. And she is the one uploading your replays and making sure this program works. So Jasmine, if you're watching this, hi, we love you so much. Let's see. Then we've got Eliza, who I don't think has been able to make it live, but she's our asynchronous ace. I believe she has watched the most replays out of anybody. So we're going to go, Eliza, if you're watching this one. Nice. And then we have Dana, who I don't think Dana's been able to make it live, but we have been doing Voxer a lot. So they are the Voxer victor. This is for their excellent use of our personal Voxer hours and yeah, way to go if you're watching this. Nice. Okay, well, that's the certificates. I just thought that would be,

Speaker 2 ([00:16:02](#)):

Those are so cute. Amazing. Yeah,

Speaker 5 ([00:16:04](#)):

Super cute.

Speaker 2 ([00:16:07](#)):

I did a summer camp program this year, and then only one person came consistently and I was kind of heartbroken about it, but I was going to do camp badges and stuff, and then it just didn't work out that people were coming, so I didn't have any data to make them a badge, but this gives me help that even if I have a small group and not everybody comes, I can still make cute badges.

Speaker 3 ([00:16:33](#)):

Oh, for sure. For sure. Definitely. Even people who don't come live are often participating in their own way. And if they're not, that's something I'm navigating in. One of my other programs is people are less,

people in this program have been pretty engaged. Even the people who can't come live have been doing the Voxer or watching the replays, but in one of my other programs, people are not doing the things and I'm like, you paid for this. What are you doing? But I have to shift that or I think it would be more helpful to shift that from why are you not doing anything to, how could I make this easier? How could I remove friction? So we're working on that. I've been thinking about doing a private podcast for replays because I know a lot of people prefer podcasts over having to stream video while they're driving or something.

Speaker 2 ([00:17:26](#)):

Oh, yeah, that's a good idea. I had a private podcast and then the tool that I used to host my private podcast died. And Hello, audio is so expensive. And so now I'm just like, I guess it doesn't exist anymore. I need to make sure I take it off my website.

Speaker 3 ([00:17:44](#)):

Let me look at the tool I use. I don't remember exactly how much it costs. I was like, I can afford this, so I did it. But let's see. I hate when they do that. They're like, if you pay yearly, it's this much a month. And I'm like, okay, but then how much is that a year? And they don't tell you, yeah, this is \$204 for a year. I don't know if that's in your budget, but it's up to 30,000 downloads per month. You can have unlimited podcasts, unlimited storage. It's called Captivate. I really, really like it so far. The backend is gorgeous and so easy to use. And I have three private podcasts, I think. So I got into this a month or two ago and I'm like, this is my new favorite thing. Everything's going to be a private podcast from gala.

Speaker 2 ([00:18:39](#)):

If I could use it to sell things and get a return on that \$200, that would be an easier investment. But so far it's like, oh, I guess I could maybe do that. So maybe not, but maybe soon. Maybe later. Yeah.

Speaker 3 ([00:18:59](#)):

I used it as a replacement for my social media since I stepped away from socials. I was like, I'm going to do a private podcast instead. I'm only going to advertise it to my old social followers and to my email list. I'm not putting it out for randos to find. And it's been very cathartic. I recorded love that idea. It's been nice. The night before Thanksgiving, I took a shower, took a gummy, and I was like, hi guys. I am just going to talk for a bit. I have no clue what I talked about. And I literally titled it, took a gummy, did some talking, and that was it. And I haven't been able to be that real in front of anybody in a long time. So it's been nice.

Speaker 2 ([00:19:40](#)):

All right. I might need to find \$200 because I have decided that me on a gummy is actually my CMO. That one's in charge of marketing because that's when I'm not getting all anxious and in my way about stuff. But I also have recently, I took gummies on Thanksgiving. Aton might know because I wrote about this on my Patreon. I took too much gummies on Thanksgiving and accessed deep lore in my brain about my anxiety, and I realized that I've been living with way more anxiety than I thought. So that's been fun. I went to therapy yesterday and I was like, I just thought everybody had low level anxiety feeling like a burden and they shouldn't take up any space. And Jared's like, that's not low level anxiety. And I was like, yeah, that's hardcore shame is what it sounds like to me. It is. So he was like, I want to do more inner child work, but I'm going to put a pause on that because I want to go get some continuing education and inner child work to make sure that we're doing it right. And I was like, oh, I'm presenting a serious problem.

Speaker 5 ([00:20:54](#)):

You're offering him an opportunity for growth, which is

Speaker 2 ([00:20:56](#)):

Outstanding. I did. I said, you're welcome for the continuing education credits.

Speaker 5 ([00:21:00](#)):

There you go.

Speaker 2 ([00:21:02](#)):

It was a hard therapy session because I really stayed on task and did not divert us down a DHD Pathways and me making funny jokes to avoid my problems. He got to see the real me. I love my therapist. He's the best therapist I've ever had, and I'm so annoyed because he's a 30-year-old white queer man, and I'm like, you're a child. You're a baby. Because for some reason I just assume everybody is exactly my age. And if you're younger, then I'm appalled, but it's fake appalled. I just need to have something. Does anybody else feel, are we all in our thirties? How old are we? I'm 30. Exactly. Child,

Speaker 5 ([00:21:49](#)):

Right?

Speaker 2 ([00:21:50](#)):

What are you?

Speaker 5 ([00:21:51](#)):

44 just turned.

Speaker 2 ([00:21:52](#)):

Okay. I was like, I don't know if that was, you look like, oh, it was a four and a four. I thought it was a three and a four, and I was like, I don't know if you're 43 or 34.

Speaker 1 ([00:22:00](#)):

Yeah, 34.

Speaker 2 ([00:22:03](#)):

Four. Okay. Well, I'm 36. Do you guys still feel like children trying to figure out how to be grownups?

Speaker 1 ([00:22:11](#)):

Yeah. Yes.

Speaker 3 ([00:22:12](#)):

Yes and no. I will say I feel that way internally until I'm actually around a teenager and I'm like, oh, I'm not that anymore though. I'm actually not. I feel that way, but I am not, and that is helpful. Sometimes I need to be around some teenagers

Speaker 2 ([00:22:30](#)):

Because I wouldn't recommend it. They're terrible. But yeah, it's scared of them. But I also think that I would do great in teen art programs. I want to do programs with teens, but they scare me so much and I'm like, they're just going to bully me. And I can't go home crying because a 12-year-old called me fat. I can't do it. I did it when I was,

Speaker 3 ([00:22:57](#)):

And they'll, they're brutal. I can't tell you the number of kids I've babysat. They're like, why do you have all those dots on your face? I'm like, it's called acne. I'm sorry. Wow.

Speaker 5 ([00:23:08](#)):

But sometimes they're

Speaker 3 ([00:23:10](#)):

By it usually,

Speaker 5 ([00:23:12](#)):

And sometimes they're completely unaware, but a lot of times they're not. My son does this eight Audi, DHD, just observing things, not making a value judgment, but I attach value to it and then I have to dissect that and it's great. It's

Speaker 2 ([00:23:27](#)):

Amazing. That's not on them. Look good on you for doing that work because the boomer parents,

Speaker 5 ([00:23:34](#)):

No, no, they don't.

Speaker 2 ([00:23:36](#)):

No, I don't talk to my parents because they will not even acknowledge harm. I'm like, if you stepped on somebody's foot, wouldn't you apologize because you didn't mean it. Oh, I'm so sorry I stepped on your foot. You can also do that with deep emotional trauma from my childhood. You can be like, I didn't mean to step on your foot, but they won't even do that. They won't even admit that they stepped on my foot. And it's like, I know that you stepped on my foot because my foot is broken. Therapy bills so many. I wrote a book. It's in there, and they're just like, la, la, la. You're crazy. And so sometimes I just sit back and wonder, am I crazy? Am I nuts? I don't think I'm nuts. I think I'm very sane except for the anxiety.

Speaker 3 ([00:24:39](#)):

Sane is a problematic term anyway, honestly.

Speaker 2 ([00:24:42](#)):

And honestly, I'm not. I'm a lot more mentally ill than I was aware of. And so I am working on that internalized ableism too, of being like, man, I thought that I just had a sprinkling of anxiety, but I was mostly normal. And then I'm like, what is normal? Why are you pathologizing the spectrum of your symptoms? And also it's financial pressures since I've been broke that I've been, the anxiety has been ramping up because there's shame in that. It's all shame-based. And my mom was my first shamer.

Speaker 3 ([00:25:24](#)):

I have the world's shortest poem about this because this is literally my situation, but it just says, you poisoned me, then cursed my name when you tripped over my corpse. And that's it. That's how they act. And it's like, what is wrong with you? Are you okay?

Speaker 1 ([00:25:44](#)):

Oh boy.

Speaker 2 ([00:25:46](#)):

See, I even have a poetry collection that I never talk about. You can buy it online, but I never talk about it because I'm like, I don't want people to read this and be like, this sounds like a 14-year-old who's just mad at their parents.

Speaker 3 ([00:25:59](#)):

Something that has helped me. I'm not the world's, I love Taylor Swift's music, but I find her very irritating a lot of the time. But anyway, not the point. Tortured poets department is literally 2:00 AM breakup poetry, and it has been massively successful, so who cares? Who cares if it sounds like a 14-year-old wrote it sometimes That's what we want.

Speaker 2 ([00:26:22](#)):

That is fair. And I have listened to that album twice and that put Taylor Swift in, I think my top five artists this year on Spotify. And I'm like, I'm not listening to a lot of music. If two listens of her album was like, oh, you really liked Taylor Swift. Yeah, wrapped

Speaker 3 ([00:26:43](#)):

Is weird. It doesn't seem super accurate.

Speaker 2 ([00:26:46](#)):

No. And especially this year, because they laid off a bunch of people and replaced it with ai, which is why the genres are like manatees named them with plastic balls full of adjectives.

Speaker 1 ([00:27:04](#)):

Yeah.

Speaker 5 ([00:27:05](#)):

Yeah. I think that this crew would enjoy. So I missed last week because I was down in Florida at a federal compliance and financial planning conference, so be jealous of me.

Speaker 3 ([00:27:21](#)):

So jealous.

Speaker 5 ([00:27:22](#)):

While I was there, I had a fun worst case scenario come up, which was I have severe celiac and one of the lunches was labeled as gluten-free. It was not in fact. So I got spend eight hours on the bathroom floor of my hotel room. That was entertaining. But the more cool thing was that I made a connection with another financial planner who is vaguely geographically near all of us. She's in Grand Rapids, Michigan, but we were in a session where it was talking about serving your niche market. And so we were in there and they

said, what's your niche market? What's your niche market? What's your niche? And she said, serving the underserved queer community. And so I was set up and I was like, look, we need to get together. We need to. So ended up meeting up with her, and then we ended up meeting up with another person who was the child of the senior chief operations officer who is in the process of coming out. And so we actually are forming this because we're all leftists too. So we're forming this.

Speaker 2 ([00:28:37](#)):

I have another person to recommend for you. I had a marketing client I was coaching, and they are in Cant Ohio, and they want to do financial advising for the queer community. So I will connect,

Speaker 3 ([00:28:52](#)):

Can also potentially have a person. I don't know that she specifically works with the queer community. I know she's part of the queer community and pretty open about that, so I'm not, anyway, but she's also a certified financial planner who might be interested. I don't know where she is. She's on West coast though, so she wouldn't be able to do local stuff, but she might be interested in being part of the collective.

Speaker 5 ([00:29:11](#)):

Absolutely. Absolutely. Yeah. And so it was awesome that we have this, that we're forming a little sort of group about that and it's awesome.

Speaker 3 ([00:29:20](#)):

I love it. Yay.

Speaker 5 ([00:29:24](#)):

It's fun.

Speaker 3 ([00:29:25](#)):

It's amazing. I'm sorry that the rest of the conference was terrible. That's brutal.

Speaker 5 ([00:29:33](#)):

Only Wednesday was terrible. That was the bathroom day.

Speaker 2 ([00:29:41](#)):

Important people.

Speaker 5 ([00:29:43](#)):

Yes.

Speaker 2 ([00:29:45](#)):

So many, I don't know, service workers just assume, oh, somebody's doing this to be trendy, so it doesn't really matter. And then you get a guy on the bathroom floor for eight hours.

Speaker 3 ([00:29:58](#)):

Yeah, I was pretty strictly no caffeine for a year or two in college because my mental health was falling apart. I was like, I got to try something. And it did seem, I don't know if it helped or not, who knows at

that time is such a wreck. But caffeine really affected me. I hadn't had it for a year. And so I think I went somewhere and I was like, oh, can I get that decaf please? And I had half of it and I was like, fuck, this is not decaf and vibrating. Whereas now I mainline caffeine. But anyway,

Speaker 2 ([00:30:34](#)):

It must be like the universal symbol for too much caffeine. We both started doing it, maybe. Yeah, just really aggressive jazz hands. Yes. Love it. Not smooth jazz hands.

Speaker 5 ([00:30:49](#)):

God, that'd be a good name for a cover band. Ska Hands.

Speaker 2 ([00:30:54](#)):

Wow. Yeah. Ska Hands. I called it. I said it. That's copyright. Caitlin Fisher.

Speaker 5 ([00:31:03](#)):

I love it. I love it. But you have to be wearing a pork pie hat and a golf shirt or a bowling Bowling shirt.

Speaker 2 ([00:31:09](#)):

A bowling shirt. Yeah. You're the closest today.

Speaker 5 ([00:31:12](#)):

Yeah, a middle-aged white guy. I mean, just everything about me shouts ska.

Speaker 2 ([00:31:19](#)):

Yeah.

Speaker 5 ([00:31:19](#)):

Yeah. I didn't

Speaker 2 ([00:31:21](#)):

Shave the beard down. Get just one little chin strap.

Speaker 5 ([00:31:24](#)):

Oh, yeah. Or the soul patch.

Speaker 2 ([00:31:26](#)):

Yeah. Yeah. Like the smash mouth guy.

Speaker 5 ([00:31:30](#)):

Yeah. Yeah. Good times.

Speaker 2 ([00:31:33](#)):

He died, and I can't even remember his name, and I just call him the smash mouth guy. I'm like, I should learn his name

Speaker 5 ([00:31:41](#)):

Probably. But

Speaker 2 ([00:31:42](#)):

Can I say something weird about Smash mouth?

Speaker 5 ([00:31:44](#)):

Sure.

Speaker 2 ([00:31:45](#)):

Okay. There was once a Tumblr post or something where somebody took the lyrics to All-Star, translated them into ancient Aramaic and then back, and it's like poetry, the line that says, fed to the rules. And I hit the ground running, said, fed unto the axioms. I fell upon the earth and ran and it's beautiful. And I'm like, I would tattoo that on my body. And people would be like, is that from the Bible? And I'd be like, no, it's from All Star. It's one of those lines that has stuck with me ever since I read it.

Speaker 3 ([00:32:26](#)):

See, all I think about when I think of Smash Mouth, and I could be misremembering this, but do you remember forever ago there was this singer who was very anti going down on women or whatever. I think it was Lene or somebody. There we go. And Smash Mouth was like, my dude, you need to be doing this. Everybody was like, go smash mouth. It was so funny. That's all I remember them for. That's probably how they got their names.

Speaker 1 ([00:32:56](#)):

Oh boy. My goodness.

Speaker 2 ([00:33:03](#)):

That was really good. You set me up for that. Thank you.

Speaker 5 ([00:33:09](#)):

That was very good.

Speaker 2 ([00:33:10](#)):

Yeah.

Speaker 3 ([00:33:12](#)):

Oh, boy. Well, do we have anything else we need to talk about? Any other money questions that didn't get addressed or that did, but you still got questions or

Speaker 2 ([00:33:24](#)):

Can I share my mutual aid things? Or Georgina, did you have a real question?

Speaker 3 ([00:33:28](#)):

Yeah, Georgina, if you have a question, but then we should all, I want everybody's elevator pitch. I want to know what's up.

Speaker 4 ([00:33:34](#)):

Okay. Yeah. So I was thinking about what else can I just keep thinking about the program now that it's over and that kind of thing. And the only thing that came up is that this thing of me having more money than my friends, it's not that I have, yeah, the things, I don't want to be the richest of my friends, excuse me. Because it's like I somehow already have more privilege than most of them, and I already feel guilty and ashamed for that. And I don't want to be like, oh, I'm so rich and you're so poor. Not with my words, obviously, with the things that I have access to, that kind of thing. I don't know if I explained myself.

Speaker 3 ([00:34:23](#)):

Yeah, no, that totally makes sense. I think the first thing that came to mind for me was we, my husband and I have friends who are in all different stages of life. Some of us have kids, some of us are still job jumping. Some of us have been established. There's just a wide variety in our friend group, and we are not the most financially ahead out of all of our friends. And I never resent our friends who are in a better position. And in fact, it has benefited me directly because they gave us a substantial amount of money for my daughters for their birthday because they can, they're basically the rich aunt and uncle, and they're like, have it. We don't care. And that doesn't bother me at all. I think that's great. That's very sweet. But then there's also different elements of, I think out of all of our friends, my husband and I are the happiest in our jobs. Everybody else is like, yeah, they might be making more money, but they're a lot more frustrated.

([00:35:29](#)):

And I hope that they don't resent me for that either. I think they see us as like, oh my gosh, there are so many birds right now. Sorry. Anyway. That's crazy. They're just chilling. I hope that they don't resent me for that, and I don't feel like I'm waving it in their face. Look how happy I am in my lovely, perfect job that suits me perfectly and whatever. I think there are levels of privilege, and it's important to remember, first of all, we can use our privilege to bring others with us, and keeping ourselves down doesn't lift anybody else up.

Speaker 4 ([00:36:12](#)):

Yeah.

Speaker 3 ([00:36:14](#)):

I think honestly, if you're into the EFT tapping at all, Georgina, I think that could really help because I think a lot of this intellectually, but it doesn't feel true. And that's where EFT can become really powerful.

Speaker 4 ([00:36:28](#)):

Okay. Yeah. Yeah. I guess now that I heard what you just said that I'm afraid of because when I was a kid, I would get bullied and I wouldn't know why, because now I know that it's because I'm autistic and weird as fuck about it. Back then, I was like, I don't know. And neither of my parents knew, and my mom was, oh, they envy you. And I was like, why? I don't know. But they envy you. So it's like that deep wound of I don't want to be envied. And it sucks to be the target of envy, and it sucks to be envious of people in general. I don't like it. I know it's desire and showing me what's possible, that kind of thing, but it doesn't feel good. So it's kind of related to that, I guess.

Speaker 3 ([00:37:17](#)):

Yeah, for sure. That idea of like, oh, they're just jealous. They're just envious. Yeah. It's like, but why? Of what though?

Speaker 5 ([00:37:26](#)):

A lot of people say that though, but out of a place of pettiness, not a place of honesty. And that's one of those things where trying to view things, and again, as autistic folks, we try to the black and white as objectively as possible, and all of us will have different gifts. Some will be financial, some will be different abilities. We've talked about ableism and trying to dismantle ableism along with capitalism, and you can't hold yourself responsible for anyone else's feelings, only living out your truth the best you can. And again, ideally as we all as leftists as we get successful, if we can spread that, that's great. And yeah, I don't begrudge anybody that I know their wealth until it becomes problematically privileged when it becomes a point where they're unaware and where they are expecting others to do things like them who can't. But if a friend of mine, he was in the Navy right after high school, and he did his whole career, retired from the Navy, and now he's consulting for the Navy, so he's making stupid amounts of money every Christmas. All of our friends from high school, our friend group, he sends us checks for our kids for future, and one year he bought us all Xboxes because he is like, I want to play video games with you assholes again. All right, cool.

Speaker 2 ([00:39:00](#)):

That is

Speaker 3 ([00:39:01](#)):

So

Speaker 2 ([00:39:01](#)):

Sweet.

Speaker 5 ([00:39:03](#)):

Yeah.

Speaker 2 ([00:39:04](#)):

I have a friend who, she is a millionaire because she started a business and then sold the business, and she does consulting and she has a ton of money, and she came from was a foster kid. She's a single mom of two. She has gone up against so much and the fact that she's winning, I don't begrudge her anything, and she'll just get a cash app. Ashley has sent you \$50 lunch on me. She just sends me 50 bucks for lunch when she knows I'm in a low period, and I know that she has filled up people's GoFundMe when they're so close to the end and going to be able to get something, and she's like, there's only 200 bucks left. I got that. She does so much good, and that's why I want to have more money is I want to be able to just Santa Claus it all over the place. But I have realized that I'm trying to Santa Claus my money before I have it. And so I've been kind chronically underpricing and doing stuff like that, and so I'm trying to address that.

Speaker 4 ([00:40:21](#)):

Yeah, I love that phrase. Excuse me. I love that phrase. I'm going to put it somewhere.

Speaker 3 ([00:40:30](#)):

I remember in grad school, we all scrounged, we're all in grad school making no money, but we all scrounged together because one of the PhD candidates had tickets to go see Hamilton in Chicago, so she had flight tickets and all this stuff, and then her sister has a lot of different chronic health issues and her parents are garbage, and they had no money to get her sister to a treatment, and so she used her Hamilton money, she sold her tickets to get her sister to her treatment, which she had to do, but she was sad about

it. So we all scrounged and we bought her tickets to go see Hamilton. And then I wrote a letter from the ghost of Alexander Hamilton. It was all very anonymous. It just appeared. The tickets just appeared in her mailbox one day and it was very exciting. It's nice to be able to do that stuff though. Yeah.

Speaker 2 ([00:41:22](#)):

The ghost of,

Speaker 3 ([00:41:23](#)):

So I think the difference,

Speaker 2 ([00:41:26](#)):

What is it? The ghost of Alexander Hamilton is a nice touch.

Speaker 3 ([00:41:31](#)):

I thought it would be fun, right?

Speaker 2 ([00:41:32](#)):

Yeah. Delightful.

Speaker 3 ([00:41:38](#)):

But yeah, I think the line between problematically privileged, like you mentioned a ton is not a money amount. It's a self-awareness thing a lot of times. And generosity issue as well, whereas the amount of money you have until you reach multi multimillionaire, potentially billionaire levels, I don't know that the amount is the problem usually. So that's my personal opinion. Everybody can have a different take on that, but I think Georgina, you having enough money to pay your bills and buy ice cream once a week and keep yourself stocked up in coffee is not, it might be privileged in your circles, but it's not a bad thing for you to have the things you want and need.

Speaker 4 ([00:42:33](#)):

Yeah, that makes a lot of

Speaker 3 ([00:42:34](#)):

Sense. You're a very self-aware person, a very generous person with your time and your effort and expertise doesn't have

Speaker 4 ([00:42:42](#)):

Those stories.

Speaker 3 ([00:42:47](#)):

Oh, you're cutting in and out just a little bit. Thank you.

Speaker 4 ([00:42:56](#)):

My goodness. These birds. Yeah, I was saying that I need to cut myself some slack that I'm not really evil or something.

Speaker 3 ([00:43:06](#)):

Well, Georgina and I have had conversations about the whole growing up Catholic, inherently evil bullshit. We're not Georgina. I promise. We're not. You're good. You really are good. I think at worst, humans are neutral. I think generally speaking, we are not inherently sinful, evil, horrible beings. I just don't believe it, and I think you don't believe it either, but we got to convince that wounded child that they're okay too. Yeah.

Speaker 5 ([00:43:44](#)):

Not inherently evil, but we're shit ass at dealing with trauma,

Speaker 3 ([00:43:49](#)):

But that doesn't have moral value. That is largely a societal thing. We haven't been taught at all our society due in large part to white supremacy has been scrubbed of emotional intelligence and what are we supposed to do with that?

Speaker 5 ([00:44:06](#)):

Yeah, and male fragility.

Speaker 3 ([00:44:08](#)):

Yeah, patriarchy.

Speaker 5 ([00:44:11](#)):

Yep. Smash it.

Speaker 3 ([00:44:13](#)):

Speaking of patriarchy, this is such a silly thing, but I'm curious, do you guys have other names for plugs other than male and female? It's bullshit, but also when you're trying to plug 'em in, you're trying to describe 'em like, what do I say? An Audi? Any? And Audi. There we go. Thank you. I'm just like, my brain is only giving me one answer and I know it's a stupid one.

Speaker 2 ([00:44:34](#)):

These plugs are transphobic.

Speaker 5 ([00:44:39](#)):

Yeah. I mean, you can say receiving end things like that.

Speaker 3 ([00:44:43](#)):

There we go. Any Audi receiving output? Okay. We were hanging up Christmas lights and my husband and I both hesitated we're both, we know we shouldn't use these terms anymore, but what else do we say? The whole one.

Speaker 1 ([00:44:58](#)):

Yeah,

Speaker 2 ([00:44:59](#)):

It's all good.

Speaker 3 ([00:45:01](#)):

Oh my gosh. Okay. For our last 15 minutes, I would love if you guys could share what you do with each other. I know we've been talking a lot about money mindset, but we haven't necessarily shared, we kind of know what each other do, but give us your pitch if you guys want to work with each other. I think that would be awesome. Let's see. Caitlyn, you want to kick us off? Sure.

Speaker 2 ([00:45:23](#)):

I am a creative coach, so I specialize in helping people reconnect to the creativity that was inherent in childhood, that society is beaten out of you. So primarily writers, but also musicians, artists, any creative of any type, because I think we are all inherently creative. And then it is my job to help you believe that for me, and just a little nod to my new mutual aid deal is I am really pushing my Patreon. And also that's a lie because I'm not really pushing it. I'm imagining it, but the idea is the more I am making through small donations on Patreon, the more free stuff I can do and also the lower my prices will have to be so that I am more accessible. Oh, look at you. Look at you go, what the fuck? How'd you get those?

Speaker 3 ([00:46:22](#)):

I just know your website and stuff. I keep track of your things. I like what you're doing. That's

Speaker 2 ([00:46:28](#)):

Delightful.

Speaker 5 ([00:46:30](#)):

I watch you sleep sometimes.

Speaker 2 ([00:46:31](#)):

Yeah, right. I try on your clothes sometimes I smell your hair. Oh my gosh, sorry. I didn't mean to make it weird. Two ton made it weird, and then I just took the ball and was like, yeah, I got this.

([00:46:50](#)):

Yeah. So my aim right now is to take, what if I was doing industry standard pricing that a money mindset coach worked with me on to be charge what you're worth. I'm taking that number and then reducing it by 40%, and that's my starting pricing. So life coaching, I'm now offering month to month instead of a six month package, that's thousands of dollars. So I'm doing \$400 a month life coaching because I want to coach people and the people I want to coach can't afford market rates, and I am so sick of money mindset, people being like, your ideal client can pay that. And I'm like, no, my ideal client, and I am telling you that. So it's so frustrating when they're like, but you could get this. And I'm like, I know, and I have, and it doesn't feel as good as working with somebody for \$400 a month where we're really doing, they feel the investment that much more. I don't know how to explain it. It just feels more genuine.

Speaker 3 ([00:48:07](#)):

Okay. Have you heard of Kara Kovac? She has a podcast called Business Witch. I mean, she's great, but she just did her hundredth podcast episode and it was things she wished she could tell herself, and one aspect of it was values alignment and stuff, and how, yeah, I made the money. It felt terrible, and now I make more than that with my values and alignment. I think she would be an expander, somebody who can show you what's possible.

Speaker 2 ([00:48:36](#)):

Yeah. I like her website. You're so good at recommending people. You are like, have you heard of this person? Here you go. And I'm like, it's always perfect. Okay, I'm going to quit talking somebody else talk about you.

Speaker 3 ([00:48:56](#)):

I love it. All right, Georgina, you want to tell us what you're up to?

Speaker 4 ([00:49:02](#)):

Yeah. Okay. This is a draft. Okay. So I am an energy healer for people who have been struggling with the traumas of systemic oppression and who want to move forward with their projects and their special interests. Yeah, I'm going to leave it at that.

Speaker 3 ([00:49:31](#)):

I love that. Do you have a website or anything or socials that you want to drop in the chat?

Speaker 4 ([00:49:35](#)):

No, not yet.

Speaker 3 ([00:49:36](#)):

Okay, okay. No, that's fine. Just anytime you have 'em, put 'em in the Voxer.

Speaker 4 ([00:49:41](#)):

Okay, thank you.

Speaker 3 ([00:49:44](#)):

How about you, Aton?

Speaker 5 ([00:49:48](#)):

You've all heard me talk about my fascinating financial planning business. Yeah, I'm a financial advisor, financial planner, so I do investment management, so 401ks, Roths, all the fun stuff. But I always struggle with marketing it because it's not, it feels boring to me to talk about, but I enjoy helping people make sense out of an inherently confusing system because it interfaces with taxes, it interfaces with long-term financial goals and whatnot. But I like for me, me, it tickles the autism side of the brain when it's all about the numbers and making them fit into the project. It's like a Sudoku puzzle and it feels so good. And then sometimes when the numbers don't work out, then I can help people to make some changes that will help them to make the numbers work longterm. One of my favorite clients that I have right now, she's in her late sixties. She's a widow, and she was just absolutely had no idea if she was going to be able to survive, and I meet with her monthly and take care of her, and I had met meeting with her yesterday for December, and she finished it by hugging me and crying.

([00:51:12](#)):

I cried too. It was fun. It was good. It was good. It was catharsis. I work, I'm licensed in Ohio, Michigan, Tennessee, Georgia. I think that's it for now. I had clients that moved around the country, so I had a license in New York for a while in Missouri and Louisiana. That's fun. Paying all those different states. And I have a wedding business as well, so I'm licensed by the state of Ohio to say, do u you. I now pronounce you. I marry about 30 to 40 couples a year, and my wife and I train officiant to do the same

thing that I do, but we specialize in making uniquely personal, meaningful, and memorable wedding ceremonies.

Speaker 3 ([00:51:57](#)):

I love that. I think in your marketing for the financial planning, I think a couple things you can tap into is basically you help people take something confusing that they hate, and you're like, just let me break it down for you. Explain it in ways that make sense and also help you take care of it. I'm not going to make you a certified financial planner because you don't need to know that level, but I'll give you what you do need to know so that I'm not ripping you off. And I think that could be a good angle, but also the human aspect could be a really good angle too. You can put that kind of stuff in your marketing about this person who you have been helping who was in tears because she was so grateful for everything that you're doing for her. I think sometimes hds for some reason, we want to hide our accomplishments. We didn't earn it or didn't deserve it or something, and it's like, okay, just because it comes naturally to you doesn't mean it doesn't count. Lots of stuff doesn't come naturally to us. We deserve our wins,

Speaker 5 ([00:53:06](#)):

And it does feel unearned when you get accolades sometimes for something that comes very easily,

Speaker 3 ([00:53:14](#)):

But I mean, neurotypical people get accolades for having discipline when really that's just executive function. So I don't know if they can have it. Maybe we can have accolades for stuff that does come naturally, but we're still choosing to do.

Speaker 5 ([00:53:29](#)):

That's true. I like that. Thank you. This is my special interest. Allow me to blow your mind.

Speaker 3 ([00:53:34](#)):

Exactly. Yes. I love that.

Speaker 4 ([00:53:40](#)):

And I think it's also internalized capitalism to think that no pain, no gain, that everything has to be a struggle thing. So it's part of letting that go. Just be like, this comes in special interest mode. It's also stunning. It's also putting on putting work hours in.

Speaker 1 ([00:54:08](#)):

You're cutting it out a little

Speaker 4 ([00:54:09](#)):

Georgina. It doesn't make it less valuable, I think.

Speaker 3 ([00:54:13](#)):

Yeah, exactly. Exactly. Okay, well, coming on to the last five minutes or so, I had a couple of things I wanted to share with you guys real quick. If you're not on my email list or if you haven't seen the emails, I am doing a new group program in 2025 called the High Priestess Business Mastermind. Aton Men are always welcome. I know it says priestess and everything, but it's for everybody. Same with you, Caitlin. You do not have to be sis lady to join. Hold on. There's a chat that I missed. Oh, yay. Okay. Thank you

for sharing your websites. I meant to ask you a ton and then I forgot, but thank you. So it's about magical intuition and practical business strategies. So here's my whole sales page. It's very cute. I think you should read it, but I won't read it to you. So practical stuff is how to write sales pages, social media captions that transform lurkers into buyers. I really am excited to teach you guys how I host my virtual events because they are awesome. They are about 30 to 40% of my annual revenue, and it's awesome. I have a really good time. And then also my VA has come up with a behind the scenes business dashboard for you guys.

(00:55:32):

That's I think mostly only available in this container, but look at it. Look how great it is. She built this whole beautiful thing so your whole business can be in one container and I love it. Anyway, so you get that in here. Let's see. Learning from an ex-Catholic heathen turned witch, that's me. Okay, so generally what you get, there's going to be another Voxer chat. You'll get a library of practical business tools like that template I just showed you, but also more there'll be a private podcast because like I said, I'm very into those recently about using astrology in your business. I'm putting that together right now. I've got all my astrology books over here and I'm geeking out about it. Weekly group business coaching. There's going to be a weekly tarot card reading in the Voxer. There'll be, each quarter has a focus and there'll be a monthly teaching call and then a monthly implementation call, and then we'll also have a full moon ritual each month.

(00:56:27):

I think that's really special. Then if you join for the year, you get a tote bag and then a zoom call with me at the beginning to make sure you're using the most of the program you can join for the year. You can join for just a quarter. It's up to you. The price will go up in 2025. So if you're like, I'm pretty sure I want to be in for the year, I would recommend that, but so each quarter is guided by a specific card. I had an artist do these. I'm obsessed. Brittany is the best, but so Q1 is systems. Don't be scared by this sort of dark nature of this card. It is difficult. Systems are difficult, but they are really helpful and it'll guide you through Q2 is social media. I love her rendition of Page of cups. I just, oh my gosh.

(00:57:11):

Anyway, so we'll talk about how to succeed on socials, but also how to maybe not do socials. I have stopped doing that and it's been going, okay. Three of Pentacles is collaboration. This is where I'll teach you my summit strategy, bundle strategy, stuff like that, other forms of collab. And then Q4 is all mindset. So tell self-loathing to fuck off. Caitlyn inspired that one. They helped me with the sales page a little bit. You don't need to be super witchy, you don't need to be super businessy. You just need to be dedicated to growing your business in a way that feels aligned to you and your intuition. So Q1, again, this pricing is only available until 2025, and then it'll go up, but for one quarter it's 2 97, or you can do \$99 a month for three months, or you can join for the full year for 1187 or 1 98 for six months. And I actually just introduced a 12 month payment plan where it's just \$99 a month. So that way if you're like, I'm committed to the year, but I can't do this. I understand. So I just added that and I can, let me find stop sharing, and then let me find the checkout link. I can send you the sales page. That'll take you to a wait list though. If you're like, Nope, I'm pretty sure this is for me, then I can send you the checkout as well. So let's see.

Speaker 2 (00:58:43):

I still have to manifest the money, but if I

Speaker 3 (00:58:46):

Sell understandable, I totally get it. If anybody is thinking about working with Caitlin, honestly, we did a hyperfocused play date, and I got almost everything from my summit done in our time together. It was bananas, and it was so helpful, and Caitlin helped me design the registration page for the summit and

everything, and it was so helpful. So if you just need to get shit done and you need a coach to help with some stuff, Caitlin is your person, I think,

Speaker 2 ([00:59:13](#)):

And I just reduced the price on those.

Speaker 3 ([00:59:16](#)):

Nice. Let's see, what else was I going to show you guys? Oh, the summit coming up is right there if you guys want Caitlin speaking, so that'll be cool. What else? Oh, if you want to do one-on-one coaching with me, it's \$2,000 for 12 weeks, except because you guys were in this program, you get \$200 off, so it'd be 1800 bucks for the 12 weeks, and there are payment plans available for that. So just email me, voxer me, whatever, if that's of interest to you. And then finally, last thing is there is an affiliate program for the making money as a leftist. So if you do recommend this to people, I'm making the affiliate sign up today, and I'll send you all that link on email along with your certificate. That way you can share your affiliate link and you can make a little money if somebody decides to join.

Speaker 2 ([01:00:11](#)):

Yes, I love that. Okay. I got to go. I have my time. Yep. Yep. This has been wonderful. I loved getting to meet Georgina and Atan, Megan, this is fantastic. I'm so glad that we connected to a better 2025.

Speaker 3 ([01:00:27](#)):

Hell yeah. Let's manifest that shit. Okay, anybody have questions? I kind of ran through my stuff at the end kind of quick because I knew Caitlyn had to leave, but if you have questions, let me know. I'm happy to answer if you need to know how affiliate works or anything.

Speaker 5 ([01:00:48](#)):

I'm pretty good.

Speaker 3 ([01:00:49](#)):

I'm good. Okay, perfect. Well, this has been so lovely. I'm sad this is our last call, but hopefully I'll see you guys in the High Priestess Business Mastermind or at the summit, and I'm sure I'll see you guys around.

Speaker 5 ([01:01:04](#)):

Oh yeah. You're not going to ring me that easy.

Speaker 3 ([01:01:09](#)):

All right. Bye guys. Thank

Speaker 1 ([01:01:12](#)):

You.