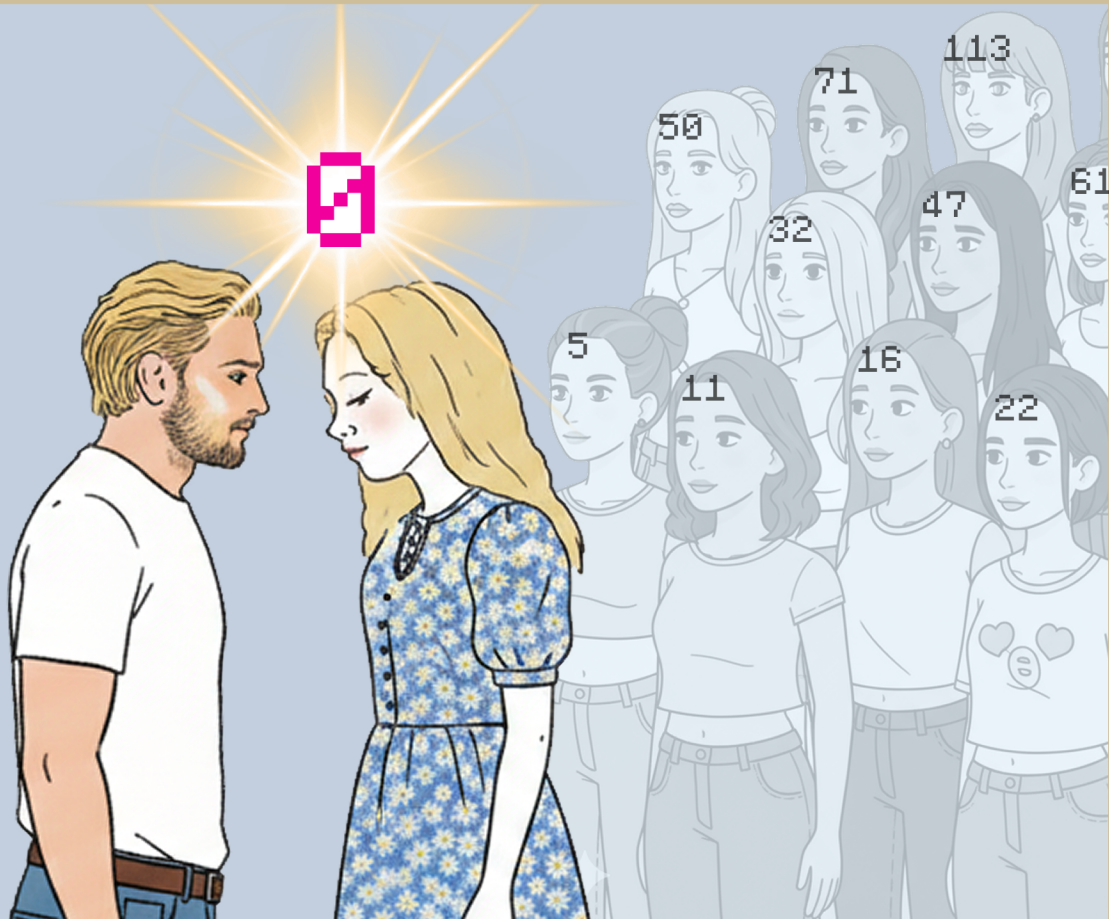




THE **VIRGIN** HUNTER'S PLAYBOOK

A Tactical System for
Finding & Seducing Virgins

Eric Turner | Mating Strategies

**THE VIRGIN HUNTER'S PLAYBOOK : *A Tactical System for
Finding & Seducing Virgins***

2nd Edition

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Introduction

Allow me to introduce myself.

I'm **Eric**, 43 at current time of writing, and I'm the ultimate virgin pickup artist (I also work a regular job as a software engineer at a company in Tokyo, Japan).

I've approached thousands of women, and deflowered over 100 virgins. My personal best time for picking up a virgin and taking her to a hotel room is 38 minutes.

Master the skills I'm about to teach you and you'll *never* have trouble meeting virgins again.

Virgins are the *best*.

Picture this. You're almost all the way in her. Right there at the edge, pushing slow against the tightest ring of resistance. And then, all at once, it gives. One soft pop and you slide in balls-deep. The warmth, the grip, the little gasp she lets out when she realizes it's finally happened. It's a peak male experience. Pure conquest, because you know you just claimed something no other man on earth will ever have.

And for the cherry on top: there is *nothing* like the feeling of looking down at the sheets after you've just taken a woman's virginity and seeing a bunch of little blood stains everywhere.

I know that sounds strange as hell, but it's the truth. Getting to a girl first and taking her virginity gives you a special sense of pride, achievement, and ownership that you cannot experience elsewhere.

If you're like me, you don't want random hookups with hoes who have been around — you want that one still-untouched girl who looks at you like you're the only guy in the room.

Unfortunately, for every cute girl that exists, there are dozens of guys lurking around in her social circle, at her work or school, orbiting her, patiently waiting for their chance, hoping to be the one lucky bastard who gets to take her.

But if you get there first she's yours, *forever*. Because Virgins never forget their 'first'. And if her first is you, and your preparation is on point, she will form an extremely strong emotional attachment to you which is very hard to break. This trait is what makes virgins the absolute best for becoming girlfriends and wives.

But good things don't come easy. Most men waste years waiting for the right girl to 'just fall into their laps' — meanwhile a **small handful** of guys *quietly* pull virgin after virgin after learning a skill that 99.999% of the rest are oblivious to!

The **Virgin Hunter's Playbook** is for men who want to meet virgins and keep them for committed relationships. You'll learn how to find virgins, seduce them, and make yourself **irresistible** to virgins so you don't lose them. You'll also learn why virgins *need their own strategy*.

Here's how life is **before** and **after** learning and practicing the skills in this book:

Before

- You're shooting in the dark — wasting time on high body count women while missing out on the actual virgins.
- Cute virgins aren't even aware you exist.
- You freeze or get rejected the second you try talking to one.

- Nights out are random luck — mostly rejection or hooking up with hoes — zero virgins; you pray god drops one into your lap.
- Terrified you'll freeze and blow it when she's finally naked in your bed.

After

- You find and seduce virgins like a pro — no more wasted time on girls who've been around.
- Virgins lock eyes, blush, and give you their undivided attention.
- You pickup and seduce them systematically — then they start chasing you.
- You feel calm, predatory certainty; now you're the one in control of finding and seducing virgins.
- You take her virginity smoothly, and rock her world in bed — now she's addicted to you, and only you.

This book will take you from invisible to **high-sexual-value man** that makes cute virgins feel uncontrollable attraction — with maximum efficiency.

I've been quietly doing pickup for twenty years, and teaching it to other guys since 2024.

Here are results from some of the students in my 8-week coaching program:

Mike. (21) - Hooked up with 8 girls in 2 months and secured his long-awaited virgin girlfriend.

J. (37) - Started with no pickup experience but managed to hook up with 7 girls (including one virgin college girl).

Paul (39) A company man with a busy job and no pickup experience, scored a virgin on his first attempt, and hooked up with 2 other girls in an 8 week period.

Derek (28), an introvert, achieved 2 same-day hookups and got his dream virgin girlfriend.

Will (34) - a shy beginner who is extremely introverted ends up hooking up with over a dozen girls and deflowering 2 virgins.

Luke (22) hooked up with 16 girls, 5 of them on the same-day, and deflowered 3 virgins, all in 8 weeks.

AJ (41) got 88 numbers and 7 hookups including an attractive 23 year old virgin.

I could list many more examples, but suffice it to say I've helped dozens of beginners **pick up their first virgin.**

Pickup outshines all other methods of meeting women, and the benefits are really mind-blowing. I know of no other method with such huge returns on your input time and effort.

The Benefits of Pickup

It's free and can be done anywhere.

It's like playing a real-life video game.

It stimulates the male instinct to 'hunt'.

It enables you to meet wife-caliber women.

It builds mental toughness and confidence.

It gives you an endless pool of potential targets.

There's almost no competition from other guys.

It empowers you to have sex whenever you want.

It lets you meet women you'd never meet otherwise...

And last but not least, it lets you meet **virgins** easily!

What This Book Is, and Isn't

The Virgin Hunter's Playbook is NOT a detailed system or course — if you want that level of depth buy **VGF30** — my online course and 30 day challenge.

The Virgin Hunter's Playbook is a compact-yet-potent guide packed with actionable tactics and a step-by-step system — it tells you exactly what to do to start meeting and seducing virgins *fast*.

The pace of this book is quick and aggressive. On that note, before we get into the dry fundamentals, let's dive right in and get a quick 'win' right now...

Your First Win

Let's get straight to the point: if you want to reliably pick up and seduce virgins, you need to **approach**.

Let that sink in for a moment.

Approaching is not easy. But who said good things come easy, right? And virgins are about as good as it gets. But you won't meet virgins at bars, clubs and dating apps, so just accept it and prepare yourself mentally that you're going to have to get used to doing hard shit like cold-approach to start getting them.

The best way to get accustomed to approaching is just to start doing it.

By the end of this chapter: you'll have attained a real "win" — your first approach. But first, there's a few things you need to understand about this first approach:

1. You won't look your best

I'm going to have you go out there without any preparation first so you won't look your best just yet. Don't worry though,

we'll address improving your appearance later in the book. I want you to understand that you don't need to look your best to approach girls. And indeed, the ones who are the best for you, won't even need you to.

2. You won't feel confident

To reliably start meeting and seducing virgins you need to learn be able to approach even when you don't feel like it.

3. You won't execute perfectly

Even pros like myself who have drilled scripts and technique countless times make mistakes during execution of an approach — saying or doing the wrong things, and that's completely okay. It's okay because (1) the girls who are truly the best matches for you won't even care if you come off as nervous or fumbling or strange and (2) you need to learn that sometimes luck is just on your side and you win the girl even if your execution is completely wrong.

4. You probably won't get her number

Odds are you won't get a girl's number on your first approach — that's okay. The “win” at this stage is not about getting the number, it's about getting an actual approach under your belt, and setting the intention that you are now a man who

approaches girls. That in and of itself is a massive win — though you may not yet realize it.

Re-read these three points a few times until they are solidly embedded in your head. And when you're ready, let's move on to the actual instructions on how to execute your first approach.

First Approach Instructions

Go out in public, find a girl you think is attractive, and walk up to her and say:

👤 - “Hey I like your [hair/nails/shoes/glasses/earrings/hat/scarf]” (then shut up and wait for a response)

👤 - “Thanks...”

👤 - “I’m [your name], what’s your name?” (wait for a response)

👤 - [She responds] (doesn’t matter what she says)

👤 - “I gotta run but let me get your [number/insta/etc] and we can meet up sometime” (wait for a response)

👤 - [She responds]

👤 - (If she didn't give up her contact info, say...) "That's ok, it was good meeting you. Bye!"

👤 - (If she gave up her contact info, say...) "Awesome, it was good meeting you. Talk soon!"

And walk away. If you want to try your hand at keeping the conversation going before your exit, go for it, but it's not necessary. At this stage you just need to get an approach under your belt.

If you went out and did your first approach, congratulations. You're now a guy who approaches women. Welcome to the club!

Tip if you're really struggling with approach anxiety

Start by asking for directions from a few people first (both men and women) to get you accustomed to approaching strangers.

I recommend you don't read any further until you've done your first approach. If you have, let's dive deeper into the material, starting with some essential things to understand about virgins.

Fundamentals

My Big Discovery About Virgins

If only every woman had a **floating number** above her head which told us her ‘body count’ (*in other words, how many sexual partners she’s had*) — then it would be *easy* to know which ones virgins, and which ones weren’t! Unfortunately in real life that’s not how it works — woman is like a black box : we can never know what’s inside (the body count) unless we pry it open (and spend time and money dating her).

At a glance it’s impossible to know for sure which girls are virgins, and to make matters worse, with apps like Tinder and Instagram being so popular these days, messages from horny men flood into every cute girl’s DMs giving them an unending supply of potential sexual partners, making it all the less likely that attractive girls stay virgins for very long.

This complicates the situation for guys who want to find a virgin mate. Guys like me and you. And it’s why virgins require a **dedicated strategy** for finding, picking up and seducing them.

Since I was a young boy I *knew* I wanted to one day marry a virgin. Unfortunately, as it would turn out, almost every girl that life sent my way did not meet that standard.

In my early 20s I met plenty of girls that I liked and that liked me back, but none of them were ever virgins. The relationships were fun but I could never take them seriously because deep in my heart I knew that these girls failed to fit my plan, as they had been deflowered long ago by some other guy.

In my mid 20s I stepped up my efforts and tried meeting girls in all kinds of places hoping that I'd get lucky and meet a virgin. I'd meet girls at bars, at clubs, on dating sites, and even did a little cold-approach here and there. But none of these methods ever succeeded in putting me into contact with a virgin.

Every time I'd meet a new girl I was interested in but found out that she wasn't a virgin, my disappointment, frustration and disgust would grow, and eventually I abandoned my dream of meeting and marrying a virgin, writing it off as unrealistic and unattainable.

However, things would change later on. One Spring Saturday afternoon during a date with a cute college girl, something

surprising happened to me that would change the course of my life.

She was 23 years old, very attractive (an 8.5/10 on the attractiveness scale), had just graduated and had been doing a lot of international travel with her girlfriends.

We'd been sipping on hot cocoa and getting to know each other when I asked her how long it had been since she'd last had a boyfriend. Suddenly her facial expression changed and she looked down as though suddenly shy.

“Um.. I’ve never actually had a boyfriend”

My mind was suddenly thrown into confusion. It made no sense how a girl this attractive could remain single well into her 20s. She was hot, an extrovert, very social, kept up with pop culture, and wasn't religious at all. These were all things that to me seemed like attributes of a girl who was sexually active.

I tried to keep my cool even though my heart was now pounding.

“So, you mean you're a virgin?” I asked.

She nodded her head yes with a shy smile. It was at this point my mind was officially blown. There, sitting in front of me, was the virgin I'd waited for all my life, hiding in plain sight. I was totally not prepared for this.

My mind raced in an attempt to answer the question *'What the hell do I do now?'*.

Due to how hot she was, my interest level had already been pretty high, but I had been applying various dating techniques to help me remain cool and composed. But all my composure basically went out of the window after learning she was a virgin. I started to pursue her too hard and ended up turning her off. She eventually ghosted me and I never got a third date.

I spent a few depressed weeks feeling sorry for myself, listening to love songs, and trying to retrace my steps to figure out what brought me into contact with this angelic virgin in the first place so that I could meet another one just like her.

A couple of things I noticed were that (1) I'd met the virgin at a train / bus station while she was standing and waiting for a bus, and (2) I met her during a time when I was doing a lot of cold-approach — I was going out in the streets and

approaching around 10 girls a day which had amounted to hundreds of girls a month.

I then had a couple of realizations.

Realization 1: Virgins are more common in regular, everyday, wholesome places! All along I'd been looking for virgins in the wrong places — clubs, bars, and dating sites. It made total sense that I had no success there because virgins that go to those kinds of places frequently don't stay virgins for very long! The real virgins (the kind that stay virgins for a long time) are out there in regular, everyday, wholesome places, and it's up to you to go out and meet them there.

Realization 2: Meeting virgins is a numbers game! At the time I met the virgin college girl, I'd been drastically scaling up my approach numbers to hundreds of girls a month — something I'd never done before. And it was having massive effects. I realized that approach is a numbers game and you can't win with one approach here and one there. You have to approach a LOT of girls in a short amount of time and if you do, it is inevitable that some of the girls you approach will be virgins, and among those, some will give you their contact info! If you throw enough darts at a dartboard, eventually one of them will hit the bulls-eye.

I finally understood that there were two basic problems that had been preventing me from meeting virgins all these years:

1. I was looking for virgins in the **wrong places**.
2. My **approach volume was too low** to bring me into contact with virgins.

I distilled all these thoughts into a neat little hypothesis that went something like this:

Hypothesis:

If I approach a lot of girls in regular, everyday, wholesome places I will eventually meet some virgins.

I knew I was onto something but I needed to test this new hypothesis to confirm if it was actually true and if it enable me to meet another virgin to replace the one that got away.

So I doubled my approach volume to around 20 a day and was going from girl to girl like a door-to-door salesman on crack. I started dating many new girls and a few weeks later I struck gold again: *another* virgin!

The crazy thing was this new girl had a lot of the same traits as the one that got away. So many in fact that she was basically the exact same person except that she was a little older (25 years old instead of 23), a little taller, and was a lot more interested in me.

My hypothesis was spot on. Approaching a lot of girls in regular places had indeed brought me into contact with another virgin.

After a lot of testing, tweaking and refining, I developed an entire system that allowed me to reliably, consistently and efficiently meet and date a never-ending supply of virgins.

I'll introduce the system shortly, but I want to first update your understanding of virgins based on all that I've learned from approaching and dating them.

10 Surprising Myths About Virgins

As I started to meet and date more and more virgins I realized that I had been working from many incorrect assumptions and misunderstandings about them. Here are some of the common myths about virgins.

✗ **Virgins are Getting Rarer**

Wrong! Virgins are on the rise due to the pandemic, social trends, and other factors. Matter of fact, there are more virgins walking around today than there were 10 or 15 years ago. You have a higher chance of finding and landing a virgin today than in the past several decades.

As I understand it, the reasons for the recent rise in virgins include: (1) a population shift from rural to urban areas like cities which provide young women with more things to occupy their time aside from having sex, (2) the pandemic which has reduced the social interactions which create opportunities for sex, (3) a cultural shift toward conservative ideals as a response to the recent erosion of traditional morals and values, and (4) an increase in conservative alpha males who are raising their daughters to be sexually conservative.

✗ **Virgins Make You Wait a Long Time For Sex**

Wrong! You'll find that if you do all the right things many virgins will be willing to let you take their virginity as soon as the second date, the first date, or even just **minutes** after meeting them!

✗ Virgins Are Pure, Innocent Angels

Wrong! I've discovered that a not so small number of virgins regularly watch porn and are even addicted to porn and masturbate to it daily. Shocking and perhaps disappointing but it is what it is.

✗ Virgins Must Be Religious

Wrong! Religion has nothing to do with it and most of the virgins I've met weren't religious in the slightest.

✗ Virgins Reject Popular Culture

Wrong! Virgins are into the latest music, social media and watch the same tv shows as non-virgins do.

✗ Virgins are Less Attractive

Wrong! Every single virgin I've met and dated so far has been very attractive. I've dated virgin 7s, 8s and 9s on the attractiveness scale.

✗ Virgins Don't Have Tattoos or Piercings

Wrong! I've been surprised several times after picking up a girl with tattoos, nose rings, tongue rings and otherwise and

discovering right before sex that they are still virgins. They aren't the majority, but they are out there.

✗ It's Hard to Get a Virgin's Number

Wrong! Virgins will absolutely give you their number, as well as their instagram and other contact info, if they are interested in you.

✗ Virgins are Rare Past the Age of 20

Wrong! Today there is an abundance of virgins well into their mid and even late 20s.

✗ Virgins Are Rare In Big Cities

Wrong! I've met more Virgins in big cities than in the countryside and I've approached in both. It kinda makes sense because there's a lot less activities to keep girls busy and entertained in the countryside, which probably drives girls to have sex earlier. On the other hand, in the city there is an abundance of things to do which gives girls more options for spending their time rather than having sex.

7 Benefits of Pursuing Only Virgins

There are many benefits of finding a woman with a zero-body count as opposed to a woman who has had sexual experience with men.

Greater Emotional Investment - Losing your virginity is one of the most important milestones in a young woman's life. When a woman chooses you to be the man she gives her virginity to, it's a massive emotional and biological investment which can mean her level of commitment can be much higher than with a non-virgin.

You Get To Be Her First - As a man it gives you a warm and fuzzy feeling inside to know that you're her first. Also, women never forget their first, so being that guy increases your value even more.

Everything Hits Harder - When you kiss a woman who has kissed other men, it usually does not feel very special for her, or you. But when you kiss a woman who has never kissed a guy before, it can be deeply emotional for both. Virgins sometimes will be moved to tears after their first kiss.

No Memories of 12-inch Tyrone - Women with a body count always seem to have that one dude in their past that delivered so well in the bed he has become cemented in her

mind for eternity. It's just so much better when you're with a girl that doesn't have that, or memory of any other guy except you.

She Feels “Yours” - You have a greater sense of ownership and investment in a woman when you know that she's “all yours” and that no other man has carnal knowledge of her.

Tighter Down There - The more penises that have been pounding away in the vagina, the more stretching, damage and scar tissue develops which can change the sensation and make it less pleasurable for you.

Stronger Overall Bond - For her, you're her first love which is a massive honor. For you, she's never been with any other guy, which makes it feel like she's “yours”. This dynamic can encourage you to invest more into each other which can result in a much stronger connection than you might get with a non-virgin.

The Virgin Tier List

Not all virgins are created equal. I've created a tier-list to help you conceptualize and be aware of the different levels of virgin-ness to be aware of. S is the highest tier and most desirable level of virgin and D is the lowest.

S	Everything in A. But also, she has never watched porn.
A	Everything in B. But also, she has no tattoos or piercings. And there was an obvious hymen and/or bleeding after sex.
B	Everything in C. And she has never kissed a man. And has never had any sexual contact with a man (touching breasts, penis, genital petting, handjob, etc). And vagina has never been penetrated by any object (sex toys, medical procedures, etc)
C	Everything in D. And also has never experienced any penetrative sex act (oral, fingering, anal, etc).
D	Vagina has never been penetrated via sex.

The ‘Virgin Smell’

After meeting and dating a few virgins you’ll begin to develop a new sense which I call “The virgin smell”. It’s not an actual odor, but more of an awareness of certain traits that often serve as strong signals that a girl might be a virgin. There are potentially many different kinds of Virgin smells depending on the culture and fashion trends in your area.

That said, there is at least one virgin smell that I believe is universally found no matter where you live and that is **non-feminine fashion**. If you see a girl that is young and attractive but is wearing clothing that is not feminine such as

loose-fitting jeans and little to no makeup, that wreaks of virginity. I've met a lot of girls who show up to dates in loose jeans, little to no makeup and looking relatively drab who have turned out to be virgins and this has become one of the biggest smells I look out for.

Once a girl has had sex with a few guys they often start dressing more feminine (short skirts, form-fitting attire, heavier makeup) to attract more guys.

Once you've honed in on a few virgin smells you'll be able to narrow your approach targeting and drastically raise your chances of encountering a virgin.

The Playbook

Now it's time to dive into **The Playbook** — the frighteningly effective step-by-step **system** I designed *specifically* for targeting, picking up, and seducing virgins.

TIP: *The description of the Playbook laid out in this chapter is a summarized version of what is presented in my course VGF30 : How to Find a Virgin Girlfriend in 30 Days. For a more detailed and complete explanation of the playbook, consider buying the course.*

Let's Begin.

First, to gain an understanding of exactly what problem the playbook solves, you should understand the **three main causes** for why the average guy is unable to meet and seduce virgins:

Cause #1: Lack of Targeting

Cause #2: Low Approach Volume

Cause #3: Dating Doesn't Scale

The first cause, *Lack of Targeting*, is approaching girls without thinking about your location, or approaching without

consciously selecting girls who seem to you based on their appearance or other factors, to be virgins. Most guys just hunt in locations that every other guy hunts : dating apps, bars and clubs.

The second cause, *Low Approach Volume*, is the core issue preventing the majority of guys from meeting virgins — they just don't approach enough girls. Meeting virgins is a numbers game, and meeting them consistently requires massive approach volume and if you don't put enough numbers into the system it won't output a virgin result, and you'll never get the chance to taste success. The playbook solves this issue with an **approach loop** which keeps you approaching girls consistently and with sufficient volume to start hitting on virgins.

The third cause, *Dating doesn't scale*, basically means that regular dating is inefficient. The thing about 'dates' is that if you go on too many of them, they will drain your energy, time, and money and can be emotionally taxing even to the point of causing you to burn out and abandon your girl-hunting activities for weeks, months or even years.

The playbook solves the problem by providing rules and structure to ensure that you are only setting dates with girls

who are worth it, and are dating in a way that sets you up for success so that you don't screw up and get ghosted.

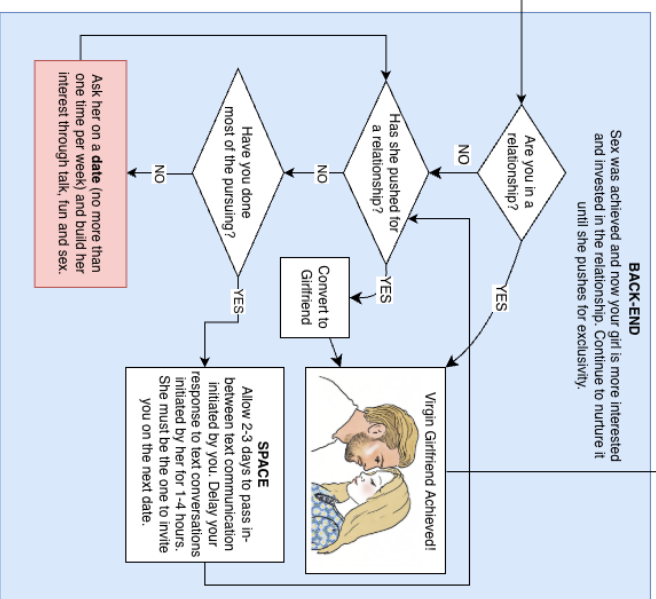
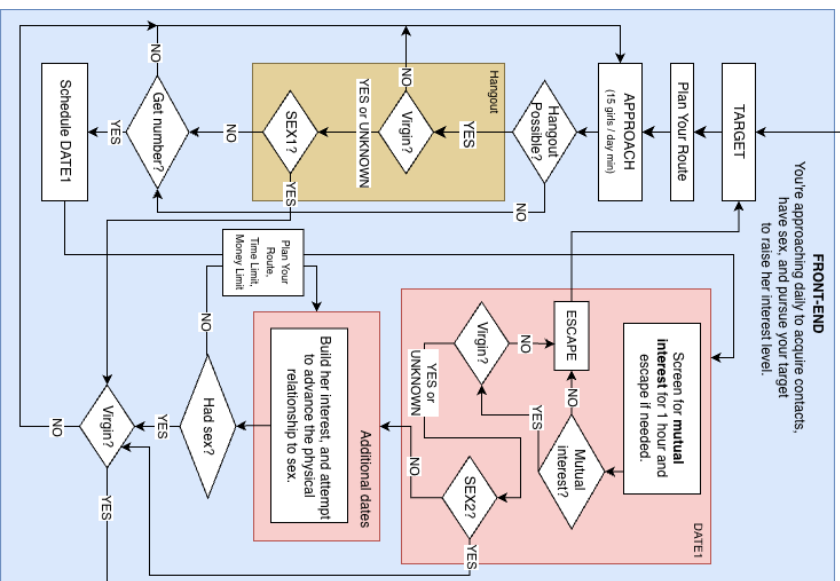
I'll now walk you through each step of the playbook:

Pre-game

START
Conduct pre-game preparation and write a script and drill it 1000 times.

- Good Hygiene
- Cologne (1 good outfit)
- Hair-Cut
- Physique
- Solid sex game
- Address Problem Areas

The Playbook How to Get a Virgin Girlfriend in 30 Days



GLOSSARY

- DATE1** - The first date. Set time & money limits to avoid wasting on wrong women.
- Hangout** - To walk & talk with a girl right after meeting (to gather info & set up SEX1).
- SEX1** - Having sex shortly after meeting a woman (Same-Day Hookup).
- SEX2** - Having sex the second time you meet a woman.

This playbook is explained in detail in the VGF30 course:
<https://www.matingstrategies.com/school/course/vg30>

START

Before you start working the system you will need to do the following **Pre-Game** preparation steps.

Pre-Game

Give me six hours to chop down a tree and I will spend the first four sharpening the axe”. — Abe Lincoln

A little preparation can go a long way in saving you valuable effort, time, and money. Sure, you could go out and start trying to meet virgins immediately with no preparation — but you’ll waste a lot of time and energy, and you’ll let some **big fish** get away.

I’ve made that mistake, and trust me it doesn’t feel good. Learn from me so you don’t have to experience the same heartache!

In preparation of meeting, seducing and keeping virgins, I focus on a small checklist of prerequisites which are the bare minimum things you should have in place before you start running the playbook:

- Hygiene
- Scent
- Fashion
- Face/Skin
- Physique
- Bed-Game

Hygiene

Here is my **shower technique**, starting with the ‘prewash’: before everything else, get some soap lathered up and put some of the lather under your arms, and on your asshole, and on your penis and balls. Let the soap sit there while you wash the rest of your body, face and hair. The soap sitting there will destroy most of the bacteria while you’re washing the rest of your body.

When you’re done washing the other parts of your body, rinse off the prewash, and then wash your underarms, ass, penis and balls again. Really scrub your ballsack well — your balls have many folds which can harbor bacteria and bad smells. I recommend getting a slightly abrasive sponge as I find those work well on your balls.

Multiple washes: If you’re not showering every day, washing one time is not enough. If you don’t believe me try not showering for three days, and then take a regular shower

and then smell under your armpits — you most likely still stink. This is because the stink tends to accumulate in layers, let's say one layer per day, and washing once only removes one layer. A showering technique which has worked well to solve this problem is to take the *number of days* I have not showered, and wash *that number of times*. For example: if I haven't showered in 2 days, I'll wash once, rinse, and then wash again. Sometimes even that is not enough if you got really dirty so do a sniff test under your armpits before your final rinse to make sure you got all of the stink.

Oral hygiene is next. Bad breath is one of the quickest ways to turn someone off. Case in point: I was on a first date with an attractive 24 year old woman and we had just sat down at an outside terrace table at a Starbucks in Japan — her sitting across from me — and as we started talking I for the first time came into contact with her breath — and it was not good. In fact, it was enough to completely turn me off to the point where I ended the date early and crossed her off of my list. Incidentally, I ended up reaching out again out of boredom during a lull in dating activity and eventually found out she was a virgin. But it goes to show you how easily bad breath can turn people off. Don't be that guy!

My **oral hygiene technique** uses the same principal used in showering but instead of counting days I *count meals* and multiply my brushing and flossing time by *that number of meals*. Example: Let's say I'm about to go on a date, and had three meals earlier in the day but maybe I was busy all day and just couldn't brush. I usually floss for about 10 seconds and then brush for about 60 seconds, and then rinse with mouthwash and finally with water to get the mouthwash taste out of my mouth. In my oral hygiene technique I'll multiply those by 3 (one for each meal). That means I'll first floss for 30 seconds ($10 \times 3 = 30$) then I'll brush for 3 minutes ($60 \times 3 = 180$ seconds), and end with mouthwash and a water rinse. That's the level of hygiene you want to have going into a date with anyone, especially a virgin, as remember — they are much less invested going in and bad breath is an instant turn off.

Scent

Have you ever gotten a whiff of a familiar scent and be instantly transported mentally to some nostalgic place in the past? Smells have an extremely powerful impact on our psyche and can help anchor us to certain emotions. Your scent also has a powerful effect on a woman's psychology. It can shift your attractiveness level a full point in either direction so make sure you get it right. Get yourself a decent cologne. Aim

to spend at least \$75 on a bottle. I'm a fan of *Hermes H24* but there are many brands out there that will work just as well. Sometimes what smells good to guys is different than what smells good to women so I recommend going to a cologne shop where there is a young attractive female saleswoman and asking her for her opinion on what smell she thinks will work the best for you.

Fashion

Tailor your style to the age group of woman you're wanting to attract. Invest between around \$400 in an outfit that makes you look attractive and approachable. Stick to timeless, classic pieces that won't go out of style soon and ensure that your clothes fit well.

Skin Care

If you have poor skin, start a skin care routine. My routine has two parts: in the morning after waking up I wash with hot water only to wipe away excess oil that accumulated over night. Before bed I use a foam face wash and scrub away dead skin cells, dirt and oil, next I apply either niacin-amide or retinol, and finally I apply a moisturizer. This routine should clear up any skin issues in a few weeks. Dark scarring will take a few months to fade away. If you live in a place

where facial hair isn't preferred, consider laser hair removal to achieve a clean, polished look.

Also, don't be afraid to use a little makeup to enhance your features and minimize any blemishes or imperfections. Some of you will scoff at the idea of makeup, or avoid the idea due to fears of other men calling you gay. But the truth is that if you get good at using makeup you can boost your attractiveness score a full point. And besides, using a ton of mental energy worrying about what other men think of you, or using that mental energy to strategize on getting more women? If you answered men, maybe you should be dating guys instead of girls.

Physique

Go online and search for BMI calculator and find out your BMI (Body Mass Index). If your BMI is 33 or higher, prioritize addressing your physique first. Losing weight and building muscle can significantly improve your appearance and boost your confidence. Incorporate a healthy diet and regular exercise into your routine to achieve and maintain a fit, attractive body. Accessories Use accessories like watches, belts, and sunglasses to add personality and style to your outfits. Choose items that complement your wardrobe and enhance your overall look.

Bed Game

Your bed-game, or your sex ability, is of the highest importance. That's because when it comes to becoming irresistible to virgins, sex is not just sex, it is the most important tool in your arsenal for creating a strong bond between you and a girl you want to keep. If you suck at sex — like if you cannot get it up or keep it up, or if you ejaculate way too fast, or you can't give her an orgasm, you won't create a strong enough bond and you'll risk losing her. Achieve a basic level of sex ability by practicing with a partner or by your self until you reach the point at which you feel confident in your ability to blow her mind in bed. In the next section I'll give you some vital sex tactics to keep in your arsenal.

Tip: always carry around at least two generously lubricated condoms which fit you well and give a good amount of sensation. Also, consider carrying around some viagra or Cialis because sometimes when you are with a new girl you just met the excitement of it can (strangely enough) make it difficult for you get an erection and being able to just solve the problem by popping a pill eliminates one extra worry from your mind.

Address Problem Areas - None of us are perfect. Maybe you're overweight, maybe your skin is bad, maybe you have a strong body odor, maybe you can't last more than 30 seconds with a woman. It's important to get honest with yourself and identify what your main problem areas are so you can *work on them*. Because ignoring these issues instead of addressing them will absolutely prevent you from getting any kind of success finding and seducing virgins. That said, here are some short and longer term fixes for some common problem areas:

If You're Bald...

Short-term fix is to either cover your head with a hat or hair piece, or shave your head completely and grow a beard and hit the gym for a few weeks to add some muscle.

If You're Fat...

short term fix is multiply your fashion investment by 2X-4X. So spend \$800-\$1600 on a single outfit and accessories. Longer term fix is obviously work on losing the weight.

If You're Old...

Short term fix is to consider dying your hair and beard, and multiply your fashion investment by at least 5X-10X, aiming

to spend \$2000-\$4000 on a single outfit and accessories. Longer term fix is consider hitting the gym to add muscle and considering plastic surgery to turn the clock back 5-10 years.

If You're Shy...

Create an approach script (Buy VGF30 as this is covered in the course) and drill it 1000 times at 1.5X your normal speaking volume. This will make your words flow freely when it comes time to approach.

If You're Short...

The sad truth is that women generally seem to have a biological preference for taller men. If you're shorter than average this definitely puts you at a disadvantage. But don't worry — we can neutralize this disadvantage with a few clever tricks. First, buy some shoes with some thick heels, or better yet, buy some lift inserts to put in your shoe. This can give you anywhere from 1 to 4 extra inches to work with. Also, take a look at your posture because slouching can steal 1 to 2 inches from your height, and correcting that can reclaim that lost height. Finally, consider limiting your targets to girls who are closer to your height or shorter than you. Doing all of these can completely level the playing field and put you on even ground with taller guys.

If Your Penis Is Small...

Penis size is important to us guys, but a lot less important to women. It's kind of like how us guys can still find a girl with small breasts super hot and attractive. It's a pretty good analogy for how women view small penises. A small penis is actually not a big problem because women can be sexually satisfied with small penises or even no penis at all as long as you learn how to consistently give them one or, better yet, multiple strong orgasms. The most sensitive parts for her down there are (1) the clitoris which is outside of the vagina, and (2) the first inch or two just inside of the vagina near the opening. So develop good dick technique, finger and oral technique and you'll be just fine.

Note: If you need objective feedback on your look and other problem areas, or a looksmaxing plan, schedule a [1-on-1 consultation](#) with me and I'll help you.

Script

A script is essential for most men because it reduces variables. The less variables there are the more consistent and reproducible your results will be. If you are approaching using random lines all the time it becomes difficult to diagnose what part of your approach is not working. You want to eliminate as

many variables as possible so that you can keep things simple, quickly identify issues, and adjust.

Write a script and drill it 1000 times before you start approaching. Doing this will enable you to talk to women without stammering, even if you happen to be very nervous. Approaching is stressful enough so the idea is that by having a script committed to memory and ready to go, there's one less obstacle to trip you up.

Your script should contain the following structural elements:

Open > Hook > Alibi > Banter > Close > Exit

The **Open** starts the interaction.

The **Hook** is a test to see if the girl will stop and engage with you. If the hook fails, move on to the next girl.

The **Alibi** explains what you were doing there to put her at ease so she doesn't think you are a pickup artist just going around approaching girls all day.

The **Banter*** builds rapport, raises her interest, and measures her interest level.

The **Close** is where you request the contact info.

The **Exit** ensures that you make a smooth getaway.

Side Note: *Banter is dynamic and best created on the fly to fit the situation, so it's not very practical to try to script it out completely. Although you can come up with a few Banter starter patterns to start you off, you'll often end up winging it to adapt to the direction the conversation flows. The more you approach, you'll notice that good Banter flows from your mouth naturally and automatically without much conscious thought like driving a car or riding a bike.

Here are a few ideas for banter starter patterns:

- Ask her name
- Ask her if she comes around there often
- Ask what she does for fun on the weekends
- Comment that her nails are cute and ask if she does them herself

After enough approaches you'll realize that there are no magic words in this game. Girls who have no interest in you will reject you no matter how perfect your script and delivery happens to be, while girls who are interested in you will give you their contact information no matter how badly you fuck it up.

That said, here is a basic cold-approach script that I've used to approach many girls and have successfully gotten countless numbers and contact info with.

Feel free to use it, or develop your own because again, it doesn't matter what you say in the script, all that matters is that you have a script with all the structural elements.

Basic Script

[Open] Excuse me! Hi! I'm not hitting on you, but I thought you were cute.

[Hook] Where are you heading right now?

[Alibi] Nice! I was on my way to meet some friends...

[Banter] Do you come here often? (banter, banter...)

[Close] Let me get your contact info so we can meet up sometime.

[Exit] I gotta run, but it was great meeting you. Bye!

Once you have the final draft of your script, drill it every day until you've done it 1000 times and the words flow from your mouth automatically without thinking and your delivery is as smooth as butter. If you drill your script 100 times a day it will

take 10 days to reach 1000 reps. If you're serious about getting a virgin, take the time to do this step. Don't skip the script!

TIP: RizzCounter includes a **script editor** which lets you create your script, and a counter button to track how many times you've drilled your script. And later when you're out approaching the app lets you specify which script you used so you can track which scripts perform better. RizzCounter access is included as part of **VGF30** my online course and 30-day challenge for finding a virgin girlfriend in 30 days.

Now that you've got your prerequisites and script ready, you're ready to enter the **Front-End** of the system which is about you meeting and pursuing girls.

Front-End

Targeting

Targeting boosts your chances of meeting an actual virgin when you're out hunting. There are two parts to targeting: (1) going to locations with higher concentrations of virgins and (2) 'profiling' or selecting women who *seem* to you — based on their appearance or vibe — like they might be a virgin.

Virgins are very scarce in some places (bars, clubs, dating apps). In others (the places listed below), they are much more common. You should be aware of where they occur in

greater concentrations and position yourself in those places and start targeting them. Here is a list of the top locations that have yielded virgins for me — which apply to any country with modern cities.

The Best Types of Places to Target Virgins

I've tried meeting virgins in *all kinds of places* and the locations below, by far, are the best and most high-yielding places to meet virgins at:

Train/Bus Stations - I've met dozens of virgins at train and bus stations, including one of the most attractive virgins I ever dated. Met her while she was waiting for a bus scheduled to leave about an hour later. Stations, especially large ones, are good as there is a large volume of girls passing through and many of them are killing time waiting for their bus or train.

Book Stores - I met and seduced several virgins at bookstores — including one of my wives (I'm a polygamist). Book stores attract introspective, nerdy bookworms—prime virgin habitat—who prioritize intellect over partying. Many are sheltered academics or hobbyists, sexually untested and craving real-world validation.

Parks - I picked up several of my previous virgin girlfriends at parks. The relaxed outdoor vibe draws solo joggers, readers, or picnickers—often young, fit, low-mileage women escaping screens for nature. Benches and paths create natural proximity for compliments on dogs/books/outfits.

Supermarkets - I've picked up many virgins at super markets and grocery stores. These everyday errand spots are packed with young women out alone stocking up on food. They are often fresh out of their sheltered upbringings, and ready for new interactions. Aisles provide the best opportunity for physical closeness.

On the Street - High foot traffic on sidewalks packed with young women heading to class or work. Big source of endless virgins but many people overlook the street. I've met dozens of virgins just out on the street.

Shopping Malls - Malls are packed with window-shopping flocks of trendy-but-naive girls killing time with friends, or solo. Food courts and stores offer endless approach vectors. I've picked up and seduced many virgins from malls.

Their place of work - Last but not least is their place of work. Other customers can make it hard to get your timing

right but if you do, it can be one of the most fruitful places to pick up virgins. Target entry-level gigs like baristas, retail clerks, librarians, and other jobs for fresh-faced newbies straight from high school or college.

Route Planning

Next you need to plan out a **route**, starting from your **hunting spot** — the place where you'll be doing your approaches, and ending at the **love nest** — a place where sex can happen. The love nest should be as close as possible to your hunting spot — ideally within a 15 minute walk. Along the way, you can add one or more **waypoints** which are places where you can deepen the interaction, gather more information, build rapport, warm her up and escalate ahead of the love nest. The warmer she is by the time you reach the love nest the better. Once you have your route planned out you're ready to approach.

Approach

Approaching girls is half of the entire system so make sure you understand how important it is to master this vital skill. Your task is simple: get out there in the streets and start cold-approaching girls. If she shares her contact info, advance to the next step in the system. If you get rejected, approach

another girl. If you keep on doing this and abide by the following rules, you will experience success:

Approach Targeting

Ideally, you should focus on approaching girls that are at least a 7/10 on the attractiveness scale. In other words, look for girls that are attractive enough to you that you could imagine yourself kissing and having sex with them on a consistent basis. Realistically though, this caliber of girl is not always around, so be prepared to approach girls as low as 4/10 when needed. You won't have to date or even contact these less-attractive girls but they are important in the beginning as they will help you hit your daily numbers and accumulate approach repetitions which will help you get used to approaching and improve your skills.

In the beginning just cast your net wide and target any girl you're attracted to. After you've encountered a few virgins, you'll become aware of the virgin smells discussed earlier in this book and will be able to narrow your approach targeting even more to raise your chances of meeting a virgin.

Approach Volume

For this system to work you should approach a minimum of 15 girls every day. For most guys, this level of volume is sufficient to net you about one new contact each day.

Approach Consistency

You should be approaching girls every single day until you get the girl you're looking for. Daily approach will help establish cold-approach as a new habit in your brain and eventually eliminate all fear and nervousness.

TIP: RizzCounter has an **Approach Counter** feature which lets you tap a button to count the number of approaches you're doing every day which will help you stay consistent and keep you accountable. It also calculates your **ASR** (Approach Success Rate) and other valuable insights which help you grow in your cold-approach skills over time. It also has a **Streaks** feature that automatically counts the number of consecutive days you've approached girls and awards you with a **Badge** after your streak reaches 66 days. Why 66 days? It's scientifically proven that it takes 66 days on average to form a new habit.

NOTE: This book only does a simple treatment of cold-approach, just enough for you to experience success and get girls to give you their contact information. For a more deep dive on the topic of cold-approach, I'm currently writing a longer book which properly addresses the topics of cold-approach and dating at a more advanced level so make sure you're following me on social media to get updated when that book is released.

You should be approaching girls every single day until you get the girl you're looking for. Daily approach will help establish

cold-approach as a new habit in your brain and eventually eliminate all fear and nervousness.

The Hangout

Immediately after the approach you might be able to execute a “hangout” maneuver if the girl has some time to spare. The hangout is basically creating time and space to deepen the relationship with the goal being gathering information and even transitioning to sex if possible.

First you should try to find out whether she is a virgin. Usually some questions about past boyfriends should give you your answer. If you ask how many boyfriends have you had and the answer is more than zero, I always just assume she is not a virgin and move on to the next girl.

If possible, you should try to feel out the situation to see if it seems you could transition to sex. See the section on “Sex” for how to transition to the love nest.

Texting

The goal of texting is to transition to a date, where you can more easily transition to sex.

Schedule The Date

It feels great when a girl gives you her contact information — but don't celebrate just yet. As you start to approach more and more women you'll quickly realize that just because a girl gave you her contact info doesn't necessarily mean she is interested in you! Your next goal is to use the contact info to communicate with her and schedule the first date sometime within the next 10 days while adhering to the following rules:

Keep Communication Short

Keep your text messages or phone calls short and sweet. If texting, keep it to one or two sentences max per message. You won't lose any points for short texts, but you will lose points for long texts because it can come off as being too emotionally needy. If you're communicating via phone, aim to set a date and get off the phone within 5-10 minutes. The point of communication is strictly to set dates.

Be Careful With Jokes

If you're communicating over text, be careful about using jokes because they are easily misinterpreted which will make the girl lose interest.

Be Careful With Emojis

Emojis are fun but are highly emotionally charged and can be misinterpreted if you choose the wrong one. Using them too much can also cause you to come off as girly which will make her lose interest. Use emojis minimally if at all.

NEVER Double Text

Double texting is where you text her something, and she doesn't reply, so you text some more things to try to get her attention. It's one of the quickest ways to come off as an emotionally needy, lonely guy. View texting like a game of catch-ball. You text something, she texts something. After you text, wait for her response. Understand that the girl might never even respond to you after giving you her contact information. This is actually quite common so don't let it bother you when it happens.

Note: separating a single message into a few multiple texts that you send one after the other okay and is not considered double-texting.

Communication is For Setting Dates

If you're communicating with a chatty girl who wants to ask you all kinds of questions over text or the phone, proceed with caution. There's nothing wrong with answering one or two of her questions, but quickly redirect the conversation to setting up a date so you guys can get to know each other in person.

TIP: Humans have evolved in such a way that women are hard wired to lose interest in men who display feminine traits (being too chatty, texting too much, using emojis). So always be aware of the tone of your communication.

Dating

Important: the **primary goal** with the dating stage is to transition to sex. Keep this foremost in your mind and don't allow yourself to be distracted by the power of romance.

“Men fall in love quickly, through their eyes.

Women fall in love gradually, through their ears.”

A pretty girl is a man's kryptonite. One of the fundamental issues for men is that we are visual creatures, which makes us vulnerable to the flood of visual stimulation that hits us when we see a young attractive woman. This causes us men to develop romantic interest very fast. In contrast, women become interested in a man much more slowly, and their interest development is less affected by how a man looks than by what he says, how he says it and how it ultimately makes her feel.

Side Note: a man can fall in love instantly, whereas a woman needs 4-6 dates over the course of a couple of months to fall in love.

Side Note: Although woman's interest generally grows more slowly than a man's, one exception to this is the phenomenon of "love at first sight" where a woman can develop a high level of attraction to a man instantly. In my opinion this is not because you are special or destined to be together, but rather due to the presence of some kind of preconditioning that was already present in the woman's mind before meeting you. For example, perhaps she once had a crush on a guy with similar attributes as you which has left a pattern in her mind which, when stimulated by you, causes her to develop a high level of interest in you instantly upon meeting you.

To make matters worse, young, attractive women are constantly pursued by multiple male 'orbiters' who can often become obsessive and pushy in the way in which they pursue her. After this happens a few times, women become conditioned to lose interest in guys who display high level of interest in them and instead become interested in guys who have the opposite trait of being unavailable and seemingly uninterested in them.

So as a rule of thumb, no matter how interested you are in a girl you're dating, you want to always be aware of how much you are pursuing her, and limit how much interest you display in her.

That being said, in the Front-End of the system, the girl is still developing her interest in you and is not yet emotionally invested in you enough to pursue you, so it's inevitable that you need to be the one doing most or all of the pursuing to gradually raise her interest.

Qualifying

The first part of the first date is about qualifying or screening the girl to confirm that there is at least some workable level of mutual interest between you and her. For this purpose, I find that it's best to start the date in a place where you can enjoy a couple of drinks (a bar or cafe) and make light conversation for a maximum of 1 hour to get to know your date.

While you talk to her, ask yourself these **Screening Questions** which are designed to disqualify her early on to conserve your valuable time, energy and money:

- Is there anything about this girl's appearance that turns me off?
- Is there anything about her attitude that turns me off?
- Is there anything about her voice that turns me off?
- Is she all quiet and expecting me to do all the talking?
- Does she make me feel uncomfortable?
- Does she seem disinterested in me?

- Does the vibe feel off between us?
- Is she overly critical or bitchy?

If the answer to any of these is YES it means that there is a problem with mutual interest. Either her interest is low, or yours is low and that means this won't work.

Side Note: Just because she showed up to a date doesn't necessarily mean she is interested in you. Some girls go on dates because they are bored or for free food and drinks. The above Screening Questions will expose these girls early on.

ESCAPE

There are many ways to make an escape if the girl didn't pass the screening. The gentlemanly way is to wait until the hour is up and then thank her for coming and say you've got an early start the next morning and have to get going. But if you just can't stomach one more minute of the girl you can look at your phone and explain that you just received an emergency email from work and have to go.

Continue The Date

If the girl passed Screening and you sense some mutual interest, you may continue the first date. The system defines three goals of the first date:

Goal #1: Confirm Virginity

Since this book is about how to land virgins, you want to confirm her virginity status early on so you don't end up wasting your time with girls who don't fit your plan (non-virgins). There are many ways to do this. You could probe by asking about past boyfriends. Or you could start a game of truth or dare and ask her body count if she chooses truth. If it turns out she's not a virgin, wrap up the date as soon as practical and don't see her anymore.

Goal #2: Build Her Interest

As explained above, a man's interest in a woman is primarily triggered by visual stimuli (how she looks), whereas a woman's interest is triggered via verbal and emotional stimuli (what he says, how he says it and how it makes her feel). This in mind, one of the best ways to build a girl's interest in you is to ask her questions that get her talking and are fun for her to answer. Women love to talk and you should let them do the majority of the talking which will allow her to become more comfortable with you emotionally which will gradually raise her interest in you. Another important factor in raising the girl's interest is dropping in occasional flirtatious remarks such as compliments about her and statements of your interest in her. This is critical for keeping the tone of the dates non-

platonic and making sure she sees you as a potential mate and not a friend.

Goal #3: Establish Physical Contact

You should strive to establish physical contact on the first date. One way I like to do this is to wait for a point in the conversation where there is an enthusiastic agreement of some kind between you and her and initiate a high-five so you can touch your hands together. *You like Burger King? So do I! High Five!* This starts the physical relationship and gets her comfortable with the idea of you touching her.

Ending The Date

Don't linger too long on the early dates. Sticking around too long too early in the process makes you seem needy and eager and can also waste more of your time if it doesn't end up working out. Keep the first date within a maximum of 3 hours, and be the one to end the date, preferably at a high point when you're both having fun.

Setting the Next Date

After going your separate ways, don't text or call her right away because sometimes the girl texts you first to say thanks or to suggest another meeting in the future (a strong sign of high interest). If she doesn't, reach out again in 2-3 days and

propose the next date. Optimally, the dates should be spaced at least a week apart and at most two weeks apart. Meet too frequently and you risk being ghosted, and too infrequently and you risk her losing interest and flaking on you. Also, don't tell your girl all the details of what you plan to do on the date because it takes away the mystery. Simply get her to commit to a time and a place and let the rest be a surprise.

TIP: RizzCounter features a **Relationship Tracker** which lets you add the names and ages of girls you pickup, track milestones like dates and sex, as well as take notes about things your girl revealed to you during the date so that you never forget any of the important details.

Additional Dates

Each date raises her interest in you. Continue going on dates and make sure each date advances the physical relationship with your girl toward the ultimate goal of deflowering her.

Sex

Sex is a powerful tactical tool with the goal of raising the woman's interest in you and getting her physically and emotionally "addicted". If the first time having sex with your virgin is not an extremely positive and unforgettable experience for her, you put yourself at risk of getting ghosted. If you understand this point you are much more likely to succeed and make her addicted to you.

Transitioning to The Love Nest

When on a Hangout or Date, you always want to be thinking of how to transition to the love nest (the place you've planned in advance where sex will take place). You can do this by asking some covert questions like “we should go hang out somewhere more private” or “wanna go watch a movie just you and me?” or “I know of a place we can do karaoke together”. If she seems game, attempt to transition to the love nest — the place where sex can be had. See the chapter on Tactical Sex details on the process.

TIP: Generally you should plan your date location and hangout route so that it is close to the love nest. Count on a no more than 5-minute walk if possible.

Side Note: Sex with a virgin can be very emotional. After sex your feelings can sometimes be very raw. You might be feeling needy, sensitive, or vulnerable. After you part ways, it's important to stay cool, bring yourself back to your emotional center and resist the temptation to start blowing up her phone with professions of love. One thing that helps is approaching and dating other girls to distract your emotions while you slowly and methodically date your virgin.

Indicators She Likes You

One thing to be aware of is that just because a girl (even a Virgin) has sex with you doesn't necessarily mean that they like you yet. You can absolutely be ghosted by a girl after sex

(especially bad sex) so be prepared for this as it happens all the time due to the constantly fluctuating nature of female emotions. Sex should be viewed as a potential signal of interest, but taken alone it's not strong enough to confirm that she genuinely likes you.

In order to confirm that your girl genuinely likes you and confidently graduate from the Front-End of the system to the Back-End, your girl needs to display some other indicators, in addition to having had sex. If you observe one or more of the following **Strong Interest Indicators**, *after* having had sex with your girl, it's confirmation that she likes you, and you're ready to graduate to the Back-End of the system:

Strong Interest Indicators:

- She told you she likes or loves you.
- She bought you a present.
- She invited you out on a date.
- She asked "what are you doing now?".
- She showed up at your home unannounced.
- She made you some food without you asking.
- She responded to a text message you sent within 5 minutes of you sending it, at least ten times.
- She initiated contact with you (text/call) on two separate days in a week.

- She greeted you good morning and/or good night 2+ times in a week.
- She initiated some kind of physical contact (kiss, hand holding, linking arms, sex).

Once you've (1) deflowered your Virgin and (2) she's displayed one or more of the Strong Interest Indicators above, you may now proceed to the Back-End of the system which is about pulling back a bit and letting the girl do most of the pursuing.

Back-End

In the Back-End of the system, you've deflowered your Virgin and she's displayed one or more Strong Interest Indicators and now your goal is to convert her into your girlfriend.

My course VGF30 goes into more detail on this process but it's mostly about balancing the pursuing to make sure you don't over-pursue her, which is a major turn off to women.

It's time to pull back slightly and begin to let her start to pursue you more. This pullback has a psychological effect that will raise her interest in you even more. The idea is that you pulling back slightly communicates to her that you are not a

sure thing and that she needs to put in more effort to keep the relationship going.

Note: this is a slight and gradual pullback. It must be so subtle that she doesn't even notice it happening. If you pull back too strongly or too abruptly it can have the reverse effect and cause her to question your commitment to the relationship.

Has She Pushed for a Relationship?

The Back-End starts with a loop that asks whether your girl has pushed for a relationship. Examples of this are:

- She asks “what are we?”
- She hints that you had better not be seeing anyone else.
- She straight out asks to be your girlfriend.

If she has done any of these things, you can sit back, and light up a cigar because you've basically got the Virgin girl and can now convert her into your girlfriend and exit the system.

If NO, the next step is to determine whether you've been doing more than 33% of the pursuing. To do this, review all of the communication that has taken place in the last few weeks and tally up who initiated communication or invited the other out on a date on each day.

If You've Been Over-Pursuing

If you're responsible for more than 33% of the communication the answer is YES you are over-pursuing and you must stop *initiating* communication with her, and don't invite her on any more dates. Wait until your girl initiates the next communication and merely respond and wait for her to invite you on the next date. After that date, re-enter the Back-End loop.

If You Haven't Been Over-Pursuing

If you've been responsible for less than 33% of the pursuing, the answer is NO and you may now initiate communication with her to invite her on the next date. After the date, re-enter the Back-End loop.

Deflowering

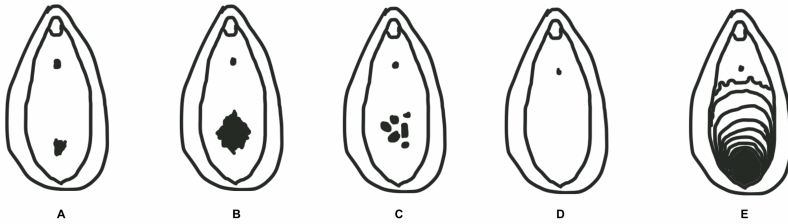


Figure: Different kinds of hymens

Few things are more exciting than when an innocent virgin chooses you to be her first lover, and allows you to deflower her and take her virginity. You may have heard the expression “popping her cherry” to refer to deflowering a virgin. Unfortunately that image isn’t a very accurate representation of how the act of deflowering usually goes. Inserting your penis into the vagina of a virgin should be done slowly and gently to avoid causing the woman pain or injury. This can be more frustrating than you’d expect especially when you’re horny and just want to get inside her already. Set your expectation that deflowering will take a little while. Rushing the process can cause her pain and cause her to think you’re just in it for your own selfish pleasure.

Look at the image of hymens above and note that there are many types of hymens. We'll quickly cover each type.

Note: in the image, the little round thing at the top is the clitoris, the small hole below that is the urethra (where the urine comes out), and below that is the hymen.

Type A - this is the most common type. The hymen has a really tiny hole which is hard to penetrate. It takes a lot of gentle pressing to stretch it out and widen it. At some point there will probably be some amount of blood.

Type B - The hymen has a hole which is wide enough to get the tip of your pinky finger inside. From there it's easy to stretch with gentle massaging.

Type C - The hymen has multiple small holes, probably too small to fit your pinky in. You'll spend a good amount of time attempting to penetrate this type.

Type D - This type has no visible holes. Apparently this is very rare. I've never encountered this type in the wild — and I've deflowered a LOT of virgins. But just know that they are out there.

Type E - She insists she is a virgin and maybe she is! But evidently there ain't no hymen. Maybe she lost it riding a bike. Maybe she had a gynecological issue that required insertion of some medical device. Maybe she likes toys and broke it herself. There probably won't be any blood on the sheets.

Below is my deflowering process. It's centered around gently attempting penetration while giving her pleasure. Usually the pleasure makes her very horny and as a result, more often than not, eventually she will take the lead in making the penetration happen.

1. Warm Her Up

First get her warmed up by kissing her gently for around 5 minutes. Continue kissing and start massaging her breasts over her clothes for 5 minutes. Continue kissing and gently lay your hand on her thigh near her pussy and do some gentle rubbing down the tops of her thighs for 5 minutes. Next, start massaging her pussy over her clothes, still kissing for 5 minutes. Dim the lights, lay her down on a bed and gently remove her pants while continuing to kiss her (5 minutes). At this point she should still have her panties on. Put your hands down her pants and start gently massaging her pussy without trying to insert any fingers yet (5 minutes). She might feel

exposed so be prepared to move the activities under the covers.

2. Gentle Entry

Remove her panties and the rest of her clothes as well as yours. Go down and give her oral sex for around 5 minutes. When she is all warmed up and dripping wet, start massaging the hymen while applying gentle pressure. If she seems comfortable, slowly insert the tip of your pinky finger and gauge her reaction. If she is tensing up try instead working the entrance to her vagina with your tongue or pinky finger, moving it in slow circles while gently pressing inward to stretch the tissues. Eventually you should be able to get the tip of your pinky in without her wincing in pain. Repeat the same procedure with your ring finger (1 minutes), and then your middle finger (1 minute).

3. Gentle Stretching

Once you've gotten a finger in, massage the inner walls of her vagina to gently stretch the tissues for around 10-15 minutes. This can be painful if you go too fast, so proceed slowly while watching her reaction. Once this gentle finger thrusting and pressing on the walls of her vagina no longer causes her discomfort, try gently inserting another finger and repeating the process.

Note on Hymen Variations: Depending on the type of hymen your girl has, there may or may not be bleeding. Referring to the figure at the beginning of this chapter, types A and B are the most common types of hymen. Type A and C are very narrow and are most likely to bleed, while type B is wider and might not bleed at all with slow gentle working to. Type D is completely closed and you're not likely to encounter this because most girls of menstruating age with this condition have already had it opened medically. Type E is what you'll typically see in non-virgins. If at any point your girl expresses pain, back off and go back to kissing her or oral.

4. Inserting Your Penis

Once your girl is able to have two fingers inserted in her vagina comfortably, you can try slowly and gently inserting your penis. Lubricate the head of your penis with saliva or vaginal lubrication and very slowly ease in the tip of the penis. Watching her reaction and if she winces in pain stop any movement until she relaxes.

The entire process from kissing to full penis insertion might take a couple of hours so just be prepared for this and take your time. It might take several sex sessions spread across a few days until your girl is able to have pleasurable completely pain-free sex with you.

Some virgins have never experienced an orgasm so your girl may or may not be able to climax from fingering, oral, or sex

the first few times. Still, your willingness to take your time and focus on your girl's comfort during the deflowering process will go a long way to raising her interest level.

TIP: If your girl has not climaxed I recommend that you refrain from climaxing as well, because just getting your nut off by yourself while she's going through the painful deflowering process can come off as selfish and crude. Of course if your girl requests that you climax because she's curious and wants to witness it, that's another matter entirely.

Side Note: Be careful to proceed toward sex slowly and tactfully so as not to rush the process in an awkward way because it can cause her to assume you're only after sex which can turn her off to you permanently. Virgins want sex just like any other girl, but they are more prepared to walk away from the relationship if they get the sense that that's all that you're after.

Tactical Sex

I'm going to give you three **rock-solid** sex tactics which will make your virgin climax fast and hard and cement a strong bond between you and her. These tactics are also useful for deploying in general sex situations so if you ever get to a point where you don't know what to do in bed, just go to one of these.

The goal of all of this is to get your girl to have as many orgasms as possible. There are a couple of reasons we do this:

Bonding - When you make a woman orgasm a powerful hormone called oxytocin is released in her body which creates in her a powerful emotional bond and physical dependance on you. The more she orgasms, the harder it will be physically, emotionally and psychologically for her to walk away from you.

Also, for us guys, it's pretty easy for us to have an orgasm. We can reach our climax pretty quickly (within 1-2 minutes), and once we're done and it becomes difficult for us to get hard again for a while. But the vast majority of women are

different: it takes them a little longer to have the first orgasm but once they do, they can continue to have more orgasms, and interestingly enough, the subsequent orgasms are easier to achieve than the first!

Let's dive into the tactics.

The Finger Technique

My finger technique is extremely powerful. You can use this as foreplay to get her going, or as a fall back if you busted too soon. Have her lay on the bed face up and put her legs up. Insert your middle finger up to the first joint and massage slowly in a circular motion, clockwise and counter-clockwise for about 1 minute. Next, push deeper to the second joint and move the finger in and out, and on the out stroke press up slightly so that you're putting some pressure on the upper wall of her vagina — do this for 1 minute and also mix in the circular motion to add some variation. Next, push your middle finger as deep as it can go and gently press against the upper wall of her vagina for about 1 second and release and repeat for about 1 minute. Finally, add some in and out thrust motion to it and continue until she has an orgasm. This technique lasts 3 minutes and usually makes girls have at least one if not two or three orgasms by the end.

The Oral Technique

My oral technique is extremely powerful and I've been complimented on it by countless women.

First, I need to teach you something about the clitoris. The next time you have an orgasm, wait a few minutes and touch the tip of your penis. See how uncomfortable that is? Now multiply that feeling by 10x and you'll start to get a sense of how a woman feels if you touch her clitoris without warming her up first.

Have your girl lay on the bed face up near the edge of the bed and put her legs up. She should be close enough to the edge that if she puts her legs down, they will dangle off of the bed. Kneel on the floor in front of her and adjust you or her's body so that your mouth has easy access to her pussy. Now you're ready to start.

Start by using your hands to spread her legs and hold them open, fully exposing her pussy, but don't go for the pussy just yet. Start by kissing her feet, and the outside of her legs. Give light kisses and licks. She should already be moaning in anticipation. Next move the kissing to the inside of her legs, and then to her lower belly. Use one of your hands to gently

touch her breasts at this point. This peripheral kissing should take around 1 minute.

Next, start licking directly around her pussy. But don't touch any part of the lips just yet. Lick the sides of the pussy with a good amount of force as there are some nerves buried in there which you should hit. Continue this for 1 minute.

Now you'll start to lick the pussy directly, but at this point you're still avoiding touching the clitoris. Give gentle licks of the lips closest to her butthole, in a side-by-side motion. Also, go to one side, and run your tongue up and down in the groove between her pussy lip and her pubic skin. Your tongue will come up to the clitoris but make sure to keep it on the outside of the clitoral hood and not touch the clitoris directly yet. Make sure things are nice and wet down there. Do this for 1 minute.

At this point she should be breathing heavily and moaning loudly. If she puts her hand on your head or seems to be wanting to escalate things, that's a sign that she is ready for direct clitoral stimulation. Now it's time to blow her mind.

Using both hands, stretch the sides of her pussy open to give you direct access to the clitoris, and blow your breath on it.

What I do is alternate between cool and warm air. For cool air I pursing my lips together tightly to make a small hole, and force out a small stream of air onto the clitoris. Then I open my mouth and gently release a puff of warm air. Do this for about 10-20 seconds to build anticipation for the next part.

Now, open your mouth and use it to completely cover her clitoris. Don't deliberately touch it with your tongue just yet, just make sure it's completely enclosed in your lips. Now, slowly create some suction to suck the clit up into your mouth, then release. Repeat this very slowly for now for about 1 minute. She will probably have one or more orgasms at this point but if not, increase the pace of the sucking. This clit sucking technique absolutely blows women's minds.

Note: once you're comfortable with this, if you really want to make her cum fast and hard, mix in the finger technique above.

Dick Technique

This dick technique I'm going to share with you is a gentle one which is great for seducing virgins and making them orgasm while helping prevent you from blowing your load too soon.

First get her warmed up through foreplay, and ideally, make sure she's had an orgasm or two up to this point already as that will make it easier for her to have an orgasm with your penis inside of her.

Have her lay on the bed face up and put her legs up. Get on top of her and press your body onto hers so that you have as much skin-to-skin contact as possible. Very slowly, insert only the tip of your dick and start moving it in and out slowly, a maximum of 2-3 inches deep. The pace at this point should be about one thrust per second or slower. Starting from 1, start counting your thrusts and when you reach the 10th thrust, thrust as deep as you can go and leave it in for a few seconds and enjoy the sensations. Starting from 1 again, start counting your thrusts and this time, go deep on both the 9th and 10th thrusts. On the deep thrusts, don't pull your penis far out because that is way too much stimulation and you will blow too early. Instead, when you are thrusting deep, just thrust inward and outward by just a couple of inches. On the next cycle, go deep on thrusts 8, 9, and 10.

On the next cycle, go deep on thrusts 7, 8, 9, 10.

On the next cycle, go deep on 6, 7, 8, 9, 10.

On the next cycle, go deep on 5, 6, 7, 8, 9, 10.

On the next cycle, go deep on 4, 5, 6, 7, 8, 9, 10.

On the next cycle, go deep on 3, 4, 5, 6, 7, 8, 9, 10.

On the next cycle, go deep on 2, 3, 4, 5, 6, 7, 8, 9, 10.

On the last cycle, go deep on all 10 thrusts.

This completes one super-cycle.

Your girl most likely will have an orgasm with 1-3 of these super-cycles.

This technique is good for guys because the shallow thrusts prevent you from getting over stimulated, but for the girl, the stimulation is often more than enough to take her to climax again and again.

Pre-Hunt Checklist

Here is a checklist of some essential things I like to have in place before going out hunting for virgins:

- [] **Phone** - Fully charged and ready to store contact info. Bonus if **RizzCounter** app is also installed so you can quickly open and tap the approach counter between approaches.
- [] **Showered** - To avoid offending targets with bad odor.
- [] **Brushed Teeth** - To avoid offending targets with bad odor.
- [] **Breath Mints** - To neutralize bad breath in emergencies.
- [] **Deodorant** - To avoid offending targets with your odor.
- [] **Cologne** - To associate yourself with an attractive scent.
- [] **One Good Outfit** - To create the appearance of high-status.
- [] **Dick Pills** - (Tadalafil, etc) Stay hard during stressful deflowering!
- [] **Condoms** - Premium condoms which fit you well to help you stay hard during sex, avoid pregnancy & overcome “no condom, no sex” objections.
- [] **Cash** - A little (\$50-100) for motel rooms, etc should the opportunity arise.

Case Studies

Here are some recent case studies demonstrating how I applied the system and tactics shown in this book to approach and seduce virgins.

Case Study 1: Picking up a 24 year old Virgin Near a Train Station and Taking Her to a Hotel Room in 38 Minutes

I was out hunting around one of the busier Train Stations in Tokyo (Shinjuku Station) and going from girl to girl. I noticed a tall attractive asian girl (almost as tall as me) in a short skirt dragging a small suitcase. I watched her stop by the lockers and decided to approach as she was putting her suitcase in one of the lockers.

I approached her from the side, and spoke to her in Japanese, saying the equivalent of “Excuse me, I’m not hitting on you but you’re my type” with a playful look on my face. She looked at me briefly with a look of confusion and even slight annoyance on her face as she continued to try to fit her bag in the locker.

She kind of brushed me off so I went into banter “Are you travelling or something?”. She responded that she was visiting Tokyo and after some prodding I learned that she was a Chinese college student studying in another part of Japan visiting Tokyo for a concert. I learned she had some time to kill so I transitioned into a Hangout maneuver and we walked around for a bit as I tried to warm her up and qualify her.

I probed about past boyfriends and she said she had never had a boyfriend or any experience with men. I bluntly asked “So you’re a virgin? She admitted that she was”. Now that I had qualified her I started setting up my next move.

We were nearby one of the big love-hotel districts so I steered us in that direction in a nonchalant way and dropped several clear signals that I was interested in her and wanted to go somewhere more “private” where we could get to know each other better (without saying it was a Hotel directly). She agreed.

I led her into one of the Love-Hotels I’m familiar with and she shot me a suspicious look once she realized where we were. *“I come here sometimes to relax. It's more private than a cafe, and you can make coffee and even watch*

movies” I explained. To give her an out and cover myself legally I added “*We don’t have to go in if you don’t want to*” she shrugged and said “*it’s fine*” and I paid the money and got our room keys.

In the room I sat on the bed and invited her to sit down with me but she sat on the Sofa so I took a seat next to her to escalate things. On the sofa, her short skirt was pulled up even higher, exposing her thick milk-white thighs. I got an instant raging hard-on.

I asked her if I could kiss her and she didn’t immediately say no. After some more pushing she finally said “okay” and I kissed her on the lips. Kissing turned into petting and after about 10 minutes I could tell she was flushed and very turned on. She excused herself and went to the bathroom and during that time I dimmed the lights and got into bed and turned the TV on.

When she came back she sat on the Sofa again and I invited her to the bed to watch TV. She joined me. I initiated kissing again and turned the TV volume on low.

I deflowered her according to the technique shown in this book and then we had sex a few times. I was able to give her

several orgasms using the tactical sex techniques introduced in the book. And unfortunately, I left the cleaning lady about a dozen little blood spots on the sheets to deal with.

This girl was rather aloof and standoffish before sex, but afterward, she clung to me like a koala bear clinging to a tree. Unfortunately she had to leave Tokyo after that but she still visits me every month or two and we ‘hang out’.

Case Study Takeaways:

1. It is possible to have sex with a girl minutes after meeting them.
2. You can still win over “annoyed” girls if you are persistent.
3. Girls will often give off the appearance of objecting to your advances to save face or not come off as a hoe, but if you are persistent (while giving them outs to cover yourself legally) they will often show their true intentions.

Case Study 2: Picking up a 26 year old Virgin in a Book Store and Giving Her Her Very First Kiss on a Park Bench on The 1st Date

It was date night with a Vietnamese girl I picked up in Tokyo a few weeks back and I was waiting for her outside a Vietnamese restaurant she recommended on the 8th floor of LUMINE mall at around 7:00 PM on a Friday night. I'd gotten there about 5 minutes early and the girl texted me saying she was running about 10 minutes late.

As I was waiting I saw an attractive girl pass by me and walk in the direction of a bookstore at the far end of the mall. She wore a mask but her eyes struck me as attractive and her ass was simply amazing. Since I had time to kill I decided to follow from about 50 meters behind and saw her enter the bookstore and vanish behind some book shelves. I started walking through each of the aisles and finally I found her — examining a book.

I approached her from the side and spoke to her in Japanese. I opened with the equivalent of “Excuse me, I’m not hitting on you or anything but, I saw you and thought you were my type...” she was wearing a mask and said something back which I couldn’t make out but body-language wise she took it well so I continued with a hook “are you shopping for books?” she responded in the positive. At this point I’ve made it clear to her that I have a romantic interest in her and her continuing the interaction is a big signal that it’s going in

the right direction. I continued with banter and found out that she was an avid reader and had come to get the latest release of one of her favorite authors. Things were going great and I wanted to make a nice smooth exit so I told her I had to run as I was meeting a friend soon for dinner, but we should go out sometime. She nodded yes and I asked for her contact info and closed and exited with the equivalent of “Thanks, talk soon!”.

A few hours later (after the date with the Vietnamese girl was over) I texted the bookstore girl and asked her availability to go out for drinks. I gave her two options: the coming Saturday (about 7 days later) or that following Saturday (two weeks hence) and she choose the sooner one. I like proposing two dates like this because it helps me gauge their level of interest in me — if the girl choses the sooner date I take it as a sign of higher interest. I said I was looking forward to it and gave her a time and a place to meet, and then did not message her the entire week.

On the night of the date, I showed up at the meeting place and met her. We had dinner, and some drinks, and it was an enjoyable time for us both. During that time I probed about past boyfriends and learned that she’d never had one and was still a virgin. Jackpot!

Afterward, I proposed we get some drinks from a convenience store and hang out in the park near the train station before ending the night and she agreed.

We found a secluded park and I gave her her first kiss right there. It was very emotional for her and she even started crying a little, which I'm not gonna lie made me get a bit teary-eyed myself! After about an hour we split up and made plans to meet the following Saturday night.

On Saturday we met at Shinjuku Station at 7:30 pm and found a little bar/cafe near the station and had some Drinks while we discussed where we'd have Dinner. We couldn't come up with any ideas so we decided to just start walking around to see if we could find something. We were not far from the Love-Hotel district and I was waiting for the right angle to transition to a Hotel. Finally, after wandering around for a while and sensing she was getting frustrated I proposed we just buy some food & drinks at a convenient store and go somewhere where we could be alone and watch some movies and she immediately agreed.

After buying some food and drinks I led her right into one of the nicer Love Hotels I was familiar with and she went in

with no friction whatsoever. I checked in as though nothing strange was happening and within a few minutes we were in our room.

During deflowering I had some issues staying hard at first due to a combination of the effects of the alcohol and the pressure of deflowering and to make matters worse I didn't have any dick pills on me so it was stressful for a bit, but we got it done after about an hour and then had some very passionate sex. We spent the night and went to Starbucks the next morning and had coffee before splitting up. I eventually converted her into my girlfriend and then graduated her to being my 2nd wife (I'm a polygamist) later that year in 2024!

Case Study Takeaways:

1. There are plenty of attractive virgins out there (even well into their 20s) waiting for the right guy to come along.
2. If the girl is feeling you you won't have to do much persuading to get her to have sex.
3. The first kiss, and first sexual experience is often extremely emotional for a girl and the guy as well.
4. Dick-pills can come in handy in some situations especially during stressful deflowering.

5. Virgins can become extremely clingy so use caution and only deflower girls who you are interested in having long-term relationships with!

Case Study 3: Picking up a 24 year old Virgin and Taking Her to a Hotel Room on The 2nd Date

One Sunday afternoon in late summer in Japan, I took my 5-year old son to the park downtown, and was looking around for somewhere I could sit and watch him play in the nearby water fountain. There were several benches nearby, and on one of them sat an attractive young asian woman reading a book. Her hair was bundled into a ponytail and she wore glasses which gave off nerdy introvert vibes. She wore tight-fitting shorts which exposed a set of thick milky-white legs which I found extremely attractive. So I sat on the bench she was on. I wasn't prepared to approach that day so I didn't have on my best clothes and hadn't shaved. But that didn't stop me from taking advantage of an opportunity. I didn't immediately start chatting her up but calmly waited for the right moment. My son kept running back and forth between me and the water fountain and sometimes he would jump into my lap and one time his shoe bumped into the leg of the woman. I used that as an opener and said "sorry about that!" and she smiled back and said "it's ok. Your son is so cute!".

Shortly after that we were having a conversation. I learned she was 24 and from Mongolia. She asked my age, which was 43 at the time. Before I left, I asked for her contact info and got her instagram. Before I left, I asked for her contact info and got her instagram. After a bit of flirting back and forth on instagram we arranged to meet in the same place the next weekend. On that meeting she showed up dressed in loose fitting jeans and dark colors and as she sat across from me at a cafe I noticed she had bad breath. These things threw me off and lowered my attraction.

Also, at that time I noticed that she had two small tattoos on her forearm. I'm not a fan of tattoos and at the time believed that they were a signal that the girl was likely not a virgin. Based on this I decided to make up an excuse and go home early and kind of disqualified her.

However I continued to flirt with her on and off over instagram and a couple of weeks later we arranged to meet again. I told her there was a place (a “love hotel”) where we could watch movies just the two of us. It seemed she understood the direction I was taking it and she agreed. At this point I didn't believe she was a virgin due to the tattoos and was just looking forward to sex with a hot girl. We met at the usual spot, and this time she came in a sexy skirt and I

found myself feeling very attracted to her again. We went to the hotel and started watching the movie and at some point I directed her to sit on the bed next to me and she did. As things escalated she told me she had never done anything with anyone before. I asked what she meant and she confirmed she was a virgin. After sex her interest in me had increased dramatically and we started seeing each other regularly.

Case Study Takeaways:

1. You can approach anywhere and anytime — even when your kids are with you!
2. Girls will accept you even if you are married, with kids.
3. Age is only a number and young girls will go with older guys provided the attraction is there.
4. Virgins can have tattoos too.

Troubleshooting Issues

When you start working the playbook you're bound to run into problems from time to time. Below is how to diagnose these problems and how to overcome them.

Problems With The Approach

Falling ASR

When you first start out and your approach numbers are still low (below 100) your ASR might start off very high and then gradually fall as your approach count grows. This drop is expected as your ASR will become more accurate the more approaches you get under your belt. After a while (usually 100+ approaches) your ASR should stabilize and be more accurate.

Very Low ASR

After your ASR has stabilized (after 100 approaches) if your ASR is still very low (5 or less%) it means there's a problem you need to address with your approach. Start by evaluating your prerequisites and making sure that those are in place, paying particular attention to your hygiene, skin care and

fashion because problems with any these will absolutely bring down your ASR.

Problems With Dating

Low Response Rate

If you're getting contact info but more than half of them never read or respond to your first message, it's likely you're not building enough rapport during the approach and need to spend more time bantering with the girl to raise her interest.

Unable To Set First Dates

If girls are responding to your first message but they are not showing interest in scheduling a first date, check your communication to make sure you're following the rules and not losing points there by over-communicating, cracking jokes that get misinterpreted or using too many emojis.

Unable To Set Second Dates

If you're getting first dates but are unable to set second dates you're doing something on the dates that is turning girls off. Review how you're acting on dates, identify the things you are doing wrong, and stop doing those things. Common reasons at this stage could be teasing her too hard, failing to compliment her, making negative remarks about her appearance, being too

disagreeable, talking too much, bragging about yourself, or trying to get too physical too early on.

Unable To Set Third Dates

If you're getting second dates but are unable to set third dates, you're doing something on second dates that is turning girls off. Common reasons for this could be acting different than you did on the first date, or failing to advance the physical relationship enough.

Getting Flaked On Before First Dates

When you start dating more you will find that getting flaked on can sometimes happen at the last minute before a date. This can take the form of a last minute cancellation message, or a complete no-show where she just stands you up and you never hear from her again. Sometimes girls pull away before the first date for various reasons, so and try to look it as part of the game don't let it discourage you. Flakes happen. When they do, keep going and move on to the next girl.

High Flake Rate

If you're setting first dates but 20% or more girls are flaking it's very likely that you're setting dates too far into the future. Avoid setting dates more than 10 days into the future.

Getting Ghosted After First Dates

You'll also find that girls often lose interest for whatever reason after the first date (and to a lesser extent 2nd dates as well). The first signs of this are that the quality of their text communication starts to suddenly decline after the date. This means the replies start to take longer, or just start to seem much less enthusiastic until finally they just stop coming completely. Congratulations, you've been ghosted. Ghosting happens. There's nothing you can do to stop it. Don't hound the girl and ask her for reasons why because it will just turn her off even more. Just charge it to the game and move on to the next girl.

Letting Her Go To Bring Her Back

When a girl pulls away, if you play it cool and don't get offended and respond by blowing up her phone with all kinds of crazy desperate messages, sometimes the girl comes back to you after several weeks for whatever reason. Perhaps she's bored, perhaps she's curious as to why you seemed so unfazed when she disappeared suddenly. Remember that communication is a game of catch-ball and if ever the girl doesn't respond, then the ball is in her court. When she comes back, it's important to not get defensive or ask her why she disappeared because that will turn her away. Welcome her

back with open arms, act as though you weren't bothered in the slightest, and set another date.

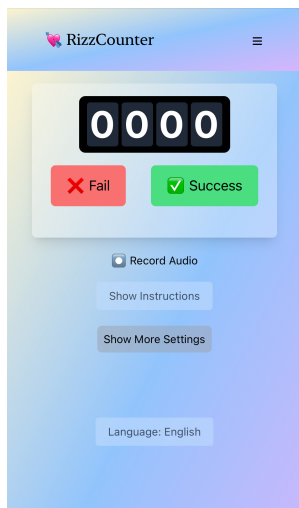
Leveling Up Your Skills

What you just learned here in The Virgin Hunter's Playbook is already **lethal**. But this guide is just the tip of the iceberg. If you want to take your skills to the **next level** I have an online course called **VGF30** which goes into greater depth and detail on my system and introduces advanced techniques and concepts. VGF30 also challenges you to **execute** the playbook to get a virgin girlfriend in 30 days, all while tracking your progress via **RizzCounter**, my proprietary tracking app, which lets you log every approach and even record your **approach audio** so you can review it and see what you did right and what needs improvement.

It gives you valuable data metrics like **ASR**, keeps you motivated with **Badges**, and has a super-useful **Streaks** feature which tells you how many days in a row you hunted to make you not want to break that streak. It comes with a **Relationship Tracker** to help you keep track of girl's names, important dates, clothing sizes, and likes and dislikes.

Guys who use RizzCounter hit their first virgin 3 times faster because they eliminate the guess work, keep motivation high,

and start improving with hard data. If it's worth it to you to eliminate trial and error and meet a virgin in as short a time as possible I highly recommend buying **VGF30** at www.matingstrategies.com/vgf30



(Screenshot from RizzCounter)

Getting Help

If you need more help I offer the following resources, services and tools:

Private Coaching - Personalized 1-on-1 strategy and coaching sessions tailored to your specific situation. Delivered over Zoom or Google Meet. Order a consultation at www.matingstrategies.com/consultations

Private Strategy Group - I have a private strategy group online where you can chat with like minded guys and strategize together. Membership is included with your purchase of this book and you can access the group here: www.matingstrategies.com/group

RizzCounter - An app designed specifically to help you find and seduce virgins faster. I originally created this app for myself to help me keep track of my stats, but it was so powerful of a tool i decided to start letting other guys use it. It lets you save the names and ages of girls you met, and even lets you check a box to track whether they were virgins or not. Guys around the world are using RizzCounter to take their approach, dating and seduction to the next level.

<https://app.RizzCounter.com>

****Note:** RizzCounter is not open to the public, but you can get a membership to it through VGF30.*

VGF30 - “How to Find a Virgin Girlfriend in 30 Days”. An online course and 30-day challenge. Contains videos which explain the steps of the playbook in detail, along with some advanced concepts and techniques. Enroll here:

www.matingstrategies.com/vgf30

Glossary

Approach - Going up to a girl with the goal of getting her contact information. Also see cold-approach.

Alibi - The part of the Cold-Approach Script that explains what you were doing when you approached the girl.

Approach Success Rate - The number of approaches that resulted in contact information divided by the total number of approaches. Most men will be able to achieve an ASR of 5-10%. Calculated automatically for you by RizzCounter. Also see ASR.

ASR - See Approach Success Rate.

Attractiveness Scale - A numerical scale measuring the attractiveness of a woman. This book uses the common 1-to-10 scale where 10 is perfect, 5 is average and 1 is the most ugly.

Banter - The part of the Cold-Approach Script where you make small talk to gather information about the girl and raise her interest level.

Body Count - How many men a woman has had sex with.

Close - The part of the Cold-Approach Script where you request contact information from the girl.

Cold-Approach - Going up to a girl who is a total stranger with the goal of getting her contact information.

Exit - The part of the Cold-Approach Script where you end the interaction in a smooth way.

Flake - When a girl backs out of a date at the last moment or stands you up.

Ghost - When a girl stops replying to you suddenly and mysteriously as though she has departed this world.

Hook - The part of the Cold-Approach Script that attempts to get the girl to stop what she was doing and engage with you.

Hookup - Sex.

Hunt - A series of approaches in close succession usually done in a specific place.

Hunting Spot - The primary location where you'll be doing a hunt.

Love Nest - A place where sex can happen.

Open - The part of the Cold-Approach Script that starts the interaction and makes the girl aware of your presence.

Orbiter - A male friend of a woman who secretly likes her and waits for an opportunity to seduce her.

Route - A path starting from your hunting spot (or the place where you meet your girl if you're on a date), optionally passing through one or more waypoints, and ending at the love nest.

Same-Day Hookup - Having sex with a girl the same day you meet her, usually just minutes or hours after you've approached her.

Virgin - A woman who has never had vaginal sex.

Virgin Smell - One or more traits that signal that a girl might be a virgin.

Way Point- A place along the route from your hunting spot to the love nest, used as a place for building rapport and progressing along the route.