



SPEAK UP

10 Catchy Comebacks For Women In
Leadership When Interrupted Or
Talked Over!

YOUR COACH

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Confidence Leadership Coach For Women

I'm a former Executive Recruiter and Senior HR Professional who's now a dedicated Leadership Coach, focused on empowering women to Lead With Unshakable Confidence, even when life gets messy and that inner critic starts acting up.

For the past 15 years, I've worked with thousands of women from tech giants like Google to grassroots not-for-profit startups. They all shared one thing: **a strong drive to make a difference. But, as we all do, they faced their own inner battles along the way.**

My mission? To stand by your side, helping you conquer those demons and emerge as a leader with rock-solid confidence. Let's tackle those challenges head-on together, embracing the journey with unapologetic authenticity!

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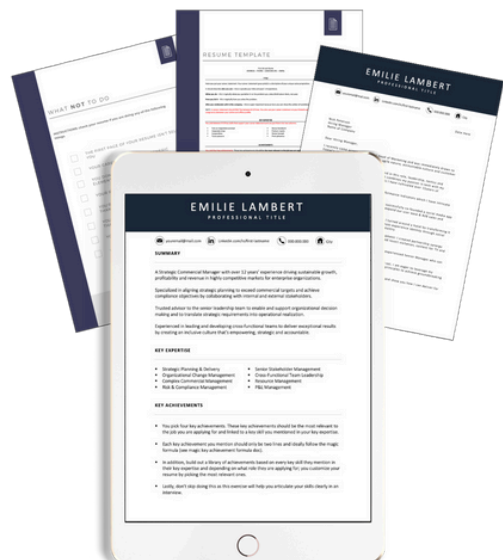
Confidently voice your opinion in your next meeting even if assertiveness isn't your thing and you normally turn bright red 🙄.

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Unlocking the Magic of Assertive Comebacks: Your Superpower for Navigating Tough Spots...

All right, let's talk about these cool things called assertive comebacks – your secret sauce for bouncing back when life throws curveballs your way.

Imagine this: you're dealing with credit snatchers, people who brush off your genius ideas, or even sticky situations where biases come into play.

Instead of going all quiet or getting defensive, these nifty tools help you stand tall, with no sweat.

So, here's the scoop: assertive comebacks are like your trusty sidekick, there to help you keep your cool and stay true to yourself. They're your go-to moves when you need to shut down those credit thieves, show the dismissive crowd what's what, and steer clear of messy conflicts without losing your cool.



But it gets better!

These comebacks don't just keep you from playing small or folding under pressure. **They're like your shield of respect and credibility armour.**

With a sprinkle of assertive magic, you're maintaining your awesomeness and putting your foot down to prevent anyone from taking you for a ride.

Picture this: a world where you confidently hold your ground, and never let anyone underestimate your worth.

These comebacks are your secret recipe for staying strong, even when the going gets tough.

They help you keep your swagger intact and show everyone you're the real deal – a force to be reckoned with.

SPEAK UP.

—— 10 Catchy Comebacks When Interrupted Or Talked Over! ——

1

Catchy Comeback: "I appreciate your insights, and I would like to finish conveying my strategic viewpoint on this matter."

Let's set the stage: Use this comeback when addressing senior stakeholders to acknowledge their perspectives while asserting your strategic viewpoint.

Let's picture this in action: During a leadership meeting with senior stakeholders, your manager begins discussing a new initiative while you're in the midst of presenting a strategic plan. You can use this response to appreciate their insights and assert your strategic contribution: *"I appreciate your insights, and I would like to finish conveying my strategic viewpoint on this matter. Incorporating my perspective could help shape our approach moving forward."*

2

Catchy Comeback: "Excuse me, I wasn't finished discussing the comprehensive impact of this decision. It's vital that we consider all ramifications."

Let's set the stage: Employ this response when engaging with senior stakeholders to ensure thorough consideration of decision implications.

Let's picture this in action: In a board meeting, executives discuss a major financial decision before you've covered the full range of potential impacts. You can use this comeback to emphasise comprehensive analysis: *"Excuse me, I wasn't finished discussing the comprehensive impact of this decision. It's vital that we consider all ramifications. My insights can contribute to a well-informed choice."*

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3

Catchy Comeback: "I understand the importance of speed, yet I'd appreciate the opportunity to outline my strategic approach before we proceed."

Let's set the stage: Use this response to acknowledge urgency while asserting your need to present a strategic approach to senior stakeholders.

Let's picture this in action: Your manager and executives are discussing quick actions to address a market challenge. However, you have a strategic approach in mind that requires consideration. You can use this response to balance speed with strategic thinking: *"I understand the importance of speed, yet I'd appreciate the opportunity to outline my strategic approach before we proceed. Integrating this perspective could lead to a more effective solution."*

4

Catchy Comeback: "Your input is valued, and I also believe it's critical to present my strategic insights. May I continue?"

Let's set the stage: Employ this response when interacting with senior stakeholders to emphasise the value of your strategic insights.

Let's picture this in action: During a meeting with other executives, your manager begins discussing a change in market strategy without considering your strategic perspective. You can use this comeback to highlight the importance of your insights: "Your input is valued, and I also believe it's critical to present my strategic insights. May I continue? Integrating my viewpoint can contribute to a well-rounded decision."

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5

Catchy Comeback: "I'm grateful for the engagement in this dialogue. Let's ensure we provide a comprehensive perspective by allowing each of us to contribute fully."

Let's set the stage: Use this response to acknowledge participation while advocating for an inclusive approach in senior stakeholder discussions.

Let's picture this in action: During a high-level strategy meeting, your manager and other executives discuss a major expansion plan. A few voices dominate the conversation. You can use this comeback to promote inclusivity: *"I'm grateful for the engagement in this dialogue. Let's ensure we provide a comprehensive perspective by allowing each of us to contribute fully. Diverse insights can lead to a more well-rounded strategy."*

6

Catchy Comeback: "I'm sorry, but I believe it's essential to present my strategic viewpoint before we progress. Comprehensive analysis is key."

Let's set the stage: Employ this response to emphasise the significance of thorough analysis when engaging with senior stakeholders.

Let's picture this in action: In a meeting with executives, there's a rush to finalise a budget allocation without considering potential long-term effects. You can use this comeback to stress comprehensive analysis: *"I'm sorry, but I believe it's essential to present my strategic viewpoint before we progress. Comprehensive analysis is key. Once I've outlined the potential implications, we can make an informed decision."*

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7

Catchy Comeback: "Thank you for sharing your valuable insights. Now, if you wouldn't mind, I'd like to continue presenting my strategic approach to this challenge."

Let's set the stage: Use this response to express gratitude for input while asserting your intent to present a strategic perspective.

Let's picture this in action: In a leadership meeting, a senior executive presents an operational solution to a business challenge. You have a strategic approach to address the issue. You can use this comeback to appreciate their insights and segue into your strategic contribution: *"Thank you for sharing your valuable insights. Now, if you wouldn't mind, I'd like to continue presenting my strategic approach to this challenge. Integrating both perspectives can lead to a more effective solution."*

8

Catchy Comeback: "I would appreciate the opportunity to elaborate on my strategic perspective before we address any specific concerns."

Let's set the stage: Employ this response to ensure your strategic perspective is fully understood before diving into specific concerns with senior stakeholders.

Let's picture this in action: During a meeting with senior stakeholders, your manager starts raising concerns about a proposed marketing campaign before you've fully outlined the strategic rationale. You can use this comeback to ensure a comprehensive understanding: "I would appreciate the opportunity to elaborate on my strategic perspective before we address any specific concerns. Once I've provided the strategic context, I'll be happy to address your questions."

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9

Catchy Comeback: "I recognise the enthusiasm around this topic, and I'd like to request a brief moment to articulate my strategic insights without interruption."

Let's set the stage: Use this response to acknowledge enthusiasm while asserting your need to present strategic insights to senior stakeholders.

Let's picture this in action: In a meeting with executives, discussions about an upcoming product launch are getting enthusiastic, and ideas are flying. You have a strategic perspective to share. You can use this comeback to navigate the excitement and assert your viewpoint: *"I recognise the enthusiasm around this topic, and I'd like to request a brief moment to articulate my strategic insights without interruption. Integrating this perspective can lead to a more impactful product launch."*

10

Catchy Comeback: "I believe it's imperative for us as leaders to offer a comprehensive outlook. Kindly allow me to conclude before we proceed."

Let's set the stage: Employ this response to emphasise the importance of comprehensive leadership and request a moment to conclude your strategic insights.

Let's picture this in action: In a senior leadership meeting, a decision is about to be made without considering potential long-term effects. You can use this comeback to stress the significance of holistic leadership: *"I believe it's imperative for us as leaders to offer a comprehensive outlook. Kindly allow me to conclude before we proceed. My strategic insights can contribute to a more well-informed decision."*



Now, these assertive comebacks have your back when you're dealing with interruptions, ensuring your input shines through and tackling those talk-over moments head-on.

But let's be honest...

... even though these comebacks are here to lend a hand, there's no denying that certain situations can still leave you feeling a bit uneasy.

Take, for instance, **the struggle many of my clients face when it comes to expressing disagreement during meetings.**

They worry about causing a stir, offending someone, or facing challenges...

Mastering the art of confidently disagreeing in an assertive manner, even if you're not one for conflict, well, that's a crucial skill to have.

If that sounds like something you're keen on, why not take a peek at *Speak Up, Stand Tall?*



Speak Up, Stand Tall.

[VIEW MORE](#)

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What Others Say

Sarah - Financial Analyst

"Before, I used to stay quiet in meetings, keeping my opinions to myself. But ever since I learned the magic phrases, everything shifted. Now, I actively participate in discussions, knowing that my opinion truly matters!"

Margret - Change Manager

"Just by following the structure and using the phrases, I was amazed at how well-received my opinion became!"

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