

BOLD REINVENTION
CALENDAR

2026

For Women 50+ 
Who Are Just Getting Started

Inspiration for women ready to rise, rebuild, and reclaim what's next.



Inspire, Influence, Impact.

Every story matters, every experience counts,
and every voice has the power to Inspire.

Join us in weaving a tapestry of Influence,
where seasoned insights spark new ideas.

Together, we're not just sharing our journeys –
we're shaping the future and leaving an enduring Impact.

www.2ndchapterwomen.com

WELCOME

This calendar is a reminder that your life is far from over - *it's evolving*.

You are not too old, too late, or too far behind.

Each month invites you to think bigger, act bolder, and trust the woman you've become.

Use these pages as a guide, a mirror, and a permission slip to go after what you want.

Yearly Reinvention

Affirmations (pick 3-5):

- I am allowed to start again — boldly.
- My experience gives me an advantage.
- I trust myself to figure it out.
- I take action even when I feel unsure.
- This chapter is mine to create.







Decide Again

Reinvention starts with a decision - and you can decide again at any age.

Jan 2026

Action: Write one bold decision you are ready to commit to this year.

Affirmations:

- I give myself permission to choose again.
- I trust the decisions I make today.
- It is never too late to begin differently.

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"You are allowed to choose differently - even now, even again."
- Bold Reinvention





Own Your Power

You don't need permission to take up space.

Feb 2026

Action: Speak up once this month - even if your voice shakes.

Affirmations:

- I take up space confidently and unapologetically.
- My voice matters and deserves to be heard.
- I honour my needs without guilt.

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"Taking up space is not arrogance; it's self-respect."
- Bold Reinvention





Bet on Yourself

The safest investment you can make is in yourself.

Mar 2026

Action: Invest time, money, or energy into something that moves you forward.

Affirmations:

- I am my best investment.
- I believe in my ability to succeed.
- I trust myself to figure things out.

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"The moment you believe in yourself, everything begins to shift."

- Bold Reinvention





Rewrite the Rules

You're allowed to break the rules that no longer fit your life.

Apr 2026

Action: Question one *'should'* you have been living by and release it.

Affirmations:

- I release rules that no longer serve me.
- I create a life that fits who I am now.
- I define success on my own terms.

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"You don't have to follow rules that were never made with you in mind."

- Bold Reinvention





Rise Without Apology May 2026

Ambition doesn't expire.

Action: Pursue one goal boldly - without explaining yourself.

Affirmations:

- I pursue my goals without explaining myself.
- My ambition is valid at every stage of life.
- I allow myself to want more.

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"Your ambition doesn't need approval."
- Bold Reinvention





Choose Momentum

Action creates clarity.

Jun 2026

Action: Take one imperfect step instead of waiting for the perfect plan.

Affirmations:

- I take action even when I feel uncertain.
- Progress matters more than perfection.
- Every step forward builds confidence.

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"Clarity comes from movement, not waiting."

- Bold Reinvention





Claim Independence

This is your life - live it on your terms.

Jul 2026

Action: Make one decision based solely on what you want.

Affirmations:

- I trust myself to make decisions that honor me.
- I choose freedom in how I live and lead.
- I am capable of standing on my own.

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"Freedom begins when you trust yourself."
- Bold Reinvention





Build Your Next Chapter Aug 2026

You are not behind - you are building.

Action: Work consistently on one dream this month, even in small ways.

Affirmations:

- I am actively creating my next chapter.
- I am not behind — I am becoming.
- I build my future one step at a time.

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"This chapter is not a continuation — it's a creation."
- Bold Reinvention





Focus Like a CEO

Your time is too valuable to waste on what doesn't matter.

Sep 2026

Action: Eliminate one distraction that steals your energy.

Affirmations:

- I protect my time and energy.
- I focus on what truly matters.
- I lead my life with intention.

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"What you protect your time from determines what you build."

- Bold Reinvention





Release the Old Story Oct 2026

Who you were is not who you have to remain.

Action: Write a new sentence about who you are becoming and believe it.

Affirmations:

- I let go of stories that limit me.
- I am allowed to evolve beyond my past.
- I step forward with clarity and confidence.

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"You are not your past — you are your potential."
- Bold Reinvention



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Own the Journey

Every step you took led you here and here is powerful.

Nov 2026

Action: List three wins from this year, big or small.

Affirmations:

- Every experience has strengthened me.
- I honor my progress and growth.
- I am proud of the woman I am becoming.

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"Nothing was wasted — every step taught you something."
- Bold Reinvention





Lead with Wisdom

Your experience is your advantage.

Dec 2026

Action: Share your story, insight, or lesson with someone else.

Affirmations:

- My experience is my greatest asset.
- I lead with confidence and compassion.
- I trust the wisdom I've earned.

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"Your experience is not behind you; it's working for you."
- Bold Reinvention

How did 2026 turn out for you?

If you're ready to pause, reflect and turn your wisdom into new possibilities, gain more clarity, confidence and purpose, grab your **free S.H.I.F.T. Method Journal**.

Your second chapter starts with one small step!

www.2ndchapterwomen.com/resource-kit

