



When you get that feeling to go for it,
don't hesitate. The worst thing that could
happen is that you run out of time to do
what your heart begged you to do.

° *The Better Man Project*

Imagine

'What your heart begged you to do'.

Imagine, you get to 80, you are reviewing your life and you wonder what if?

What if I took that chance?

What if I said yes?

What if I followed my heart?

What if I took that chance?

What if I actually said yes to everything I desire to create and actually did it?

This week's muse is to connect to your deepest heart's desire and simply ask, if
I followed my heart, what would I be doing?

And then,

GO. AND. DO. IT.

With all my Heart,
Amanda x