

# *recipe book*

cooking is love made visible





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# BREAKFAST

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BREAKFAST LUNCH DINNER SNACK SOUP SAUCE SIDES STARTER DESSERT BAKERY BEVERAGE MEAL PLAN INVENTORY

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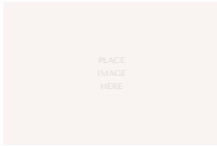
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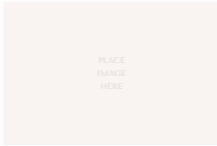
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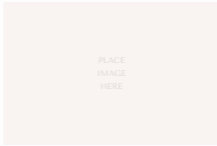
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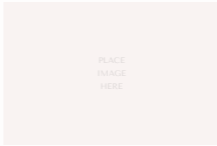
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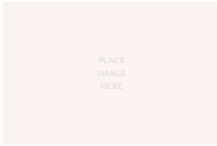
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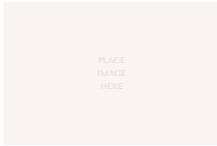
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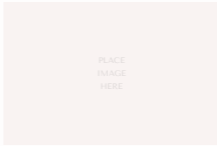
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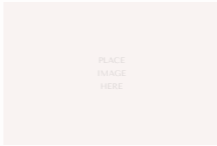
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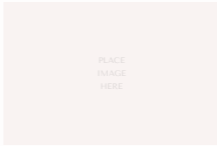
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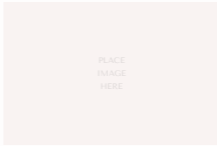
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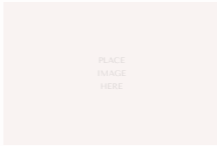
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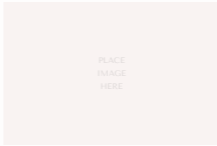
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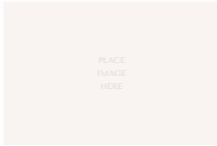
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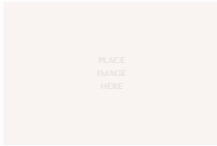
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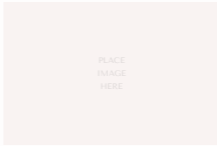
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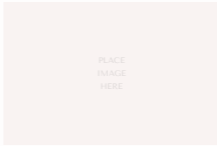
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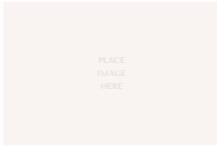
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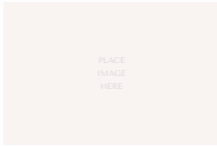
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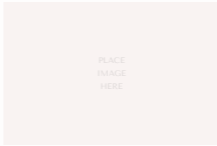
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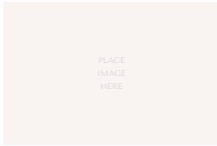
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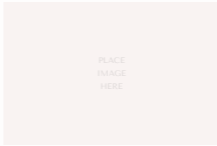
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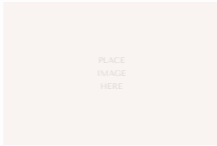
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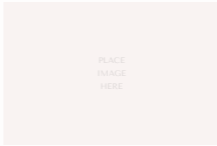
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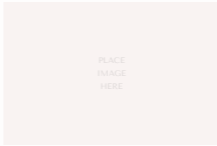
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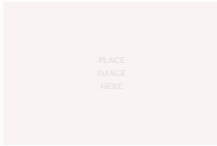
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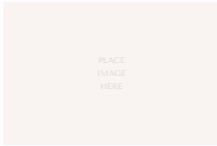
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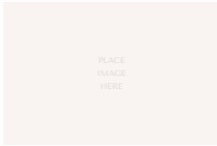
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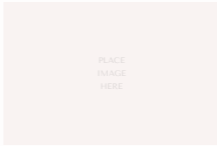
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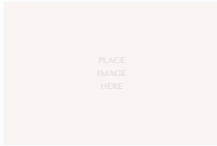
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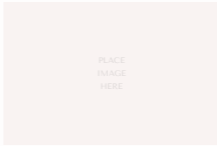
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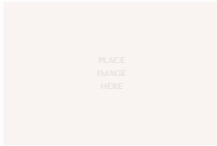
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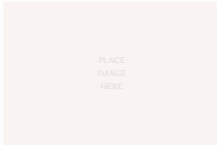
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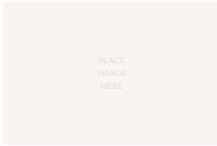
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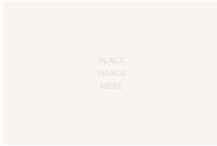
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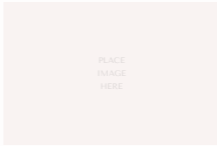
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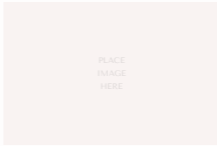
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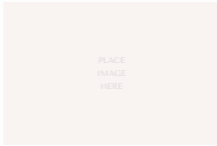
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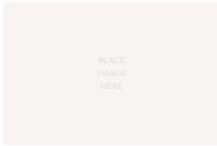
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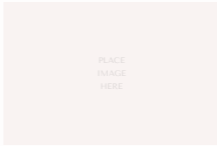
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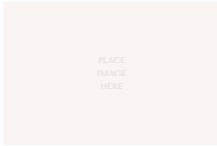
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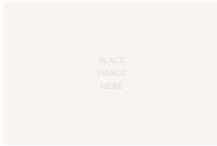
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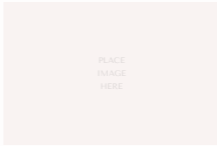
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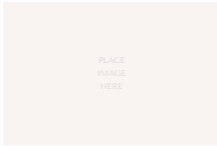
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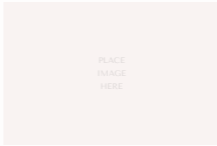
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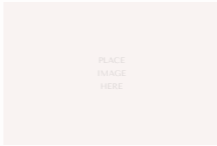
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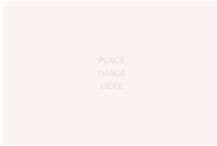
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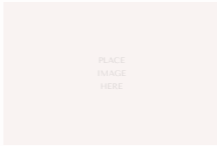
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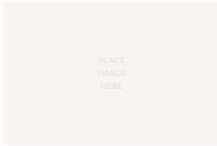
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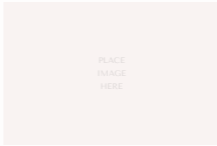
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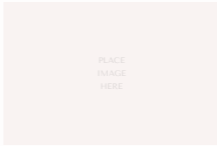
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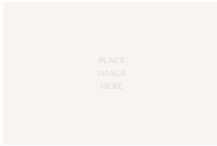
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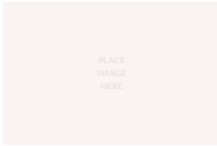
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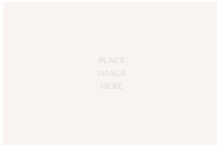
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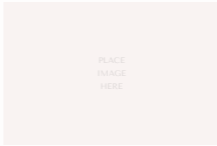
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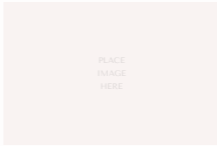
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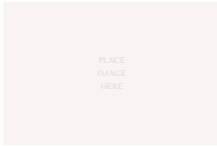
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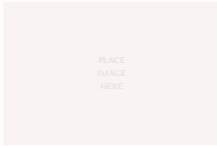
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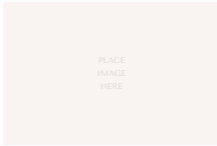
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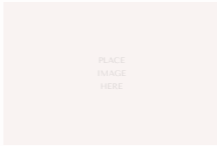
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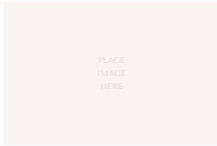
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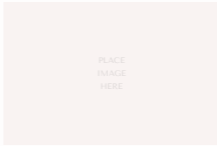
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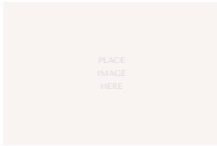
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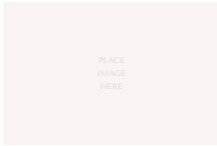
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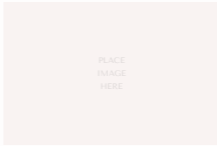
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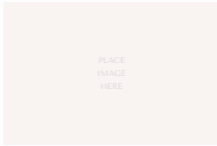
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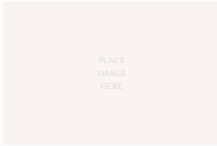
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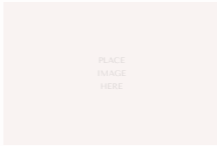
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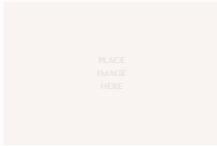
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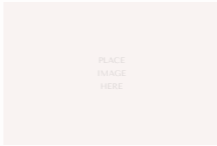
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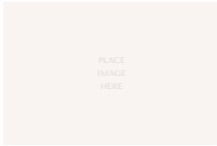
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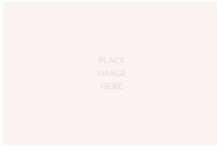
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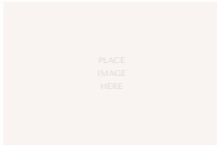
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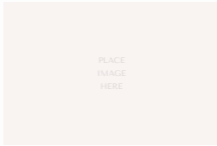
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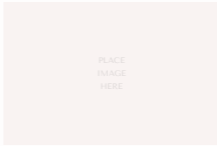
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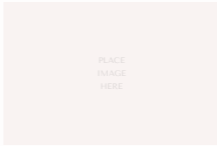
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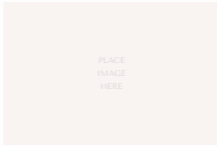
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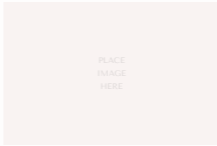
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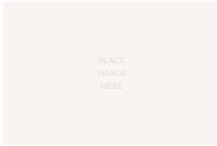
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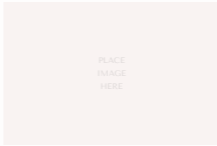
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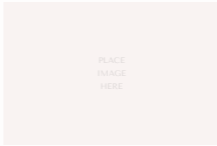
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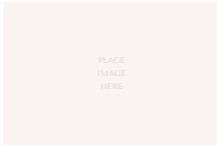
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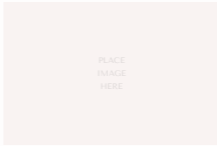
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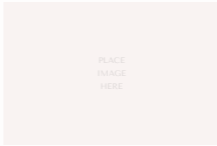
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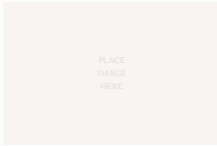
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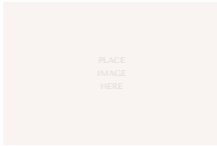
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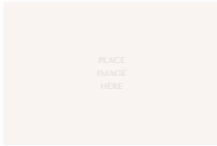
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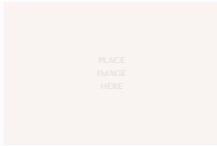
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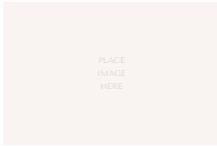
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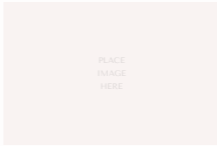
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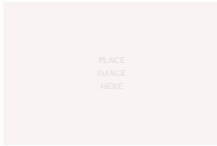
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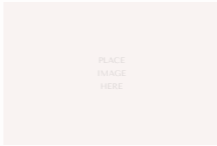
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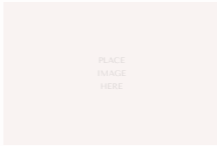
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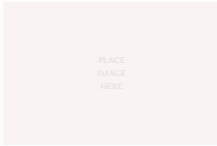
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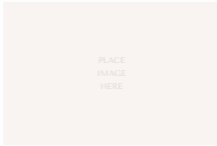
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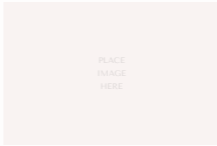
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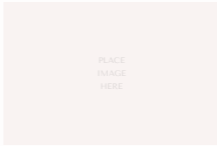
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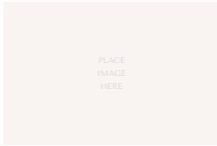
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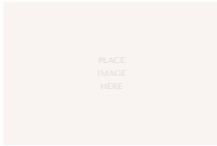
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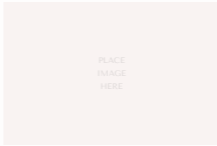
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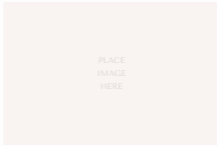
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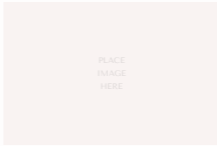
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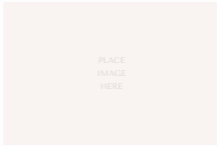
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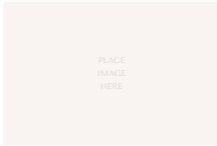
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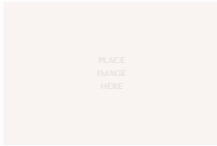
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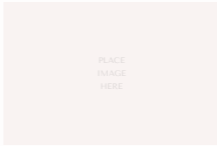
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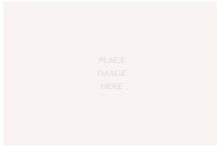
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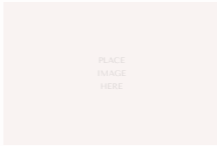
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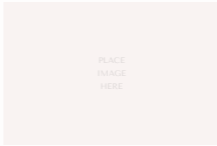
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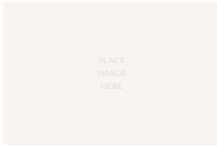
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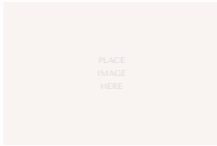
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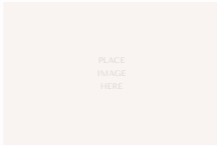
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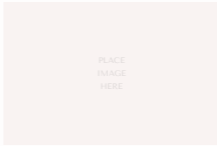
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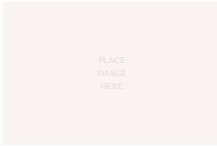
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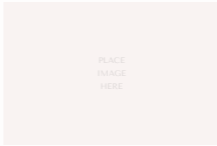
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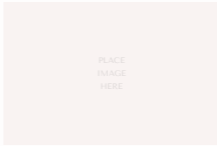
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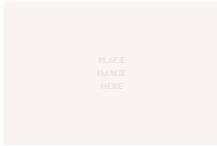
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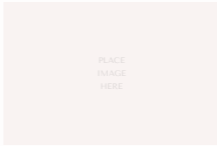
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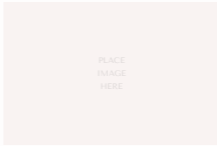
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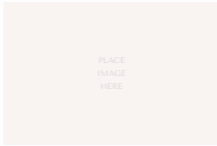
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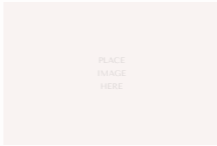
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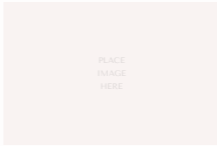
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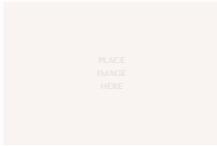
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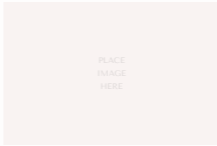
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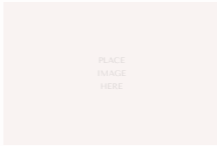
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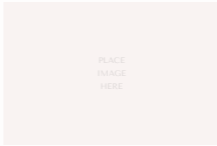
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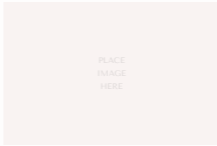
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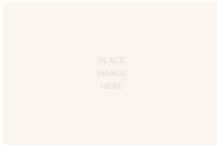
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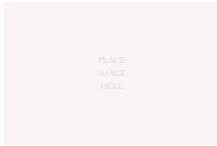
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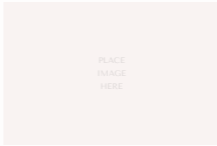
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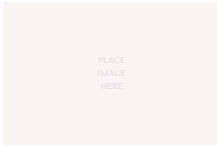
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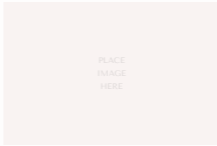
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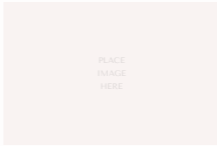
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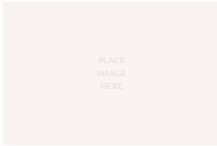
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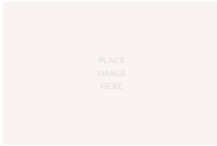
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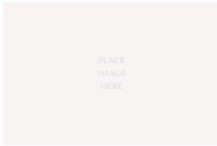
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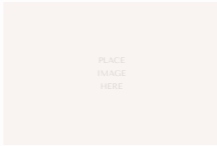
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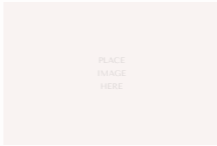
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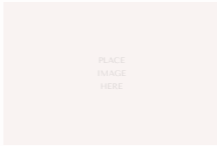
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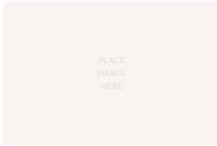
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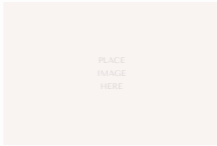
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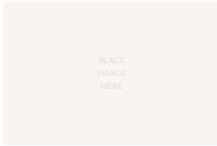
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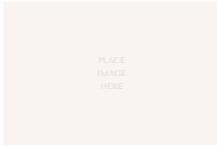
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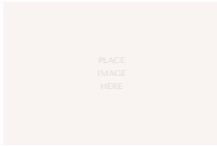
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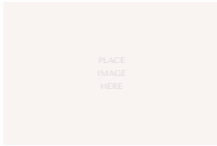
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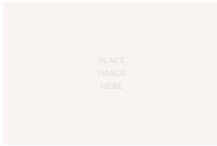
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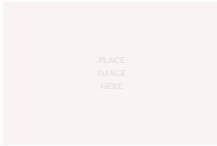
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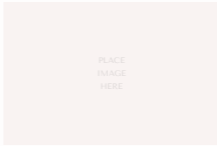
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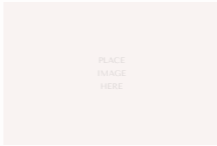
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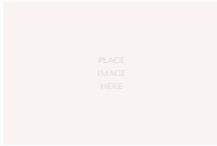
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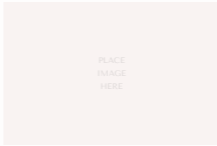
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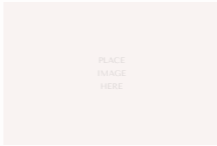
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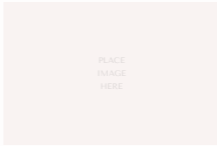
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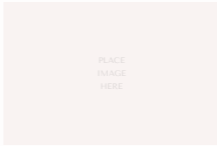
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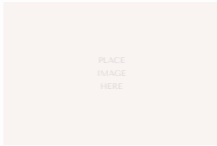
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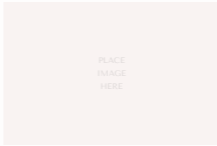
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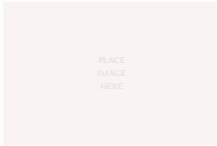
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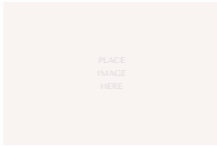
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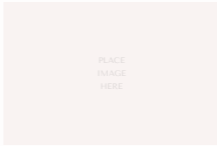
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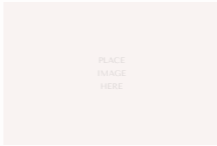
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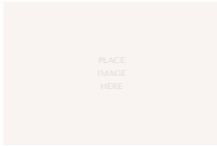
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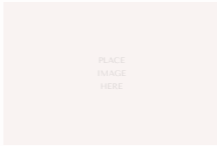
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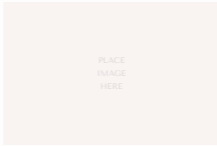
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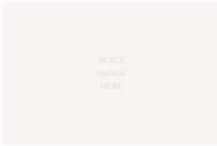
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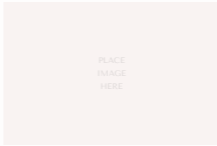
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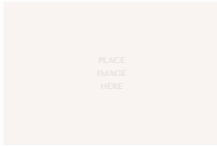
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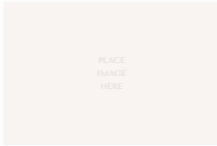
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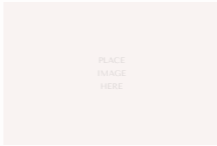
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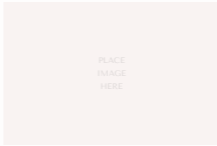
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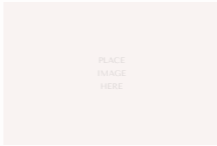
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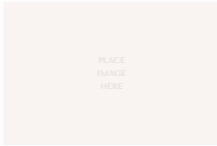
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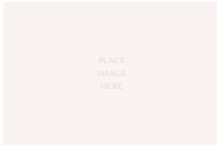
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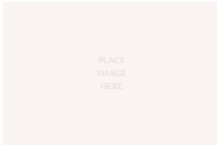
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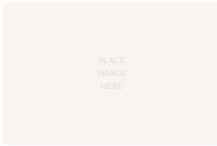
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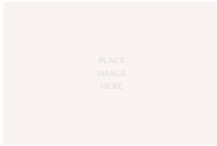
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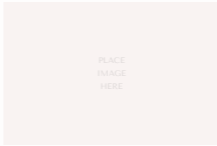
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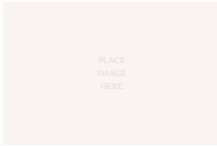
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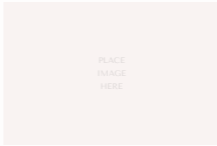
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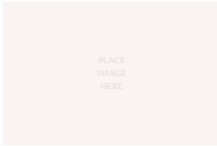
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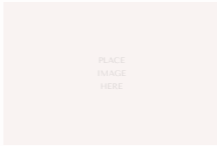
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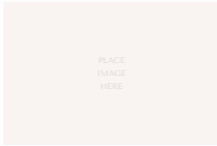
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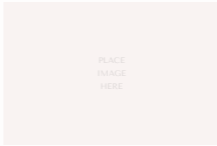
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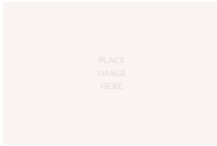
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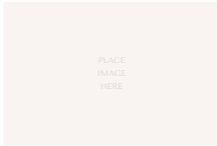
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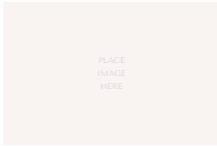
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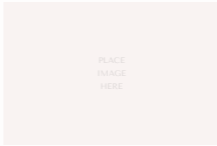
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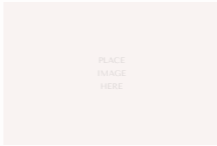
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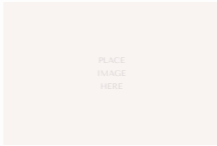
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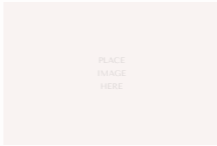
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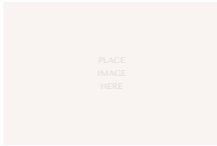
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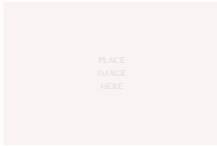
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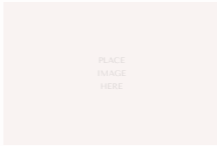
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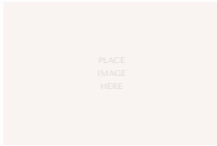
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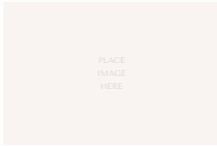
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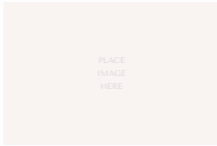
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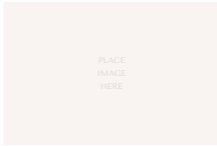
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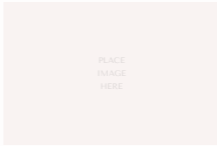
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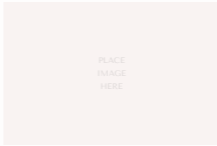
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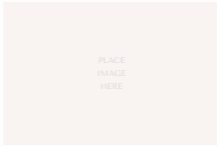
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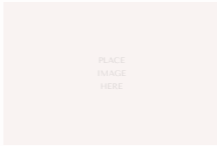
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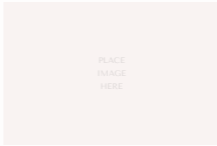
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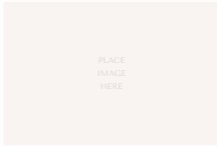
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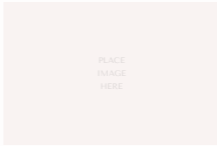
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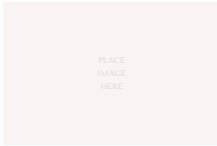
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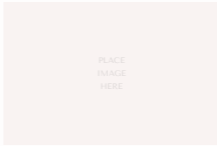
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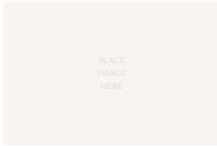
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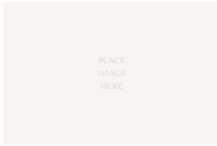
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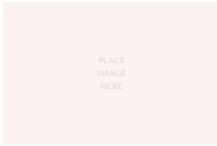
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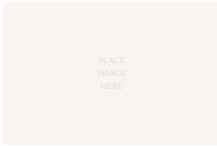
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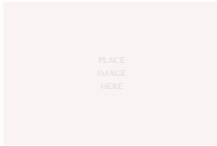
SERVES: \_\_\_\_\_

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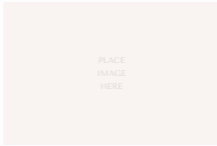
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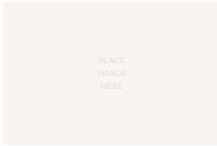
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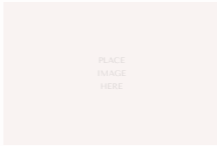
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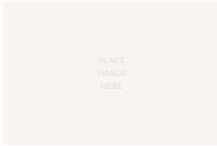
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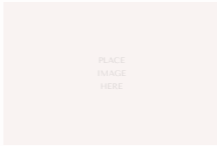
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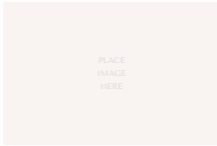
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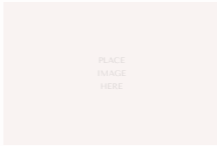
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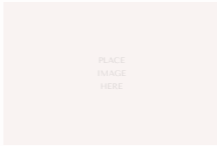
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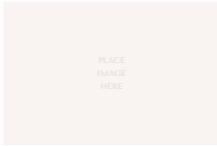
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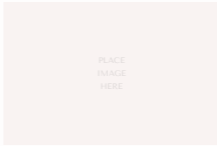
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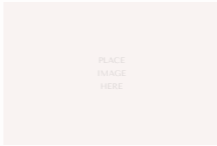
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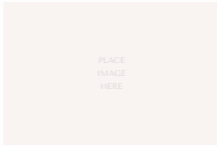
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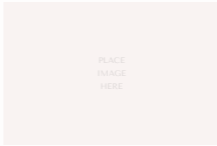
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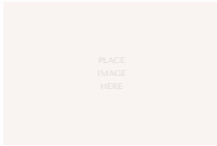
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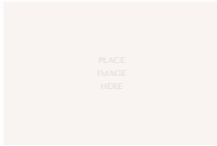
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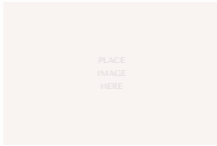
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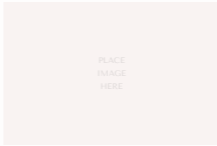
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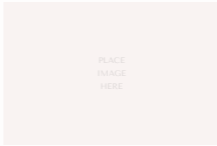
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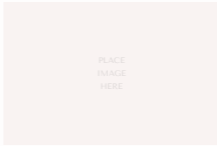
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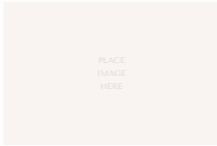
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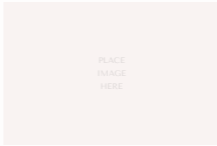
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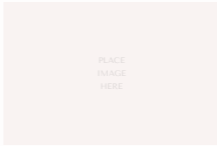
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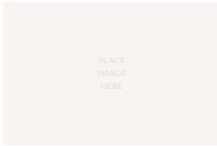
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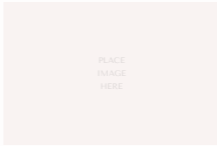
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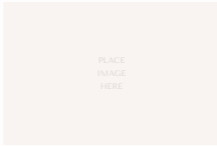
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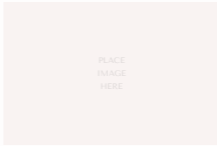
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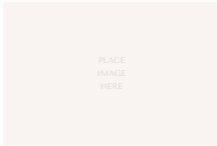
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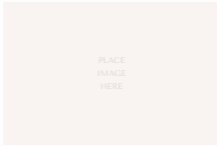
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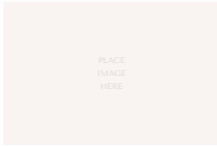
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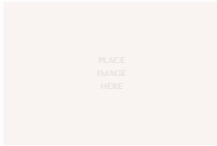
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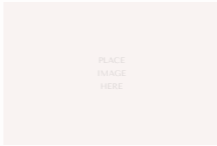
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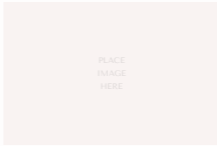
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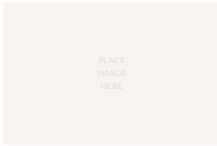
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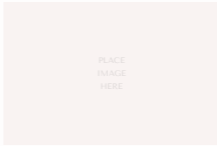
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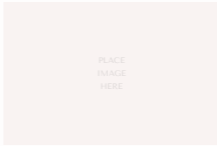
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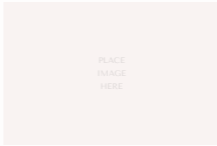
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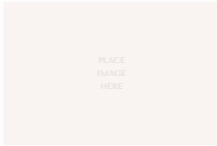
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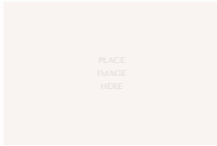
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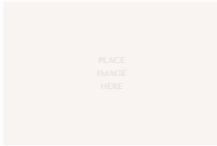
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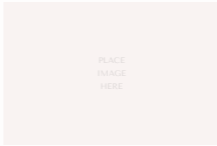
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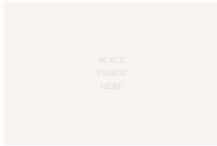
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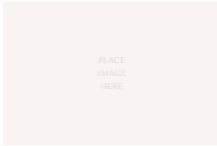
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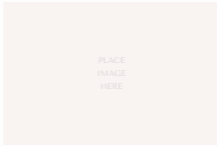
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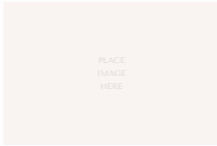
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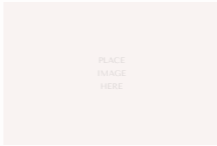
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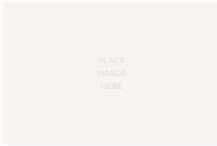
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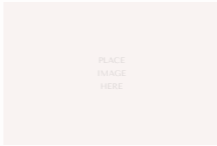
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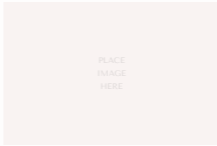
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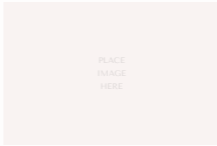
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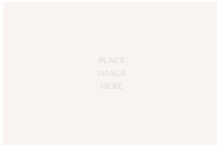
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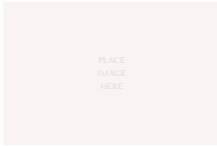
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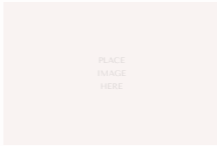
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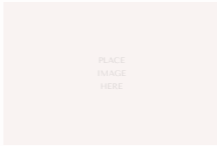
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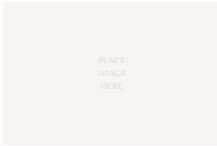
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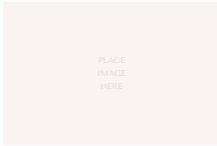
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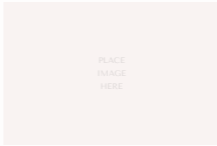
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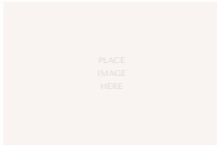
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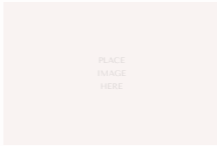
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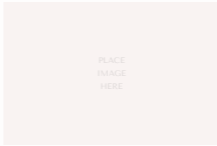
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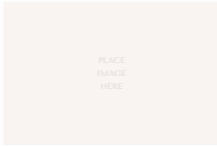
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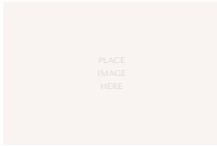
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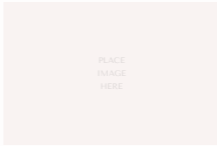
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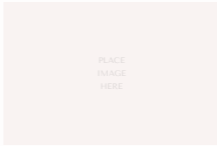
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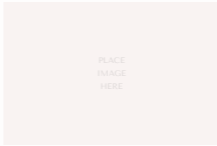
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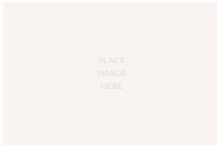
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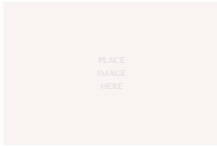
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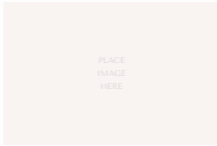
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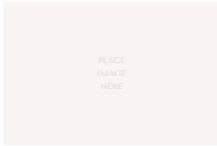
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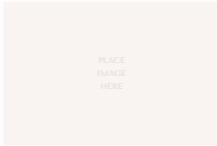
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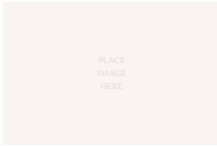
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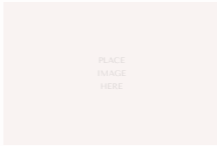
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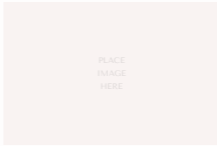
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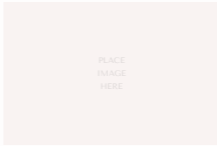
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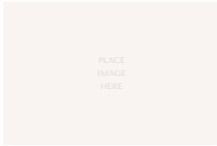
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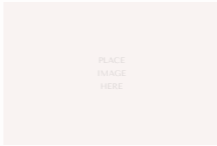
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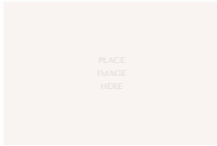
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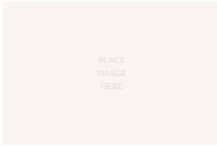
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DIFFICULTY: ○○○○○ RATING: ☆☆☆☆☆



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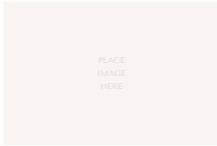
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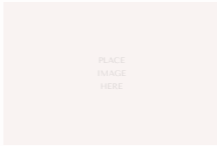
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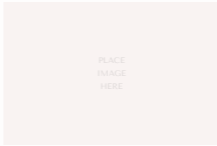
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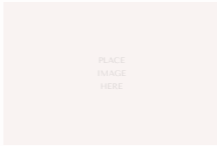
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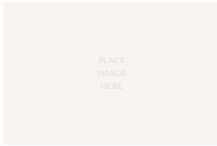
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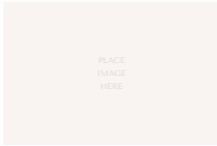
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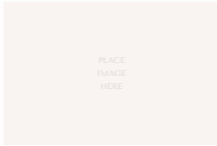
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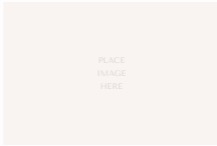
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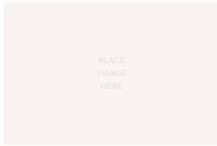
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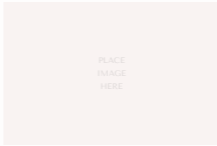
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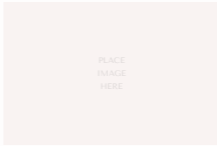
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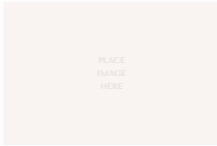
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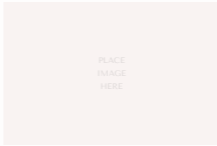
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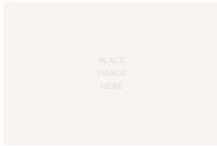
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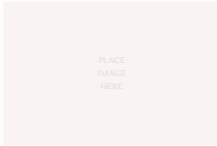
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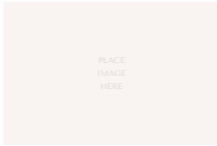
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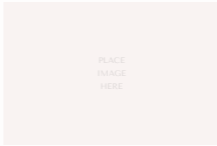
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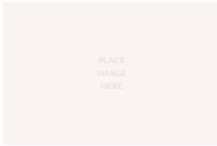
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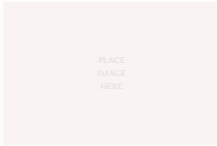
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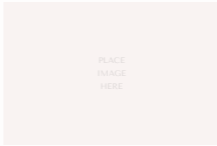
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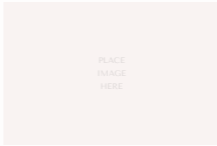
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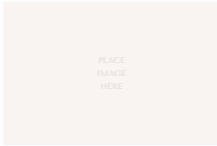
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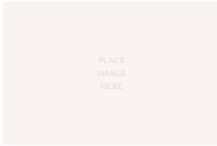
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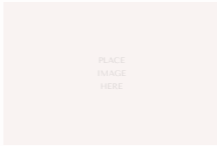
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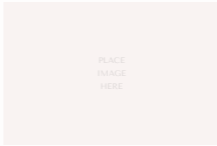
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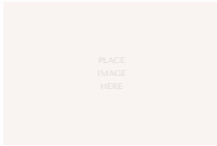
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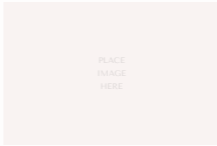
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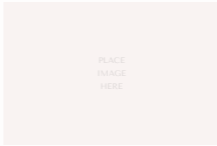
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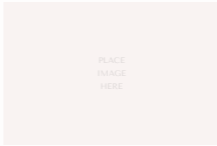
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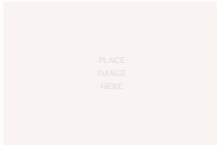
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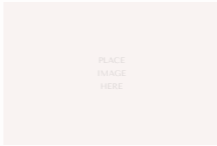
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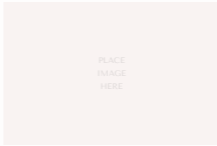
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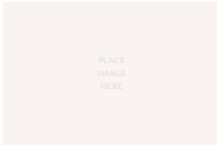
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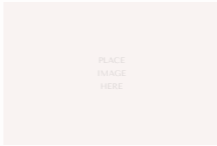
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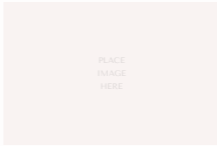
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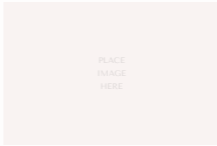
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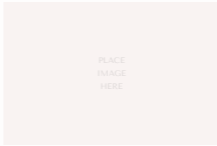
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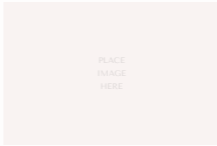
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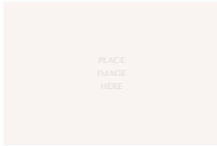
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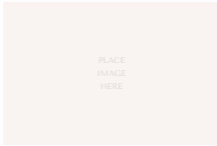
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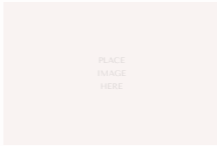
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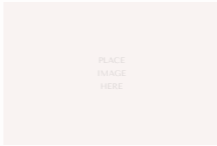
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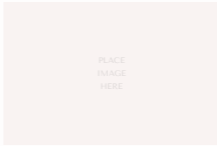
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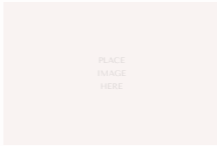
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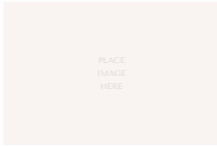
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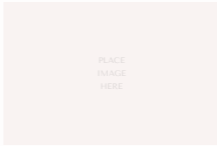
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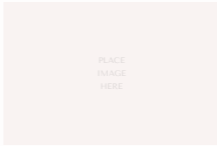
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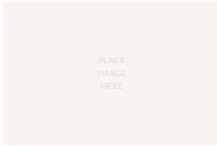
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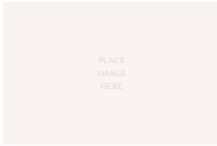
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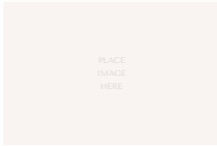
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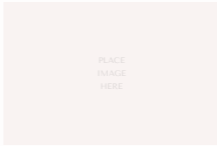
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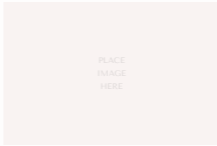
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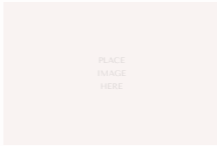
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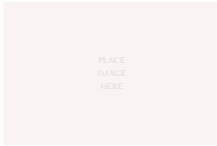
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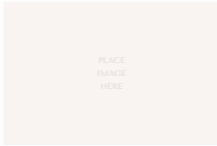
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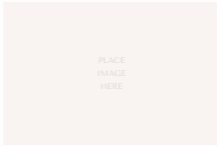
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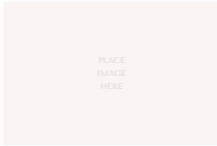
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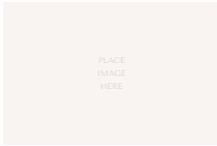
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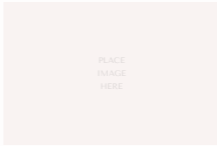
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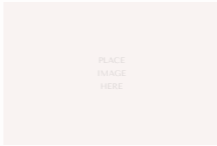
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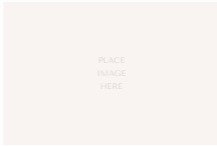
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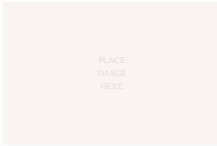
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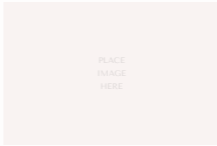
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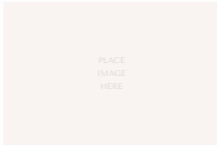
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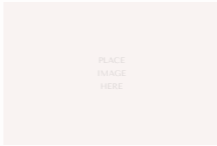
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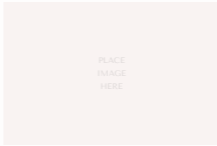
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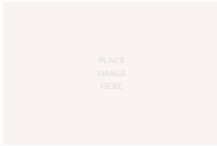
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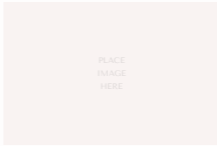
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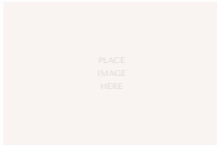
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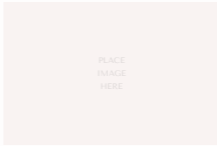
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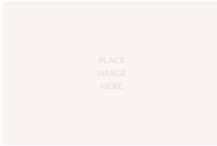
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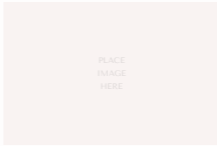
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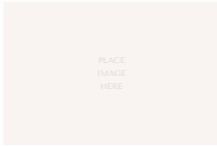
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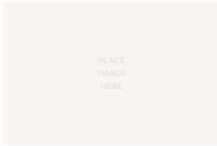
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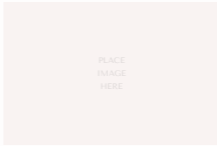
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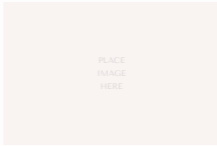
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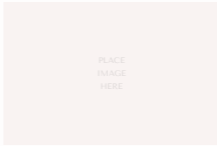
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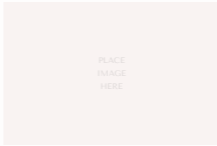
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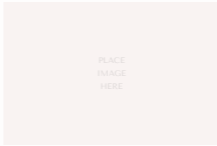
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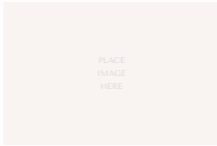
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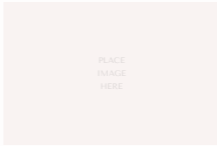
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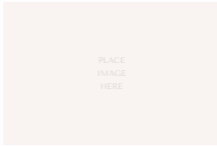
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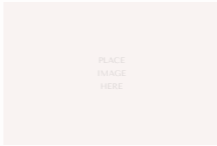
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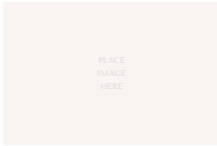
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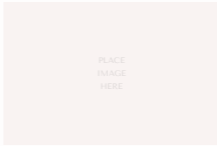
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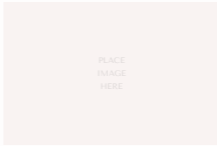
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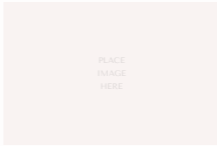
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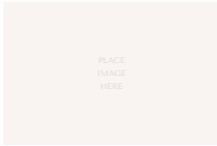
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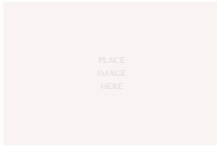
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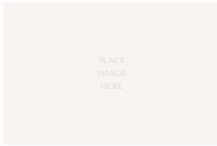
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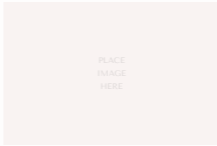
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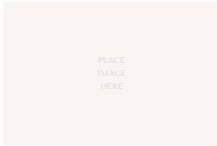
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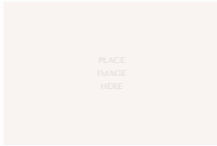
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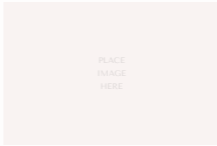
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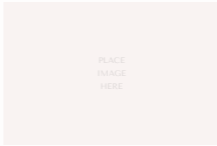
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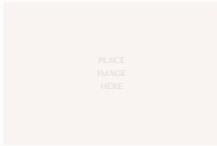
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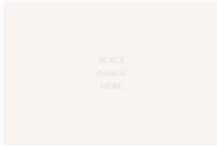
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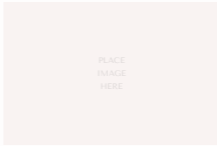
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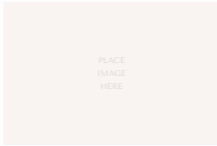
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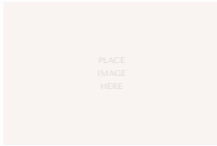
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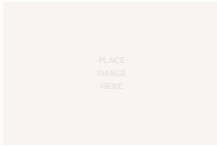
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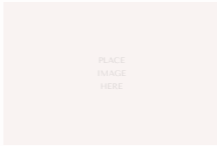
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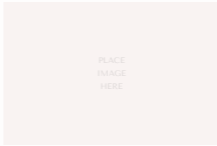
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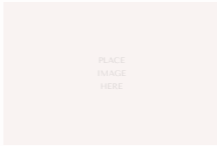
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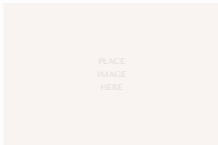
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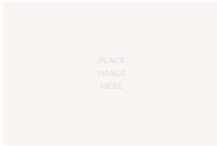
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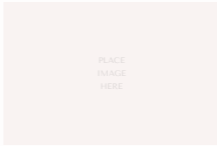
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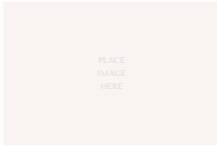
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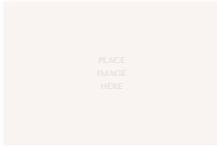
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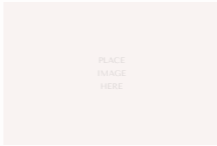
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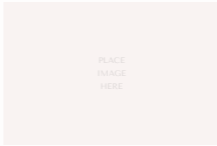
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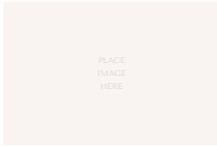
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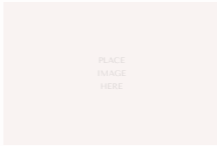
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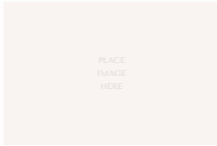
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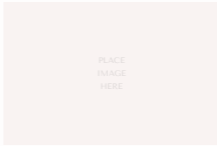
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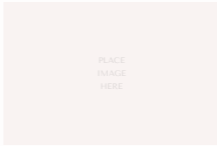
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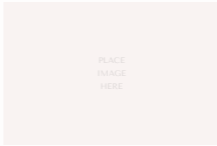
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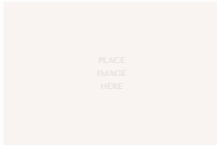
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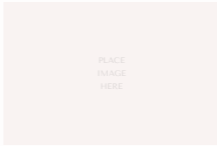
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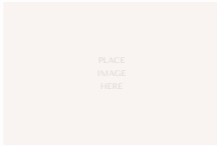
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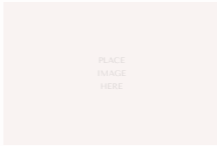
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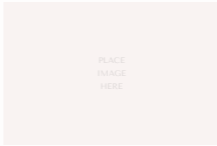
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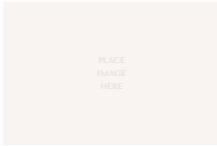
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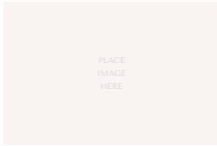
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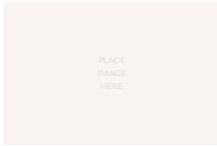
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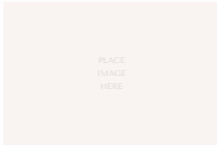
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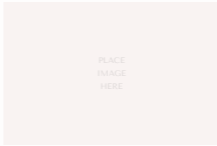
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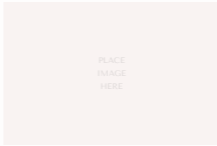
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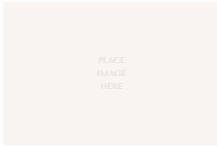
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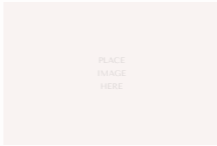
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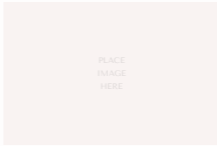
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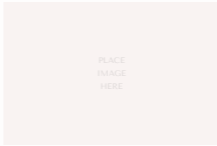
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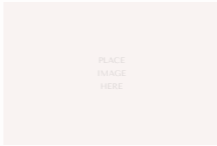
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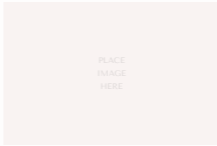
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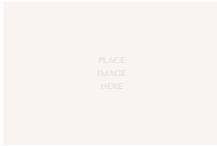
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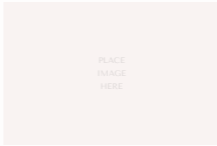
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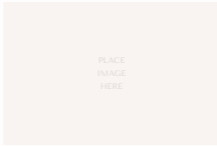
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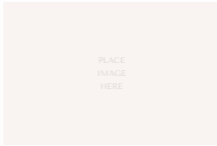
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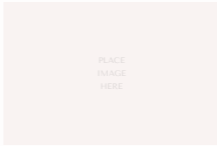
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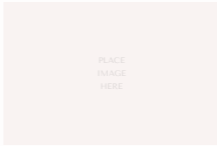
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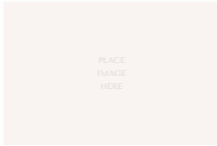
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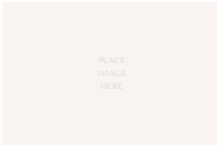
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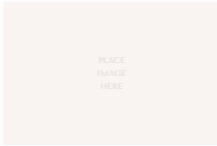
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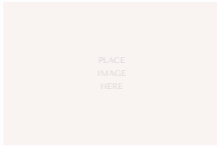
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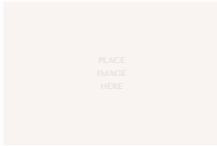
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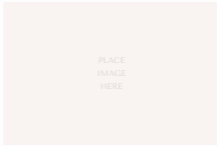
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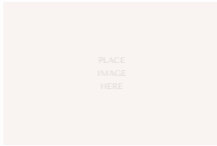
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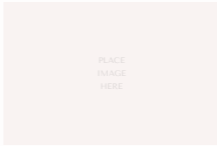
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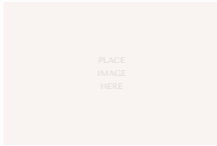
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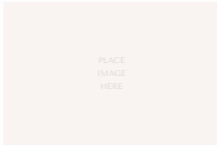
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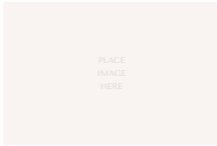
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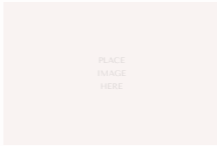
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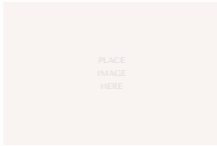
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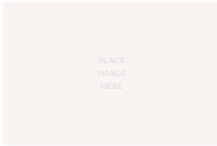
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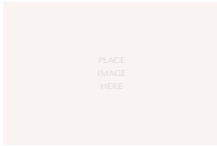
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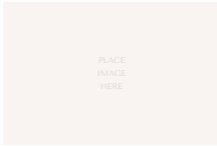
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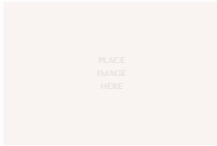
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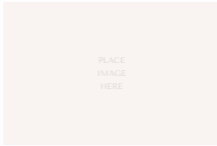
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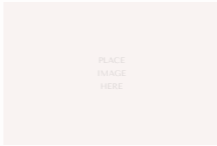
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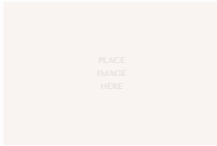
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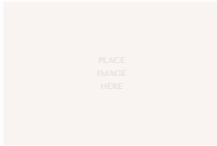
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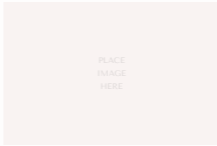
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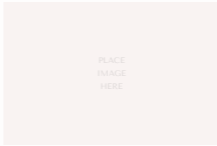
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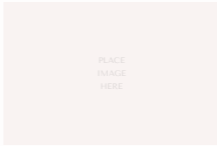
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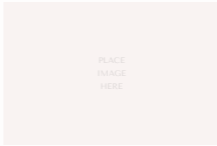
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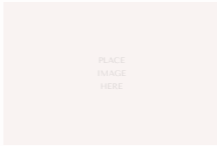
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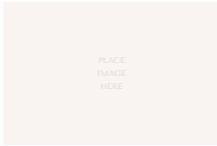
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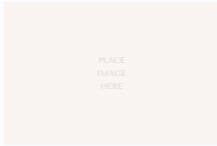
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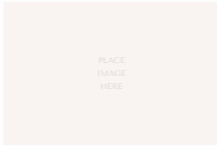
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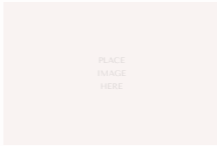
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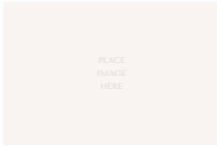
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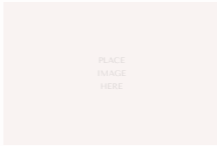
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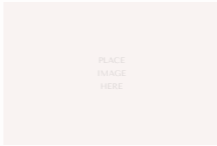
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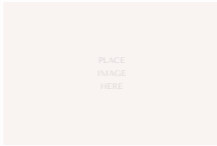
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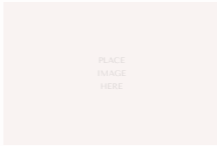
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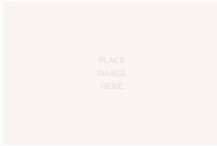
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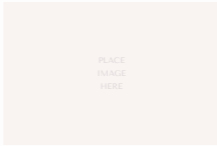
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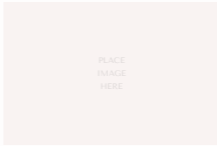
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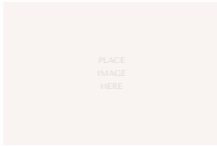
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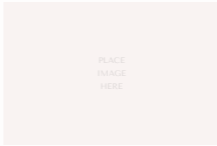
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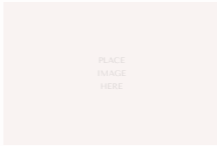
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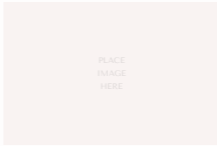
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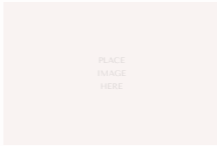
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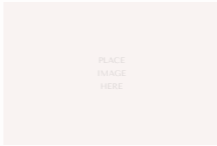
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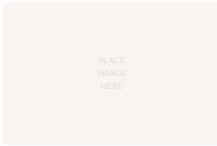
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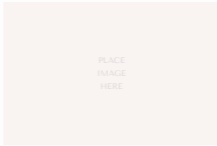
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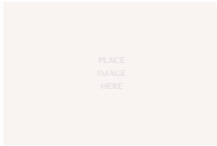
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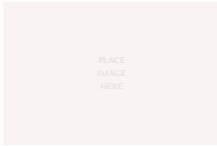
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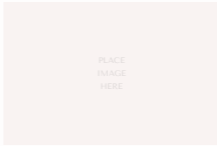
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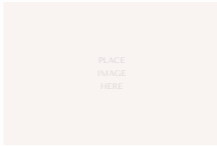
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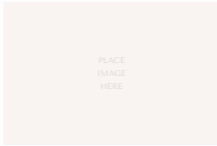
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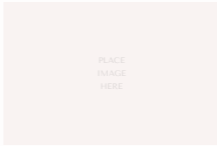
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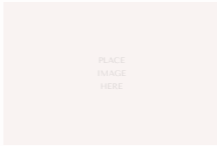
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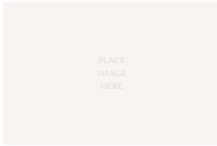
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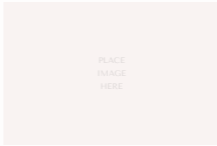
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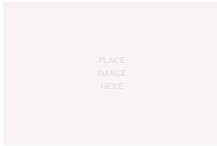
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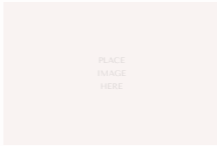
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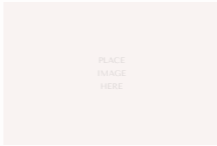
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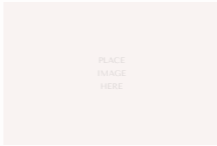
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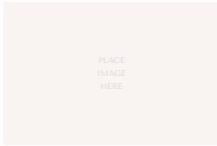
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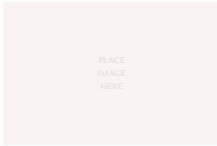
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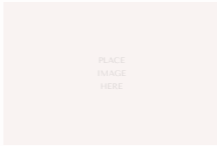
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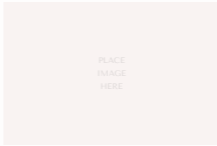
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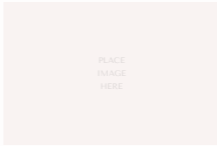
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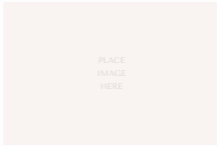
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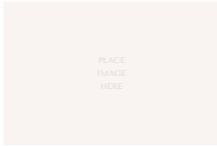
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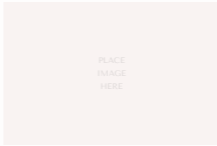
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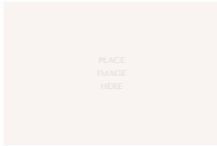
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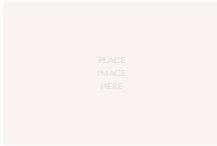
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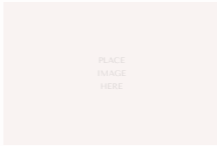
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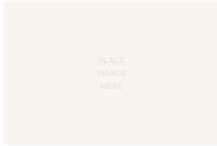
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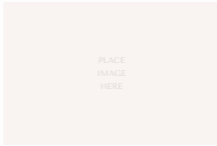
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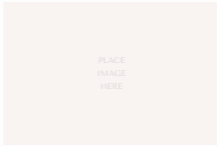
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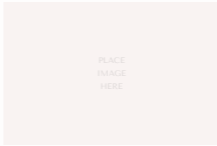
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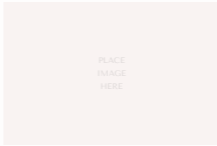
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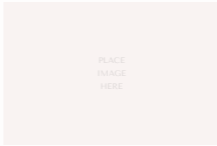
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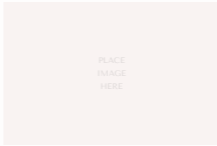
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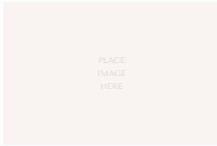
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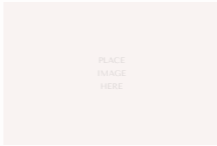
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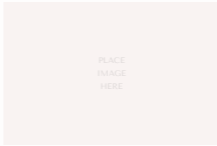
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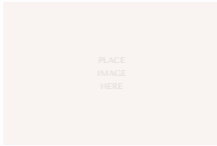
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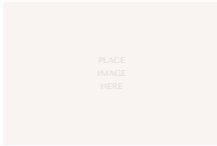
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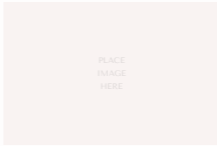
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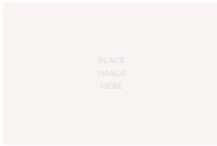
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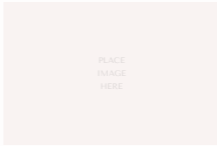
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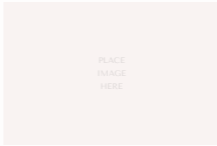
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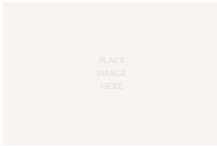
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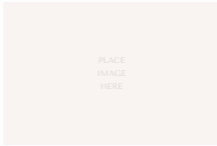
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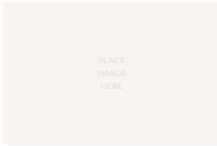
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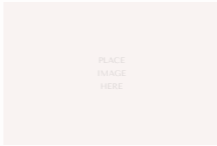
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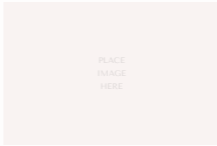
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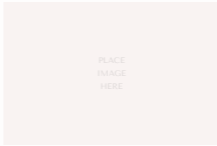
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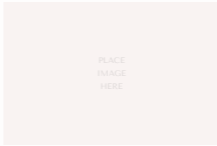
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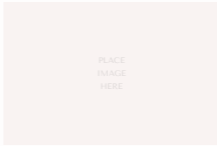
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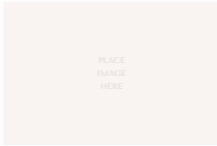
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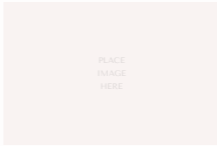
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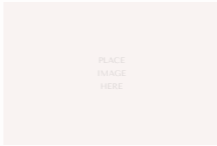
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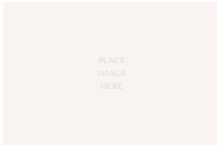
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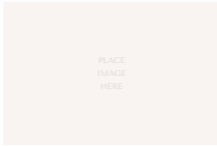
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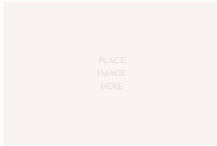
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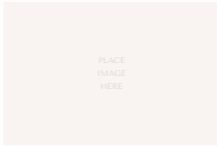
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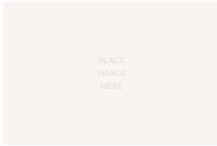
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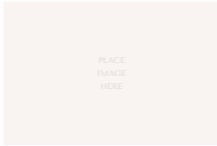
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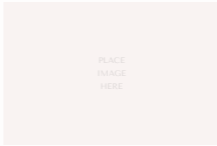
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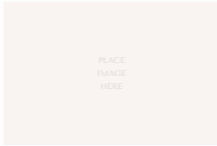
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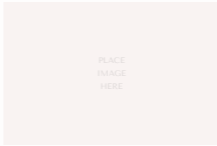
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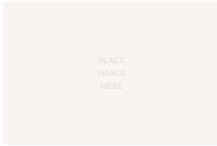
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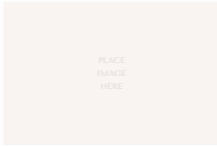
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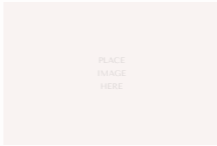
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# MEAL PLAN

week: \_\_\_\_\_

	Breakfast	Lunch	Dinner	Snacks	Grocery list:
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>
Saturday					<input type="checkbox"/>
Sunday					<input type="checkbox"/>



# MEAL PLAN

week: \_\_\_\_\_

	Breakfast	Lunch	Dinner	Snacks	Grocery list:
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>
Saturday					<input type="checkbox"/>
Sunday					<input type="checkbox"/>



# MEAL PLAN

week: \_\_\_\_\_

	Breakfast	Lunch	Dinner	Snacks	Grocery list:
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>
Saturday					<input type="checkbox"/>
Sunday					<input type="checkbox"/>





# MEAL PLAN

week: \_\_\_\_\_

	Breakfast	Lunch	Dinner	Snacks	Grocery list:
Sunday					<input type="checkbox"/>
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>
Saturday					<input type="checkbox"/>





# INVENTORY

**PANTRY**

**FRIDGE**

**FREEZER**

**SEASONINGS**

**BAKING ITEMS**













# NOTES

**RECIPE contd.**

**LINED**

**BLANK**

**GRID**

**DOTTED**

**CORNELL**





BREAKFAST

LUNCH

DINNER

SNACK

SOUP

SAUCE

SIDES

STARTER

DESSERT

BAKERY

BEVERAGE

MEAL PLAN

INVENTORY



1

2

3

4





BREAKFAST

LUNCH

DINNER

SNACK

SOUP

SAUCE

SIDES

STARTER

DESSERT

BAKERY

BEVERAGE

MEAL PLAN

INVENTORY



1

2

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4



BREAKFAST

LUNCH

DINNER

SNACK

SOUP

SAUCE

SIDES

STARTER

DESSERT

BAKERY

BEVERAGE

MEAL PLAN

INVENTORY



1

2

3

4





# MY NOTES



1.



# MY NOTES



2.



# MY NOTES



3.



# MY NOTES



4.

# GLOSSARY

**Sauté:** To cook food quickly in a small amount of hot oil or fat over high heat, while stirring or tossing the food.

**Boil:** To heat a liquid until it reaches the point where it bubbles vigorously and evaporates quickly.

**Simmer:** To cook food in a liquid that is just below the boiling point, usually at a temperature between 185-205°F (85-96°C).

**Roast:** To cook food, especially meat, in an oven using dry heat, often on a roasting pan or rack.

**Broil:** To cook food under direct heat, usually in an oven or on a grill, to give it a crisp or browned exterior.

**Bake:** To cook food in an oven, usually uncovered, using dry heat.

**Fry:** To cook food in hot oil or fat, often in a pan or a deep fryer.

**Grill:** To cook food over an open flame, usually on a grill or barbecue.

**Poach:** To cook food, especially eggs or fish, by simmering it gently in a liquid, usually water or broth.

**Steam:** To cook food using steam, often in a steamer basket or pot with a lid.

**Reduce:** To simmer a liquid until some of the water evaporates, which thickens and intensifies the flavor of the liquid.

**Braise:** To cook food, especially meat, slowly in a covered pot with a small amount of liquid, often in the oven or on the stove.

**Marinate:** To soak food, usually meat, in a flavorful liquid or mixture, often in the refrigerator for several hours or overnight.

**Season:** To add salt, pepper, herbs, spices, or other ingredients to a dish to enhance its flavor.

**Dice:** To cut food into small, uniform cubes.

**Chop:** To cut food into small, irregular pieces.

**Mince:** To cut food into very small pieces, often using a knife or food processor.

**Grate:** To shred food into small pieces using a grater.

**Whisk:** To mix ingredients together quickly using a wire whisk or fork.

**Stir:** To mix ingredients together using a spoon or spatula, often in a circular or figure-eight motion.

**Fold:** To gently mix ingredients together by repeatedly lifting and turning them over, usually using a spatula or whisk.

**Knead:** To work dough or other ingredients with the hands in a pressing and folding motion to develop gluten and create a smooth texture.

**Proof:** To allow dough to rise or ferment, usually in a warm place, before baking.

**Garnish:** To add decorative elements to a dish, often using fresh herbs, chopped nuts, or sliced fruit.



# UNIT CONVERTER

Unit type	From	To	Conversion factor
Volume	cups	ml	240
Volume	ml	cups	0.0042
Volume	cups	fl oz	8
Volume	fl oz	cups	0.125
Volume	ml	fl oz	0.034
Volume	fl oz	ml	29.5735
Weight	grams	oz	0.0353
Weight	oz	grams	28.35
Weight	grams	lb	0.0022
Weight	lb	grams	453.59
Weight	oz	lb	0.0625
Weight	lb	oz	16
Temperature	Celsius	Fahrenheit	$(\text{Celsius} \times 1.8) + 32$
Temperature	Fahrenheit	Celsius	$(\text{Fahrenheit} - 32) / 1.8$
Length	mm	in	0.0394
Length	in	mm	25.4
Length	cm	in	0.3937
Length	in	cm	2.54

