

*Conquer*  
your creative  
*Chaos*

# ZOG 90-Day Action Plan

*Break Down Projects  
with Intention*

# G A E L I X

# W

Welcome to your ZOG 90-Day Action Plan—a practical framework for turning overwhelming projects into manageable, intentional action.



You've already discovered your Zone of Genius through the ZOG Blueprint. Now it's time to put that clarity to work. This isn't about adding more to your plate—it's about working smarter by honoring what you do best and strategically delegating the rest.

#### How this works:

Choose three projects that matter to you right now, spanning any area of life. Break each project down using the framework provided, then map them across 90 days in whatever combination works for your reality. You might tackle one project per 30-day cycle, or work on all three simultaneously. The framework is your guide, not your master.

#### Your support:

You have unlimited asynchronous Voxer support through December 14, 2025. Use it liberally. Ask questions, share what's working, and refine your approach as you go along. This is a living process, not a static checklist.

Your projects deserve the clarity that comes from working within your Zone of Genius. You deserve the satisfaction of watching ideas transform into completed realities.

Let's goooo!!!

*Gael*

HERE'S TO YOUR NEXT 90 DAYS

# ZOG 90-Day Action Plan

## INTRODUCTION

This 90-Day ZOG Action Plan builds on the ZOG Blueprint from the summit, offering a repeatable approach to break down projects with clarity and intention. It's not about setting specific goals but creating a plan for anything new—work, housing, kids, family, or relationships.

Choose three projects to tackle over a 90-day period, using the blueprint to decide what to own (in your ZOG) and delegate. Get unlimited asynchronous Voxer support from Gael to refine your process during this ongoing beta preview.

## STRUCTURE AND CONTENT

The Action Plan includes three project pages (one per project) and a timeline sheet, designed for flexibility across any 90-day cycle.

### Project Pages (3 Pages: Project 1, Project 2, Project 3)

**Purpose:** Break down each project using the ZOG Blueprint, adaptable for 30-day segments or concurrent efforts across any life area.

**Flexibility:** Use one project per 30-day cycle or work on all three concurrently over 90 days, mixing life areas as needed.

- **Project Name & Overview:** Write the project name and a brief description (e.g., "Plan family reunion" or "Renovate kitchen"). These can span work, home, kids, or relationships—whatever's on your mind.
- **Define Your ZOG:** Revisit your one-sentence ZOG statement (e.g., "My ZOG is crafting plans that turn ideas into action") to guide your approach.
- **Categorize Tasks:** List 5-7 tasks (e.g., book venue, assign catering), mark which are in your ZOG (own), and which to delegate (e.g., own planning, delegate catering). Note the delegate (e.g., spouse, friend) and a target completion timeframe (e.g., within 30 days).
- **Apply and Refine:** Sketch a quick plan—how will owning ZOG tasks and delegating others move the project forward? Add one refinement step (e.g., check progress after 30 days).

# ZOG 90-Day Action Plan

## STRUCTURE AND CONTENT CONT'D

### Timeline Sheet (1 Page)

Purpose: Visualize your 90-day period to map out project timing, offering a simple layout rather than a detailed Gantt chart.

- **Date Range:** Mark a 90-day period, divided into three 30-day blocks (Month 1, Month 2, Month 3).
- **Project Milestones:** List 1-2 milestones per project (e.g., "Project 1: Venue booked by end of Month 1").
- **Task Deadlines:** Jot delegate task deadlines (e.g., "Catering by end of Month 1").
- **Review Points:** Note 2-3 check-in points (e.g., end of Month 1, Month 2, Month 3) to assess progress and adjust plans.

**Guidance:** Use this to see how projects overlap or sequence across life's domains, tweaking with Voxer support.

### Voxer Support Integration

Get unlimited asynchronous Voxer QA throughout your 90-day plan. Message questions, get voice guidance, and refine your breakdowns. Start by sharing your first project!

- **Details:** Unlimited asynchronous Voxer Q&A through Dec 14, 2025. Message with questions, get voice guidance, and receive tailored strategies to refine your project breakdowns.
- **Example Use:** Ask for help sorting tasks for a home reno or family event—Gael responds with practical insights and suggestions.
- **Beyond 2025:**
  - Gael offers asynchronous COO support as well as tiered retainer services based on your needed/desired support level.
    - Head to [gaelix.com](https://gaelix.com) to check out your options or ask over Voxer.

# Project Plan

## PROJECT NAME & OVERVIEW

## ZOG STATEMENT

## CATEGORIZE TASKS

TASK	OWN/ DELEGATE	WHO/ HOW	WHEN

## APPLY AND REFINE

# Project Plan

## PROJECT NAME & OVERVIEW

## ZOG STATEMENT

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## PROJECT NAME & OVERVIEW

## ZOG STATEMENT

## CATEGORIZE TASKS

TASK	OWN/ DELEGATE	WHO/ HOW	WHEN

## APPLY AND REFINE

# 90-Day Timeline

## DATE RANGE

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30 DAYS

60 DAYS

90 DAYS

## REVIEW POINTS

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# ZOG Blueprint

## YOU'VE GOT THIS—AND YOU DON'T HAVE TO DO IT ALONE

You now have a clear, repeatable framework for tackling any project that comes your way—one that honors your unique strengths while acknowledging you don't have to be good at everything.

### What happens next?

Start with your first project page right now. Don't wait for perfect timing. This framework is designed to handle whatever feels too big or complex.

### Key principles to remember:

- Your ZOG is your North Star for own vs. delegate decisions
- Delegation multiplies your impact
- Progress over perfection, always
- Review points are course corrections, not judgments

### Your ongoing support:

Use your Voxer access early and often. Share wins, frustrations, and questions. This methodology gets stronger through real-world application.

### Beyond these 90 days:

This isn't a one-time tool—it's a life skill. Once you complete your first cycle, you'll have the muscle memory to apply this approach to anything life brings your way.

The goal isn't productivity. It's intentionality. Stop spinning your wheels on draining tasks and channel energy toward work only you can do.

You have everything you need 🔥



*Gael*

NOW GO MAKE  
SOMETHING HAPPEN

Ready for continued support? Visit [gaelix.com](https://www.gaelix.com) to explore ongoing COO support and tiered retainer services.

Questions? Fire away on Voxer - [ravengael](https://www.gaelix.com) I'm here to help you customize this framework to your specific situation.



<https://www.gaelix.com/incubator>  
This is a done with you experience



<http://gaelix.com/session> -  
This books a consult session...