



Unlock Radiant Skin

Your Ultimate Guide to Choosing the
Perfect Facial Gua Sha beauty tool



AFR BEAUTY

I'm so glad you're here!

You're wanting to naturally enhance your skin health holistically and applying Facial Gua Sha is the way to go. However, there are so many Gua Sha products on the market and you don't know which is the best to buy!

You're in the right place!

Hi, I'm Gloria!

I am a Cosmetic Acupuncturist and fell in love with Gua Sha while I was studying Cosmetic Acupuncture.

I recommend Facial Gua Sha for my clients as a maintenance beauty tool to use at home.

However common question I get asked is which is the best stone or type to buy?

I'm on a mission to provide you with confidence to purchase the right product so you can start applying Facial Gua sha in your beauty routine.



Gloria



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WHY FACIAL GUA SHA?

People want to use facial Gua Sha for its ability to naturally enhance skin health by improving circulation, reducing puffiness, and promoting a youthful, radiant complexion while offering a soothing and holistic skincare ritual.



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Benefits of Facial Gua Sha

- 01 Soften fine lines & wrinkles
- 02 Promote circulation
- 03 Increase micro-circulation
- 04 Promote Lymphatic Drainage to detoxify
- 05 Sculpt facial structure
- 06 Promote overall skin health
- 07 Stay looking and feeling younger
- 08 Boost skin Elasticity
- 09 Reduce puffiness & Inflammation
- 10 Get rid of dark circles
- 11 Brighten the complexion and more.....



WHY CHOOSING THE RIGHT TOOL MATTERS

Choosing the right facial Gua Sha tool matters because the quality, material, and shape of the tool significantly influence its effectiveness, safety, and ability to cater to individual skin types and skincare goals, ensuring optimal results and a satisfying user experience



WHAT TO CONSIDER?

When purchasing a Facial Gua Sha tool, my recommendation is to consider the following factors....

1. Material

- Crystal stone for its energetic healing benefits

2. Shape and Design

- For comfort and ease for use

3. Quality and Finish

- Smooth finish
- Better quality = better durability

4. Authenticity

- Made from genuine material and has not been chemically treated

5. Price and Budget

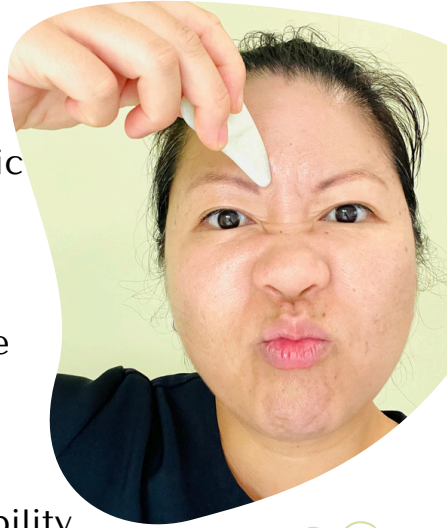
- Balance cost and quality to find the right tool

6. Ease of Maintenance

- Easily to clean and easy to store

7. Size and Portability

- Comfortable to hold and compact to travel with





ROSE QUARTZ

WHICH CRYSTAL?

Choosing the right crystal for your facial Gua Sha tool depends on your personal preference, specific skincare needs and which resonate with you.

I have provided the benefits of some common Facial Gua Sha crystal

JADE





Jade Crystal

Earth Stone

Stone of luck & happiness

Bring tranquility & calm

Associated with the heart chakra

Symbol of serenity & purity

Attracts good luck & friendship

Soothes the mind

Release negativity

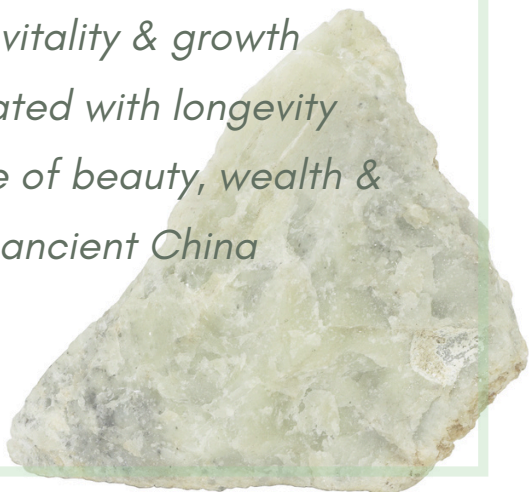
'Dream Stone' brings insightful dreams

Aids emotional release

Represents vitality & growth

Stone associated with longevity

Traditional stone of beauty, wealth & power in ancient China



Rose Quartz Crystal

Meaning love & compassion

Stone of universal love

Promotes trust

Encourages harmony

Purifies & opens the heart

Encourages deep inner healing

Instils Peace

Guides self-love

Calming & reassuring

Dispels negativity

*Strongly attach to both heart &
throat chakra*

*Used by the Egyptian to prevent
signs of ageing*



Amethyst Crystal

Known for its soothing properties,

Amethyst is believed to ..

Calm the mind,

Reduce stress,

Balance the body's energies.

Ability to transmute negative energy

into positive energy.

It's also thought to help with

Emotional healing.



Green Aventurine Crystal

Believed to bring luck and prosperity,

Anti-inflammatory properties

Support skin health.

Amplifying Prosperity and Abundance

Enhancing Luck and Serendipity

Promoting Emotional Well-being

Strengthening Personal Growth and

Confidence

Aiding in Physical Healing and Vitality



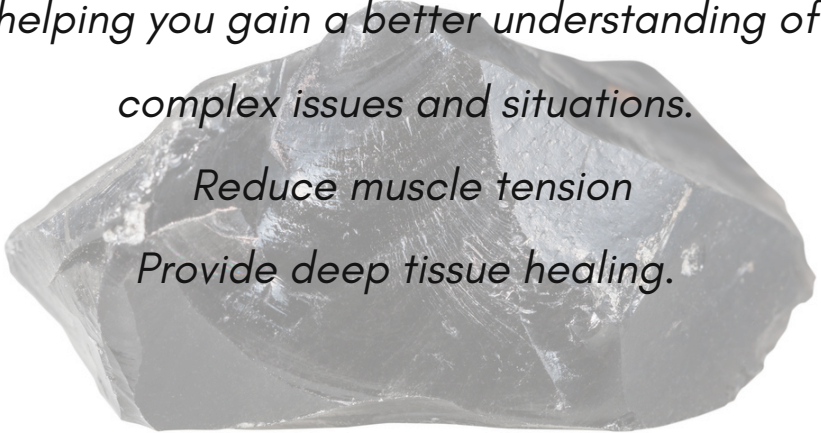
Black Obsidian Crystal

*Known for its grounding properties,
Believed to draw out negative energy,
Serves as a powerful shield against
negativity, both from within and from your
external environment.*

It can help you feel protected and secure.

*Promotes mental clarity,
helping you gain a better understanding of
complex issues and situations.*

*Reduce muscle tension
Provide deep tissue healing.*





STYLE OF FACIAL GUA SHA

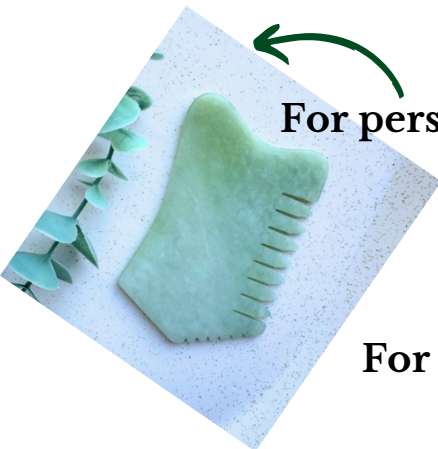


WHICH FACIAL GUA SHA I RECOMMEND

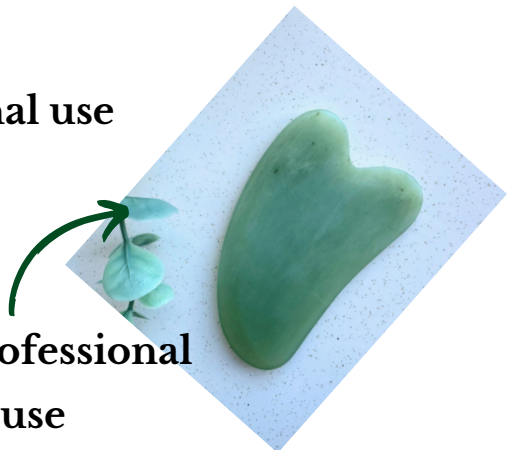


If you want to achieve all these benefits

I recommend these style Facial Gua Sha tool



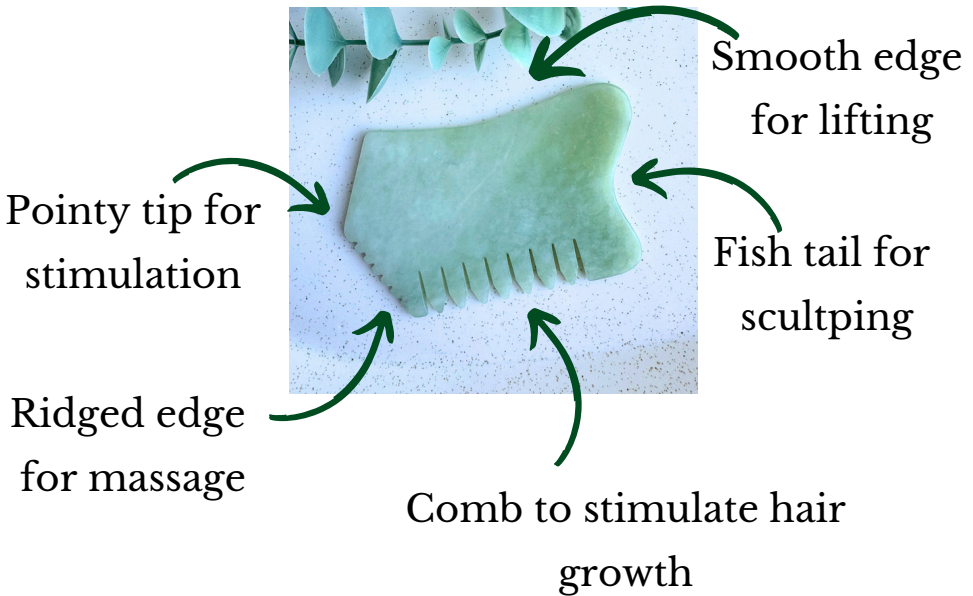
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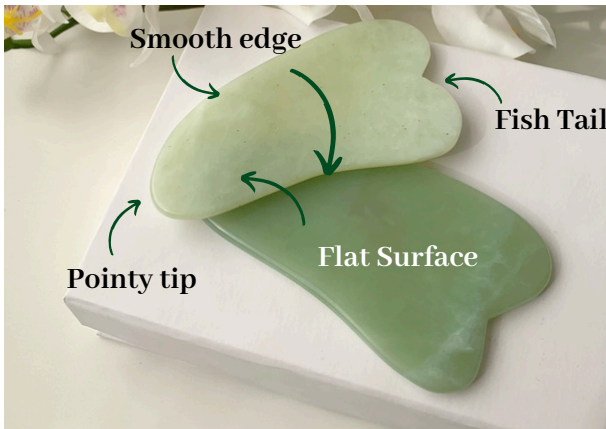
For professional use



For personal use



For professional use 2 x Gua Sha tool



For better stimulations and result when applying Facial Gua Sha on your client. using 2 x Gua Sha tools will give you INSTANT results that your client would love



WHAT'S YOUR NEXT STEP?

Are you a beauty or bodywork professional
and wanting to become **CONFIDENT** in
applying Facial Gua Sha on your clients?

**Register for my Online or Hands On
Professional Training**

[LEARN HERE](#)

Learn and become a **QUALIFIED** Facial Gua Sha
Therapist.

Go from being unsure about using Facial Gua Sha to
confidently applying Facial Gua Sha on your clients
and seeing results instantly



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