

THE FASCINATING REALM OF
AKASHIC
RECORDS



V A N D A N A S I N H A

**THE FASCINATING REALM OF
AKASHIC RECORDS**

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What are the Akashic Records?

The term "Akasha" comes from Sanskrit and means "ether," "space," or "sky." And Akashic Records is the cosmic database that holds every soul's knowledge, thoughts, and experiences, including those of past, present, and future events.

In other words, The Akashic Records are like the universe's super computer system, where you will find information about yourself, since the time of inception of your soul – all experiences, thoughts and emotions across all lifetimes.



AKASHIC LIBRARY

"The Akashic Records contain everything that every soul has ever thought, said, and done over the course of its existence as well as all its future possibilities. This valuable information can help you with any aspect of your life journey.

And because the Records are also a dimension of consciousness, they are available anytime and everywhere." — says Dr. Linda Howe, an award-winning author, teacher, and world-renowned leading expert in the field of Akashic Studies. The universe is alive—and it has a memory just like you. Known as the Akashic Records, this energetic archive of soul information stands ready to lovingly guide you.

In the past, only a few spiritual masters were able to access the Akashic Records, but now they are available to anyone, at any time, and from anywhere.

How do the Akashic Records help you?

The soul had made a plan for this lifetime. But the human challenge is that as soon as we're born, we forget this plan! Would it not be wonderful to access this plan and to know a bit more about yourself?

This is why having access to it via a reading becomes helpful. At the same time, the wonderful thing about free will and personal growth is that you're not required to live out the plan as you originally created it. Sometimes you're ready for a new plan and could use a little guidance on which direction to take.

Overall Akashic records can play a major role in your life, from knowing yourself better to live an unprecedented and transformational life you have been wishing for. Let me help you to unravel the impact that Akashic Records can have in your life

Understand Yourself Better:

We mostly think that the challenges we face are due to our destiny and cannot be changed. But every problem has a root cause, and once we find the root cause, it can be rectified and corrected. Akashic records have these valuable inputs that can help you get a deeper understanding of your situation and eventually allow you to understand yourself better. An understanding of the situation in itself leads to a certain level of healing.





Empowered and Transformed You:

"The Akashic Records offer empowerment and transformation by lending us exactly the wisdom, guidance, and energetic support that we need in this lifetime." – says Dr. Linda Howe, an award-winning author, teacher, and world-renowned leading expert in the field of Akashic Studies.

You always want a better life but have no clue how to achieve it. Think of a situation in which someone can guide you. What to do? When to do? - to attain your desired life.

Or you get a sign that assists you in choosing the right path. The Akashic Records holds knowledge, thoughts, and experiences since the time of the inception of your soul; it has the ability to empower you, help you make the right decision at the right time, and finally transform you into your better version.

Find Your Life's Purpose:

Some people are so successful and are achievers. They live the most wondrous life. On the other hand, many people are unsatisfied with their life, health, job, or relationship. Both kinds of people exist while one has discovered their Life's Purpose, and the other has not.



So many of us go throughout our lives not really knowing our Life's Purpose. Making do with fear, doubt, insecurity, and not knowing how. You have been told that something you want to do is impossible, and will not bring in a decent income, hence you cannot take it up. And so on. Akashic Records content will support you in finding out what it is you can do in this valuable incarnation.

Clarity and Direction:

“There are always roadblocks in whatever I have tried. It does not matter how much effort I put in, but I always fail.” – is this your life story? Or things fall apart in the last moment, and you miss opportunities just by a whisker. You are facing these



repetitive patterns often in your life because you did not have clarity and proper direction.

By accessing the Akashic Record, you can get clarity on personal strengths and weaknesses. It helps you to gain a deeper understanding of life situations, leading to better decision-making.

Who are the Record keepers or MTLOs?

The Akashic Records are in the sixth plane or realm. They are protected by a group of nonphysical Light Beings called the Lords of the Records. These beings ensure the safety and integrity of the Records. They determine not only who can access the Records, but what information they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones (MTLOs) by "downloading" to them the information they will relay during each Akashic reading.



You can think of the Masters, Teachers, and Loved Ones as your spiritual team. They serve as the interface between the Akashic and earthly realms.

- Masters are nonphysical beings and have been with you through every lifetime, guiding your soul on its journey.
- Teachers are, as you would imagine them, are your teachers through your lifetimes. This can include famous figures.
- Loved Ones are your soul family, not just your blood family, through every lifetime.



Though the Lords of the Records and the Akashic Masters are nonphysical beings, some of the Teachers and all of the Loved Ones have existed as humans on earth.

When you work in the Akashic Records, you will never see the Lords of the Records, nor will you see the Teachers and Loved Ones as they existed in human form, but you may sense their energetic presence if a Teacher or a Loved One deems it appropriate and necessary to come forward to relay certain information.

Usually, the Masters, Teachers, and Loved Ones prefer to remain anonymous so that we will learn to rely on the energy of the Records rather than on specific identities in the Records.

By connecting with your MTLOs we are able to receive answers to a variety of questions. They are more like your soul's librarians. The MTLOs are able to provide insight in a very loving way from this realm of consciousness. Their job is to convey the messages directly from your Akashic records to you.

When should you get an Akashic Record reading?

There are times in life when you feel stuck, confused, or unsure about the direction you need to take. At such times, Akashic Records can provide valuable insights and guidance to help you move forward. Here, we will explore some common reasons why you should seek out Akashic Record Readings and how you can benefit from them.

If you are experiencing repetitive patterns in your life – You may be suffering from repetitive painful episodes of a certain kind. For example, unable to hold on to a job for long without any clear reason as to why it happens.





When you want clear information about why something in your life is the way it is – You may be stuck in an abusive relationship and are unable to understand why? Let's say you have an abusive parent, and you cannot change that. Then an understanding from your records about why it is so, will help.

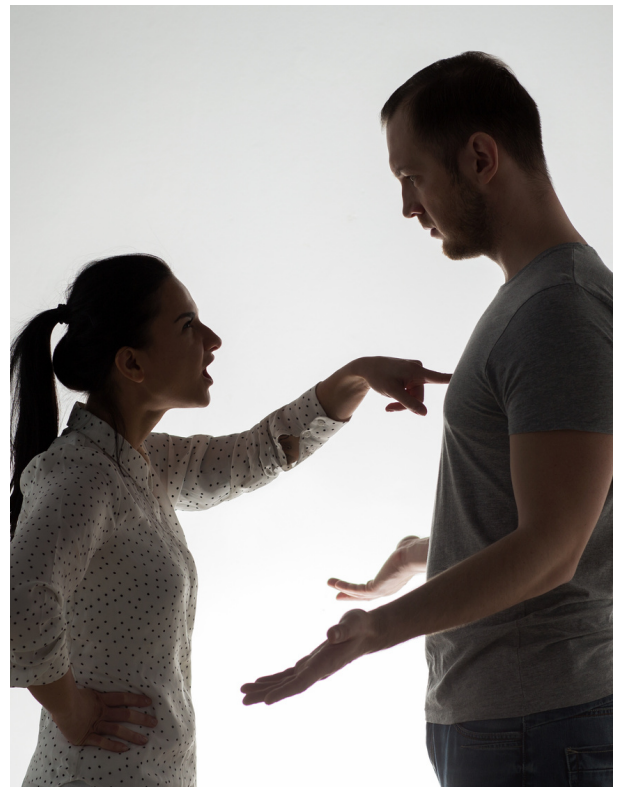
When you need guidance about the best decision to make in a situation – You may be stuck in a situation where there are different consequences depending on what decision you take. In such cases a reading from the records will help take the right steps.



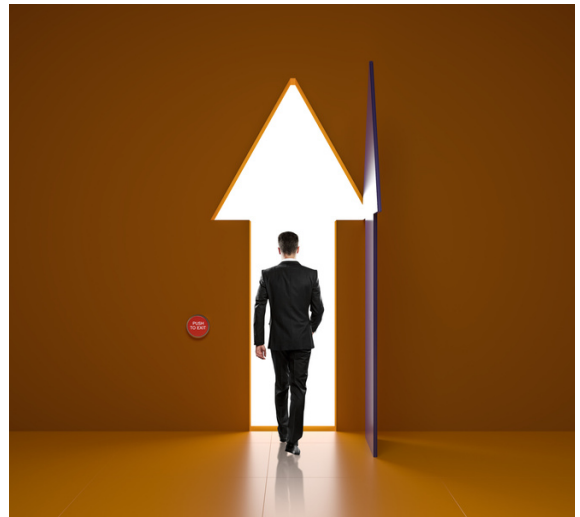


When you feel something is holding you back that you want help in releasing – You know if you took a certain decision it will be good for you, but there is something that stops from taking that drastic step. In such a case a loving input from the records, will guide you and help you release the block that comes in your way.

When you are undergoing challenging dynamics with certain people or relationships – Sometimes you are unable to fathom why certain people behave with you as they do. In that case, the reading may give you a perspective on the dynamics and the cause behind it.



To identify your soul's potential and strength –
We sometimes underestimate ourselves and doubt our potential. The records give loving understanding of what you can do with yourself.



To get to Know Your Life Purpose – We are sometimes in careers or situations that may not be what we are meant to do in this life. In such cases the records guide you to the direction that will help you move to your life purpose which will always be more fulfilling.

To remove limiting blocks and beliefs –
Despite putting effort, sometimes subconscious belief systems create blocks in life. These need to be understood and worked on. The records help in giving guidance to resolve them.



How is an Akashic Record reading done?

In an Akashic session we'll do a short visualization meditation together to get grounded. Then open the records by reading the "Pathway Prayer Process" and connect to your own Masters, Teachers and Loved Ones (MTLOs). Once the channel is open you'll be able to ask questions and receive information via the practitioner.



It is always better to do some homework before a reading and come up with 3-4 key questions that you would like to ask. Many a time, the answer for one could give an insight that has an underlying message for all your queries. Toward the end of the reading, we will sit in divine grace and fill ourselves up with Akashic energy, thank the Record Keepers, and close your records. After the session, you may get guidance on the next steps if your MTLOs suggested any specific prayers or meditations to do.

How Akashic records help in healing and what to expect?

While an Akashic Record reading is a healing step on its own, it may sometimes be required to go deeper and use additional clearing methods like **Theta Healing, Reiki, Angel healing** etc to just heal further. After a reading, we can use additional healing techniques to help completely resolve the issue at hand. These techniques are used as a complimentary tool to build upon the understanding received from the records.



Such sessions are just deeper, longer, and more powerful. You go beyond the reading or insight, into healing. For example, we could be clearing an old vow from another lifetime that may be limiting you currently. Or there is a past life incident that requires healing and release.

Different energy healing techniques have their own strength or quality. Depending on the client's receptivity, one or more techniques could be used to deepen the healing.

Every Akashic journey is unique, and each person receives the information from the Records in a way that is in highest alignment for them. Some may see images, colors, aura, a visual playing in their mind's eye, voices, sensations, or a deep sense of inner knowing.

The Akashic Records are a subtle energy, and your guides want to connect with you. Trust the process, feel into the energy of your Records, and most importantly have fun.

An Akashic Records reading is neither predictive or psychic, since we all have free will and choice at any moment. However, the information that is channeled is always delivered in the spirit of love and truth and for your highest good.

They offer information and guidance intended to help you take action. It is up to YOU to choose whether or not you wish to heed their advice.

Your Akashic Records practitioner

Your Akashic records practitioner, is trained in reading and channeling the information from the Akashic records:

- Has the skills to ask questions,
- Raise issues, release obstacles, and has ability to experience the transformation of healing balance within the energy of the Akashic Records
- Does spiritual hand holding as you undertake your Akashic journey.
- Is your channel to receive the information from your records and to help you in your healing journey.



About Vandana Sinha



Vandana Sinha is trained under Dr. Linda Howe, the founder and director of the Linda Howe Center for Akashic Studies. And who is a leading expert in using Akashic Records for personal empowerment. Linda is the author of many award-winning books and is the originator of the Pathway Prayer Process to access The Akashic Records.

Vandana is also trained in multiple energy healing techniques like Reiki, Theta Healing and Angel healing. She has been practicing and working with them over the last three decades. She uses these skills to enhance and deepen your healing experience in the Akashic Records.

Next Steps

Your Akashic Reading is followed by a 20-minute integration call with Vandana within 1-2 weeks. During the call, you will discuss any questions you might have from your reading, this discussion is done outside your records. She will support you in moving through any resistance, so you stay in action and create lasting momentum from your reading.

The idea is for you to be able to move forward in your life and use your Akashic journey in the highest and best possible way.

All readings are done via zoom or in her practice in Orange County. They are recorded on request. All such readings and meetings are strictly confidential. We may request for a testimonial which you may give if you choose to. All payments are taken via PayPal or Stripe before the session

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