



GLOW WITH
THE FLOW

Soul PRISM
Collective

WELCOME



I have been working with the moon consciously for many years. Unfortunately, when I am working in mental health and addictions at the hospital, I hear the word LUNATIC and LOONIEBIN thrown around way too often. There was a belief that the moon made people crazy, and although emotions can be heightened, this really isn't the case.

My Mars is in the astrological sign of Cancer (ruled by the moon). In human design I am also a 6/2 splenic projector with one channel. Both my body and mind separately are reflectors. I have an undefined solar plexus center. With awareness, embodiment and connecting to my intuition, I can sense subtle shifts in the astrological weather and use it wisely.

This book is a great way to begin to connect with the moon cycle and use it in your soul-based business. Especially if you have a lot of gates or planets in the sign of Cancer, a reflector, or have an open emotional solar plexus in human design.

Tammy Mack



How to use this guide

Working with the moon cycle is a **natural way to magnetize your attraction field**. The moon is what drives us emotionally and when you can align with the elements, you will be able to powerfully use this to your advantage through potent planning.

” JUST LIKE THE
MOON, WE ALL
GO THROUGH
PHASES

For instance, if you are ready to a launch a new offer, then you may want to use the moon cycle to plan and implement, nourishing your audience when the moon is in air signs and launching when the moon is in a fire sign. If you are wanting to get some batching done for funnels or content, then doing so may feel aligned when the moon is in earth element.

Often, I get asked?

When should I launch my new program?

When should I post or go live on social media?

When should I do batch content?

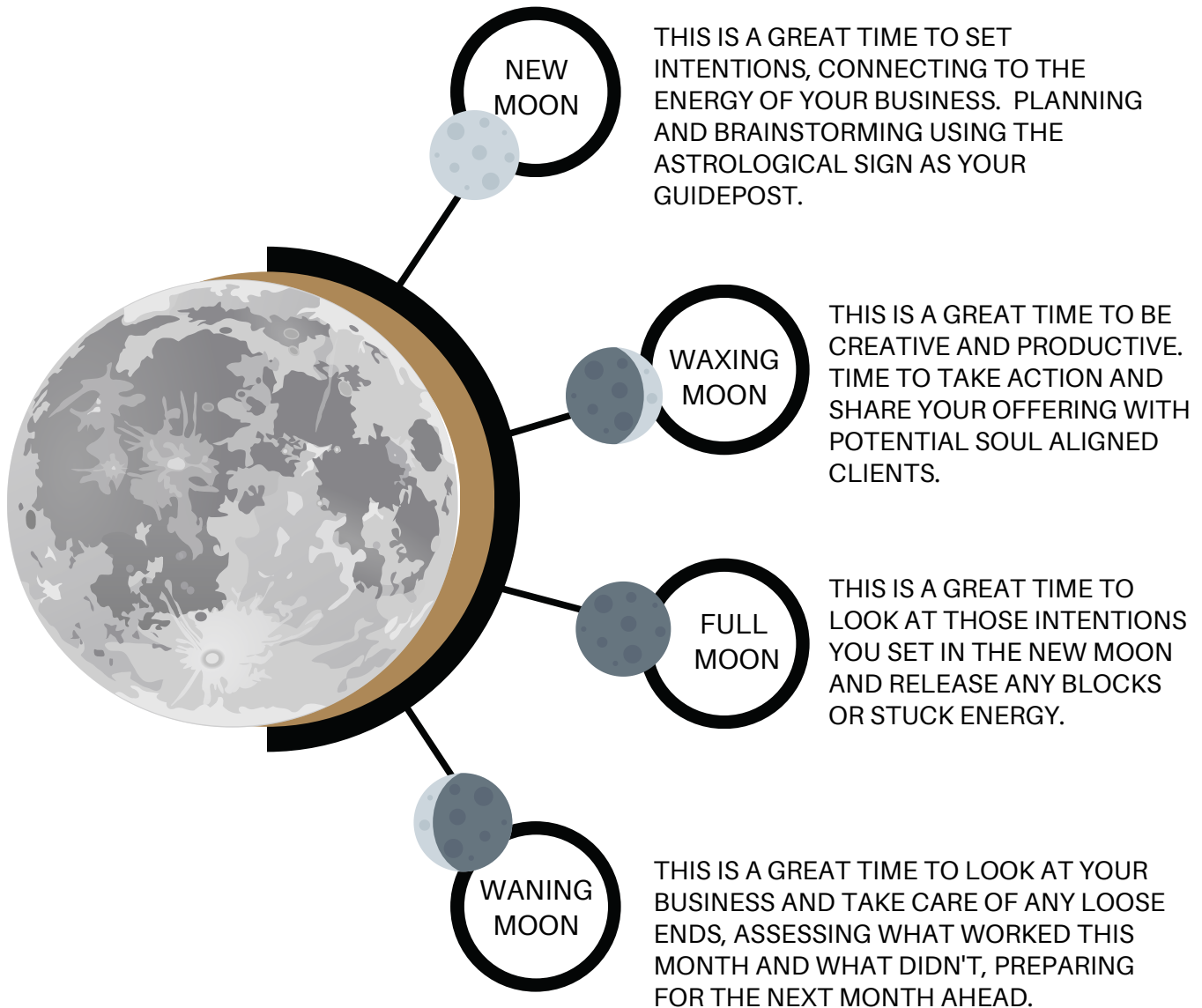
When should I plan a rest day?

When should I?

In the few next pages are cheat sheets that allows you to **powerfully align to the elements of each astrological sign** so you can learn to connect with the potency of fire, air, earth and water.



Moon Phases



Write the dates down for each moon phase so you can plan ahead

CHEAT SHEET



FIRE



Aries, Leo, Sagittarius

- Initiating
- Taking action
- Promotion
- Launch
- Passion
- Raising awareness for a cause
- Sign ups

EARTH



Taurus, Virgo, Capricorn

- Planning and scheduling
- Goal setting
- Admin work
- Finances/money/ bookkeeping
- Batching
- Day to day activities
- Back end work in your business

AIR



Gemini, Libra, Aquarius

- communication (going live)
- group projects/masterminds
- teaching
- courses
- workshops
- podcasts
- brainstorming

WATER



Cancer, Scorpio, Pisces

- emotional healing
- shadow work
- therapy
- journaling, contemplation
- affirmations and beliefs
- intuitive guidance
- subconscious/unconscious

ASTROLOGY

Cheat Sheet

PERSONAL

1ST HOUSE



Aries

RULER MARS
ELEMENT FIRE
IDENTITY
I AM
HUMAN DESIGN
25,17,21,51,42,3

2ND HOUSE



Taurus

RULER VENUS
ELEMENT EARTH
VALUES/WORTH
I FEEL
HUMAN DESIGN
27,24,2,23,8,20

3RD HOUSE



Gemini

RULER MERCURY
ELEMENT AIR
SELF EXPRESSION
I THINK
HUMAN DESIGN
20,16,35,45,12,15

4TH HOUSE



Cancer

RULER MOON
ELEMENT WATER
HOME HEALING
I FEEL SAFE
HUMAN DESIGN
15,52,39,53,62,56

RELATIONSHIP

5TH HOUSE



Leo

RULER SUN
ELEMENT FIRE
CREATIVE
EXPRESSION
I WILL
HUMAN DESIGN
56,31,33,7,29,59

6TH HOUSE



Virgo

RULER MERCURY
ELEMENT EARTH
DAILY ACTIVITIES
I ANALYZE
HUMAN DESIGN
59,40,64,47,6,46

7TH HOUSE



Libra

RULER VENUS
ELEMENT AIR
RELATIONSHIPS
I BALANCE
HUMAN DESIGN
46,18,48,57,32,50

8TH HOUSE



Scorpio

RULER PLUTO
ELEMENT WATER
SUBCONSCIOUS
I DESIRE
HUMAN DESIGN
50,28,44,1,43,14,34

COLLECTIVE

9TH HOUSE



Sagittarius

RULER JUPITER
ELEMENT FIRE
SPIRITUAL EGO
I SEE
HUMAN DESIGN
34,9,5,26,11,10

10TH HOUSE



Capricorn

RULER SATURN
ELEMENT EARTH
HIGHEST
POTENTIAL
I USE
HUMAN DESIGN
10,58,38,54,61,60

11TH HOUSE



Aquarius

RULER URANUS
ELEMENT AIR
UNIVERSAL
WISDOM
I KNOW
HUMAN DESIGN
60,41,19,13,49,30

12TH HOUSE



Pisces

RULER NEPTUNE
ELEMENT WATER
SOCIAL WORKER
I BELIEVE
HUMAN DESIGN
55,37,63,22,36,25

Check these links out



[Natal Chart](#)



[Human Design](#)



[Moon Phases](#)



[Genetic Matrix](#)



These are my favorite links when I am working with clients

Whether you are using this professionally in your soul-based business or want to use it in your day to day to work with the moon these are my favorite links that I use when aligning with the transits.

The Sun Sees Your Body, The Moon sees your soul

Monthly

PLANNER

MONTH

SUN	MON	TUE	WED	THU	FRI	SAT

ACTIVITIES

REMINDERS

NOTES

An illustration of a brown crescent moon with several small, light-colored stars scattered around it. The moon is positioned behind the text 'Moon Phases'.

Moon Phases

Intentions I am setting for the New Moon

I am taking action on the Waxing Moon by...

I am releasing and healing the blocks and energy during the Full Moon by

I am using the Waning Moon by preparing

Selenophile - A person who loves the moon



Moon Elements

This month I am using the impactful fire elements to

This month I am using the grounded earth elements to

This month I am using the chatty air elements to

This month I am using the emotionally water elements to

Shoot for the moon, even if you miss, you'll land among the stars



THANK YOU

I hope you found this resource guide helpful, and you are able to use it in your business, life and relationships. If you have any questions, comments or feedback, I would love to continue our conversation. You can visit [my website](#) to grab your free human design chart, sign up for my emails and check out my other offers to support you as a soul-based business owner.





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EMPOWER
EMBOLDENT

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