

7-Day Sewing

Starter Pack

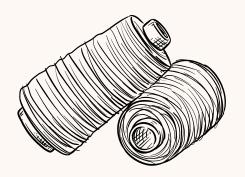
Sew, Create, Organize

The Beginners Guide









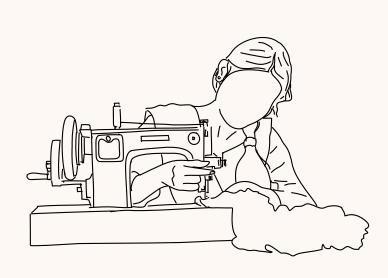
THIS BOOK BELONGS TO

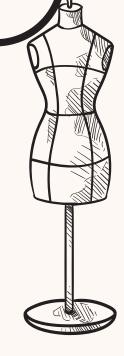
Name:

Email:

Date Started:

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SUPPLIES SHOPPING LIST

Item	Store/Link	Budget	Store/Link	Purchased
Cotton Fabric				
Fabric Shears				
Thread (white/black)				
Pins				
Measuring Tape				

PROJECT	Start Date	Current Stage
Tote Bag	May 2025	Cutting
Zipper Pouch	May 2025	Almost Done
NOTES:		

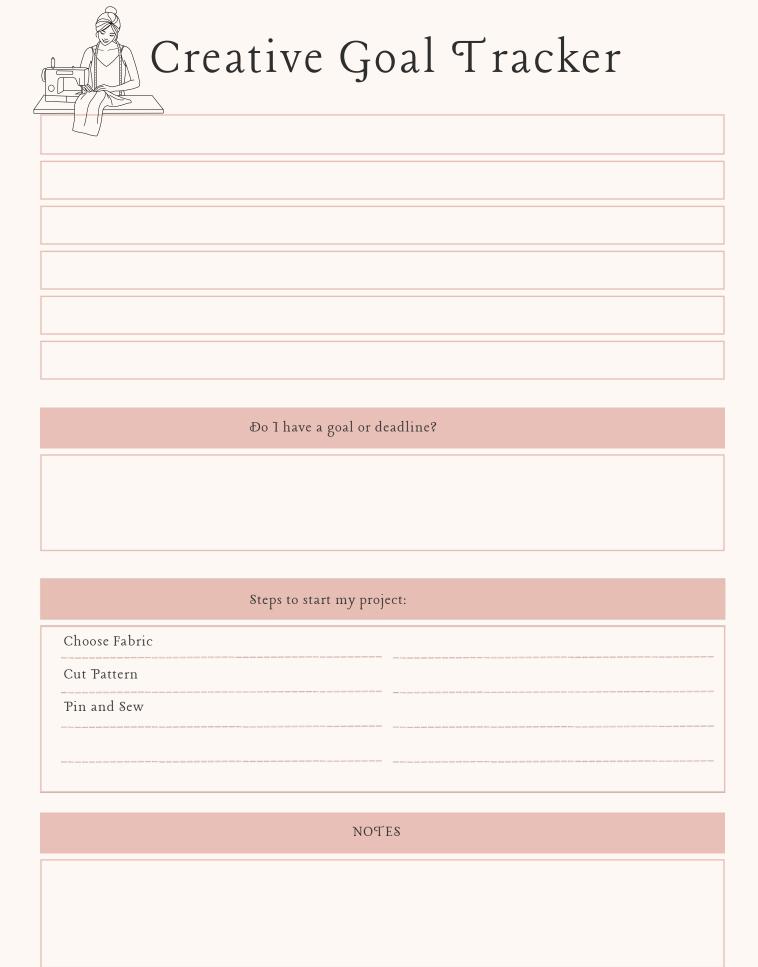


INCOME	виддетед	ACTUAL	NOTES
Cotton Fabric	\$12	\$10	On Sale
Zipper	\$2	\$10	brought from local store
TOTAL			

INCOME	BUÐĢETEÐ	ACTUAL	NOTES
TOTAL			



PROJECT NAME	DATE Started	DATE FINISHED
Overall Experience	DIFFICULTY (1=Easy, 10=Hard)	
WHAT WEN	T RIGHT	
\sim		
WHAT WENT	WRONG	





Project List



MONTH/YEAR:

PROJECT	BUÐGET	Status
Scrunchie Set	\$5	completed
Pillow Covers	\$15	In progress



Pattern Tracker

MONTH/YEAR:

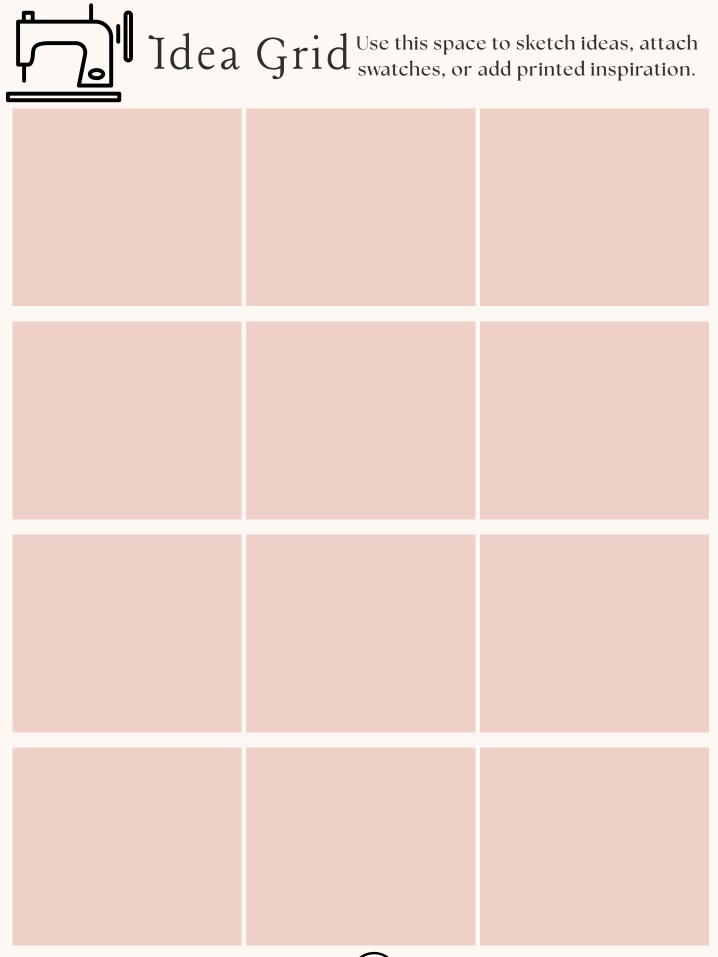
PATTERN	BRAND/SOURCE	SIZE	FABRIC
Tote Bag	Etsy	one size	Cotton
Apron	Creative Fabrica	М	Linen



Materials List

MONTH/YEAR:

DESCRIPTION	QTY	PRICE
1 Yard Cotton	2	\$14
Spool of Thread	3	\$6





Resources

WEBSITE: sewing	org, diychicprintables.com		
MAGAZINES & CATALOGS: Threads, love Sewing			
OTHERS: Pinterest boards, YouTube tutorials, Instagram Pages			



3-Project Planner

Reason/Goal

	PROJECT NAME:
	SUPPLIES NAME:
	ESTIMATED TIME:

Monthly Tracker Month

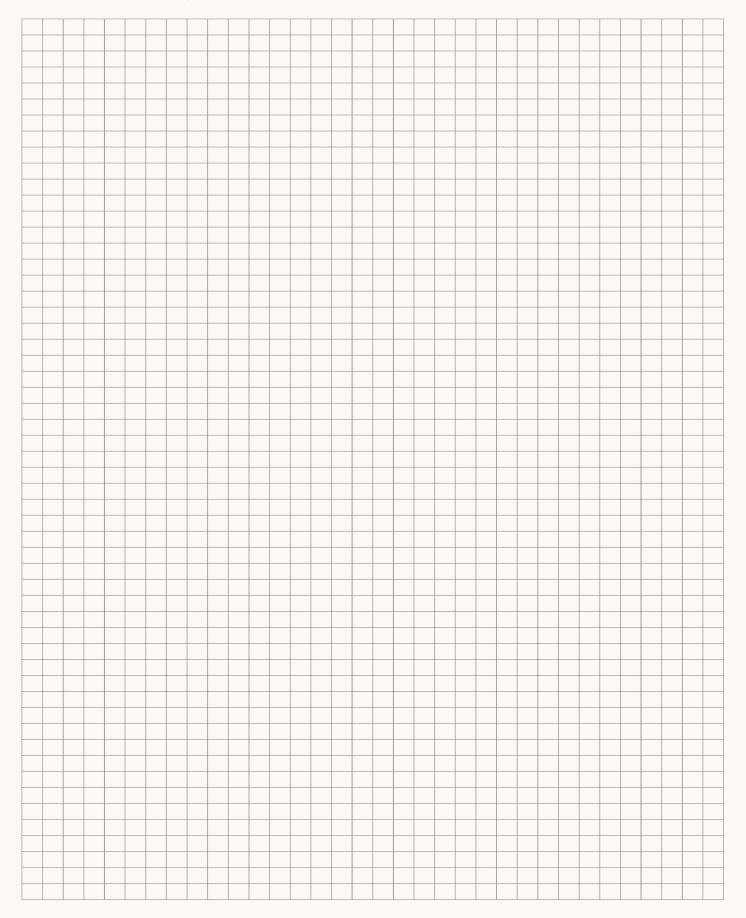
Finish Deadlines

Track Your Progress All Month Long

М	T	W	T	F	S	S
Pro	ject Days					
	ctice Time					

Sketch Grid Design Your Own Pattern or Layout







Pattern Visual View Use this page to draw your sewing projects from both angles.

FRONT VIEW	BACK VIEW

Pick Pattern
Buy Fabric
Pre-wash Fabric
Cut fabric
Assemble tools
Start sewing
Finish edges
Press and fold
Package or wear

Final Thoughts or Lessons Learned

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Welcome Message



This planner is your creative companion for starting and finishing your first sewing projects with clarity and confidence. Use it to stay organized and motivated throughout your 7-day sewing journey.



Supplies & Setup

Begin by listing everything you need on the Supplies and Budget pages. These sections help you gather your tools, estimate costs, and avoid last-minute shopping stress.



Daily Progress & Planning Use the daily tracker, project pages, and checklist to stay on

Use the daily tracker, project pages, and checklist to stay on schedule. Each section gives you space to plan, reflect, and build skills with purpose — one stitch at a time.



Tips & Extras

Sketch your ideas, track your patterns, and use the notes to capture lessons learned. Reuse the monthly tracker for future projects and follow us on Pinterest for free updates.