

Fun and Practical Every Day Animal Communication



Workshop Intentions

- Tuning in and connecting to our beloved companions to **become the best versions of ourselves** while **becoming their best guardians**
- **Gaining deeper respect and understanding** through observation
- Slowing down and opening ourselves up to receiving communications from our animals



What this Workshop Shares



- Short intro into animal communication
- Tips to amplify what you are already doing when talking to your animals
- Daily playtime experiments for deeper connection
- How to receive messages from your animals - A Step-by-Step Process

Introduction: What is Animal Communication?



Animal Communication is our ability to connect and tune in to our beloved animals to appreciate their wisdom, honor their soul experience, and understand them more deeply.

Our animals have various reasons why they have chosen to be with us . Through animal communication, we can understand these reasons and enrich our relationship.

What Role Do Your Beloved Animals Play in Your Life?

This is a beautiful idea to explore. Some animals are with us just to **support, nurture and love us**. Sometimes they help us grow and **evolve from different challenges**.

They can also **mirror us** in many different ways to support us. Each animal that becomes part of our life has a beautiful reason for being here.

What role do your animals play in your life?



How Do We Communicate with Our Animals?



If you love your animals, you are already communicating with them **through all of your senses**.

You will see their body movements, their eyes, feel and sense their energy, hear the tone of their bark or meow, and intuitively know what they are thinking.

They are always communicating something- pure contentment, happiness, love, hunger, excitement and so on.

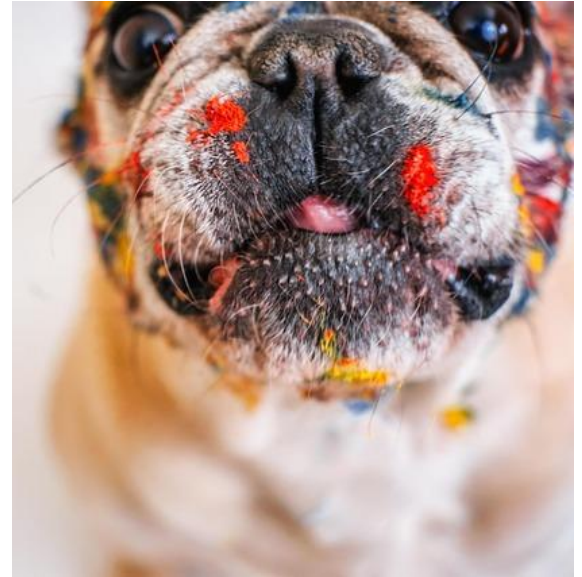
When you are open, you are receiving and sensing all of this.

What Animal Communication is Not :)

Animal communication is meant for deeper understanding and connection. It allows us to hear what they'd like us to know.

But please remember that they have free will and **do not always want to comply with our requests.** This does not mean you didn't communicate clearly 😊

You can always negotiate or try to communicate your ideas differently, and continue the conversation. Either way, we have to accept their free will.



Keeping it Super Simple and Fun!



In this workshop, I'd love to take you deeper in your connection with your beloved animals and enhance the natural communication style with them.

Most Important Tip to Amplify Your Communication
Words, visuals, energy needs to match and be coherent and aligned for best clarity

Example - Please be quiet (image of them not barking, mouth closed, with calm energy) vs Don't bark (barking dog image, with a person saying no?? Upset energy)

More Tips



- Animals have different levels of understanding, depth, personality and past experiences. These can all affect communication.
- What can we expect? Sometimes we have a toddler, sometimes a teenager. **We communicate for understanding, not compliance.**
- Wait for their response. Fuzzy answers are answers. So are non-answers.
- Talk with them all the time.
- Tell them all the good things they are.

Daily Playtime Experiments for Deeper Connection

Try one, try all, make up more!

1. Take a few deep breaths. Send them love. See how they respond.
2. Take a few deep breaths. Send them a visual of their favorite treat and see if you notice anything. (Just be ready to give one if they ask!)
3. Take a few deep breaths. Play with them by sending different colors. See if you receive any immediate image or sensation.
4. Take a few deep breaths. Ask a question like “Do you want to play?” and observe how they respond.



How to Receive Messages From Your Animals

Quick Overview:

1. Set intention and choose a few questions you'd like to ask
2. Clear space and ground (meditation, or deep breathing and intention)
3. Call in your special animal communication guide (guided meditation)
4. Call in your animal or shift your attention to them
5. Ask one question at a time, write down the first thing that pops into your awareness before your thinking mind kicks in
6. Thank your animal and guide

Let's do this together!



Set Intention and Choose a Few Questions

1. Write your intention
2. Write a few open ended questions that you have no attachment to what their answers may be (some ideas)
 - What's your favorite time of the day?
 - What's your favorite word?
 - What's your favorite food?
 - Do you have a favorite walk path/location?
 - What color do you like?
 - What color do I look like to you right now?
 - What do you love about me most?
 - What's your favorite smell?
 - What's your favorite toy?
 - Do you have a message for me?



Spirit Animal Questions

1. Write your intention
2. Write a few open ended questions that you have no attachment to what their answers may be (some ideas)
 - What was your favorite activity?
 - What was your best time/experience?
 - What do you like to do now?
 - Who do you play with?
 - Who do you visit?
 - Do you have a new super power?
 - Do you have a message for me?



Clear Space and Ground



Various ways you can clear space and ground:

1. Intention + deep breathing
2. Use pendulum counterclockwise to clear space, intend to ground
3. **Meditation** (free audio-soul star and earth star tuning fork activation and harmonization)

Call in Your Special Animal Communication Guide



1. **Breathe and intend, and allow a divine animal communication specialist guide to be present with you**
2. **Enjoy the guided meditation to call in your special animal communication guide :)**

Call in Your Animal and Ask Your Questions

1. Your beloved animals have most likely been listening to you already and are present. So you can call them in or just shift your focus and full attention to them now.
2. Ask one question at a time, write down the first thing that pops into your awareness before your thinking mind kicks in.
3. When it feels complete, thank your animal and your guides and take a few deep breaths.



Some Notes + Q&A Time

1. **Keep practicing and have fun! It's OK if you think you made everything up. It's OK if you feel like you didn't get an answer.**
2. **You don't always need to do any preparation. You can ask questions throughout the day. The answers may come at a completely different time when you're not even thinking about it.**
3. **Still feeling unsure? That's OK! Keep doing it anyway ;) You can also find an oracle deck that resonates. Draw a daily message from your animal for practice and fun.**



Coming Next!

Resources

Free meditations/Slides

<https://www.ktmholistic.com/animal-workshop>



Next Workshop: Communicating with Our Animals to Optimize Wellness

1. Tuning into their physical bodies to check for areas that could benefit from more attention
2. Optimizing and balancing those areas



Our Magical Wild Bee Colony

I have always loved bees even before I knew...
DEC 18 - KEIKO TM



Niki, Our Super Savvy and Generous Neighborhood Cat!

In all my years on the farm, I have never me...
DEC 11 - KEIKO TM



Lessons Learned from Dezi the Alpaca: Parasites, Health and Stress

Parasites are the biggest threat in livestock, so I knew early on that I needed to learn how to test for them.

DEC 26 - KEIKO TM



The Power of Togetherness

Star, Milano and Hird
DEC 4 - KEIKO TM



Peaceful Forest Walk with Your Spirit Horse

Enjoy a beautiful moment of peace and...
NOV 26 - KEIKO TM



Expanding Love with Our Animals

A short feel good meditation created for...
NOV 26 - KEIKO TM



How Animals Guide Us Through the Toughest Times

My Beautiful Gentle Sweet Alina
NOV 25 - KEIKO TM



Expect the Unexpected

Creative Animals Wake Up My Husband
NOV 25 - KEIKO TM



Holistic Healing Cafe for Animal Lovers

Holistic animal care, healing meditations, animal wisdom for deeper connection with our beloved animals.

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Free Goodies
-Healing meditations for you and your beloved animals
-Holistic animal care tips
-Wisdom from the animals

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