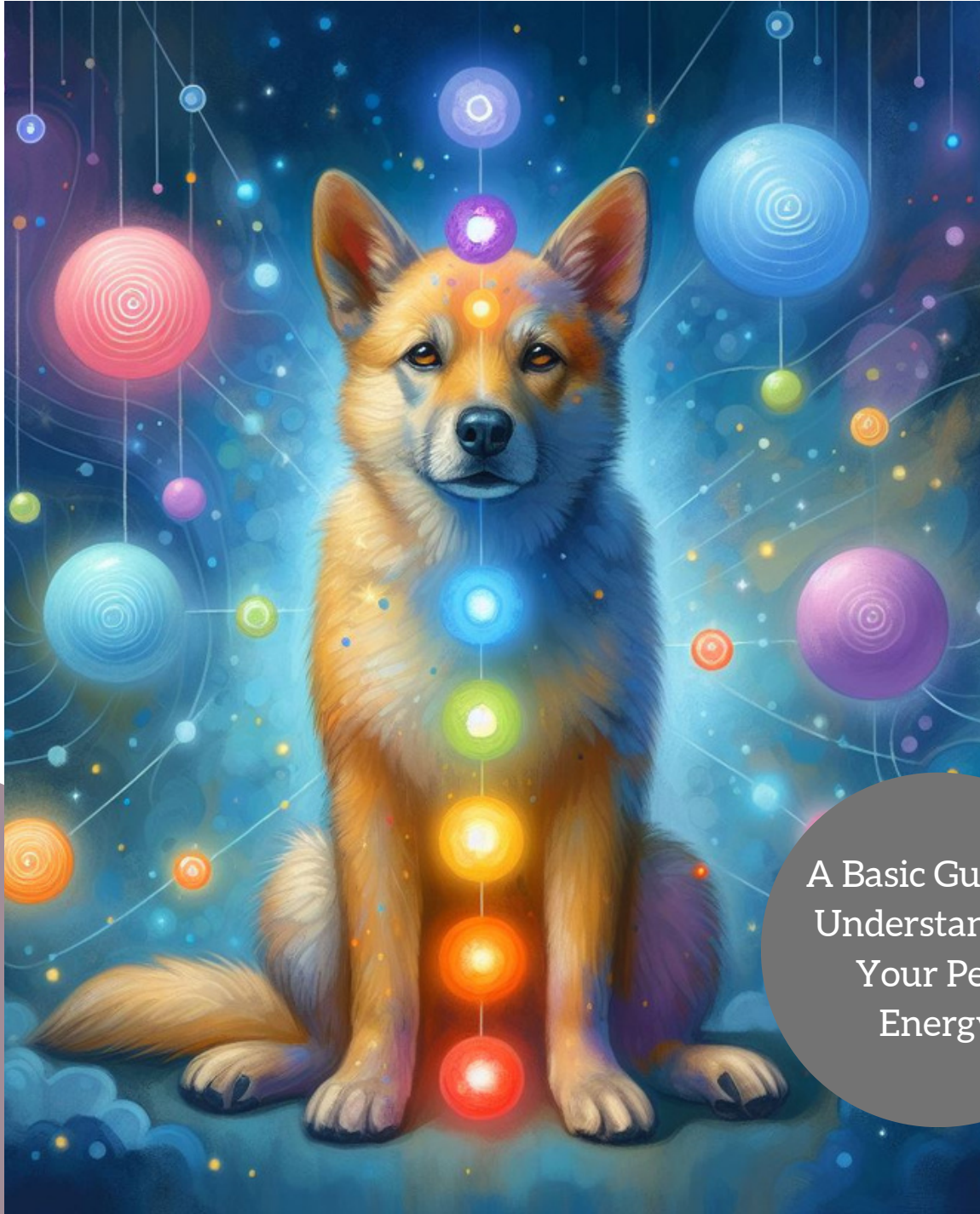


PET CHAKRAS



A Basic Guide to
Understanding
Your Pet's
Energy

By PAWSformational Journey

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DEAR PET GUARDIAN,

WELCOME, MY FRIEND.

Welcome to "Pet Chakras: A Basic Guide to Understanding Your Pet's Energy." This journey into the realm of pet chakras has been profound for me, and I hope it sparks transformation within you too.

With over 25 years in the animal industry, I've been blessed to witness the deeper connections beyond mere training techniques. In working with various creatures, from penguins in the watery depths to seals basking in the sun's warmth, and to the cherished pets nestled in our homes, it became evident that our relationships with animals extend far beyond the physical realm.

Our pets, in their unwavering loyalty and unconditional love, mirror our energy and emotions in ways that often go unnoticed. Have you ever noticed your pet's behavior changing in response to your own mood shifts? Or experienced the profound comfort they offer during moments of distress? They are not just passive recipients of our affection but active participants in our emotional and energetic journeys.

Yet, amidst our busy lives, it's easy to overlook the subtle cues our pets give us about their own well-being. Just as they absorb our energy, they can also carry our burdens, often at the expense of their own balance. It is our sacred duty as their caretakers and companions to reciprocate their love by tending to their chakras, nurturing harmony within both them and ourselves.

As we delve into the mysteries of pet chakras, let us remember that the world around us holds boundless wisdom and beauty. By slowing down, tuning in, and embracing the interconnectedness of all living beings, we open ourselves to profound healing and growth.

May this guide serve as a roadmap for enriching relationships—with our beloved pets, with ourselves, and with the universe at large.

Christine Tayler
Founder of PAWSformational Journey

WHAT ARE CHAKRAS

Chakras are energy centers located throughout the body that play a vital role in our physical, emotional, and spiritual health and wellbeing.

In both humans and animals, chakras regulate the flow of energy, known as prana or chi, through the body. There are seven main chakras, each associated with specific qualities and functions:

- Root Chakra (Red)
- Sacral Chakra (Orange)
- Solar Plexus Chakra (Yellow)
- Heart Chakra (Green or Pink)
- Throat Chakra (Blue)
- Third Eye Chakra (Indigo or Purple)
- Crown Chakra (Violet or White)



UNDERSTANDING PET CHAKRAS

Just like humans, animals also have chakras that influence their overall well-being. These pet chakras correspond to their physical and emotional states, affecting everything from their behavior to their health. Let's explore each pet chakra in detail:



Root Chakra: Located at the base of the spine, the root chakra is associated with stability, security, and survival instincts. Imbalance in this chakra can lead to issues with fear, aggression, and physical health problems related to the lower body, such as hip dysplasia or digestive issues.



Sacral Chakra: Found in the lower abdomen, the sacral chakra governs creativity, emotions, and sexuality. Imbalance in this chakra may manifest as mood swings, emotional instability, or reproductive issues.



Solar Plexus Chakra: Situated in the upper abdomen, the solar plexus chakra is linked to confidence, self-esteem, and personal power. An imbalance in this chakra can result in timid behavior, lack of confidence, or digestive problems.



Heart Chakra: Located in the center of the chest, the heart chakra is associated with love, compassion, and connection. Imbalance in this chakra may lead to issues with trust, separation anxiety, or heart-related health problems.

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UNDERSTANDING PET CHAKRAS



Throat Chakra: Found in the throat area, the throat chakra governs communication, expression, and truth. Imbalance in this chakra can manifest as difficulty expressing needs, excessive barking, or respiratory issues.



Third Eye Chakra: Situated between the eyes, the third eye chakra is linked to intuition, perception, and insight. Imbalance in this chakra may result in confusion, lack of focus, or difficulty learning new commands.



Crown Chakra: Located at the top of the head, the crown chakra represents spiritual connection and enlightenment. Imbalance in this chakra can lead to disconnection, lack of purpose, or neurological issues.



SIGNS OF IMBALANCE

It's essential to recognize the signs of chakra imbalance in your pet so you can address them. Common indicators include behavioral changes, physical symptoms, and changes in energy levels.

By paying attention to these signs, you can take proactive steps to restore balance and harmony to your pet's chakras.

Root Chakra - Fear and aggression behaviors are influenced in this chakra. Health issues can be associated with toileting issues, hips, back legs, blood, and skin.

Sacral Chakra - Separation Anxiety is influenced in this chakra. Health issues can be associated with sacrum, kidneys, bladder, or intestines.

Solar Plexus Chakra - Nipping, jumping, or boredom barking behaviors. Health issues can be associated with digestion, metabolism, stomach, muscles, liver, or spleen.



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SIGNS OF IMBALANCE

Heart Chakra - Guest reactivity is influenced in this chakra. Health issues can be associated with the chest, upper back, heart, lungs, and shoulders.

Throat Chakra - Whining, attention barking behaviors influenced in this chakra. Health issues can be associated with throat, base of neck, jaw, teeth, and mouth.

Third Eye Chakra - Accidents are influenced in this chakra. Health issues include areas associated with the forehead, back of the head, eyes, ears, and brain.

Crown Chakra - Lost or transitioned pets influenced in this chakra. Health issues associated with areas of the top of the head, hair, spine, and pineal and pituitary glands.



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SIGNS OF BALANCE

With a combination of pet behavioural training, veterinary assistance, and good nutrition, you can effectively assist in balancing your pet's chakras.

When your pet's chakras are balanced:

Root Chakra: Your pet feels safe, secure, and grounded, exhibiting general trust in people and confidence.

Sacral Chakra: Feelings are appropriately expressed, and your pet becomes open to affection and love.

Solar Plexus Chakra: Your pet feels confident, in control, and willing to engage in play with others, yet content on their own.

Heart Chakra: Your pet emanates love, friendliness, and becomes a joy to live with.

Throat Chakra: Your pet can express themselves with ease and effectively communicate their needs.



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SIGNS OF BALANCE

Third Eye Chakra: Your pet navigates effortlessly in the world, understanding and interacting with people and other animals.

Crown Chakra: Your pet becomes aware of the world and their place in it, fostering a deeper sense of connection and understanding.

Incorporating practices such as crystal therapy, affirmations, strengthening the pet's spiritual connection, and encouraging natural movement can provide an added boost to balance.



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SIGNS OF BALANCE

Additionally, when we actively engage in balancing our own chakras, we inadvertently contribute to the improvement of our pet's chakras as well.

Given the daily interaction and connection we share with our pets, they often mirror our energy and behaviors.

Pets, especially those with an old soul, may even guide us towards positive changes and growth. You'll notice this when they seek to play with us during moments of emotional distress, eagerly request walks after extended periods indoors, or gently nudge us to bring a smile to our faces.

Our bond with our pets transcends mere companionship; it becomes a dynamic exchange of energy and support, fostering mutual healing and spiritual growth.



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STRENGTHENING YOUR BOND

In conclusion, understanding and balancing your pet's chakras can have profound benefits for their overall well-being.

By incorporating these practices into your routine, you can help your furry friends live happier, healthier lives.

Remember to approach the process with an open heart and mind, and always listen to your pet's needs. Together, you can embark on a journey of healing and transformation.

Thank you for reading "Pet Chakras: A Guide to Understanding and Balancing Your Pet's Energy." May you and your beloved pets experience harmony, balance, and joy on your spiritual journey together.



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MEET THE AUTHOR

CHRISTINE TAYLER

Christine Tayler, a renowned intuitive pet psychic and the visionary behind PAWSformational Journey and Panting Paws Behavioural Training, is a multi-talented individual with expertise in various fields.

With over 25 years of experience in animal behavior and training, veterinary nursing, manifest transformations, business management, quantum physics, and energy work, Christine is making a profound impact in the animal industry, breaking boundaries and proving that there are no limits when we co-create with the animals on this Earth.

“Harmony resonates when the seven chakras dance in perfect balance, orchestrating a symphony of wellness and spiritual alignment within.”

HAVE QUESTIONS?

PO Box 822, Beeneligh QLD 4207, Australia
info@pantingpaws.com.au
bit.ly/m/pawsjourney



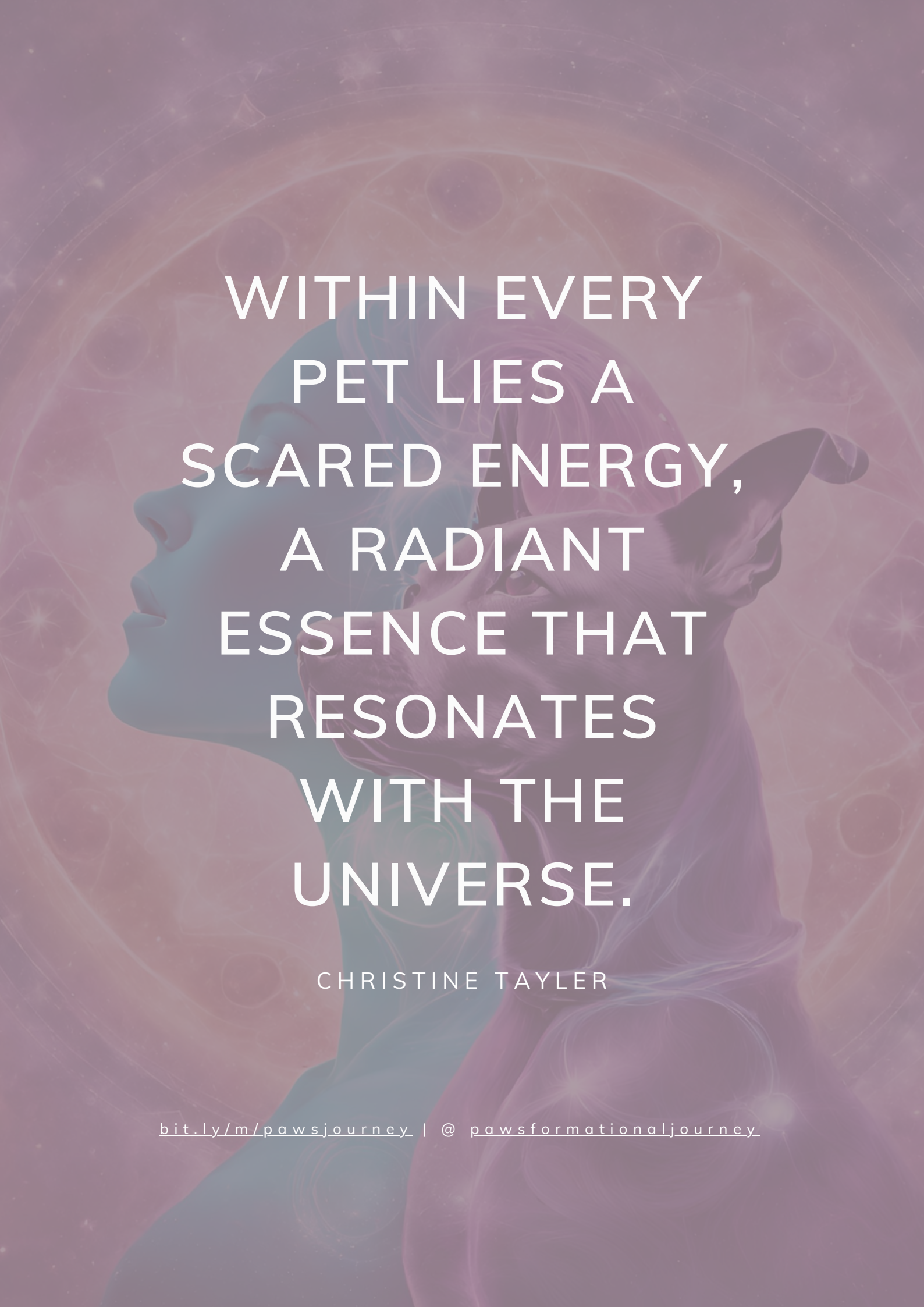
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