

Worksheet: Mastering Elimination by Aspects (Without Bias)

Part 1 — What Is Elimination by Aspects?

A strategy where you eliminate options based on one aspect at a time. Bias enters if aspects are chosen emotionally or irrationally.

Part 2 — Warm-Up Exercise

Scenario: Choosing a Laptop

List three aspects that genuinely matter:

1. _____

2. _____

3. _____

Part 3 — Practicing the Method

Aspect #1: _____ Eliminates: _____

Aspect #2: _____ Eliminates: _____

Aspect #3: _____ Remaining: _____

Final unbiased choice: _____

Part 4 — Where Bias Enters

Common biases: availability, mere exposure, stereotypes, emotional reasoning.

Which bias affects you most? Why?

Part 5 — Making Better Aspects

Rewrite biased aspects into rational ones:

1. "Must be made in USA" → _____

2. "Name sounds weird" → _____

3. "Saw an ad for it" → _____

4. "Country = bad quality" → _____

Part 6 — Advanced Exercise

What are you choosing? _____

Options:

1. _____

2. _____

3. _____

4. _____

Four rational aspects:

1. _____

2. _____

3. _____

4. _____

Elimination:

Aspect #1 eliminates: _____

Aspect #2 eliminates: _____

Aspect #3 eliminates: _____

Final option: _____

Part 7 — Reflection

Which bias do you need to watch out for? _____

How will you ensure aspect #1 isn't biased? _____

What decision this week will you apply this to? _____

Part 8 — Challenge Section

Show your full rational elimination process:
