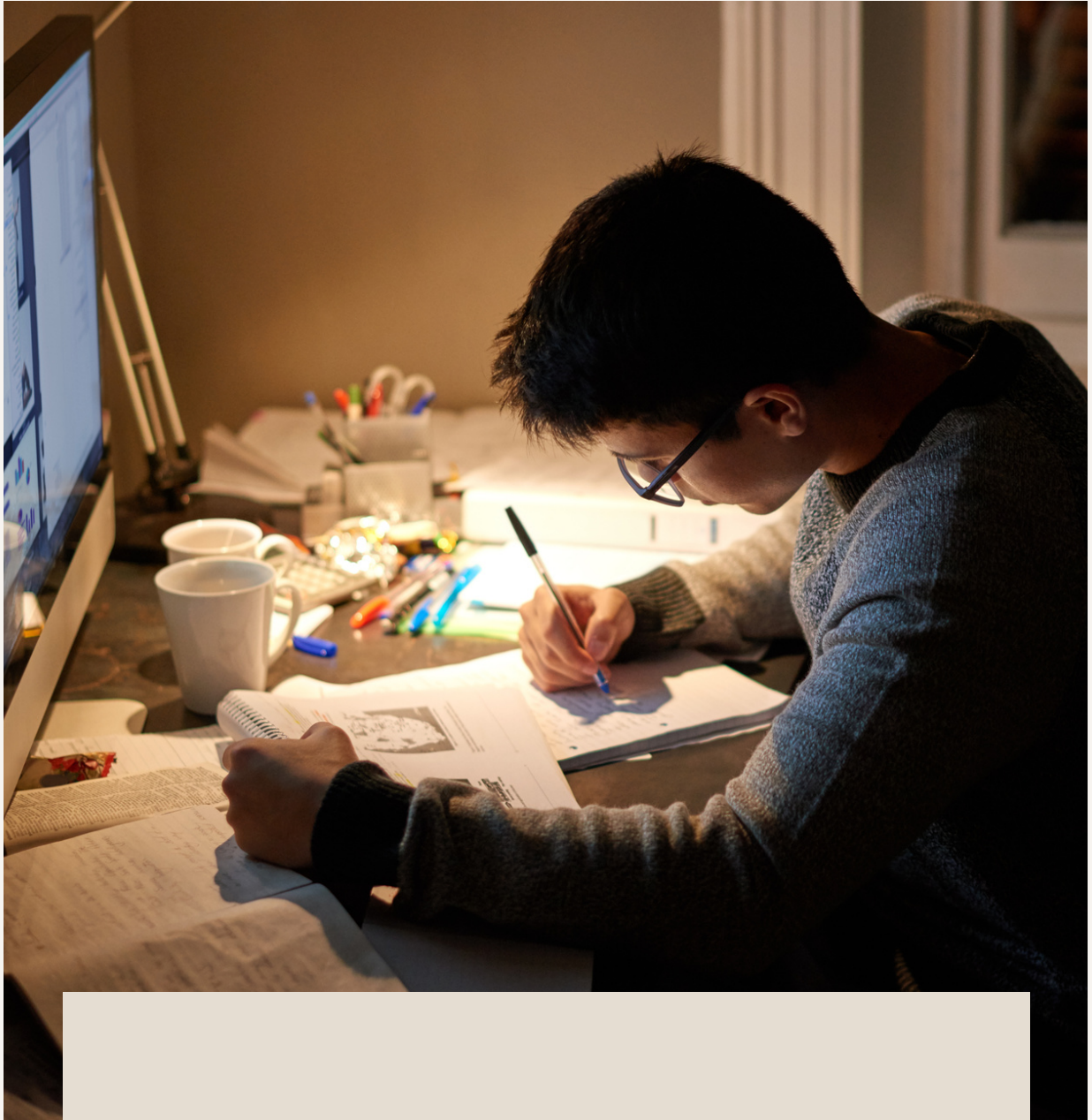




SKILL MASTERY GUIDE

Level up your performance!

5 STEP

PROCESS IN THIS GUIDE

01

IDENTIFY THE LEARNING GOAL

WE'LL COVER HOW TO SET THE RIGHT FOUNDATION TO BUILD ANY SKILL

02

IDENTIFY STUDY PATTERNS

THIS IS AN ESSENTIAL STEP MOST PEOPLE OVERLOOK. BUT IT WILL 10X YOUR LEARNING.

03

IDENTIFY CURRICULUM STEPS

HERE, WE'LL COVER HOW TO STRUCTURE YOUR LEARNING

04

ASSESS & ADJUST

HOW DO YOU ACTUALLY MEASURE YOUR PROGRESS? WE'LL COVER THAT HERE.

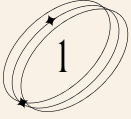
05

REASSESS

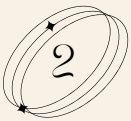
HOW DO WE PLAN FOR IMPERFECTION & OBSTACLES? WE'LL COVER THAT HERE.



1.IDENTIFY YOUR LEARNING GOAL



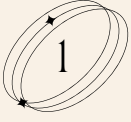
Be specific (an A in your class? Code a specific program?)



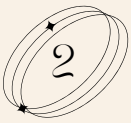
Make time-bound (by when?)

✦

2. IDENTIFY STUDY PARTNERS OR COACH



Who is your coach or tutor? OR who are 2-3 people you can study with?



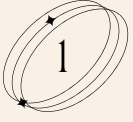
When, each week, will you meet? What specific day/time?

✦

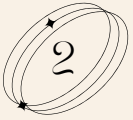
OR use my FREE Skill Mastery GPT 1-on-1 coach:

<https://chat.openai.com/g/g-i8UMQi2yw-skill-mastery-coach>

3. IDENTIFY CURRICULUM STEPS



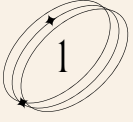
What exact topics do you need to learn in order to hit your learning goal?



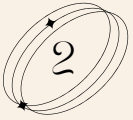
In what order do you need to learn those topics? (priority)

✦

4. ASSESS & ADJUST



What practice quiz or assessment will you take? Or what action will you take that will test your knowledge so far?

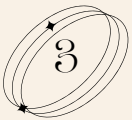


After each assessment, ask yourself:

A. Why did I get this question wrong, or why was this not the best approach?

B. What specific steps can I use next time to avoid the same mistake? (write out each step and keep it somewhere you'll review it)

C. When will I review these specific questions I got wrong OR mistakes I made, as well as the new steps I came up with?



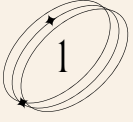
Consult Your Study Group or Coach

A. Bring these questions or mistakes you made back to your study group.

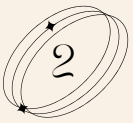
B. Teach them why you got them wrong, as well as the new steps you came up with.

C. Ask all study-group participants to do the same.

5. REASSESS



Is the structure in Step 3 still relevant and useful? (If not, reorganize or change the steps)



What is the next learning assessment we should engage in for Step 4?