

DD - Back To Drumming Practice Exercises

1 1 e & a 2 e & a 3 e & a 4 e & a



R L R L R L R L R L R L R L

2 1 e & a 2 e & a 3 e & a 4 e & a



L R L R L R L R L R L R L R

3 1 e & a 2 e & a 3 e & a 4 e & a



R R L L R R L L R R L L R R L L

4 1 e & a 2 e & a 3 e & a 4 e & a



L L R R L L R R L L R R L L R R

5 1 trip let 2 trip let 3 trip let 4 trip let



R R R L L L R R R L L L

6 1 trip let 2 trip let 3 trip let 4 trip let



L L L R R R L L L R R R

7 1 e & a 2 e & a 3 e & a 4 e & a



R R R R L L L L R R R R L L L L

8 1 e & a 2 e & a 3 e & a 4 e & a



L L L L R R R R L L L L R R R R

9 1 & 2 & 3 e & a 4 e & a



R R R R R L R L R L R L

10 1 & 2 & 3 e & a 4 e & a



L L L L L R L R L R L R

11 1 & 2 & 3 e & a 4 e & a



R L R L R R L L R R L L

12 1 & 2 & 3 e & a 4 e & a



L R L R L L R R L L R R

13 1 & 2 & 3 e & a 4 e & a



R R L L R R L L R R L L

14 1 & 2 & 3 e & a 4 e & a



L L R R L L R R L L R R

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15 R R R R L R L L R L

16 L L L L R L R R L R

17 R R₃ R R₃ R R R₃ R R₃ R

18 L L₃ L L₃ L L L₃ L L₃ L

19 R R R R R R R R R R R R R R R R

20 L L L L L L L L L L L L L L L L

SUGGESTED PRACTICE SCHEDULE:

1. Practice each exercise for at least 10 times or more
2. Use a metronome as much as possible
3. Start slow and gradually speed up. Example BPMs 60 → 75 → 85
4. Always count loud with your voice and not only in your head
5. When practicing beats 15-16 on the full kit, first practice them as written. Then extend the section to full bars (ie. 1 bar in 8ths, 1 bar in 16ths on hi-hat).