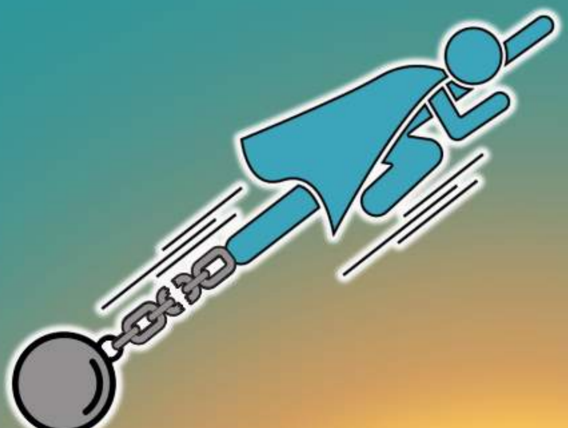
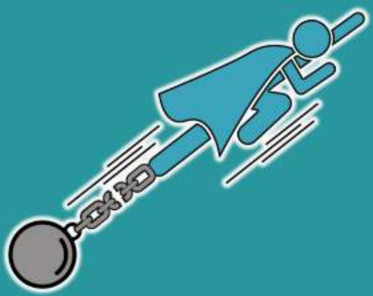


UNLEASH YOUR MONEY MINDSET JOURNAL



UNLEASH YOUR MONEY MINDSET JOURNAL

THE PURPOSE

Having a positive MONEY MINDSET isn't just about accumulating wealth; it's about embracing money as a form of positive energy that can fuel a more fulfilling life. It's the key that unlocks abundance in not just your income, but in every aspect of your life, from relationships to personal health. Imagine feeling the same level of joy and energy when you're with your family or working on your fitness as you do when you're scaling your business to new heights.

That's the kind of holistic wellbeing a healthy money mindset cultivates. I can relate, having built a multi-six-figure business that has freed me from trading time for dollars. This financial freedom has allowed me to explore deeper layers of myself and appreciate the unique individuals that my wife and seven children are. In essence, a strong money mindset can serve as the cornerstone for a life that's not just rich in financial terms but also rich in joy, love, and inspiration.

As my mentor, Jim Rohn, wisely said, "Make it a goal to be a millionaire, so that once you make it you can give it away because who you became is so much more valuable." So, embrace the transformative journey that this journal offers. Welcome the energy of abundance you're about to foster. I'm excited for the magic you're about to create in your life.

- EDDIE

FINANCIAL FREEDOM
DEFINE IT AND IT BECOMES REAL

DATE : ______________________________

WHY I WANT TO BE FINANCIALLY FREE

STEPS TO TAKE TO BECOME FINANCIALLY FREE

HOW I WANT TO INCREASE MY INCOME	WHAT I WANT TO CUT BACK ON

MONEY MINDSET JOURNAL

DATE : ______________________________

ABUNDANCE IN LIFE FOCUS

POSITIVE MONEY AFFIRMATIONS

MONEY MINDSET JOURNAL

DATE : ______________________________

PAST SUCCESSES

EXPERIENCE OF JOY

THINGS THAT I DID NOT ENJOY	THINGS I ENJOY

MONEY BELIEFS

DATE : ______________________________

MY CHILDHOOD BELIEFS		NEWLY REPLACED BELIEFS
	→	
	→	
	→	
	→	
	→	
	→	
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	→	
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	→	
	→	

MONEY MINDSET JOURNAL

DATE : ______________________________

PERSONAL VALUES

WHAT IS REALLY IMPORTANT TO ME

MONEY MINDSET JOURNAL

DATE : ______________________________

MY FINANCIAL STRENGTHS

MONEY MINDSET JOURNAL

DATE : ______________________________

MY FINANCIAL WEAKNESSES

MONEY MINDSET JOURNAL

DATE : ______________________

MONEY PURPOSE IN MY LIFE
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●

MONEY MINDSET JOURNAL

DATE : ______________________________

MY RELATIONSHIP WITH MONEY IN.....

6 MONTHS

1 YEAR

5 YEARS

10 YEARS

MONEY MINDSET JOURNAL

DATE : ______________________________

WHAT I ENJOY MOST IN MY CURRENT FINANCIAL SITUATION

MONEY MINDSET JOURNAL

DATE : ______________________________

ANYTHING IN MY LIFE THAT NEEDS HELP WITH MONEY

WHAT DO I NEED ?	WHO COULD I ASK ?

MONEY MINDSET JOURNAL

DATE : ______________________________

THE LAST TIME I ENCOUNTERED NEW OPPORTUNITY OF MONEY MANIFESTATION

THE BESY PIECE OF ADVICE I'VE RECEIVED

THE BESY PIECE OF ADVICE I'VE RECEIVED, BUT I DIDN'T TAKE

MONEY MINDSET JOURNAL

DATE : ____________________

5 WORDS DESCRIBING MY ATTITUDE TOWARDS MONEY
1
2
3
4
5

WHAT I NEED MORE IN MY LIFE	WHAT I NEED LESS IN MY LIFE

MONEY MINDSET JOURNAL

DATE : ______________________________

MY MOST MEMORABLE EXPERIENCE(S) SURROUNDING MONEY

MONEY MINDSET JOURNAL

DATE : ______________________

ACCOMPLISHMENTS THAT I AM MOST PROUD OF

MONEY MINDSET JOURNAL

DATE : ______________________

THINGS I WOULD DO IF I KNEW I COULDN'T FAIL
○
○
○
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○

MONEY MINDSET JOURNAL

DATE : ______________________________

MY PERFECT DAY

MONEY MINDSET JOURNAL

DATE : ______________________________

MY 3 FAVORITE AFFIRMATIONS / MANTRAS

1

2

3

MONEY MINDSET JOURNAL

DATE : ______________________________

MY MOST PROFITABLE.....

TALENT

TRAIT

SKILL

MONEY MINDSET JOURNAL

DATE : ______________________________

MY FINANCIAL SELF - CARE

MONEY MAKES ME FEEL....

GETING CLEAR ON MY INCOME...

MY MINDFUL SPENDING....

MONEY MINDSET JOURNAL

DATE : ______________________________

I AM MOST THANKFUL IN MY LIFE WITH.....

WHO	WHY

MONEY MINDSET JOURNAL

DATE : ______________________________

FINANCIAL ADVICE I WOULD'VE GIVEN MYSELF 5 YEARS AGO

3 PIECES OF ADVICE FUTURE SELF WOULD GIVE ME

1

2

3

FINANCIAL SITUATION COMPARISON

DATE : ______________________________

TO WHOM	HOW OR WHY	JEALOUS ?

MONEY MINDSET JOURNAL

DATE : ______________________________

MY FINANCIAL FEARS

SOMETHING THAT COULD MAKE ME ME MORE MONEY BUT AVOIDING DUE TO FEAR

MY MONEY VALUES

DATE :

WHAT I VALUE MOST IN LIFE ?

MONEY MISTAKES THAT I STILL REGRET	WHAT I LEARNED

WHAT I CAN DO TODAY TO MAKE IT BETTER THAN YESTERDAY

MONEY MINDSET JOURNAL

DATE : ____________________

THINGS I FIND ANNOYING WITH RESPECT TO MONEY

ISSUES FROM THE PAST THAT HOLD ME BACK

MONEY MINDSET JOURNAL

DATE : ______________________________

MY LEGACY IS TO BE...

MONEY MINDSET JOURNAL

DATE : ______________________________

WHAT BRINGS ME JOY AND MAKES ME FEEL ALIVE	
ACTIVITY	REQUIRES LARGE AMT OF MONEY ?

MONEY MINDSET JOURNAL

DATE : ______________________

WHAT BRINGS ME JOY AND MAKES FEEL ALIVE	
ACTIVITY	REQUIRES LARGE AMT OF MONEY ?

MONEY MINDSET JOURNAL

DATE : ______________________

MY DREAM VACATION IF MONEY WASN'T AN OBJECT

MONEY MINDSET JOURNAL

DATE : ______________________

MY DREAM JOB

MY IDEAL WAYS TO GENERATE INCOME
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________
☐ ______________________

MONEY MINDSET JOURNAL

DATE : ______________________________

MY 3- MINUTE TIMER
WRITE WHATEVER COMES TO MIND

FUTURE GOALS

TIME	GOALS	ACTIONS
6 MONTHS		
1 YEAR		
3 YEARS		
5 YEARS		
10 YEARS		

ANNUAL GOALS

YEAR OF :

MAIN FINANCIAL AIM :

SAVINGS GOALS	

INCOME GOALS	

SAVINGS GOALS ACTION STEPS :

1 ....

2 ....

3 ....

4 ....

5 ....

INCOME GOALS ACTION STEPS :

1 ....

2 ....

3 ....

4 ....

5 ....

OTHER FINANCIAL GOALS

....

....

....

....

SIGNIFICANT PURCHASES TO BE MADE

....

....

....

....

MILESTONES TO REACH THROUGHOUT THE YEAR

- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....
- [ ] ....

YEARLY FINANCES

YEAR : ______________________

MONTH	INCOME	EXPENSES	SAVINGS
JAN			
FEB			
MAR			
APR			
MAY			
JUN			
JUL			
AUG			
SEP			
OCT			
NOV			
DEC			

FINANCIAL GOALS

MONTHLY CALENDAR

MONTH : ______________________________

SUNDAY	MONDAY	TUESDAY	WEDNESDAY

THURSDAY	FRIDAY	SATURDAY

GOALS

NOTES

MONTH AT A GLANCE

MONTH : ____________________ STARTING BALANCE: ____________________

GOALS

- ○
- ○
- ○
- ○
- ○
- ○

RESULTS

- ○
- ○
- ○
- ○
- ○
- ○

INCOME	EXPECTED	ACTUAL	DIFFERRENCE	DATE

NOTES

MONTHLY BUDGET

MONTH : ______________________ MONTHLY INCOME : ____________________

BILLS / FIXED EXPENSES	AMOUNT	DUE DATE

VARIABLE EXPENSES	AMOUNT	DID IT ADD VALUE TO MY LIFE

SAVINGS :	
Starting Balance :	
Deposit :	
Deposit :	
Deposit :	
Saving Total :	

IF YOU WORK HARD ENOUGH, THE RESULTS WILL COME

ENDING BALANCE : ____________________

BUDGET TRACKER

MONTH : ______________________

INCOME	FORECASTED	ACTUAL

EXPENCE	BUDGETED	ACTUAL

TOTAL INCOME	TOTAL EXPENSES	DIFFERENCE :

UPCOMING EXPENSES

YEAR : ______________________

JUNUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	NOVEMBER	DECEMBER

DEBT REPAYMENT PLAN

YEAR OF :

MONTH : ______________________

DEBT	PRIORITY	STARTING BALANCE	INTEREST RATE %	MONTHS TO PAY OFF	MONTHLY MINIMUM PAYMENT	PLANNED MONTHLY PAYMENT	PAYOFF GOAL DATE

RETIREMENT FUND

ACCOUNT NAME : ____________________

DATE / QUARTER / YEAR	CONTRIBUTIONS	BALANCE

TAX DEDUCTIONS

YEAR OF:

DATE	ITEM / EXPENSE	VALUE	RECEIPTS

DONATIONS TRACKER

YEAR OF:

DATE		ITEM / EXPENSE	VALUE	RECEIPTS
FROM	TO			

INVESTMENT TRACKER

YEAR OF:

DATE	ACCOUNT	SHARES	COST	VALUE

ONLINE PURCHASE TRACKER

YEAR OF:

DATE	ITEM	WEBSITE	SHIPPED ON	RECEIVED ON

FINANCIAL REVIEW

YEAR : ______________________

TOTALS

TOTAL EARNED :

TOTAL SAVED :

TOTAL GIVEN AWAY :

TOTAL FIXED EXPENSES :

TOTAL VARIABLE EXPENSES:

TOTAL DEBT PAID OFF :

PERCENTAGES

REFLECTIONS

ACTION STEPS & CHANGES TO MAKE :

1 ______________________

2 ______________________

3 ______________________

4 ______________________

5 ______________________

MOTIVATION

TO DO LIST

DATE : ______________________

REMINDERS

MONTH : ______________________________

BUCKET LIST

DATE :