

5 STEPS TO RECLAIM YOUR CONFIDENCE + CASH FLOW

The Unstuck Starter Guide

FOR THE WOMAN WHO'S DONE FEELING STUCK AND IS
READY TO RISE—WITH FAITH, FOCUS, AND A FRESH
FINANCIAL START.



Your 5 Steps to Get Unstuck

1

STEP 1: FACE THE FACTS WITH FAITH

Start by looking at your current finances with honesty and courage. You can't change what you won't confront.

2

STEP 2: NAME YOUR #1 FINANCIAL FRUSTRATION

Pinpoint the area causing you the most stress. This is where your healing and breakthrough begins.

3

STEP 3: BUILD A SIMPLE STARTER BUDGET

Get clear on what's coming in and what's going out — then create a basic plan that actually works for your life.

4

STEP 4: MAKE ONE EMPOWERED MONEY MOVE

Small steps lead to big shifts. Take one confident action today to build momentum and prove to yourself that you can.

5

STEP 5: SURROUND YOURSELF WITH SUPPORT

You don't have to walk this road alone. Join a faith-filled community of women who will walk it with you.



HI! welcome to

Meet your coach



This guide isn't just a free resource — it's the beginning of your breakthrough. My mission is to help women just like you go from feeling financially stuck and uncertain... to confident, equipped, and empowered to create lasting change — one faith-filled step at a time.

Whether you're here to clean up your finances, build wealth, or discover new ways to earn online — you're in the right place. And you don't have to do it alone.

Welcome!

So happy to have you here

I'm Tracy — a faith-based financial coach, digital entrepreneur, and empowerment advocate.

I know what it's like to feel stuck. I've walked through seasons of frustration, burnout, and trying to figure it all out on my own. But I also know the power of one decision — the one where you choose to rise.

Now, I help women take back their confidence, get their money in order, and start building multiple streams of income — with clarity, ease, and support. I created this guide to give you the plan I wish I had at the start.

Let's rebuild your confidence and your cash flow — together.



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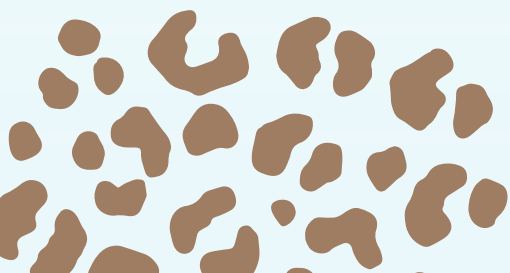
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Mission & Vision **statement**

Mission

To help faith-driven women break free from financial frustration and step into confident, purpose-led living through practical coaching, digital income education, and a supportive sisterhood. I'm here to make money feel simple, faith-filled, and possible — no matter where you're starting from.

Vision

To build a global community of empowered women who are financially free, spiritually grounded, and living lives they love — boldly walking in purpose, building generational wealth, and supporting one another along the way.



Step 1: Face the Facts with Faith



This Isn't Just About Numbers — It's About Freedom

Hey friend — I know it can feel scary to sit down and really look at the numbers. But clarity is the first step toward peace. You can't heal what you're hiding from, and this step isn't about shame — it's about strength.

The Bible reminds us:

"You will know the truth, and the truth will set you free." — John 8:32

That starts right here.

Your Mission for Step 1:

- Log into all your accounts — yes, all of them.
 - List out your bills, balances, and any debts.
 - Write down what's coming in and what's going out.
 - Don't judge it. Just see it.
- This is your starting point, not your identity.

Quick Action:

Use the worksheet provided in this guide to record:

- Your monthly income
- Your total monthly expenses
- Any debts or overdue bills

And breathe. You just took a bold, faith-fueled step toward getting unstuck.

This isn't about being perfect. It's about being honest with where you are — so you can finally move forward with peace and purpose.

Step 1: Tracker

[illegible]

Step 2: Name Your #1 Financial Frustration



Clarity Brings Power — And Peace

It's easy to feel overwhelmed when it feels like everything is off track. But here's the truth:

☞ You don't have to fix it all today.

☞ You can't solve what you haven't named.

Let's zoom in and focus on one thing — the area that's causing you the most stress right now.

Because when you name it, you stop letting it control you. You shift from confusion to clarity. And clarity is power, friend.

✨ Your Mission for Step 2:

-Think about what's been weighing on you the most.

-Is it a specific bill? A lack of savings? Credit card debt? Living paycheck to paycheck?

-Write it down in your worksheet — clearly and without shame.

📌 Quick Action:

Open your journal or worksheet and answer this:

What's the one money struggle that's stealing your peace?

Circle it. Star it. This is our starting line for change.

There's power in naming the storm — because then you can pray over it, plan around it, and move through it.

You're not stuck. You're just waiting on a plan. And now, we're building it.

Question worksheet

What's the one financial area that causes me the most stress or anxiety right now?

How does this financial frustration affect other areas of my life – like my peace, confidence, or relationships?

What story have I been telling myself about this struggle?

What would it feel like to finally overcome this one challenge?

Step 3: Build a Simple Starter Budget



I know “budgeting” can feel like a bad word — but hear me out.

This isn't about guilt or giving up your favorite coffee. This is about clarity.

When you know where your money is going, you get to lead it instead of letting it run you.

And when you give your money purpose, you give your future peace.

Your Mission for Step 3:

-To create a simple, no-fluff starter budget that shows you where your money is going — and gives you the power to redirect it where it needs to go.

This isn't just a financial step — it's a faith step.

Quick Action:

List your income, subtract your essentials, and decide where the rest should go.

This isn't about perfection.
It's about progress with purpose — and peace.

Step 4: Make One Empowered Money Move



Sometimes, the best way to build confidence is to take action—any action. You don't have to fix everything overnight. You just have to prove to yourself that you're capable of creating change, one small step at a time.

Your Mission for Step 4:

-Shift from feeling stuck to feeling strong by choosing a single, simple win that moves you forward. Every empowered move builds momentum—and momentum builds belief.

Quick Action:

Pick one money move and do it today:

→ Cancel a subscription, transfer \$10 to savings, sell something, or apply for that side hustle.

Small steps lead to big breakthroughs.

Every dollar you move with intention is a step toward freedom. Don't wait for the perfect moment—progress starts with what you choose today.

Step 5: Surround Yourself With Support



You don't have to walk this road alone.

This journey gets lighter when you're connected to women who get it. When you're feeling discouraged or unsure, having a safe space to share, grow, and be encouraged can make all the difference.

That's what the Wealth Empowerment Community is here for.

The Mission:

To give you a circle of faith-based, purpose-driven women who are on the same path—reclaiming confidence, building wealth, and creating a future that honors their values.

Quick Action:

Click the link below to join the free community and introduce yourself.

 [\[Join the Free Community Now\]](#)

God didn't design you to do life alone. Your breakthrough might just be one conversation—or one connection—away.



BONUS STEP 6: **Sometimes There's** **Just No Money Left** **to Budget... So Let's** **Make More.**

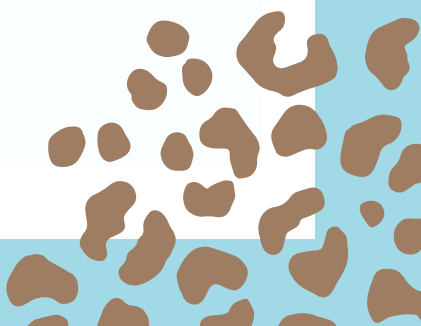
You weren't meant to do this alone — and you don't have to start from scratch.

If you've reached a point where there's nothing left to budget — no wiggle room, no overflow — it's not your fault. Most budgeting tools forget this part.

But here, we do things differently.

 When your current income just isn't enough... We don't tell you to get a second job — we show you how to create more money from what you already know or love.

And you don't have to do it alone.



Inside my Digital Income Ecosystem, I'll show you how to start building an income stream online — even if you've never done anything like this before.

1 Launch Your Own Automated Business — Right Now.

Build your online business with everything done for you — no tech headaches, no guesswork. Legacy includes your products, website, funnel, and sales system, ready to go. All you have to do is plug in and promote.

Why This One?

Perfect if you feel stuck, overwhelmed, or have no idea where to start. Legacy gives you a ready-made business so you can start making money online fast — while you learn as you go.



Start Your Business — Without Ever Showing Your Face.

2

Want to stay private or anonymous online? CFW helps you grow a business through faceless content and automation. It includes done-for-you products, tech tools, and growth strategies for creators who prefer staying behind the scenes.

Why This One?

Ideal if you're introverted, not into social media, or just want to build a side hustle quietly. You'll learn faceless branding, content, and sales strategies while earning at your own pace.

**CREATE
FACELESS
WEALTH**

- ✦ Learn how to start your own digital business
- ✦ Sell products you didn't even have to create
- ✦ Tap into automation so your business works when you don't
- ✦ Choose the path that fits your season, your comfort level, and your strengths

You'll meet women just like you, growing, scaling, and earning — all without sacrificing their families, values, or peace of mind.

3 Sell Digital Products Around What You Already Know.

Start your own online business using fully editable, done-for-you digital products — all based on your niche, skills, or passions. Whether it's budgeting, parenting, wellness, or fashion — there's a path here for you.

Why This One?

Best if you want to build a brand that's uniquely you. Plug + Play lets you sell pre-made products while customizing them to match your vibe. Great for beginners who want flexibility without starting from zero.



Build It All From the Ground Up — Like a CEO.

4

If you're ready to go all in and build a full business ecosystem — from offers to funnels, emails to automations — this is the path. Learn how to launch, grow, and scale a digital empire with clarity and confidence.



Why This One?

Perfect for ambitious women ready to lead, scale, and build something lasting. This is your digital MBA in business building — step-by-step, with templates, systems, and strategy included.

You weren't meant to do this alone.

Surround yourself with faith-filled women who get it — and want to grow with you.

✨ Inside the Wealth Empowerment Community...

♥ Get free resources, financial tips, and money mindset support

💬 Ask questions and share wins without judgment

👩👩 Connect with like-minded women on the same journey

📈 Learn how to build confidence, cash flow, and clarity — together

👉 Click below to join us today — we can't wait to welcome you in!

[🔗 \[Join the Wealth Empowerment Community – It's Free!\]](#)

